



SK LINE

Cardiovascular series



cardiovascular
commercial
division

SK LINE

cardiovascular
series



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Professionals next to professionals

Triathlon, currently one of the toughest sports, requires an unbeatable physical resistance above all. Professional triathletes must complete a strict training program in order to face up to the challenging conditions of the races, both physical and psychological. Moreover, Triathlon is Olympic discipline since Sydney's Olympic Games in 2000.

04



Nicholas Ward (UK)
6th Ironman Lanzarote 2010
5th Ironman UK

Mario Mola (Spa)
1st Junior World Triathlon Championship 2009
1st Europe's Cup Quarteira 2010

Eneko Llanos (Spa)
1st International Triathlon Abu Dhabi 2010
1st Arizona Ironman 2011

Reto Hug (Swi.)
3rd Vancouver World
Championship 2008

BH Triathlon Professional Team



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For this reason, **BH** supports the best professional triathletes in the world. The BH Professional Triathlon Team has gathered together the best triathletes. They have taken part in the most important races and they have won the best places. They need the best trainers, partners and the best fitness equipment. **BH** trains the best professional triathletes. You enjoy watching them run, ride and swim.

www.bhtriathlon.com



Fernando Alarza (Spa.)
2nd Spanish
Duathlon Junior Cup

Nicola Spirig (Swi.)
1st Europe Championship 2010
2nd ITU World Championship Series

Saleta Castro (Spa.)
3rd Long Distance Triathlon
World Series Event Ibiza

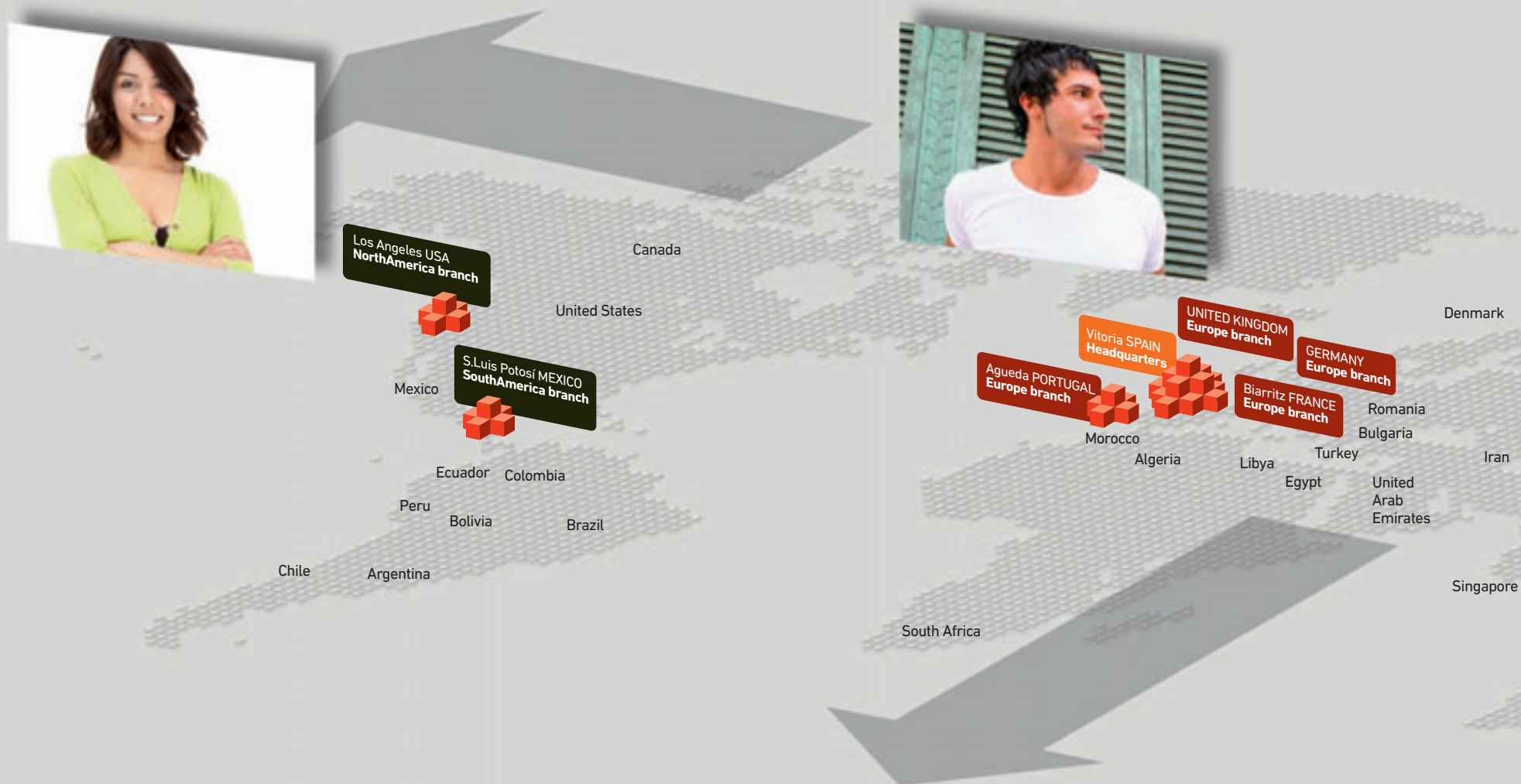
João Silva (Pt.)
1st Monterrey Triathlon World Cup
1st Youth European Championships U23,
Vila Nova de Gaia ETU

Hektor Llanos (Spa.)
1st Long Distance and Olympic Distance
Spanish Championship

You enjoy watching them run. We train them

24 hours in motion

06



7:35 am. Mexico DF. Carmen realizes her last sprint of her daily run. The program of 5 km. race of the SK7950TV indicates the end of the tour and stops the machine. She likes to go to the gym every morning before going to the office. At the same time in Buenos Aires it is **9:35 am.** and Luis has just started his cardio workout on the bike. He likes to control his cardiac frequency and selects the HRC program. The machine detects his chest band and he begins his exercise.

While Luis begins the race, in Paris it is slightly less than half an hour to **15:00 pm.**, and Annette, who has just gone out of work, goes to the gym she goes regularly. She loves training in SK9500 elliptical because she can regulate the stride as it advances the exercise.

