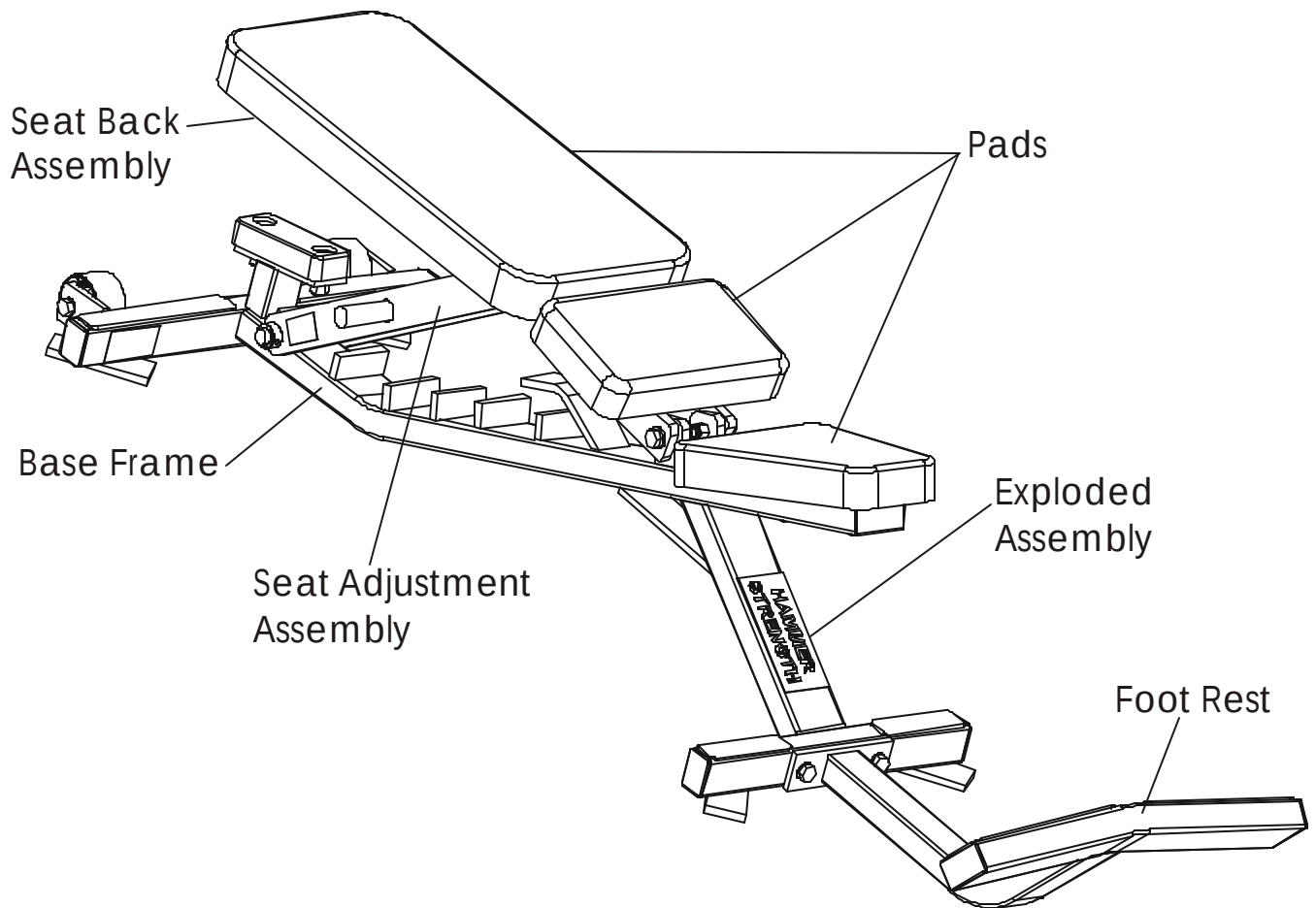


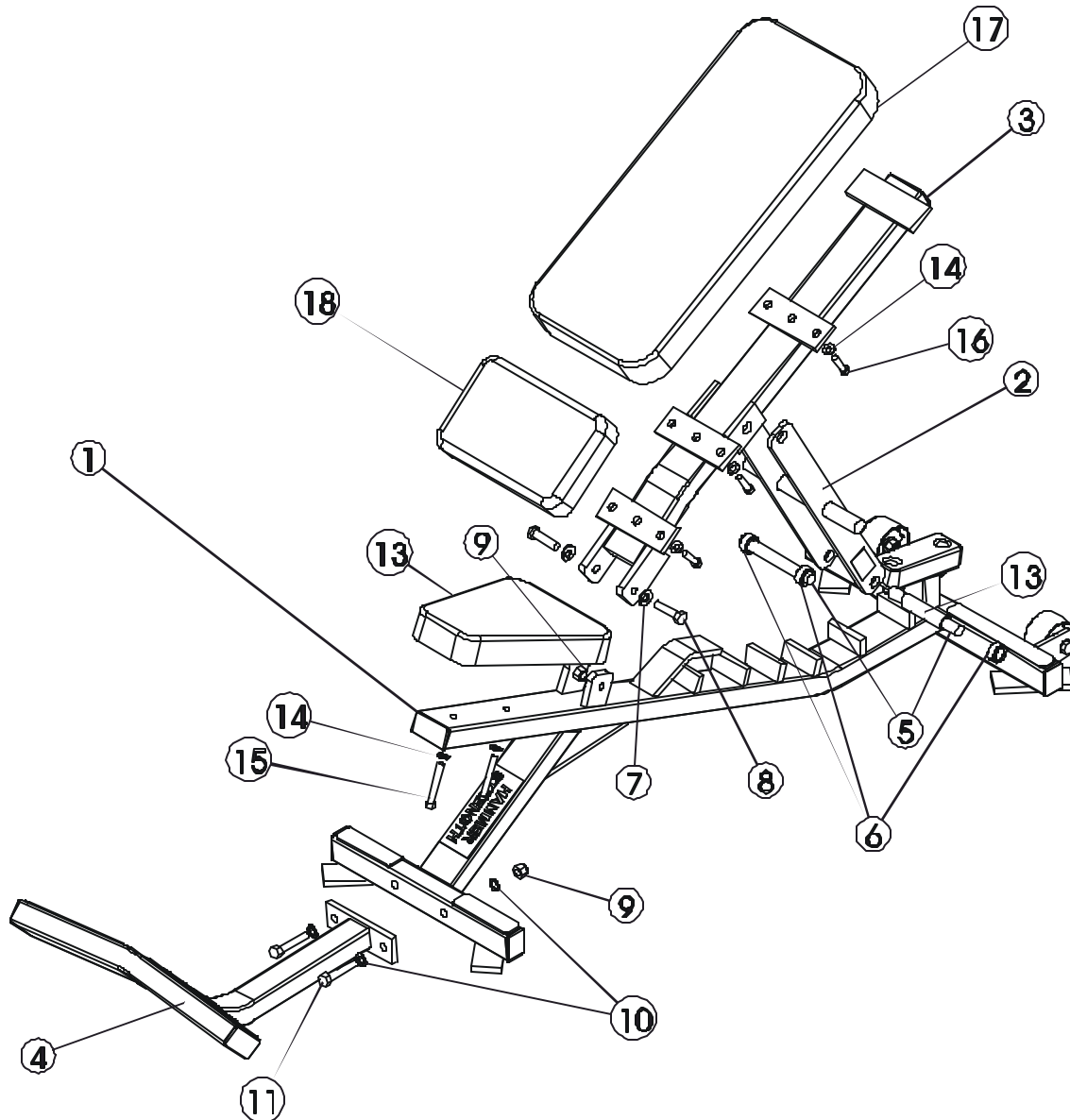
HAMMER STRENGTH EQUIPMENT

FWADJ - Free Weight Adjustable Bench Assembly



HAMMER STRENGTH EQUIPMENT

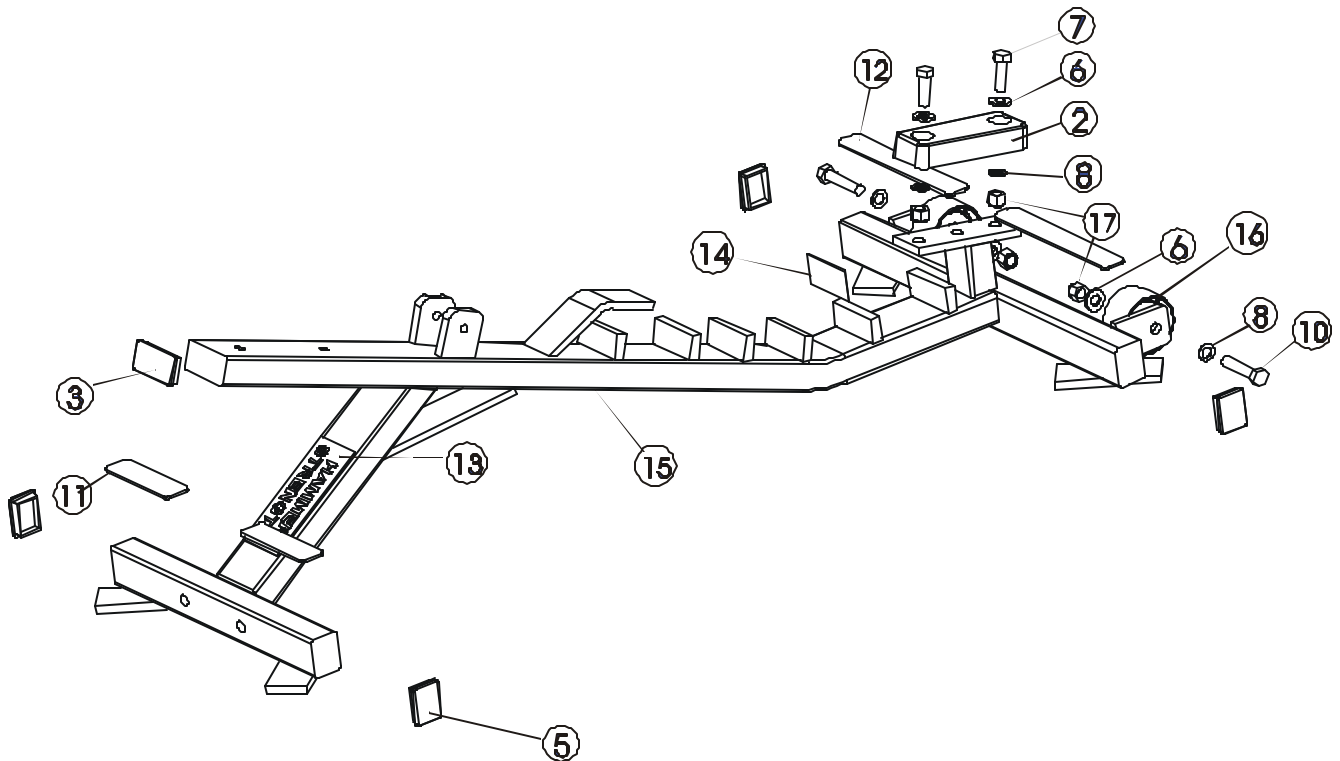
FWADJ - Exploded Assembly



ITEM NO.	QTY.	PART NO.	DESCRIPTION	ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	FWADJ-CBF-2	Component Base Frame Assy	10	4	WASH.5STAR	1/2" Internal Lock Washer
2	1	FWADJ-CSTAJ-2	Component Seat Adjustment Assy	11	2	HHB.5X2.5	1/2 X 2 1/2 Bolt
3	1	FWADJ-CSB-3	Component Seat Back Assy	12	1	H-cover3625	3/4" ID UHMW Plastic sleeve
4	1	FWADJ-CFR-0	Component Foot Rest	13	1	U12-5TRAY	TRIANGULAR PAD W/ UPH TRAY
5	2	FWADJ-40-0	Stainless Axle	14	8	WASH.375SAE	3/8" SAE Flat Washer
6	4	H-LCOLLAR75	3/4" Lock Collar	15	2	HHB.375X2.75	8/8 X 2 3/4 Bolt
7	2	WASH.5SAE	1/2" SAE Flat Washer	16	6	HHB.375X1.5	3/8 X 1 1/2 Bolt
8	2	HHB.5X2	1/2 X 2 Bolt	17	1	U24-10	Standard 24" Pad
9	4	NUT.6LOCK	1/2" Thick Lock Nut	18	1	U10-4.5 Tray	Rect Pad W/ UPH Tray

