

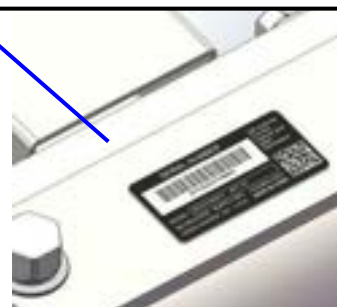
BODYCRAFT®

XFT-V2 Strength Training System



To see in
FULL COLOR
& additional
information,
scan this QR code.

Base Serial Number: _____
Purchased Date: ____ / ____ / ____
Dealer's Name: _____
Please register your products at:
<https://www.bodycraft.com/product-registration/>



Serial Number

Owner's Manual

XFT-V2_OM v1.2



WWW.BODYCRAFT.COM



800-990-5556



SERVICE@BODYCRAFT.COM

Congratulations and Welcome to the BODYCRAFT Family

Thank you for selecting BODYCRAFT. Your choice reflects a wise investment in you and your facility. We hope you use it for many healthy years!

BODYCRAFT offers a complete array of high-quality fitness equipment. Please refer to our website at www.bodycraft.com to view more ways to enhance your lifestyle.

Your BODYCRAFT machine has all the quality and design elements to make your workout extremely efficient and comfortable. Your new unit is a serious strength training machine that will keep you motivated, challenged and within reach of your fitness goals. Strength & cardiovascular training is vital for all ages which will provide an effective workout, producing results that will encourage you to reach your fitness goals and maintain the body you have always wanted.

Spending 15 to 30 minutes a day, three times a week, is all you need to start seeing the benefits of a regular exercise program.

As a premium exercise equipment manufacturer, we are committed to your complete satisfaction. If you have questions, suggestions or find missing or damaged parts, we guarantee your complete satisfaction through our authorized dealer network or by contacting us directly. Please call your local dealer or BODYCRAFT.

BODYCRAFT (a division of Recreation Supply, Inc.)
7699 Green Meadows Dr.
Lewis Center, OH 43035

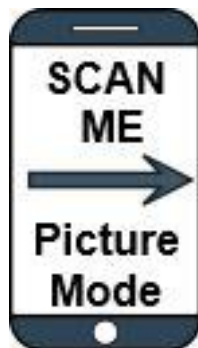
Phone: 800-990-5556 9 am - 5 pm EST **Email:** service@bodycraft.com

Proof of purchase must be supplied to validate warranty and the product must have been registered with BODYCRAFT via online at www.bodycraft.com or by calling 800-990-5556 or 740-965-2442 M-F 9 a.m. - 5 p.m. EST.

For parts orders, owner's manuals, software update files, exercise guides and contact information scan this QR code.

Or go to:

<https://www.bodycraft.com/customer-support>





NOTE: When you have downloaded the Assembly Manual into a PDF reader, go directly to the desired page by touching any **BLUE** line in this Table of Contents.

Product Safety Information

Page

Product Safety	5
Important Notes, Recommended Tools & Cleaners	6
Warning Labels, Maintenance Schedule - Placements	7 - 8

Product Overview

Machine Dimensions, Room Layouts	9
Recommended Training Area and ADA Compliance	10
Weight Ratios - Stack, Pulleys & Press Bar	11
Assembly Parts / Hardware List & Images	12 - 14

Product Assembly - How to Assemble the XFT-V2

Pre-Assembly Tips	15
STEP 1 - STEP 5	16 - 24
STEP 6 - Ceiling Heights (96" or LOW 84")	25 - 29
STEP 7 - STEP 10	30 - 33
STEP 11 - Weight Stack w/ Optional 200 lbs Stack	34 - 36
STEP 12 - Chin Up Bar	37
STEP 13 - "Torque Time"	38 - 39
STEP 14 - Top Cable #62	40 - 44
STEP 15 - Low Cable #61 (Right Side).....	45 - 47
STEP 16 - Low Cable #61 (Left Side).....	48 - 50
STEP 17a - Final Assembly Lube Guide Rods	51



NOTE: When you have downloaded the Assembly Manual into a PDF reader, go directly to the desired page by touching any **BLUE** line in this Table of Contents.

	Page
Product Assembly - How to Assemble the XFT-V2	
STEP 17b - Adjust the Cables for Correct Tension	52
STEP 18 - Weight Stack Stickers Installation	53
STEP 19 - STEP 21	54 - 56
STEP 22 - Accessories	57
STEP 23 - Final Assembly Clean Up & Polish	58
Maintenance & Repairs	
Routine Schedule	60
Strength Cable Wear Indicators	61
Detailed Parts Exploded Views.....	62 - 65
Detailed Parts List & Images	66 - 70
Required Info BEFORE Initiating a Service Case	71
Warranty & Contact Information	
Product Warranty	72
Product Warranty Registration	73
Contact Us Information	74

Product Safety - Functional Trainers, Duals & Multi-Gyms



There is a risk assumed by individuals who use this type of equipment. A moment's lack of attention can result in an accident, as can failure to observe certain simple safety precautions.

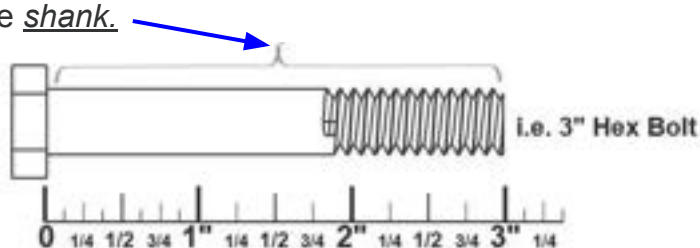
Read, study and understand the Assembly Instructions and all the warning labels on this product. Furthermore, it is recommended to familiarize yourself and others with the proper operation and workout recommendations for this BODYCRAFT product prior to use.

- Before beginning this or any other exercise program, consult your physician. This is especially important for individuals over the age of 35 or persons with preexisting health problems. Recreation Supply, Inc. assumes no responsibility for personal injury or property damage sustained by or through use of this product.
 - Exercise with care to avoid injury. Do not attempt to lift more weight than you can control safely.
 - This product must be assembled on a flat, level surface to assure its proper function.
 - Clean pads and frame on a regular basis. We recommend warm, soapy water. Do not use harsh or abrasive chemicals.
 - Inspect and tighten all parts before every use. Replace any worn parts immediately. Failure to do so may result in serious injury.
 - Keep children away from any BODYCRAFT strength machines at all times.
 - Keep your hands away from cables and pulleys during operation, other than the designated handles.
- 
- Keep hands, limbs, loose clothing and long hair well out of the way of moving parts.
 - Make certain all cables are seated within the pulleys before every use. Frayed or worn cables can be dangerous and may cause injury. Periodically check the cable for any indication of wear.
 - Inspect the unit for any sign of wear on parts, hardware becoming loose or cracks on welds. If a problem is found, do not use or allow the machine to be used until the defective part is repaired or replaced.
 - It is imperative that you retain this Assembly Instructions and be sure all warning labels are legible and intact. Replacement Assembly Instructions and labels are available from BODYCRAFT. If you are unsure about the proper use of the BODYCRAFT strength machine call your local BODYCRAFT dealer or our Customer Service Department. Contact BODYCRAFT at 800-990-5556 or support@bodycraft.com

Important Notes, Recommended Tools & Cleaners , GT

Important Notes and Tips:

1. Before assembly, read all instructions thoroughly and preview diagrams to help make the installation easier.
2. Make sure all parts are accounted for and in proper condition before beginning assembly. See the parts list.
3. Be cautious not to damage the flooring when assembling. Place a protectant down such as a rubber mat or shipping blanket.
4. Let plastics and weight stacks acclimate to room temperature before you begin assembly.
5. Two people are recommended for the safe assembly of this equipment.
6. Insert all bolts in the same direction when possible. Do not tighten until instructed.
7. Carefully install plastic caps using a rubber mallet.
8. When measuring bolt lengths, only measure the shank.
9. When the installation is complete, be sure to regularly check for rust or damage, and perform preventative maintenance.



THE FOLLOWING TOOLS ARE RECOMMENDED FOR ASSEMBLY:



SOCKET SET 3/8 DRIVE & 6\"



OPEN, CLOSED & ADJUSTABLE WRENCHES
(Only 1/2, 9/16 & 3/4 are needed)



TORQUE WRENCH
3/8 DRIVE
(w/ 5/32, 3/16, 1/4 & 3/8 Hex Bit Socket)



RUBBER Mallet & ALLEN WRENCH SET
(w/ 5/32, 3/16, 1/4 & 3/8 are needed)

THE FOLLOWING IS RECOMMENDED FOR CLEANING:



MILD CLEANING SOLUTION



100% COTTON CLEANING CLOTHS

TIP ON FRAME ONLY: For extra protection from fingerprints, sweat stains or just plain dirt, apply an automotive grade cleaner wax if desired. Also makes future cleaning easier.

(Do Not Use on the Upholstery)



Carefully read ALL warning, caution & maintenance schedule labels

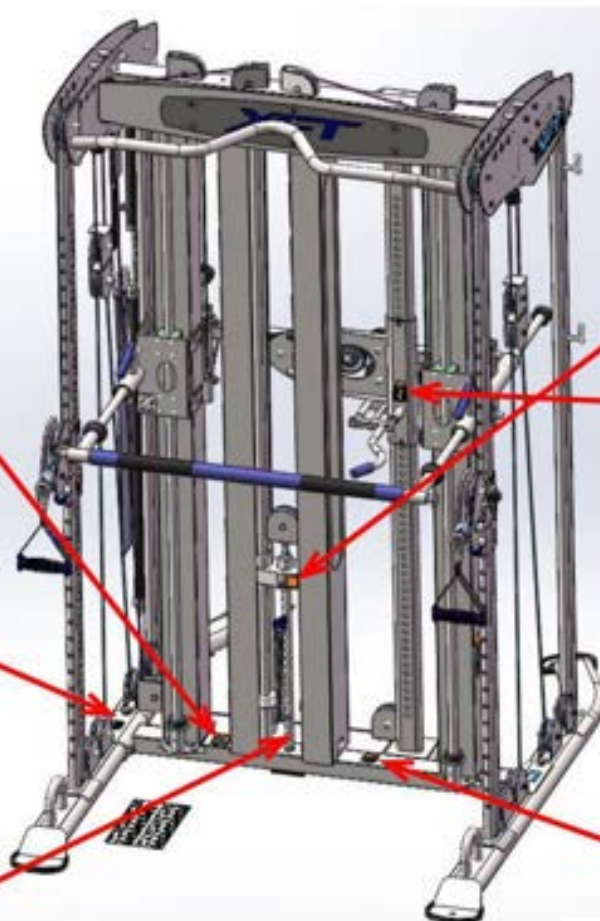
XFT-V2-175b, Warning Label -
Please Utilize This Equipment
Solely For Its Designated Purpose