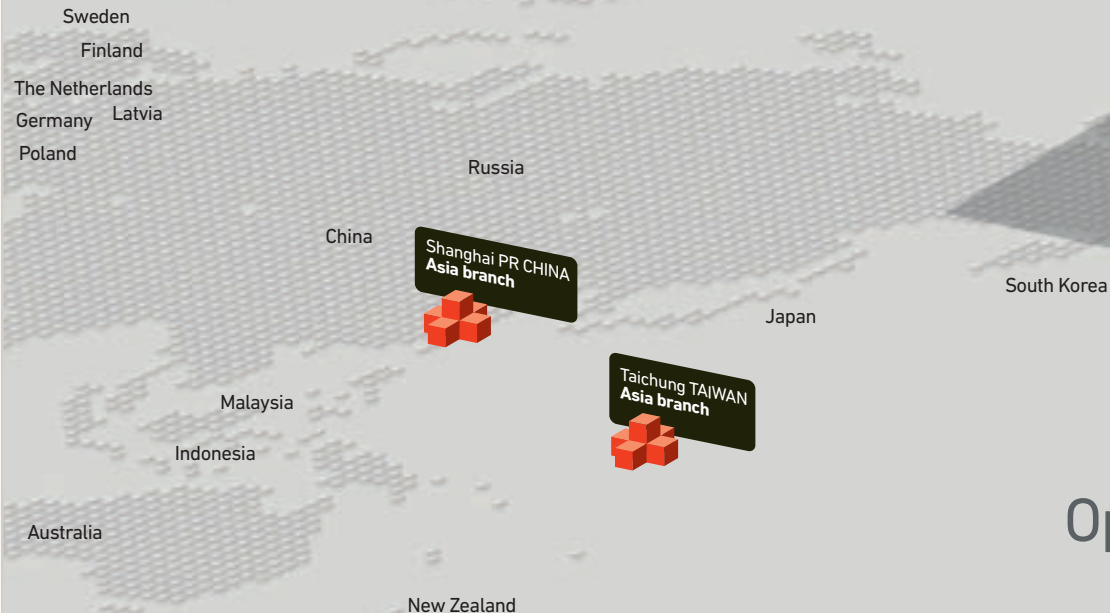
In Taipei it is already night **21:00 pm.**, but Liang finishes off the last minutes of training at his stepper. Today he has left the office late, but he did not want to miss his training session of Tuesday.

They don't know each other. Thousands of miles away and time differences separate them but there is something that joins them. They all train with BH machines. Because wherever you are, BH will always be very close. Our exporting vocation has led us to be present in more than 65 countries spread across 5 continents, 11 offices and subsidiaries and more than 13 logistics centers. This allows us to offer excellent service and maximum closeness to our customers wherever they are. Always looking for new challenges, 24 hours in motion!



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professional
division

07



Operating in more than 65 countries
Always close

Comprehensive service

08

Answers and solutions

Being a number 1 requires to be a leader in technological innovation and respect for the environment, but besides this it is necessary to comply with a more important argument:
to be the **leader in service.**

BH.Idea Development
tailor made
projects

BH.Teach Fit
customized
training

BH.Mk
marketing
support

BH.FlexPay
financing
& leasing

BH.Service
after-sales.
warranty



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BH.Idea Development

In **BH** we help you to design the fitness room of your gym, making complete tailored projects customized to your needs and designed for you.

Only the best design is a good option

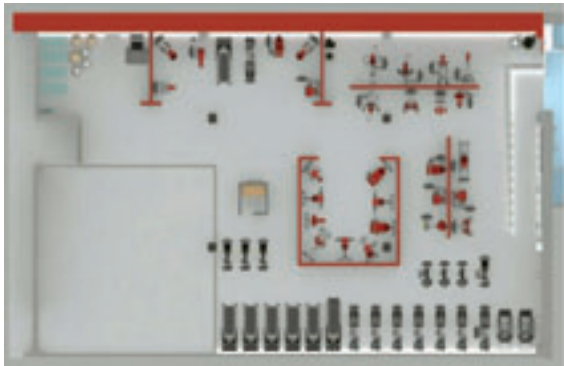
For this reason, our design team seeks the best distribution according to the characteristics of the room, the gym's customers' target type, user flows, and **the best use of space** so that both you and your customers like the fitness project.

Don't imagine, now you can see it!

Now, you no longer need to imagine how beautiful your gym may be, just simple look at it. Because we provide you with the best **3D technology** to give you an almost perfect vision of your gym, the distribution of the machines, and the interior design that we propose for it. Everything you can think of.

The program **BH.Idea Development** offers you:

- **Key in hand service** Complete design, key in hand, of the training space
- **Optimization of your interior design project**
- **Customized projects** according to each client's needs
- **Creation of unique and distinct environments** for each project, in
- **Showing 2D, 3D and virtual tour**



Or would you rather go for virtual tour of your future gym?

And if you want to be able to walk by the room and check what your users will be able to see and enjoy there, now you can. Our design team can create the best virtual tours with **fly-through** technology, through which you can virtually walk around the room and see with your own eyes the future of your gym come true.

From 3D project to reality

BH.TeachFit

customized training

Staff training that will serve users is a key point and an essential factor for the business success. For that reason **BH** puts at the disposal of his clients the **BH.TeachFit** program, which adapts the training to the needs of each client. A flexible, complete and useful program, adapted to all levels which includes all the main aspects of a fitness business:

- **Management of sports and fitness centers**
- **Customer service, marketing and sales, team coordination**, etc.
- **Use and proper maintenance** of the BH fitness equipment
- **Courses for trainers**, group training, personal training, aquatics, strength training, etc.
- **Latest trends in fitness**, nutrition and dietetics, fitness for special populations, etc.

BH.TeachFit develops a theoretical and practical customized content adapted to the needs of your facility, emphasizing the issues that really interest you. Offer a differentiated service, monitors trained in advanced techniques, manage your business in the most efficiently and productive way or motivate and cultivate the loyalty of your customer. **BH** will help you to reach it.

**Because a proper training
is a guarantee of success**

BH.Mk

marketing support

As important as having the best fitness equipment is to provide a value added service to your customers. The marketing department of **BH** will guide you through your marketing strategy and to determine your position in the market. For that reason you can count on a comprehensive service that will provide you with global solutions for your business.

BH.Mk helps you to get the most out of your gym and enhance the positive image projected to your users, by such important aspects as:

- **Customization and creation of work spaces**
- **Creation of new atmospheres**
- **New trends in fitness**
- **Support for events and master class**
- **Communication campaigns**
- **Advice on marketing**
- **Design of communication elements**, signaling and differentiation.

The promotion of your fitness center will depend on the ability to communicate its features and benefits. The experience and knowledge of **BH.Mk** helps you to make your business grow and to put the spotlight on generating extra income, visitor loyalty, creation of new partners, and differentiation of the offer over other centers' offers.



BH.FlexPay

financing & leasing

Financing solutions

Years of experience in the market have allowed us to maximize the best financial solutions for every business. With **BH.FlexPay**, BH designs efficient financial plans, with guaranteed success and customized to each client's needs.

BH has a team of experts who analyze each situation to find the right solution, advising through:

- **Funding programs** studied by specialists
- **Analysis of the most appropriate payment option** for each project
- **Financial Consultancy** Pre-study, presentation and analysis of the plan of economic viability of the project

Person-to-person
finding the
best solution



BH.Service

after-sales. warranty

After-sales service: committed to you

At **BH** we strongly believe that **the excellence in customer service is as important as high quality standard product**. The design or the quality of a product does not matter, if an area of your gym is stopped by an unsolved problem with customer service. For this reason, we are committed to providing a service and an after sales assistance that fits the reality and needs of a gym's day-to-day activity.

Fast and effective response

Our commitment goes beyond words. **Our response times for the repair or spare-parts replacement are regularly audited and certified** by recognized external auditing firms. In addition to this, our large warehouses in Spain and Europe and a long list of more than 30,000 different references make shipping and handling of spare parts is fast and efficient.

