

VR500 2-Button Wireless Handlebar POD

Syncing / Pairing (RW50 and older)



Syncing is required when replacing the battery or in the rare instance that your POD stops working.

It is also imperative that the battery be installed properly. The number reason for failed syncing is improper battery installation. Please read though all of the steps before pairing with the console.

1. Turn the handlebar over as shown. Remove the Battery Cover using a #1 (small) Phillips Screw Driver. Then carefully remove the battery. Now, unplug the Power Supply from the Rower or the wall.
2. **THIS STEP IS CRUCIAL.** Read this entire step before proceeding including the **PROPER BATTERY INSTALLATION below.** To Sync: you will need to plug-in the Power Supply and then install the Battery immediately afterward for the sync to work. **Once you have plugged in the Power Supply, the console will light up and then you will hear a “beep”.** **The battery must be properly installed within 5 seconds of hearing the computer “beep”.**

PROPER BATTERY INSTALLATION: The printed side (+) of the battery must face up during installation. There are 2 sets of metal PRONGS in the battery holder. The BOTTOM PRONGS will end up underneath the blank side (-) of the battery and the TOP/SIDE PRONGS will go up the side edge and then over the top + side of the battery as shown. Start by sliding the battery into the holder at an angle towards the “TOP/SIDE PRONGS”. Then push the battery flat onto the BOTTOM PRONGS. NOTE: IF BOTH SETS OF PRONGS ARE UNDER THE BATTERY, THE REMOTE WITH NOT WORK. WHEN INSTALLED PROPERLY YOU SHOULD SEE THE TOP PRONGS AND THE BOTTOM PRONGS WILL BE HIDDEN UNDER THE NEGATIVE SIDE OF THE BATTERY.

3. Once you have installed the battery, it may take up to 20 seconds to sync with the computer. Press the up and down arrows to test functionality. If the sync fails return to step 2 and try again.
4. Replace the Battery Cover and secure with the previously removed Phillips Screws.