XFT-V2-179b, Label -
California Proposition 65
Warning



XFT-V2-173b, Sticker,
Weight Stack 1 - 20



XFT-V2-184b, Warning
Label - Pinch Point,
Horizontal



XFT-V2-180b, Caution
Label - Ensure Pin is Fully
Engaged Before Performing
Exercises



XFT-V2-176b, Warning Label -
Be Aware of Moving Parts

NOTE: Parts & Labels are not to scale

NOTE: Ensure all labels are in place, clearly visible, and firmly affixed. If damaged or missing replace immediately. For assistance, reach out to BODYCRAFT Customer Support.

www.bodycraft.com/customer-support



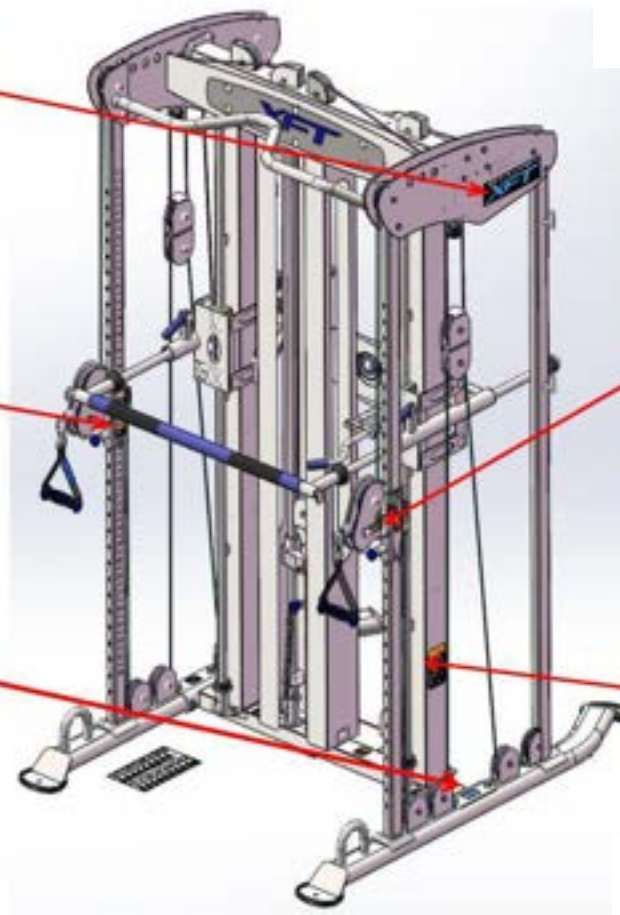
XFT-V2-183b, Label - Trademark (BODYCRAFT, XFT)



XFT-V2-174b, Caution Label - The Pull-PIN



XFT-V2-181b, Label - Serial Number



XFT-V2-178b, Warning Label - Pinch Point, Vertical



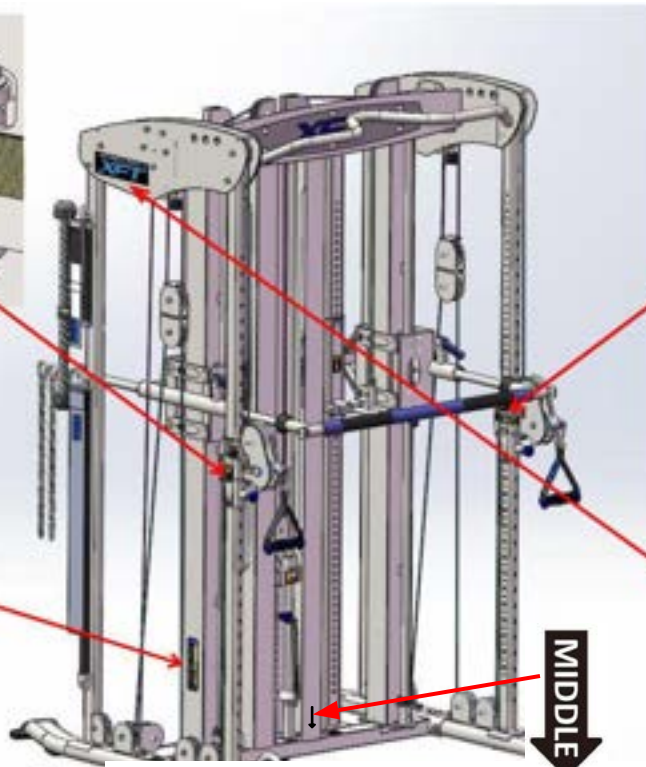
XFT-V2-177b, Warning Label - Master Rules & Precautions



XFT-V2-178b



XFT-V2-182b, Label, Maintenance Schedule



XFT-V2-185b, Label - Arrow w/ Middle downward

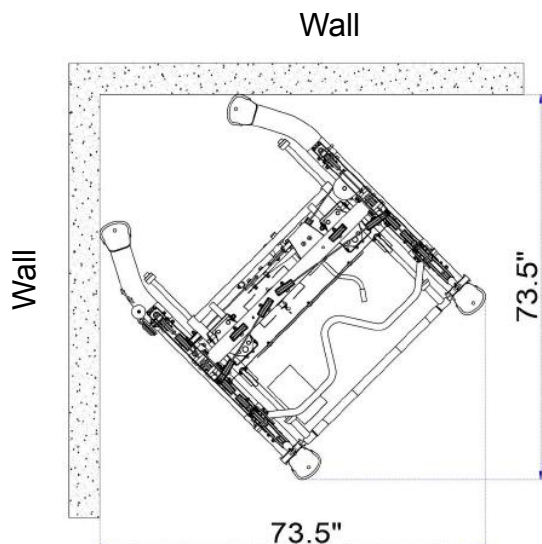


XFT-V2-174b, Caution Label - The Pull-PIN must be fully engaged into the hole before use



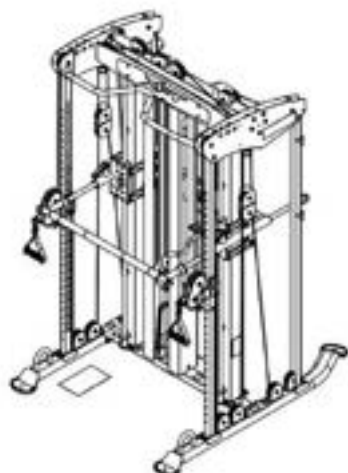
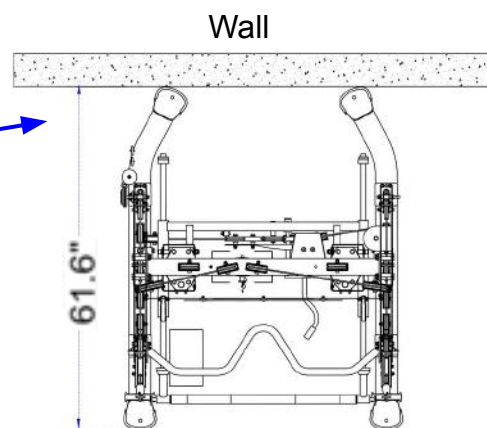
XFT-V2-183b

Machine Dimensions & Room Layouts, XFT-V2



Flat Wall Layout
61.6" L x 50.2" W x 83.5" H

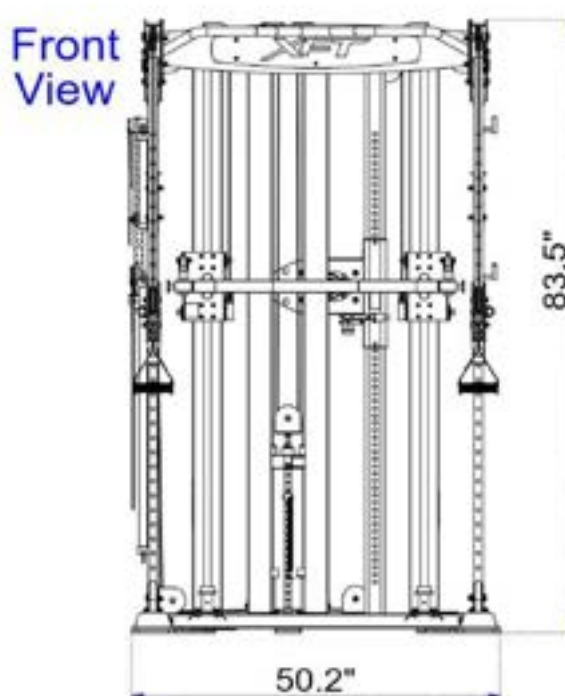
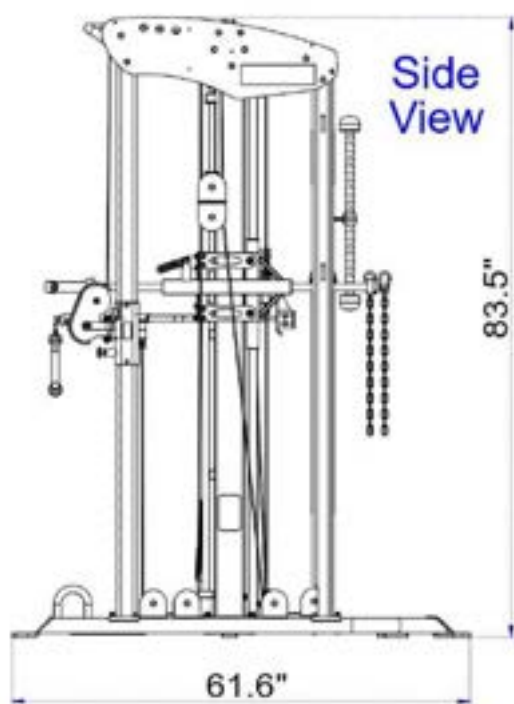
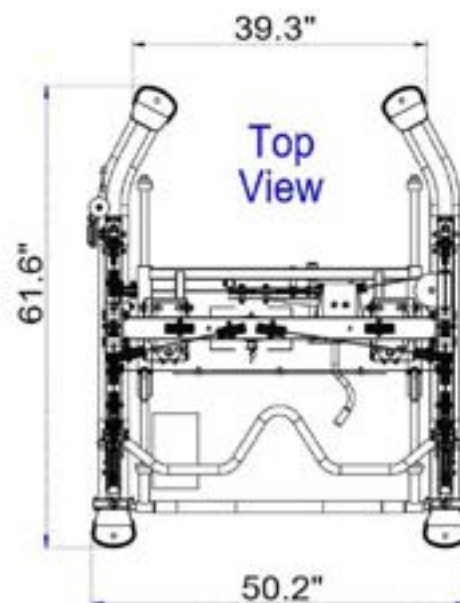
Corner Layout
73.5" L x 73.5" W x 83.5" H