Own staff at your service

We have a **call center with our own staff** trained at the factory, which attends via phone and email to all inquiries, questions and requests. Furthermore, we undertake to always give a reply in less than 24 hours so that your gym never stops.

Digital support

And if you want to have **digital access to all technical documentation** on our extranet you can download the exploded views of the machines, installation and user manuals, certificates, images etc. so that you can check them out at your leisure, wherever you are. **24 hours a day, 365 days a year.**



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Technology and ecology

*The earth does not belong to man;
man belongs to the earth*

Chief Seattle, Dewamish tribe

12

Sustainable action: one of the premises that **BH** has established when we introduce changes in our products. These are improvements that **benefit the environment** and, at the same time, result in **saving for the owner of a gym**.



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Once again we have proved our commitment to preserving the environment by virtue of our recent certification to the **ISO 14001** standard, one of the most recognized environmental management systems in the world. This certificate is added to our **ISO 9001** quality certificate, obtained more than 6 years ago, along with numerous eco-friendly practices and actions carried out in recent years. For the environment and continuous improvement through sustainable growth and responsible use of natural resources.

We support and endorse the initiative **10:10**, an ambitious global project born in the UK and invites individuals, businesses, groups and organizations to voluntarily reduce 10% of their emissions of greenhouse gases over a period of 12 months.

We have introduced in our fitness equipment models the environmental premise in the materials of manufacture and their working, packaging and electrical consumption, continuously improving our product range.

Cardiovascular equipment with integrated TV in wireless and **self-powered** monitors. An equipment of this type may seem a utopia, but **BH** has made it real. Because now you can enjoy the monitors with the best performance

and visual entertainments with a 0 electrical cost, and without need of electrical cables or antennas. Discover our **ECOnomize** technology.

Wireless TV

Thanks to its wireless signal reception it is no longer necessary to plug an antenna cable into the monitor to enjoy TV on cardiovascular equipment. Your users will be able to change the channel or to fit the volume while training, without troublesome cables or antenna jacks that condition permanently the location of each machine.

0 electrical cost

SK Line range of cardio equipment of **BH** is the only one of the market that includes television in their monitors and it is **completely self-powered**. This implies a **0 electrical cost**, since the machine, unlike the rest of the devices of this kind on the market, is able to feed themselves electrically (excluding treadmills). Our efforts to include improvements in our equipment that benefit the environment now also have benefits for your business:

- freedom of location and movement of equipment in the room
- easy cleaning
- avoid accidents or stumbles over cables and conduits
- reduce to the minimum the maintenance
- minimize electrical cost and favor a sustainable consumption



Monitors with ECOnomize Technology

Our **high-definition TFT monitors** incorporate **ECOnomize technology**, which makes it possible to include a high viewing quality, low consumption television on the screen, allowing the machine to be completely self-generating.

BH has developed **ECOnomize Technology** incorporating technological advances of the telecommunications world. Technology of another world, at your reach.

Discover now the only technology that joins the best visual and entertainment features with **0 electrical cost**.



Wireless technology 0 electrical cost

1

SK7950tv

treadmill

14
1

SK7950tv
G795tv

SK7950
G795



2

SK7900tv

treadmill

SK7900tv
G790tv

SK7900
G790



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1

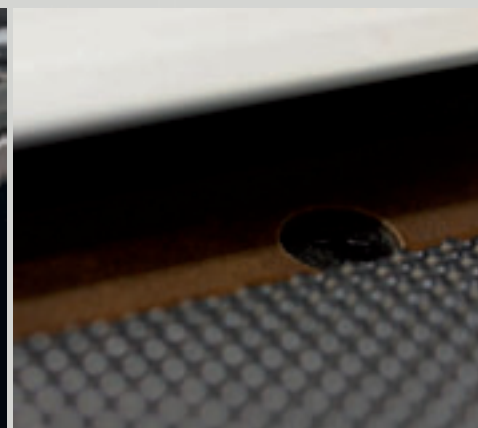
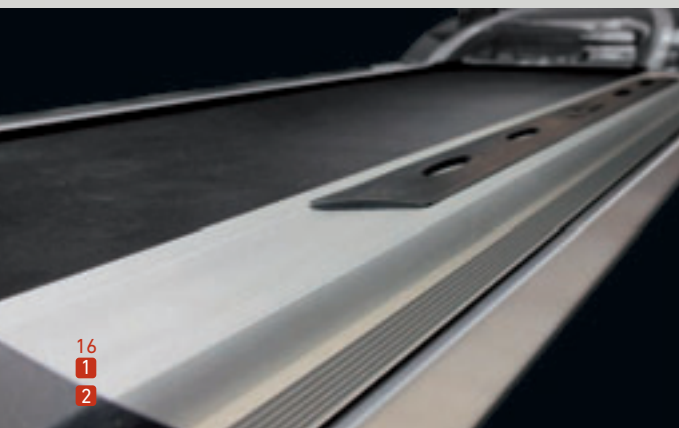
SK7950tv
G795tvSK7950
G795

2

SK7900tv
G790tvSK7900
G790

HST Phenolic Wax

EasyToolBar



Aluminium sturdy side sections. They show the user the visual contrast that defines the running surface area, avoiding this way a slip out of the belt in motion. They ensure a safe exercise.

HST Phenolic Wax, featured on the SK Line Treadmills include a revolutionary combination of belt and deck with HST Phenolic wax unique to the market that provides a maintenance free system, and eliminates the need of lubrication for 2 years.

Attractive curved **profile s-shaped monitor** at 45°, further enhance the view of the display monitor. It also provides easier access to controls while working out.

EasyToolBar built into the front handrail, for easy access to the most frequently used controls during the workout, enabling correct ergonomic posture during the exercise. It includes the Quick Start and Stop buttons, inclination speed controls, instant keys and emergency stop.



Reinforced side rails give the SK7950 and SK7950tv sturdiness and elegance.



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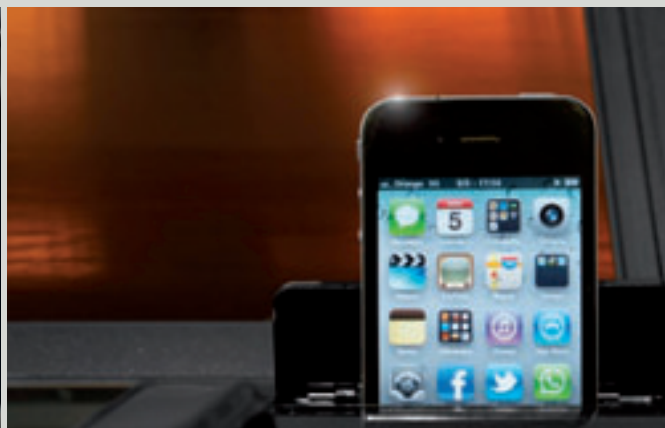
The **SK Line** treadmills combine an attractive design with a powerful 5 and 6 HP motor, able to resist the hardest training sessions. It's the perfect equipment to turn the cardiovascular area into the core of your gym. This is the ideal choice that mixes ergonomic design, strength and saving without

forgoing any feature. The **SK Line** is designed for those who want it all. Enjoy the smooth, durable and reliable models, with or without a TV. Get ready to experience the true pleasure of running with a SK treadmill. Are you ready for feeling the real pleasure of running?

iPod/iPhone connectivity



Each treadmill includes two cupholders next to the handrails, to ensure a convenient and consistent hydration during a workout. Health and comfort for the user.