HAMMER STRENGTH EQUIPMENT

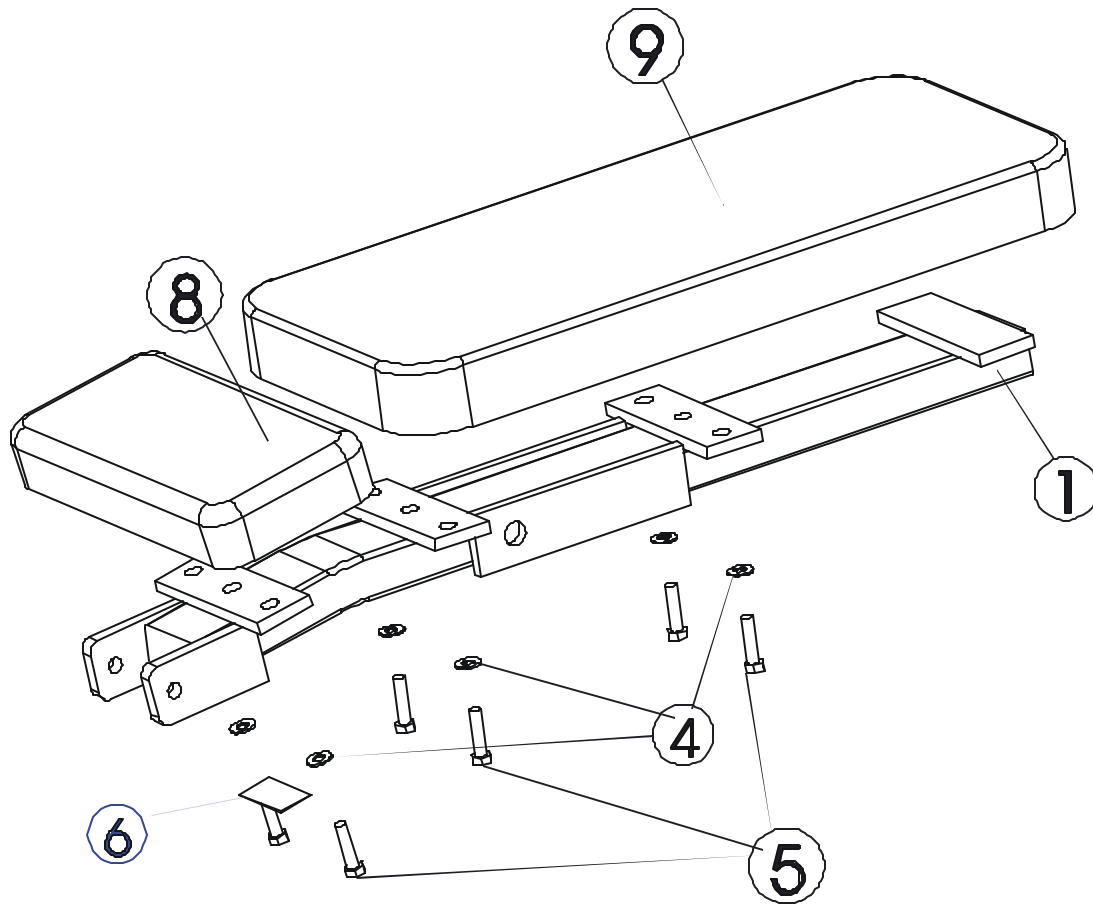
FWADJ - Base Frame Assembly



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-FBUMP	MM6 Floor
3	1	H-PEND3	1 1/2 X 3 End Cap
5	4	H-PEND2	1 1/2 X 2 Endcap
6	4	WASH.5SAE	1/2" SAE Flat Washer
7	2	HHB.5X1.5	1/2 X 1 1/2 Bolt
8	4	WASH.5STAR	1/2" Internal Lock Washer
10	2	HHB.5X2.5	1/2 X 2 1/2 Bolt
11	2	H-PLATE-G1	Small Plate Guard
12	2	H-NONSKID1	1 1/4 X 9 Nonskid
13	1	H-NAMEPLATE	Name Plate
14	1	PATENT	Patent Decal
15	1	FWADJ-BF-1	Base Frame Assy
16	2	H-FW-ADJ-WHEEL	3" BELT ROLLER
17	4	NUT.5LOCK	1/2" Thick Lock Nut