XFT-V2 Overall Dimensions

61.6 L x 50.2" W x 83.5" H
(156.5 cm L x 127.5 cm W x 212.1 cm H)

Machine Weight w/o Accessories:
518 lbs (235 kg)

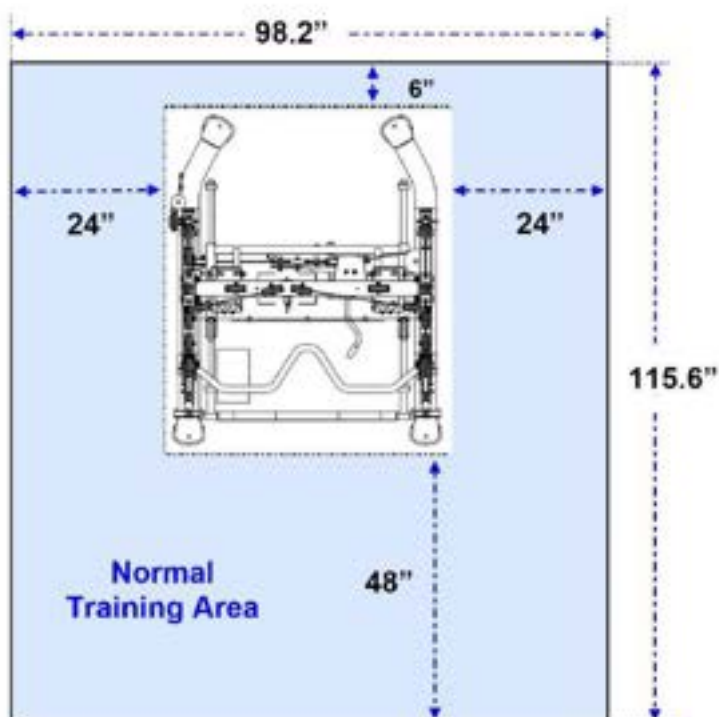


Recommended Training Area (Normal)

- w/ FID Bench Area @ 48"
- w/ above Pull-Up Bars @ 24"

115.6" L x 98.2" W x 107.5" H
(293.6 cm L x 249.5 cm W x 273.1 cm)

Back: 6" (15.3 cm)
Front: 48" (122 cm)
Right & Left Sides: 24" (61 cm)



ADA Compliant

For ADA Compliance under #1004
Exercise Machines and Equipment:

Minimum of 36" for entry, use & exit of
machine required. Add 12" in the
Training Area where needed.

Recommended Training Area (Max)

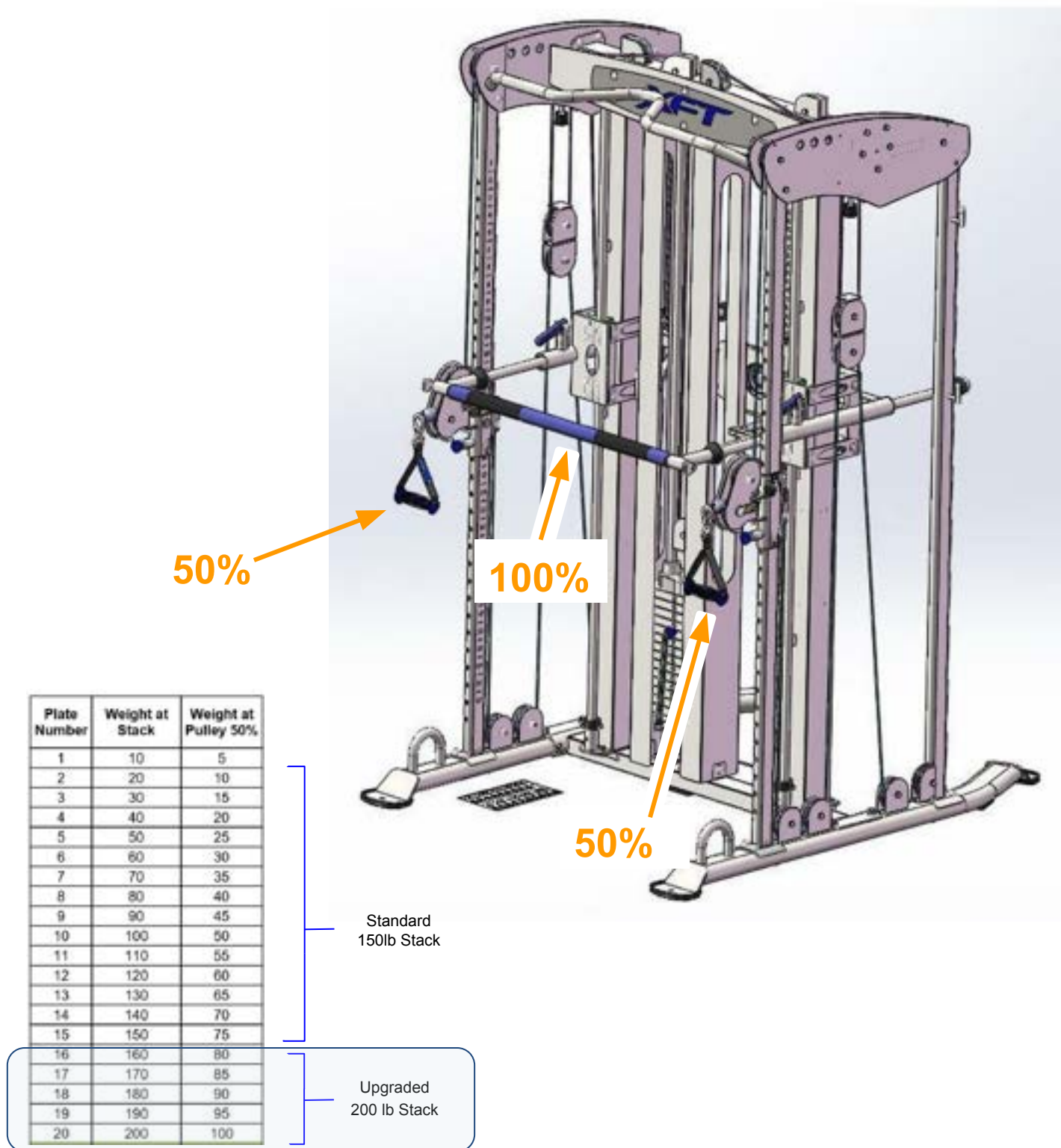
- w/ Cable Travel @ 92"
- w/ Single Handle & Clip @ 11"
- w/ above Pull-Up Bars @ 24"

155.6" L x 122.2" W x 107.5" H
(395.2 cm L x 310.4 cm W x 273.1 cm)

Back: 6" (15.3 cm)
Front: 88" (223.5 cm)
Right & Left Sides: 36" (91.4 cm)



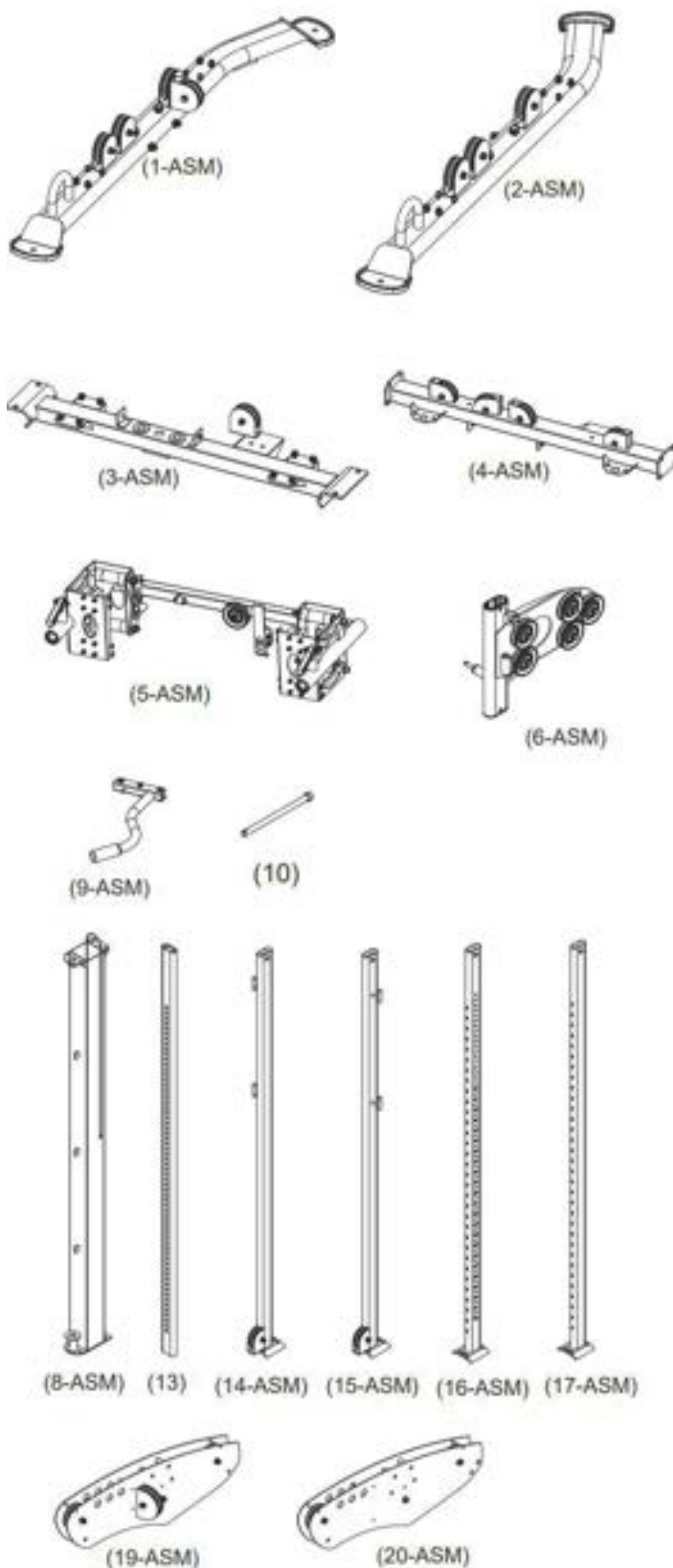
Weight Stack, Pulleys & Press Bar Ratios, XFT-V2