*Neske monitors with integrated TV include **iPhone and iPod connectivity**, for viewing the controls of the device, if connected. Listen to music or watch a video directly on the touch screen, all while charging your device. Now, with Nikeplus you can easily save your exercise data directly to your iPhone or iPod.*

Large format screen of 19"



*Neske monitors with an integrated TV include a **19" large format screen**, one of the biggest in the market. Now, users will be able to enjoy their favorite TV programs in full screen mode while they exercise without missing a thing. And all this without any annoying antenna cables. The future of technology now is available to you.*

More design, more features **SK Treadmills, the running adventure!**

3 SK treadmills with built-in TV **touch screen** monitors

Intuitive. Wireless. Maximum connectivity



New
touch screen
displays
**The most
intuitive**

New touch screen **NESK** monitors for SK treadmills

BH updates SK treadmill monitors with the **most advanced touch screen interface**. Intuitive screens that provide the user with all the information he needs during the exercise. The new monitor offers the option of watching TV, videos and listening to the music stored on the user's **iPod/iPhone**. The competition program offers the user new incentive and multiple options: the user can select up to 7 different languages on the home screen.

The software is intuitive, easy to use and extremely visual, thanks to the use of high contrast colors like black and yellow, which offer high legibility. The user can enjoy new challenging training programs for a successful exercise experience.

Wireless TV

Thanks to the wireless signal reception system, it's no longer necessary to connect the treadmill to an antenna cable for enjoying TV on a fitness machine. With the Wireless TV technology, the users will be able to change the channel or the volume while they train, without annoying cables or sockets that determine the location of each machine.

ECOnomize Technology

Our high-definition touch screen TFT monitors include **ECOnomize Technology**, which makes it possible to integrate a high-resolution TV with such low consumption that it enables the machines to be completely self-powered (except treadmills). BH has developed the **ECOnomize Technology** using technological advances in telecommunications. The highest level of technology is now at your service.

Monitors with Economize technology



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19" size screen

Cardiovascular equipment with integrated TV, self-powered and **wireless**. Equipment like this could seem a utopia but **BH** has made it happen. Now you can try our monitors with the best visual and entertainment performance with zero electric cost and without any kind of cables. Discover our new **ECOnomize Technology**.

Screens of the SK7950tv and SK7900tv models



Program Mode

Gerkin Protocol Test



Running Mode

Stadium



Multimedia Mode

Television



Multimedia Mode

Television Full Screen

Maximum connectivity

Wireless

19" screen

Large format

Easy ToolBar

Quick & accessible

SK Line treadmills include integrated **iPod/iPhone** connectivity at the monitors with controls on TFT touchscreen. Users will be able to select their own music and videos directly on the treadmill's screen or even charge their device while they are running.

The new monitors of the **SK Line** are already here! The large format monitor offers the user the option of watching his favourite TV program on a **19" full size screen**. Because mixing entertainment and exercise now it's possible.

Built into the front handrail, for easy access to the most frequently used controls during the race, they enable a correct posture and ergonomics during the exercise. It includes the Quick Start and Stop buttons, inclination speed controls, instant keys and emergency stop. This new set up ensures that users always keep a correct and safe training position.



Maximum connectivity for iPod iPhone

Easy ToolBar Quick & easy use

4 Wireless TV !



20
4

WG Wireless
Generation

Wireless generation

Thanks to its wireless signal reception it is no longer necessary to plug an antenna cable into the monitor to enjoy TV on cardiovascular equipment. Place the machines wherever you want, move them as many times as you like and forget about plugs, antenna sockets and cables!

Reduce power consumption to almost 0

Our **SK Line** range of cardio equipment with high performance monitors and integrated TV, is the only one of its kind on the market and completely self-powered. Minimise your electricity costs and think green!

Forget the hassle of cables, building work and chasing!

Our high-definition TFT monitors incorporate **ECOnomize technology**, which makes it possible to include a high viewing quality, low consumption television on the screen, allowing the machine to be completely self-generating (excluding treadmills).

ECOnomize
technology



5 SK treadmills with touch-sensitive monitors

Dot matrix technology

Sense of touch

The new **Nesk** monitors with Dot Matrix and Led technology provide the user with all the necessary information of the exercise. The large 19" screen, with the touch-sensitive controls, has a completely smooth and flat surface. Durable and easy to clean. Push buttons are over. Welcome to the new age of touch-sensitive monitors.

For multimedia devices

The **Nesk** monitors offer the user the possibility of connecting his **Mp3** and headphones for listening to music through the loudspeakers or his own headphones.

Large format display



EasyToolBar

Built into the front handrail, for easy access to the most frequently used controls during the race, they enable a correct posture and ergonomics during the exercise. It includes the Quick Start and Stop buttons, inclination speed controls, instant keys and emergency stop. This new set up ensures that users always keep a correct and safe training position.



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6

SK9500tv

VS trainer



SK9500tv
G950tv

SK9500
G950

6

SK9500tv
G950tvSK9500
G950

The **SK9500tv** and **SK9500** variable stride trainers recreate a natural, fluid and guided movement, with a biomechanical motion pattern that distributes every point of support in a natural and ergonomic way. The stride fits easy and dynamically to the user's running pattern, covering a movement range from walking (38cm. • 15 ") to running (66cm. • 26 ").

10" full screen TV



Wsk monitors include a **high resolution built-in TV of 10"** at full screen mode. Entertainment and exercise are no longer incompatible. Thanks to the **Vista Clear System**, the software includes a better-quality image controlling program that ensures a high definition, clear and accurate image with a minimum electrical consumption. The software has been designed with a really legible and it is extremely easy to use. The high contrast colors like black, white and yellow help the user to make the reading easier.

iPod/iPhone connectivity



SK Line VS trainers include integrated **iPod/iPhone** connectivity at **Wsk** monitors and controls on TFT touch screen. Users will be able to select their own music and videos directly on the crosstrainer's screen or even charge their device while they are exercising.

Natural GUIDED movement



The **Linear Guide** system offers a linear and constant movement that:

- **Avoids the floatability** feeling and the joint impact.
- Offers more stable pedals and a solid and balanced stride.
- Allows more intense and long trainings.

The perfect training: a natural movement, adapted to each user's running pattern, without floatability feeling. The training software includes "i-stride" and "i-strength" programs, which automatically increase the resistance levels every 3 minutes and the stride length between 38 and 66 cm, depending on the speed.

SA class ergometer



The VS trainers are a perfect **SA class ergometer** that offers real and accurate watt information. The monitor shows precise, reliable and true exercise information that can be used for a correct workout.



The trainer with the most natural movement. Adapt to each user
The fitness revolution is here!

7

SK9300tv

crosstrainer



24
7

SK9300tv
G930tv

SK9300
G930

7

SK9300tv
G930tvSK9300
G930

The **SK Line** crosstrainers come back renewed. The distance between pedals has been reduced to the minimum in order to get a more natural posture during the exercise. Furthermore, the **SK9300TV** and **SK9300** include the new **Wsk** monitors, with ergonomic design and the most advanced interface and features.