HAMMER STRENGTH EQUIPMENT

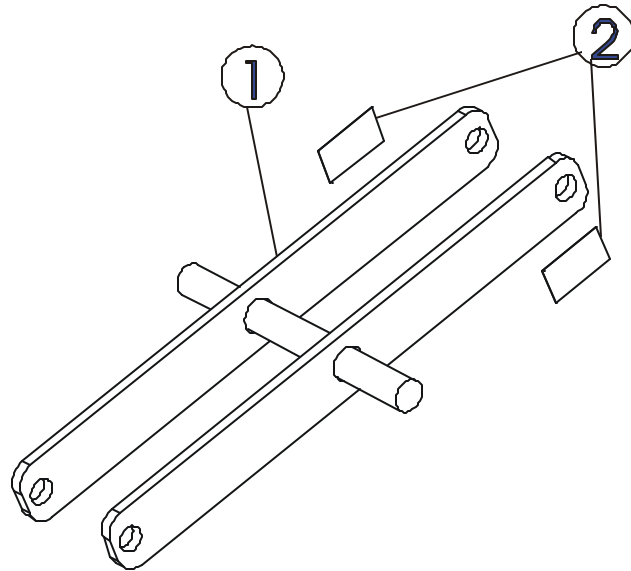
FWADJ - Seat Back Assembly



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	FWADJ-SB-0	Seat Back Assy
4	6	WASH.375SAE	3/8" SAE Flat Washer
5	6	HHB.375X1.5	3/8 X 1 1/2 Bolt
6	1	SERIAL NUMBER	Serial Number
8	1	U12 4.5	12" Rectangular Pad
9	1	U24-10	Standard 24" Pad

HAMMER STRENGTH EQUIPMENT

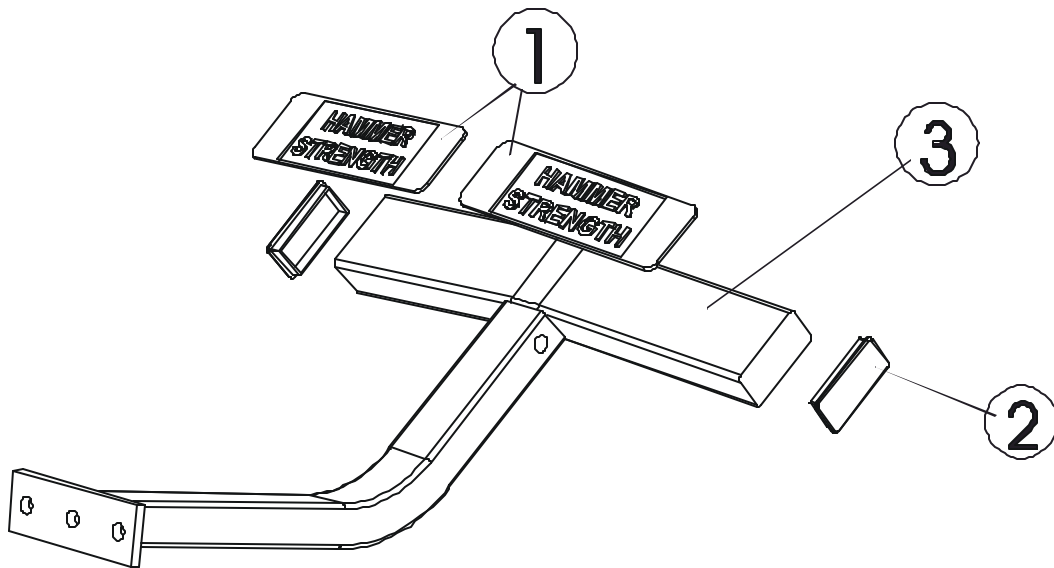
FWADJ - Seat Adjustment Assembly



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	FWADJ-STAJ-0	Seat Adjustment Assy
2	2	STAY CLEAR	Stay Clear Decal

HAMMER STRENGTH EQUIPMENT

FWADJ - Foot Rest



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	H-NONSKID3	2 5/8 X 9 Nonskid
2	2	H-PEND3	1 1/2 X 3 End Cap
3	1	FWADJ-FR-0	Foot Rest