NOTE: Weights are approximate

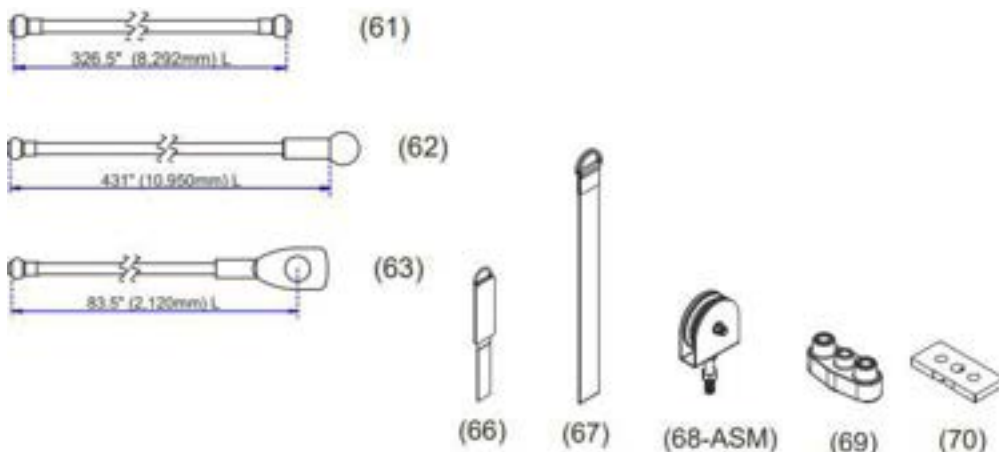
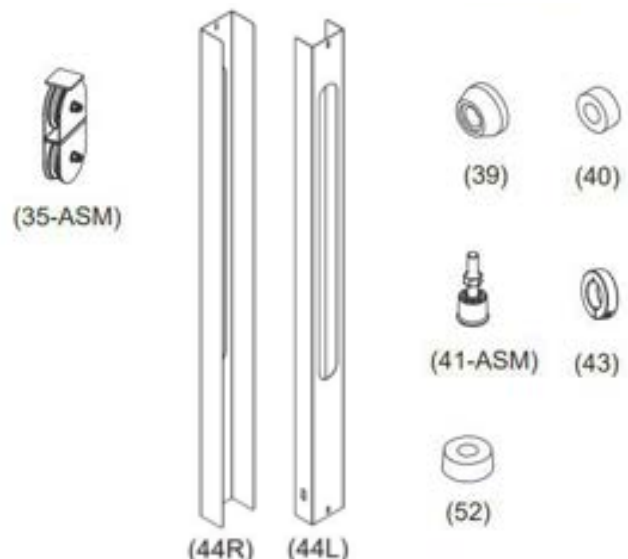
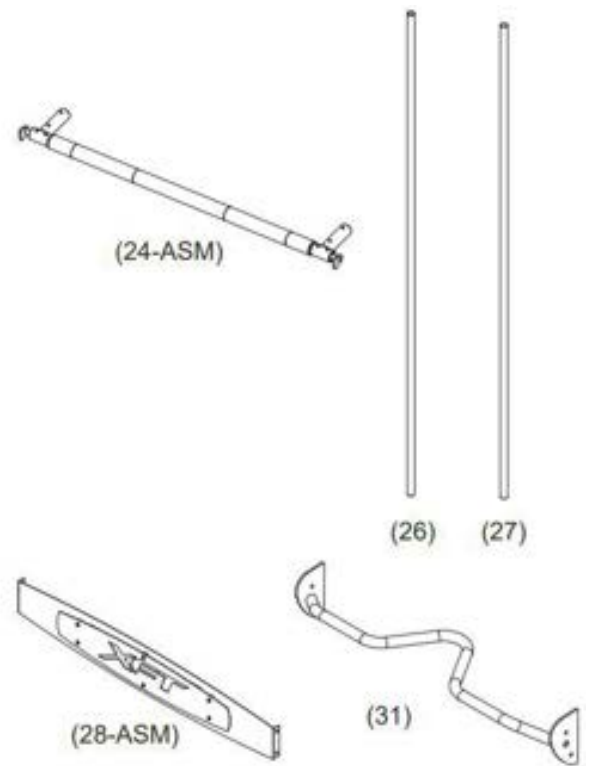
NOTE: For a complete service parts list, please refer to the detailed parts list & exploded view at the rear of this manual.

Part #	Assembly Parts List	QTY
XFT-V2-001-ASM	Frame, Bottom, Right w/ pre-assembled Pulleys-Assembly	1
XFT-V2-002-ASM	Frame, Bottom, Left w/ pre-assembled Pulleys-Assembly	1
XFT-V2-003-ASM	Frame, Connector, Bottom w/ pre-assembled Pulley-Assembly	1
XFT-V2-004-ASM	Frame, Connector, Top w/ pre-assembled Pulleys-Assembly	1
XFT-V2-005-ASM	Sliding Frame w/ pre-assembled Pulley-Assembly	1
XFT-V2-006-ASM	Adjuster Frame w/ pre-assembled Pulleys-Assembly	1
XFT-V2-008-ASM	Upright Post, Middle - Assembly	2
XFT-V2-009-ASM	Adjusting Handle w pre-assembled hardware - Assembly	1
XFT-V2-010	Magnetic Connecting Rod, 212mm L	1
XFT-V2-013	Vertical Sliding Tube	1
XFT-V2-014-ASM	Upright Post, Rear, Right w/ pre-assembled Pulley-Assembly	1
XFT-V2-015-ASM	Upright Post, Rear, Left w/ pre-assembled Pulley-Assembly	1
XFT-V2-016-ASM	Upright Post, Front, Right - Assembly	1
XFT-V2-017-ASM	Upright Post, Front, Left - Assembly	1
XFT-V2-019-ASM	Frame, Connector, Right w/ pre-assembled Pulleys-Assembly	1
XFT-V2-020-ASM	Frame, Connector, Left w/ pre-assembled Pulleys-Assembly	1



NOTE: Parts are not to scale

Part #	Assembly Parts List	QTY
XFT-V2-024-ASM	Press Bar with Grid Pattern, $\phi 32\text{mm}$ ID x $\phi 40\text{mm}$ OD x 847mm L - Assembly	1
XFT-V2-026	Guide Rod for Weight Plate, $\phi 20\text{mm}$ ID x $\phi 25\text{mm}$ OD x 1978mm L	2
XFT-V2-027	Guide Rod, Solid Linear for Sliding Frame, $\phi 25\text{mm}$ x 1,943mm L	2
XFT-V2-028-ASM	Panel - Assembly	1
XFT-V2-031	Chin-up Bar	1
XFT-V2-032	Lateral Guide Rod , $\phi 25\text{mm}$ x 1100mm L	2
XFT-V2-033-ASM	Pulley Height Adjuster, Right w/ pre-assembled Pulleys- Assembly	1
XFT-V2-034-ASM	Pulley Height Adjuster, Left w/ pre-assembled Pulleys- Assembly	1
XFT-V2-035-ASM	Pulley Block, Double, Closed Flat End w/ pre-assembled Pulleys- Assembly	2
XFT-V2-039	Rubber Cushion, Trapezoidal, $\phi 24.5\text{mm}$ x $\phi 45\text{mm}$ x $\phi 61\text{mm}$ x 30mm L	2
XFT-V2-040	Rubber Cushion, Cylindrical, $\phi 24.5\text{mm}$ ID x $\phi 48\text{mm}$ OD x 20mm L	6
XFT-V2-041-ASM	Cushion for Double Pulley Block, 1/2" - Assembly	2
XFT-V2-043	Split Fixed Collar w/ One Screw M5, $\phi 25^* \phi 45^*$ $\delta 12$	2
XFT-V2-044L	Weight Stack Cover, Left, w/ one Arrow Label	1
XFT-V2-044R	Weight Stack Cover, Right	1
XFT-V2-052	Rubber Cushion for Weight Stack	2
XFT-V2-061	Cable, Low, 326.5" (8,292mm) L	2
XFT-V2-062	Cable, Top, 431" (10,950mm) L	1
XFT-V2-063	Cable, for Weight Stack, 83.5" (2,120mm) L	2
XFT-V2-066	Accessory, Leg Strap	1
XFT-V2-067	Accessory, Long Strap	1
XFT-V2-068-ASM	Pulley Block, Single, w/ Threaded Shaft 1/2" OD w/ pre-assembled Pulleys- Assembly	1
XFT-V2-069	Top Plate	1
XFT-V2-070	Weight Plate, 10lbs (4.5kg) *** (19 plates with 200lb upgrade)***	14

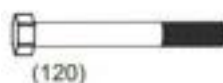


NOTE: Parts are not to scale

Part #	Assembly Parts List	QTY
XFT-V2-071	Selector Rod	1
XFT-V2-072	Stack Spacer, 7" Long (Only for the 150lb Standard Stack)	2
XFT-V2-075	Selector Pin	1
XFT-V2-079-ASM	Cable Stopper Shell for End of Cable - Assembly	2
XFT-V2-081-ASM	Accessory, Short Bar - Assembly	1
XFT-V2-082-ASM	Accessory, Long Bar - Assembly	1
XFT-V2-087	Accessory, Single Handle	2
XFT-V2-088	Accessory, Snap Hook	2
XFT-089-ASM	Accessory, Chain w/ Snap Hook- Assembly	2
XFT-V2-094	Accessory, Nylon Rope	1
XFT-V2-095-ASM	Guide Rod Holder Plate - Assembly	1
XFT-V2-172	Silicone Lube Bottle, for Guide Rods	1
XFT-V2-173	Sticker, Weight Stack 1 - 20	1



(173)



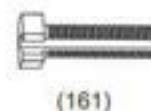
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(164)



(165)



(166)



(167)



(168)



(169)



(170)



(171)

Part #	Assembly Hardware List	QTY
XFT-V2-101	Bolt, Socket Cap Head w/ Hex Recessed, 7/16" x 1-3/4" L - BLK	1
XFT-V2-115	Bolt, Hex Head, 3/8" x 1" L - BLK	8
XFT-V2-119	Bolt, Hex Head, 3/8" x 2-3/4" L - BLK	2
XFT-V2-120	Bolt, Hex Head, 3/8" x 3-1/8" L - BLK	10
XFT-V2-123	Bolt, Hex Head, M6 x 10mm L - BLK	4
XFT-V2-126	Bolt, Flat Head Countersunk w/ Hex Recessed, 3/8" x 1" L - BLK	4
XFT-V2-131	Washer, Flat, 3/8" - BLK	40
XFT-V2-133	Nut, 1/2" - BLK	5
XFT-V2-135	Nut, Nylon Lock, 3/8" - BLK	20
XFT-V2-143	Washer, Spring, 1/2" - BLK	6
XFT-V2-149	Washer, Flat, ϕ 6 - BLK	4
XFT-V2-161	Bolt, Hex Head, Split (for Cable Ends), 1/2" x 1-3/4" L - BLK	5
XFT-V2-164	Wrench, Hex, 3mm	1
XFT-V2-165	Wrench, Hex, 5/32"	1
XFT-V2-166	Wrench, Hex, 3/16"	1
XFT-V2-167	Wrench, Hex, 7/32"	1
XFT-V2-168	Wrench, Hex, 1/4"	1
XFT-V2-169	Wrench, Hex, 3/8"	1
XFT-V2-170	Wrench, Hex, 10mm	1
XFT-V2-171	Wrench, Dual Use Sides, 4mm Hex Head and Phillips	1

PREASSEMBLY TIP #1 – “Stage Right”.