LOW DISTANCE between pedals



A better and more natural posture during exercise

The posture during exercise is essential. The **SK9300tv** and **SK9300** crosstrainers have a minimum distance between pedals for a correct and natural body position during exercise, thus minimizing the stress at the lumbar area.

iPod/iPhone 10" connectivity full screen TV



SK Line crosstrainers include iPod/iPhone connectivity at **Wsk** monitors and controls on the **TFT** touch screen. Users will be able to select their own music and videos directly on the crosstrainer's screen or even charge their device during a workout.



Wsk monitors include a high resolution built-in TV of 10" at full screen mode. Entertainment and exercise are no longer incompatible. Thanks to the **Vista Clear System**, the software includes a better-quality image controlling program that ensures a high definition, clear and accurate image with a minimum electrical consumption.

The software has been designed with a really legible and it is extremely easy to use. The high contrast colors like black, white and yellow help the user to make the reading easier.

Quick Trail Controls



Quick Trail Controls built-in at both moving handlebars with Start, Stop and level selection buttons, which allow a customized training experience without renouncing to a full body workout. Furthermore, the double hand sensor set located at the fix handlebar guarantee a constant heart rate monitoring without needing to interrupt the exercise to reach the monitor.



A really short distance between pedals for a correct posture during exercise



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8

SK8000tv

upright bike



26
8

SK8000tv
H800tv

SK8000
H800



8

SK8000tv
H800tvSK8000
H800

The bikes **SK8000tv** and **SK8000** have been designed for the road bikes lovers. They imitate the feeling of pedalling on a road bike. The versatile triathlon type handlebar offers a wide variety of postures for an exercise that fits all users' needs.

iPod/iPhone connectivity



SK Line bikes include built-in **iPod/iPhone** connectivity at Wsk monitors and controls on TFT touch screen. Users will be able to select their own music and videos directly on the bike's screen or even charge their device during a workout.

Self-powered Wireless TV!



Thanks to the wireless signal reception system, it's no longer necessary to connect the treadmill to an antenna cable for enjoying TV on a fitness machine. Our **high-definition touch screen TFT** monitors include **ECOnomize Technology**, which makes possible to build in a high-resolution TV with such low consumption that enables the machines to be completely self-powered (except treadmills). With the Wireless TV technology, the users will be able to change the channel or the volume while they train, without annoying cables or sockets that determine the location of each machine.

New crank set design



The new crank design of the SK Line bikes includes a reinforced steel cased structure with a flat, wider and aerodynamic design. This ensures more stability and security during the exercise. The extra-slim design offers a more comfortable posture during the workout due to a shorter distance between the positions of the feet.

Forearm support



The versatile triathlon type handlebar offers a wide variety of postures for an exercise that fits all users' needs. The double side supports for the forearms and the inclination of the handlebars ensure a more comfortable exercise during the competition race posture, when the body leans 30° forward.

10" full screen TV

Wsk monitors include a high resolution integrated TV of 10" at full screen mode. Entertainment and exercise are no longer incompatible.



Wsk Wireless Generation



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Design with the perfect balance
The most similar feeling to road biking

9

SK8900tv

recumbent bike



SK8900tv
H890tv

SK8900
H890

9

SK8900tv
H890tvSK8900
H890

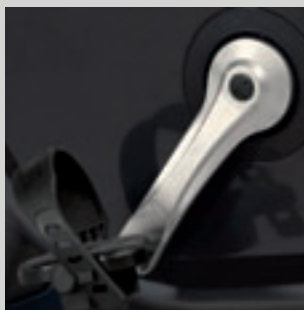
The **SK** recumbent bikes have been designed for those users who look for extra comfort. The new **SK8900tv** and **SK8900** offer an ergonomic posture for both beginner and advanced users. A design that combines comfort, elegance, simplicity, sturdiness and a premium finish.

Smooth Fit



Sliding motion controlled by reliable and precise mechanism. It regulates smoothly the distance between the seat and the monitor.

New crank set design



The new crank design of the **SK Line** bikes includes a reinforced steel cased structure with a flat, wider aerodynamic design. This ensures more stability and security during the workout. The extra-slim design offers a more comfortable posture due to the shorter distance between the positions of the feet.

Quick Trail controls



Quick Trail Controls built-in at side handlebars with Start, Stop and level selection buttons, which allow a customized training experience. Furthermore, the double hand sensor set located at fix handlebar guarantees a constant heart rate monitoring with fully comfort.

iPod or iPhone connectivity



SK Line bikes include **iPod/iPhone** connectivity at **Wsk** monitors and controls on **TFT** touch screen. Users will be able to select their own music and videos directly on the bike's screen or even charge their device while they are working out.

10" full screen TV



Wsk monitors include a **high resolution built-in TV of 10"** at **full screen** mode. Entertainment and exercise are no longer incompatible. Thanks to the **Vista Clear System**, the software includes a better-quality image controlling program that ensures a high definition, clear and accurate image with a **minimum electrical consumption**.

Intuitive Touchscreen



The software has been designed with a really legible and it is extremely easy to use. The use of large and simple buttons and text, and the high contrast colors like black, white and yellow help the user to make the reading easier.

29



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SK8900tv & SK8900
exercise for all
Design & elegance combined
with ergonomic design & comfort

10 SK2500tv

stepper



30
10

SK2500tv
R250tv

SK2500
R250



10

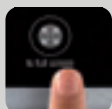
SK2500tv
R250tvSK2500
R250

Climbing stairs is a perfect exercise to strengthen gluteus and lower body muscles, and to improve coordination and cardiovascular system. The **SK** steppers ensure a noiseless, smooth and easy exercise. The **SCT** steady rate technology verifies the user's weight in a split second and adjusts all parameters for a movement adapted to each user profile.

Touch screen and TV 10" full screen TV iPod/iPhone connectivity



Tv

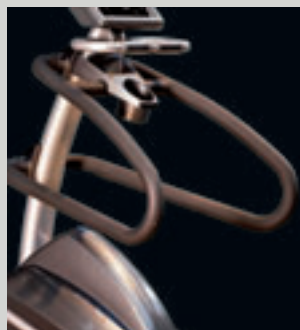


Full Screen

Wsk monitors include a high resolution built-in TV of 10" at full screen mode. Entertainment and exercise are no longer incompatible. Thanks to the **Vista Clear System**, the software includes a better-quality image controlling program that ensures a high definition, clear and accurate image with a minimum electrical consumption.

SK Line steppers include **iPod/iPhone** connectivity at **Wsk** monitors and controls on **TFT** touch screen. Users will be able to select their own music and videos directly on the crosstrainer's screen or even charge their device during a workout.

Enveloping handlebar



The enveloping handlebar offers a longer surface where the user can hold to. It adapts to each user's height and assures a optimum support point during the exercise.

Sturdy structure

Sturdy **ST52** steel tube structure, painted. Casing made of painted **ABS** plastic using automotive technology.



Self-powered wireless TV!



0 electricity costs

Thanks to the wireless signal reception system, it's no longer necessary to connect the treadmill to an antenna cable for enjoying TV on a fitness machine. Our high-definition touch screen **TFT** monitors include **ECONomize Technology**, which makes possible to build in a high-resolution TV with such low consumption that enables the machines to be **completely self-powered** (except treadmills). With the wireless TV technology, the users will be able to change the channel or the volume while they train, without annoying cables or sockets that determine the location of each machine.

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Go up to the highest level
Make the most of the SK Line steppers

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Touch screen monitors with built-in TV

Intuitive. Wireless. iPod/iPhone connectivity

for VS trainers crosstrainers, bikes and steppers



New
WSK

monitors for SK9500tv, SK9300tv,
SK8000tv, SK8900tv and SK2500tv

BH updates **SK Line** equipment monitor with with the most advanced touchscreen interface. They are easy to use, with a logical, intuitive and simple display.

ECOnomize Technology 0 electric cost

Our high-definition touch screen TFT monitors include **ECOnomize Technology**, which makes it possible to build in a high-resolution TV with such low consumption that it enables **the machines to be completely self-powered** (except treadmills).

BH has developed the **ECOnomize Technology** using technologic advances in telecommunications. The highest technology is now at your service.



No Plugs! Place the machines wherever you want

Thanks to the wireless signal reception system, it's no longer necessary to connect the equipment to a plug for enjoying TV on a fitness machine. Thanks to the **Wireless TV technology**, you will be able to place the equipment wherever you want and move it as often as you wish. Forget about the hassle of cables, sockets and building works.



10" screen

Program
Mode

Program
selection



Program
Mode

Exercise
profiles:
speed and
inclination



Multimedia
Mode

Television



Multimedia
Mode

Full screen
Television



Wireless TV

Thanks to the wireless signal reception system, it's no longer necessary to connect the treadmill to an antenna cable for enjoying TV on a fitness machine. With the **Wireless TV** technology, the users will be able to change the channel or the volume while they train, without annoying cables or sockets that determine the location of each machine.



iPod/iPhone connectivity

The **WSK** monitors include **iPod/iPhone** connectivity at the monitors with controls on TFT. Users will be able to select their own music and videos directly on the machine's screen or even charge their device while they are working out.



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Touch sensitive monitors

for VS trainers, crosstrainers, bikes and steppers

The new **Wsk** are touch sensitive and include **LED** and **Dot Matrix** interface. Thanks to the **Touch Sensitive** controls, push type buttons are no longer necessary because the flat control keys are touch sensitive. Moreover, the monitor is highly resistant and durable and easy to clean.

Polar® telemetric pulse chip

Fully self-powered equipment

10" oversized monitor



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Two hi-fi loudspeakers

Double speed fan

Highly resistant silk screen printing

High luminosity **Dot Matrix** display

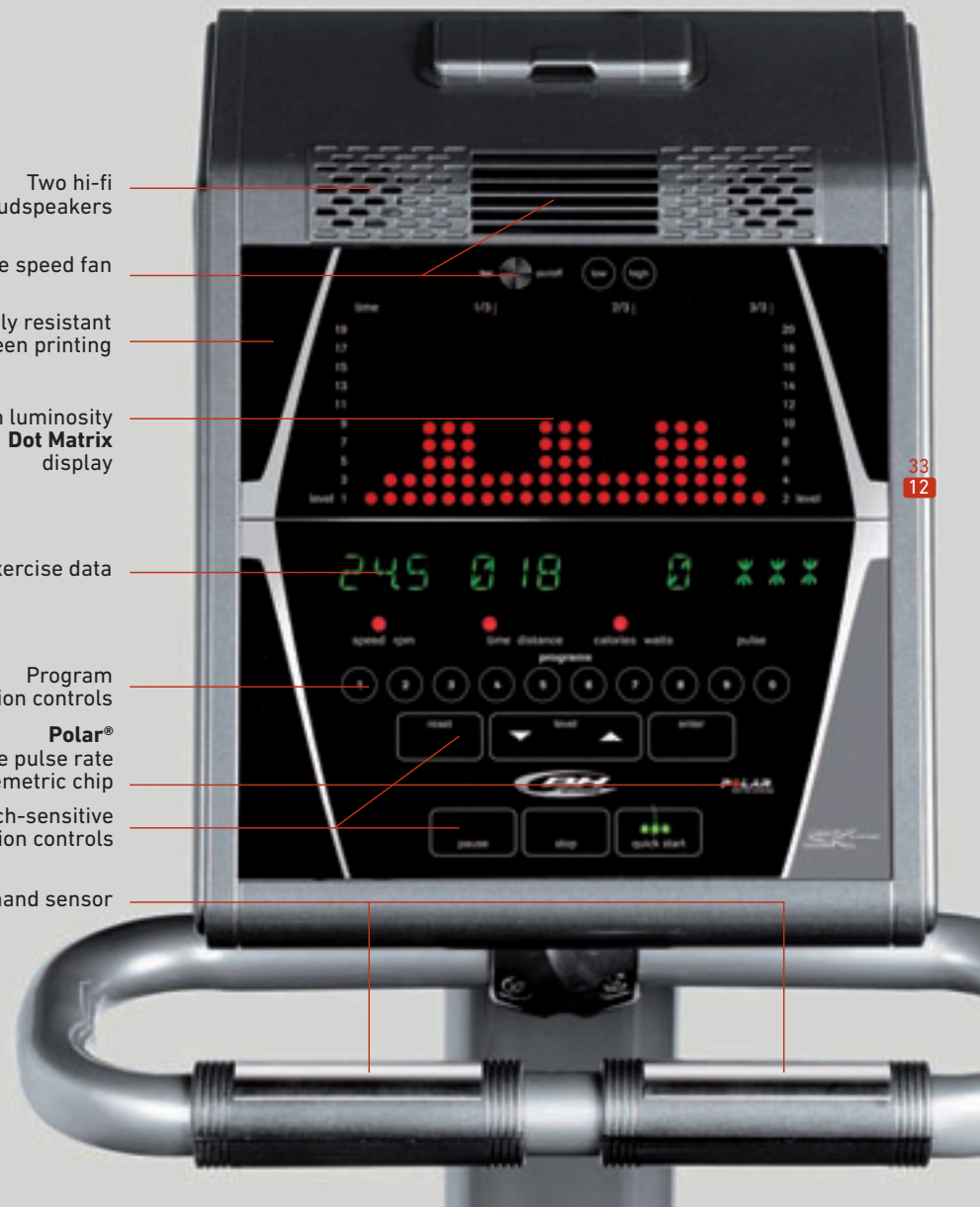
Exercise data

Program selection controls

Polar® compatible pulse rate telemetric chip

Touch-sensitive function controls

Double hand sensor



13 SK inclusive

SK7900i G790i



Selector with
9 positions
for the third
side bar

SK7900i treadmill is equipped with side bars along the running surface for a **complete user's safety** and rear platform provides easy access for people with disabilities. Thanks to the double-height

bars it is ensured adaptability to all users regardless of height or physical condition. A **third side bar** provides a support for different levels and therefore, additional security by preventing the person to move

in sideways due to movement of the treadmill. The **startup speed limit** has been reduced up to **0.3 km/h.** The setting, selection and pulse items are **yellow for greater visual contrast.**

SK9300i G930i



SK9300i crosstrainer with **rear bar for total security** helps to facilitate access to the machine. Step aids to facilitate

access to the elliptical. The footrest and pulse elements are **yellow for easy viewing.**

The **SK Inclusive Line** equipment has been designed for making the exercise easier both to users with limited mobility and the most experienced ones.