During the assembly process we will be stating Right, Left, Front, Back, Top, or Bottom. These all are in the perspective of the user in the machine facing outward with feet on the ground.

See below images as examples.



STAGE RIGHT DEFINITION: Both "Stage Right" or "Stage Left" are from the viewpoint of the actor facing outward from the stage.



PREASSEMBLY TIP #2 – Unpackaging & organizing.

The best practice in assembly is to take all the parts out of the boxes & bags and line up in order of assembly. This enables a mindset of what you will be assembling, their physical sizes and what challenges you might face BEFORE you begin.



PREASSEMBLY TIP #3 – Getting the hardware ready.



Multiple bolts, washers, nuts, & other hardware will be used in each STEP. A quick tip is to open the hardware kits (blister packs) and write the part numbers from low to high on one of the shipping boxes, using it like a table top. **NOTE: Some hardware might be pre-installed.**

PREASSEMBLY TIP #4 – Keep hardware loose until asked to tighten.

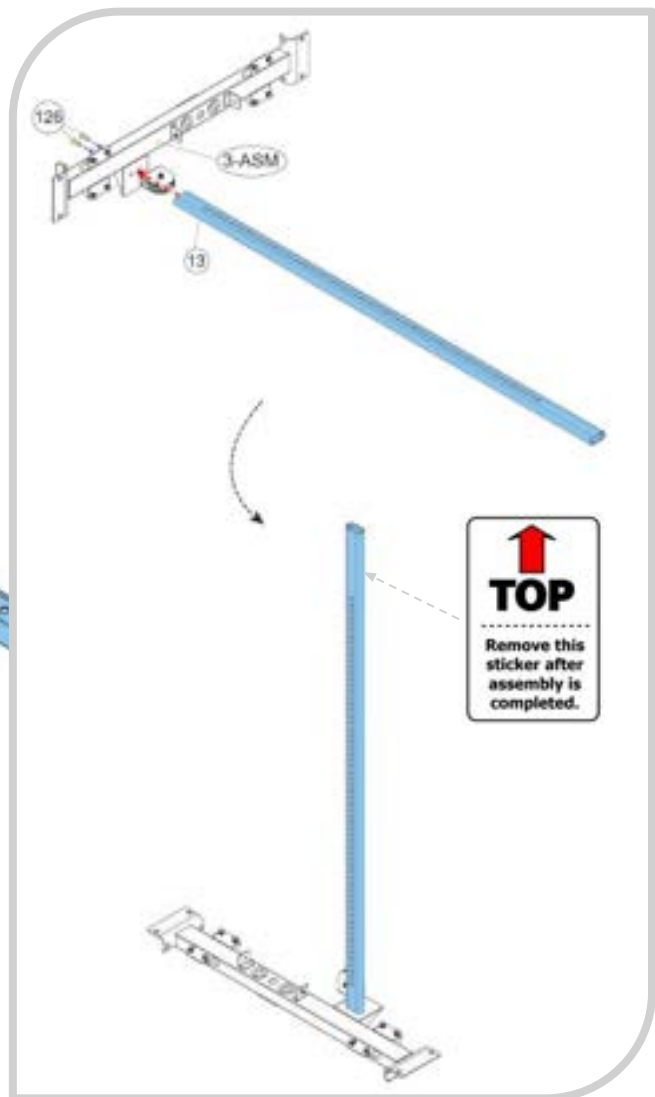
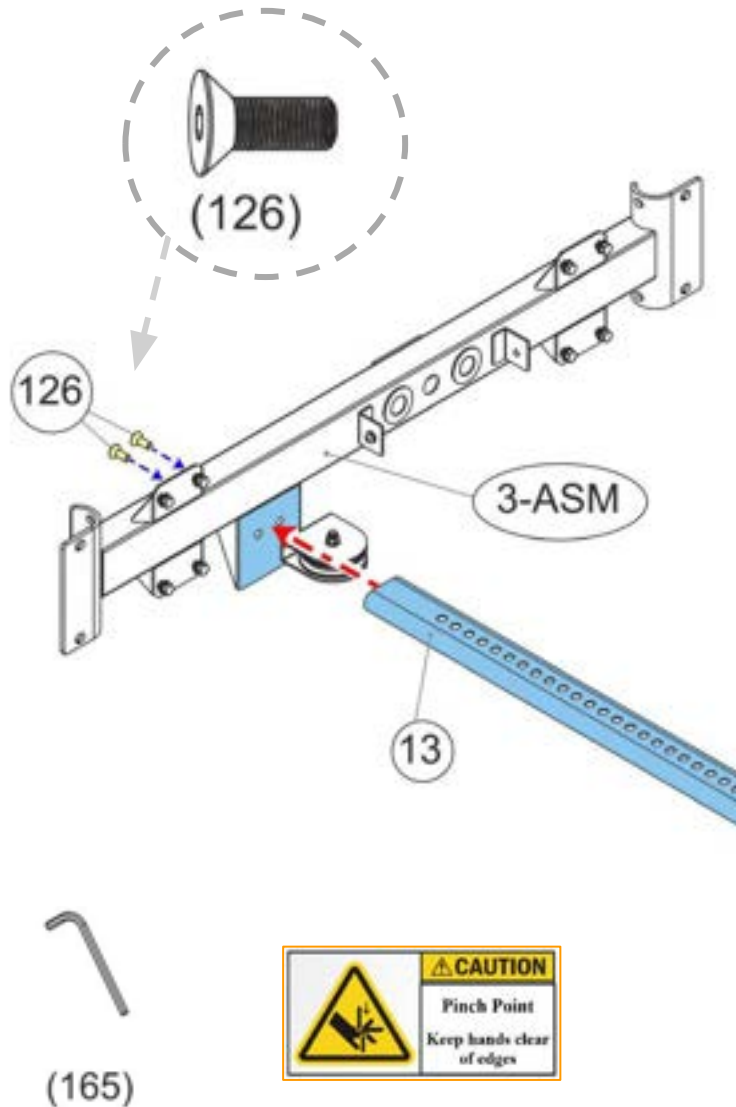
During the assembly, hardware needs to be finger tight until the STEPS of “Torque Time”. This will ensure sub-frame and other parts will easily fit together and not strip out bolt threads during assembly.



Please Loosely Tighten STEP 1a Bolts with # 165 Wrench



STEP 1a: Install the Vertical Sliding Tube to the Bottom Connector Frame



Frame Parts

Part #	Assembly Parts List	QTY
XFT-V2-003-ASM	Frame, Connector, Bottom w/ pre-assembled Pulley- Assembly	1
XFT-V2-013	Vertical Sliding Tube	1

Hardware & Tool

Part #	Assembly Hardware & Tool	QTY
XFT-V2-126	Bolt, Flat Head Countersunk w/ Hex Recessed, 3/8" x 1" L - BLK	2
XFT-V2-165	Wrench, Hex, 5/32"	1

View Keys

Red dotted (large): Structural parts assembled direction.

Red dotted (med): Sub-parts assembled direction.

Blue dotted lines (small): Hardware assembled direction.

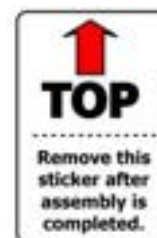
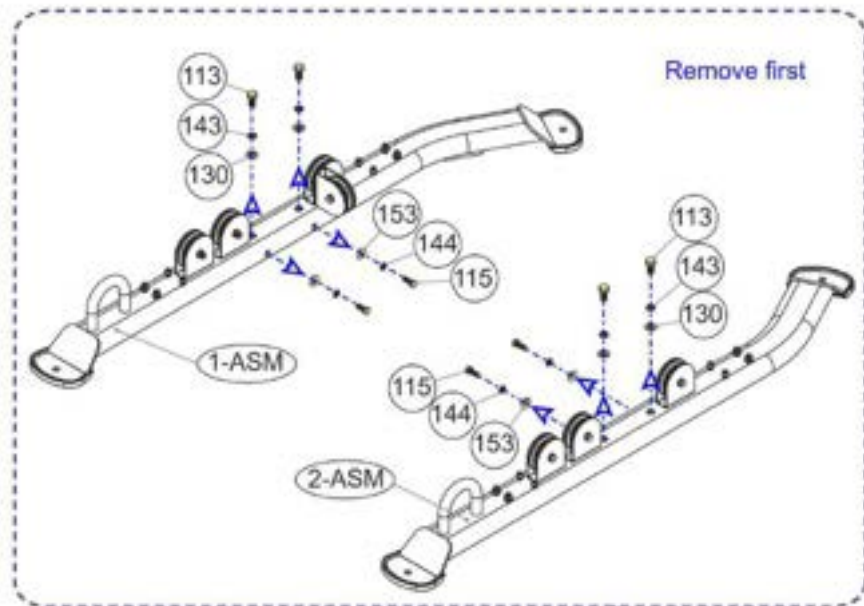
Orange (med): Cables are normally black, but easier to see in color.