Their carefully studied details provide an easy access and exit of the machine, as well as the quick and simple adjustment of all the elements.

Now, with **SK Inclusive**, fitness is accessible to all users.

SK8000i H800i



SK8000i upright bike with **rear bar for safety** and support to access the machine. As in other models, it has a step to provide access to the bike. This

platform can be removed to save space. The pedals and rubber elements in yellow facilitate the use to people with vision problems.

SK8900i H890i



SK8900i recumbent bike with **step facilitates access to the bike**. This platform can be removed to save

space. The pedals and rubber elements in yellow facilitate the use of the user with vision problems.

Technical specifications

14 Treadmills

	SK7950tv code G795tv	SK7950 code G795	SK7900tv code G790tv	SK7900 code G790
MEASURES	height in inches • cm.	55 • 140	55 • 140	55 • 140
	width in inches • cm.	37 • 94,5	37 • 94,5	37 • 94,5
	length in inches • cm.	91 • 233	91 • 233	91 • 233
	weight in lbs. • kgs.	441 • 200	441 • 200	441 • 200
SPECIFICATIONS	maximum user weight in lbs. • kgs.	485 • 220	441 • 200	441 • 200
	running surface (longxlarge) in inches • cm.	60.5 x 21.5 • 155 x 55	60.5 x 21.5 • 155 x 55	60.5 x 21.5 • 155 x 55
	motor cv	6.0	5.0	5.0
	tilt %	0-15	0-15	0-15
	speed mph. • km/h.	0.5-15 • 0.8-25	0.5-15 • 0.8-25	0.5-15 • 0.8-25
COMFORT & SECURITY	easy tool bar • quick access controls	•	•	•
	cushioning system	Pro Tronic	Pro Tronic	Pro Tronic
	speeds fan	1	2	2
	pulse sensors at handlebar	•	•	•
	telemetric heart rate monitoring	•	•	•
	cup holders	double	double	double
	mp3 & headphones connection	•	•	•
	iPhone • iPod connection	•	•	•
	emergency stop	•	•	•
	automatic stop system MOB	•	•	•
	lubrication	HST Phenolic Wax	HST Phenolic Wax	HST Phenolic Wax
	languages	sp./eng./fr./pt./de./nl./it./jp./cn.	sp./eng./fr./pt./de./nl./it.	sp./eng./fr./pt./de./nl./it.
DISPLAY	screen type	tactile TFT	dot matrix + led	dot matrix + led
	screen size in inches	19	19	19
	integrated tv	•	•	•
	touch screen	•	•	•
	preset profiles	-	32 (8x4 levels)	32 (8x4 levels)
	Nike+iPod	•	•	•
	hrc	•	•	•
	user program	•	•	•
	woman/man fitness test	•	•	•
	manual program	•	•	•
	on-screen information	speed•time•distance•calories•pulse•inclination	speed•time•distance•calories•pulse•inclination	speed•time•distance•calories•pulse•inclination
	on-screen language selection	•	•	•
	customizable greeting	•	•	•
	other	goal training programs: time•distance•calories 4 physical test: superior/extreme/resistance/Gerkin hrc: hill (65-80%) • intervals (65-80%) • intensive (80%) run: 5km. (20 levels) • 10km. (20 levels) programs: manual•random•hill•inclination•speed interval•fat burn•cardio recovery test multimedia: atv • dtv • av • iPod • line in • sport	goal training programs: time • distance • calories 4 physical test: superior • extreme • resistance • Gerkin hrc: hill (65-80%) • intervals (65-80%) • intensive (80%) run: 5km. (20 levels) • 10km. (20 levels) programs: manual•random•hill•inclination•speed interval•fat burn•cardio recovery test multimedia: atv • dtv • av • iPod • line in • sport	

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VS trainers

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Crosstrainers

	SK9500tv code G950tv	SK9500 code G950	SK9300tv code G930tv	SK9300 code G930
MEASURES	height in inches • cm.	63 • 160	66 • 168	66 • 168
	width in inches • cm.	33 • 84	25.5 • 65	25.5 • 65
	length in inches • cm.	94 • 238	88 • 224	88 • 224
	weight in lbs. • kgs.	330 • 150	187 • 85	187 • 85
SPECIFICATIONS	maximum user weight in lbs. • kgs.	419 • 190	419 • 190	419 • 190
	variable stride	•	-	-
	stride length in inches • cm.	15-26 • 38-66	18 • 44	18 • 44
	resistance system	electromagnetic brake	electromagnetic brake	electromagnetic brake
	difficulty levels	20	20	20
	self-powered	-	•	•
	drive system	poli-V belt	poli-V belt	poli-V belt
COMFORT & SECURITY	oversize non-slip pedals	•	•	•
	double speed fan	•	•	•
	pulse sensors at moving handlebars	•	•	•
	pulse sensors at fix handlebars	•	•	•
	Polar® telemetry heart rate monitoring	•	•	•
	cup holder	•	•	•
	mp3 & headphones connection	•	•	•
	iPhone • iPod connection	•	•	-
	emergency stop	•	•	•
	adjustable stabilizers	•	•	•
	on-screen language selection	•	•	-
	languages	sp./eng./fr./pt./de./nl./it.	sp./eng./fr./pt./de./nl./it.	sp./eng./fr./pt./de./nl./it.
DISPLAY	screen type	tactile TFT	tactile TFT	dot matrix +led
	screen size in inches	10	10	10
	integrated tv	•	-	-
	touch screen	•	•	•
	preset profiles/programs	-	-	32 (8x4 levels)
	Nike+iPod	•	•	-
	hrc	•	•	•
	user program	•	•	•
	woman/man fitness test	•	•	•
	distance control program	•	•	•
	on-screen information	stride length • stride/min. • time • distance • calories • watts • pulse • program profile	stride length • stride/min. • time • distance • calories • watts • pulse • program profile	stride length • stride/min. • time • distance • calories • watts • pulse • program profile
	customizable greeting	-	-	-
OTHER	• distance between pedals: 6cm. • programs: hrc 65% • 75% • 85% • THR target heart rate // goal: time • distance • calories // watts // woman/man fitness test // user • 6 preset programs: rolling • fat burn • aerobic • hill run • hill climb • intervals • full screen tv • dtv/iPod channels • additional functions: iStride and iStrength programs and variable stride length selection	• distance between pedals: 6cm. • lineal guide system: constant, natural movement • more stability, with reliable and real on-screen info • additional functions: iStride and iStrength programs and variable stride length selection • built-in controls at moving handlebars	• minimum distance between pedals for a comfortable and natural position during exercise • controls at moving handlebars • programs: hrc 65% • 75% • 85% • THR target heart rate // goal: time • distance • calories // watts // woman/man fitness test // user • 6 preset programs: rolling • fat burn • aerobic • hill run • hill climb • intervals • full screen tv • dtv/iPod channels	• minimum distance between pedals for a comfortable and natural position during exercise • Polar® telemetry heart rate monitoring controls at moving handlebars