Please Hand Tighten All Nuts & Bolts Until STEP 13



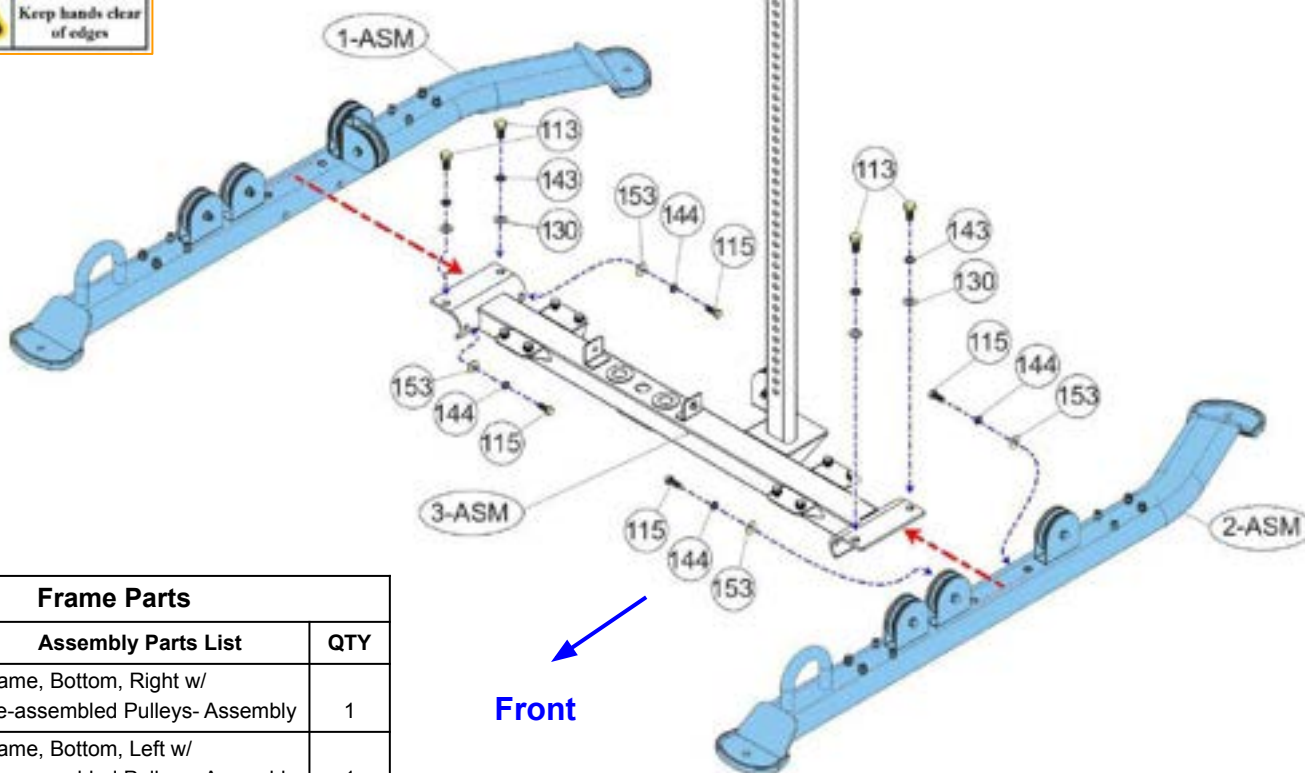
STEP 1b: Remove 1st the pre-assembled hardware



Remove this sticker after assembly is completed.

Then

STEP 1c: Install the Rt & Lt Bottom Frames



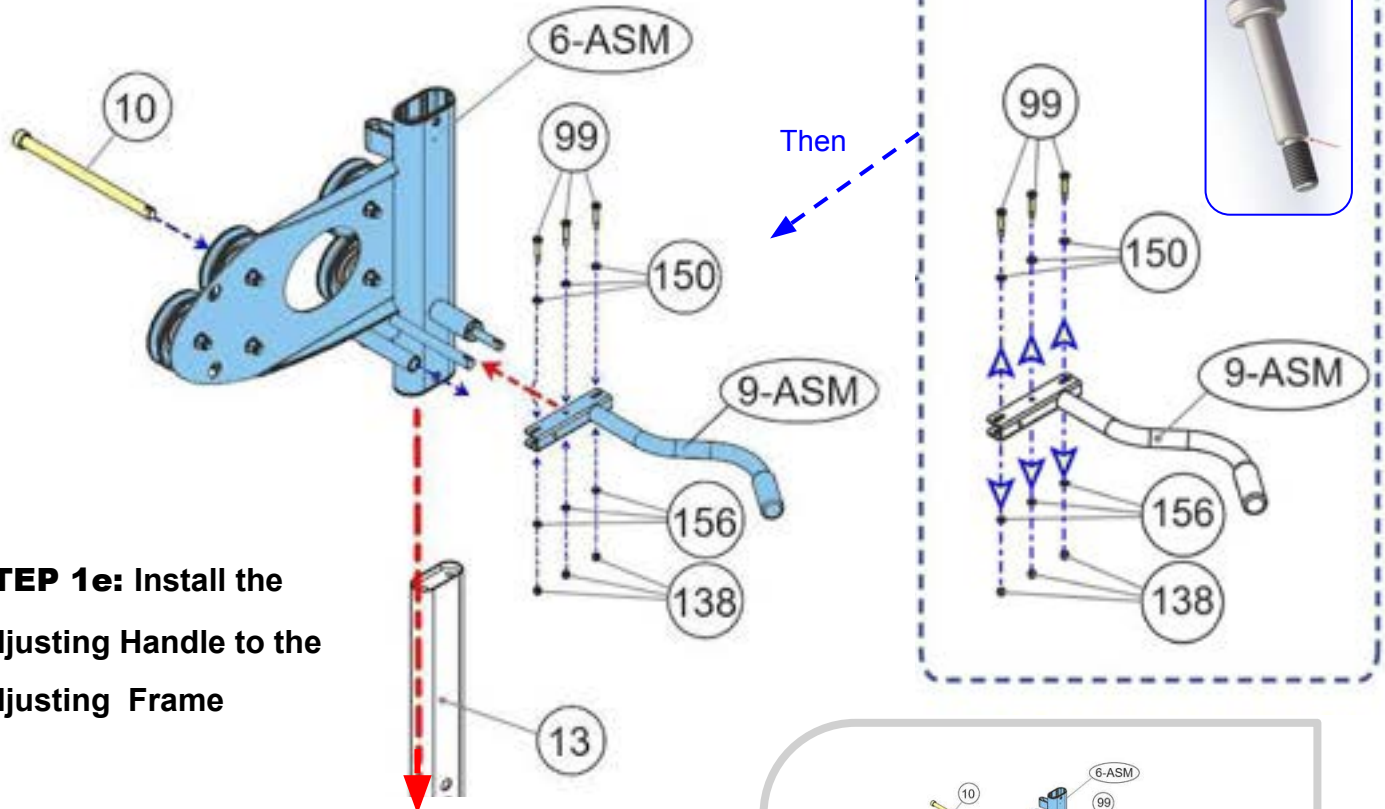
Front

Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-001-ASM	Frame, Bottom, Right w/ pre-assembled Pulleys- Assembly	1
XFT-V2-002-ASM	Frame, Bottom, Left w/ pre-assembled Pulleys- Assembly	1

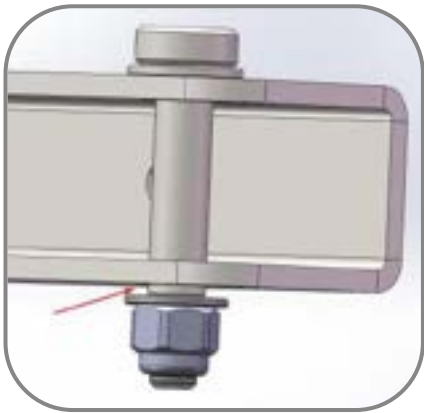


Please Hand Tighten All Nuts & Bolts Until STEP 13

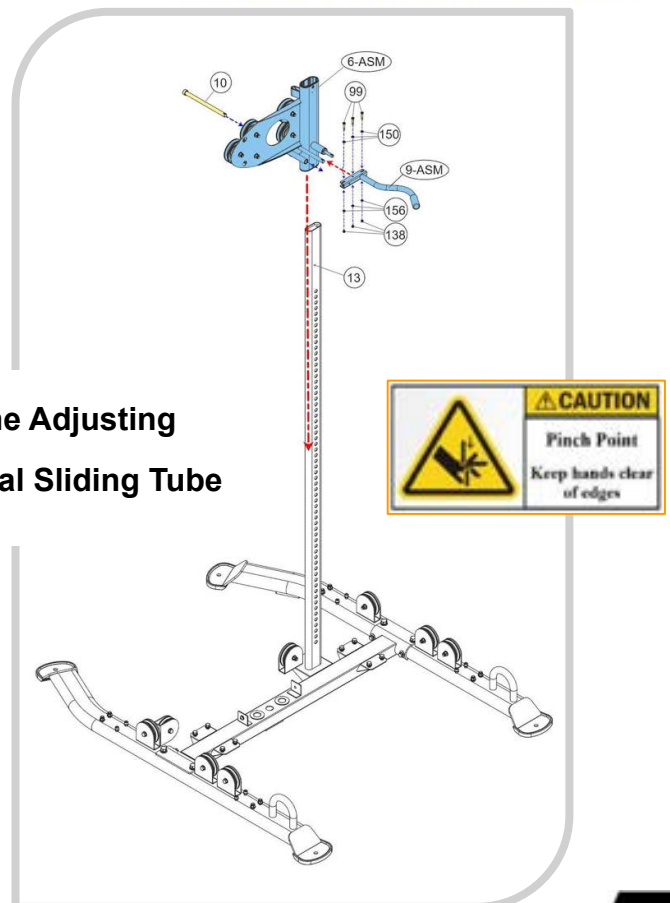
STEP 1d: Remove 1st the pre-assembled hardware



STEP 1e: Install the Adjusting Handle to the Adjusting Frame



STEP 1f: Install the Adjusting Frame to the Vertical Sliding Tube



Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-006-ASM	Adjuster Frame w/ pre-assembled Pulleys- Assembly	1
XFT-V2-009-ASM	Adjusting Handle w pre-assembled hardware - Assembly	1
XFT-V2-010	Magnetic Connecting Rod, 212mm L	1