Technical specifications

17 Upright bikes

18 Recumbent bikes

		SK8000tv code H800tv	SK8000 code H800	SK8900tv code H890tv	SK8900 code H890
MEASURES	height in inches • cm.	57 • 147	57 • 147	57 • 147	57 • 147
	width in inches • cm.	22 • 57	22 • 57	24 • 61	24 • 61
	length in inches • cm.	52 • 132	52 • 132	60 • 154	60 • 154
	weight in lbs. • kgs.	170 • 77	170 • 77	191 • 87	191 • 87
SPECIFICATIONS	maximum user weight in lbs. • kgs.	419 • 190	419 • 190	419 • 190	419 • 190
	difficulty levels	20	20	20	20
	resistance system	electromagnetic brake	electromagnetic brake	electromagnetic brake	electromagnetic brake
	self-powered	•	•	•	•
	dive system	poli-V belt	poli-V belt	poli-V belt	poli-V belt
COMFORT & SECURITY	vertical seat adjustment	•	•	-	-
	horizontal seat adjustment	-	-	•	•
	transport wheels	•	•	•	•
	double speed fan	•	•	•	•
	pulse sensors at fix handlebars	•	•	•	•
	Polar® telemetry heart rate monitoring	•	•	•	•
	cup/towel holder	-	-	•	•
	mp3 & headphones connection	•	•	•	•
	iPhone • iPod connection	•	-	•	-
	emergency stop	•	•	•	•
	adjustable stabilizers	•	•	•	•
	on-screen language selection	•	-	•	-
	languages	sp./eng./fr./pt./de./nL/it.	sp./eng./fr./pt./de./nL/it.	sp./eng./fr./pt./de./nL/it.	sp./eng./fr./pt./de./nL/it.
DISPLAY	screen type	tactile TFT	dot matrix + led	tactile TFT	dotmatrix + led
	screen size in inches	10	10	10	10
	integrated tv	•	-	•	-
	touch screen	•	•	•	•
	preset profiles/programs	6	32 (8x4 levels)	6	32 (8x4 levels)
	Nike+iPod	•	-	•	-
	hrc	•	•	•	•
	user program	•	•	•	•
	woman/man fitness test	•	•	•	•
	constant watts program	•	•	•	•
	on-screen information	speed•rpm•time•distance • calories•watts•pulse•level•program profile	speed•rpm•time•distance • calories•watts•pulse•level•program profile	speed•rpm•time•distance • calories•watts•pulse•level•program profile	speed•rpm•time•distance • calories•watts•pulse•level•program profile
	customizable greeting	-	•	-	•
OTHER		• triathlon type handlebar, with built-in pulse sensors • oversized bearings • programs: hrc 65% • 75% • 85% • THR target heart rate // goals : time • distance • calories // watts // woman/man fitness test // user • 6 preset programs: rolling•fat burn•aerobic • hill run•hill climb•intervals • full screen tv • dtv / iPod channels	• triathlon type handlebar, with built-in pulse sensors • oversized bearings	• precise and easy seat adjust system, with back rear fairing • programs: hrc 65% • 75% • 85% • THR target heart rate // goals : time • distance • calories // watts // woman/man fitness test // user • 6 preset programs: rolling•fat burn•aerobic • hill run•hill climb•intervals • full screen tv • dtv / iPod channels	• precise and easy seat adjust system, with back rear fairing

19 Steppers



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	SK2500tv code R250tv	SK2500 code R250
MEASURES	height in inches • cm.	68 • 172
	width in inches • cm.	30 • 77
	length in inches • cm.	48 • 122
	weight in lbs. • kgs.	260 • 118
SPECIFICATIONS	maximum user weight in lbs. • kgs.	397 • 180
	distance between pedals in inches • cm.	4 • 10.5
	difficulty levels	10
	resistance system	electromagnetic brake
	self-powered	•
	dive system	poli-V belt
		poli-V belt
COMFORT & SECURITY	transport wheels	•
	double speed fan	•
	pulse sensors at handlebars	•
	Polar® telemetry heart rate monitoring	•
	cup/towel holder	•
	mp3 & headphones connection	•
	iPhone • iPod connection	•
	emergency stop	•
	adjustable stabilizers	•
	on-screen language selection	•
	languages	sp./eng./fr./pt./de./nl./it.
		sp./eng./fr./pt./de./nl./it.
DISPLAY	screen type	tactile TFT
	screen size in inches	10
	integrated tv	•
	touch screen	•
	preset profiles/programs	32 (8x4 levels)
	Nike+iPod	•
	hrc	•
	user program	•
	woman/man fitness test	•
	constant watts program	•
	distance control program	•
	on-screen information	speed•rpm•time•distance • calories•watts•pulse•level•program profile
OTHER	customizable greeting	•
		• chain and pulley recovery system • double side handlebar • programs: hrc 65% • 75% • 85% • THR target heart rate // goals: time • distance • calories // watts // woman/man fitness test // user • 6 preset programs: rolling•fat burn•aerobic • hill run•hill climb•intervals • full screen tv • dtv / iPod channels

EUROPE

Exercycle, S.L.
(Headquarters)
Zurrupitieta, 22 - Pol. Ind. Júndiz
01015 Vitoria (Álava)
SPAIN
Tel.: +34 945 290 258
Fax: +34 945 290 049
clientes@hipower-gym.com
www.hipower-gym.com

BH HiPower France
1, Allée Pierre Georges Latécoère
ZA de Mayonnabe
64200 BIARRITZ
Tél : +33 05 59 42 04 71
bhfrance@bhfitness.com

Maquinasport
Aparelhos de Desporto, s.a.
Rua do Metalúrgico 465
ZI Giesteira
3750-325 Águeda
PORTUGAL
Tel.: +351 234 729 510
Fax: +351 234 729 519
hipower@bhfitness.pt

BH Fitness UK
Tel.: +44 0844 335 3988
sales@bh-uk.co.uk

BH Fitness Italia
Via A. Rossi, 192
36100 VICENZA
Tel.: +39 0444654527
bhfitnessitalia@gmail.com

AMERICA

BH North America Corporation
20155 Ellipse
Foothill Ranch, CA 92610 - USA
Phone: 949.206.0330
Toll Free: 800.475.7899
Fax: 949.206.0013
fitness@bhnorthamerica.com

BH Exercycle de Mexico, S.A. de CV
Eje 132/126
Zona Industrial, 2º Secc.
78395 San Luis Potosí
S.L.P. MEXICO
Tel.: 52 (444) 824 00 29
Fax: 52 (444) 824 00 31
www.bh.com.mx

ASIA

BH Asia Ltd.
No.139, Jhongshan Rd., Daya Township
Taichung County 428
TAIWAN
Tel: +886-4-25609200
Fax: +886-4-25609280
info@bhasia.com.tw

BH (China) Co., Ltd.
Block A, No. 68, Branch Lane 455, Lane 822,
Zhen Nan Rd., Li Zi Yuan,
Putuo, Shanghai 200331(P.R.C.)
CHINA
Tel: +86-21-52846694
Fax: +86-21-52846814
info@i-bh.com

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