Please Hand
Tighten All
Nuts & Bolts
Until STEP 13

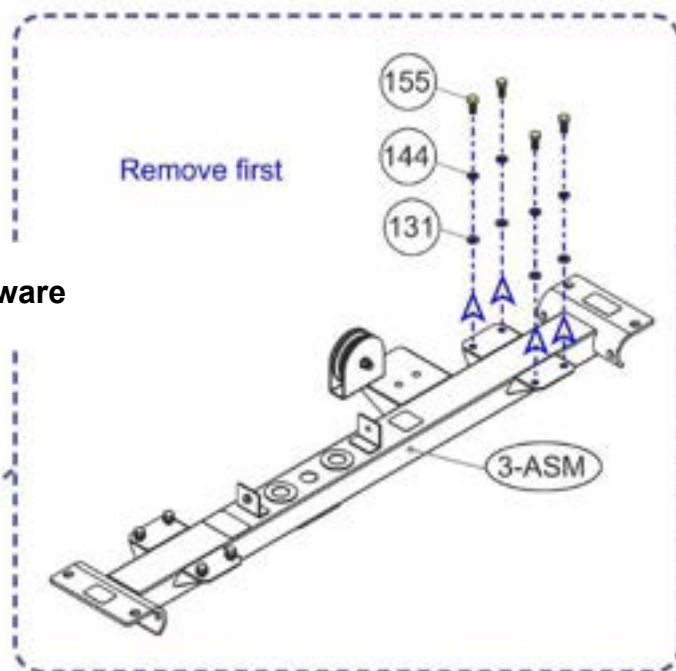


Remove first

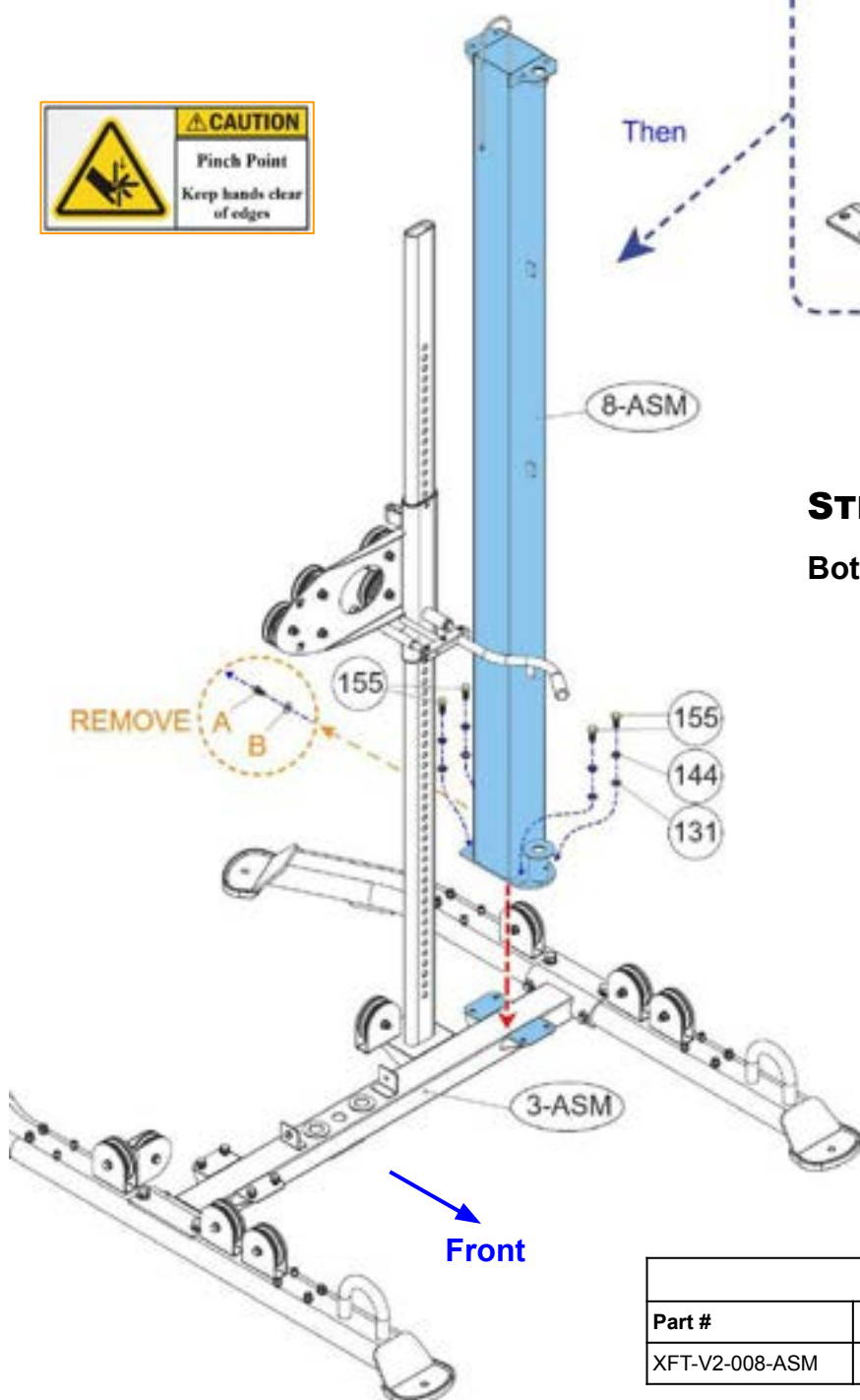
STEP 2a: Remove 1st the pre-assembled hardware



Then



STEP 2b: Install the Upright Post to the Bottom Frame (Left Side)



STEP 2c: Remove the “A & B” hardware shown (Unlocks the Balance Weight inside #8-ASM to move freely)

Frame Parts

Part #	Assembly Parts List	QTY
XFT-V2-008-ASM	Upright Post, Middle - Assembly	1

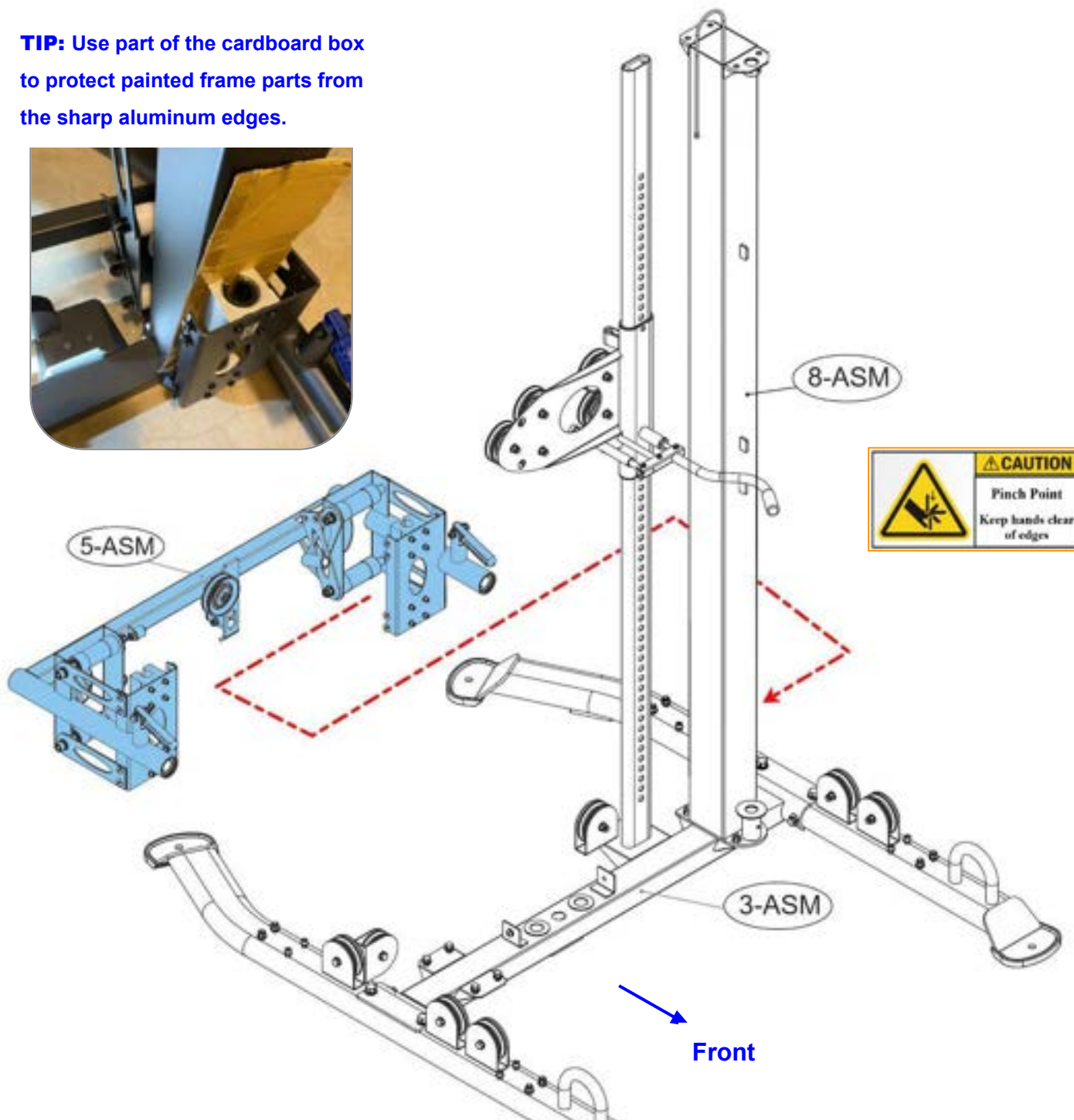


Please Hand Tighten All Nuts & Bolts Until STEP 13

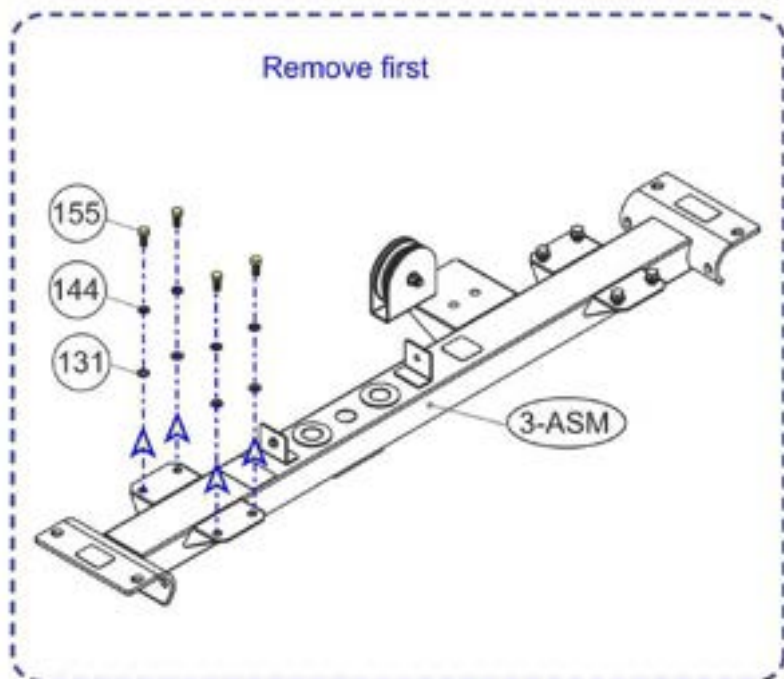


STEP 2d: GENTLY place into position the #5-ASM Sliding Frame (as shown below)

TIP: Use part of the cardboard box to protect painted frame parts from the sharp aluminum edges.



Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-005-ASM	Sliding Frame w/ pre-assembled Pulley- Assembly	1



Please Hand
Tighten All
Nuts & Bolts
Until STEP 13



STEP 3a: Remove 1st the
pre-assembled hardware

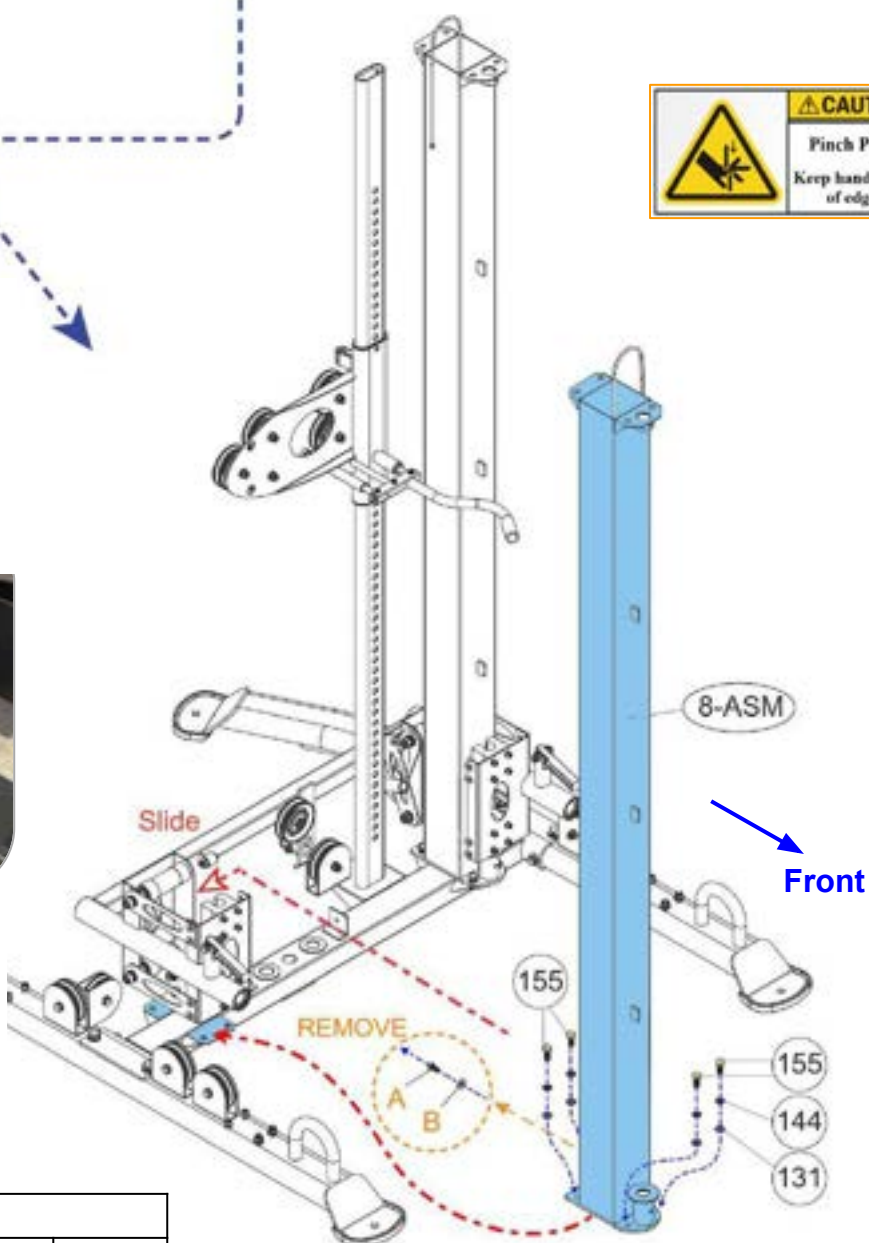
Then

STEP 3b: Install the Upright Post
to the Bottom Frame (Right Side)

TIP: Use part of the cardboard box to slide
into position w/o damaging paint.



STEP 3c: Remove the “A & B”
hardware shown (Unlocks the
Balance Weight inside #8-ASM
to move freely)



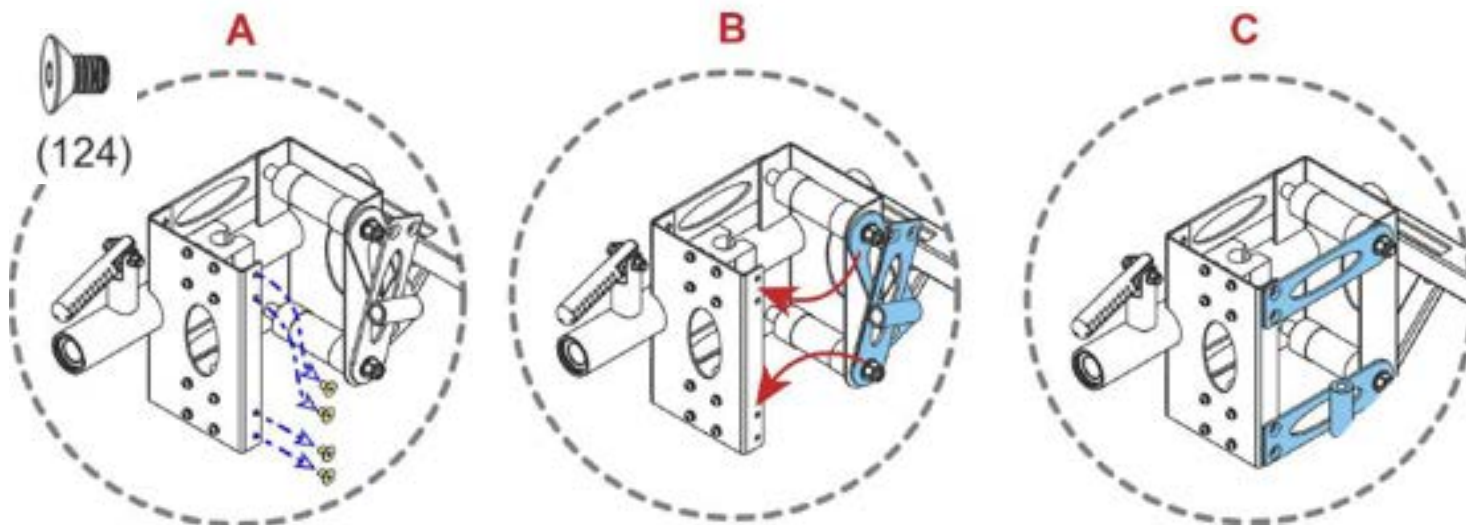
Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-008-ASM	Upright Post, Middle - Assembly	1



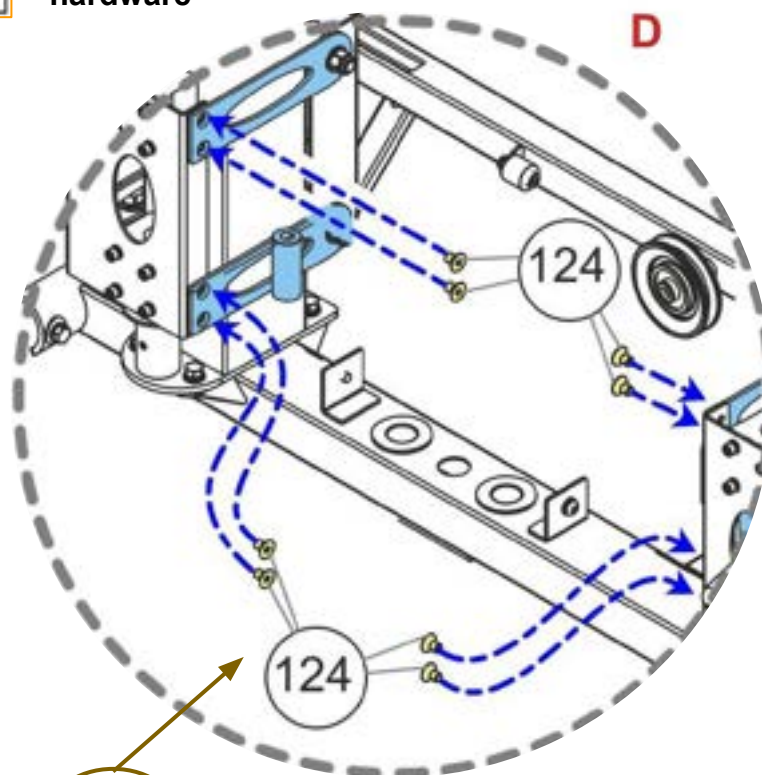
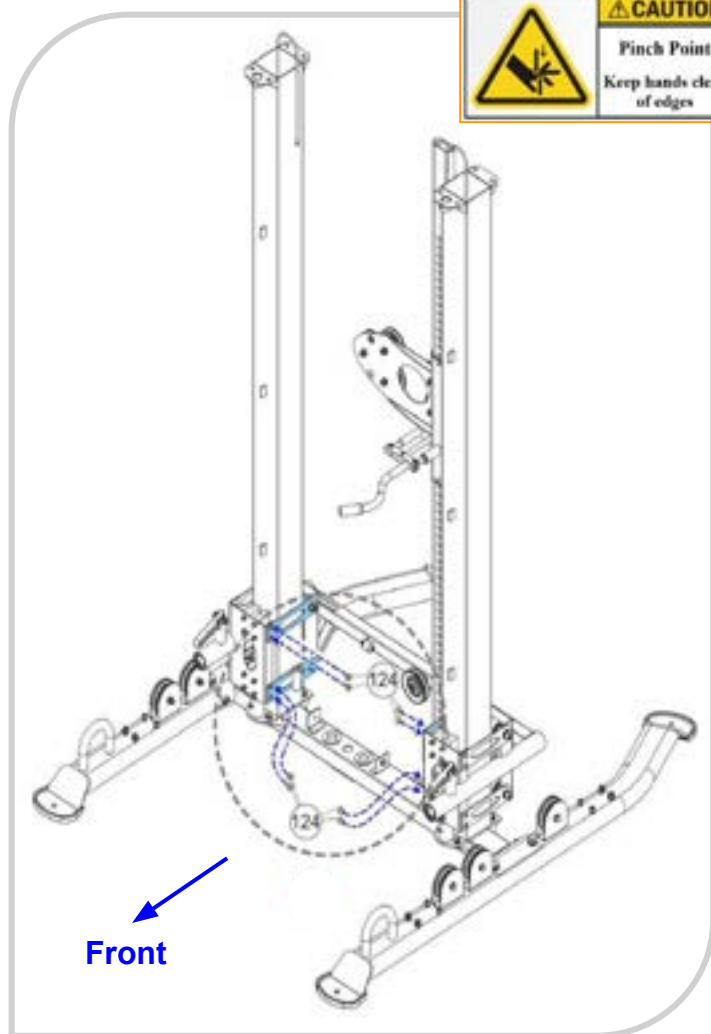
ONLY Tighten STEP 4 Bolts at this time



STEP 4a - 4c: Remove 1st the pre-assembled hardware, then swivel both sides Connecting Plates



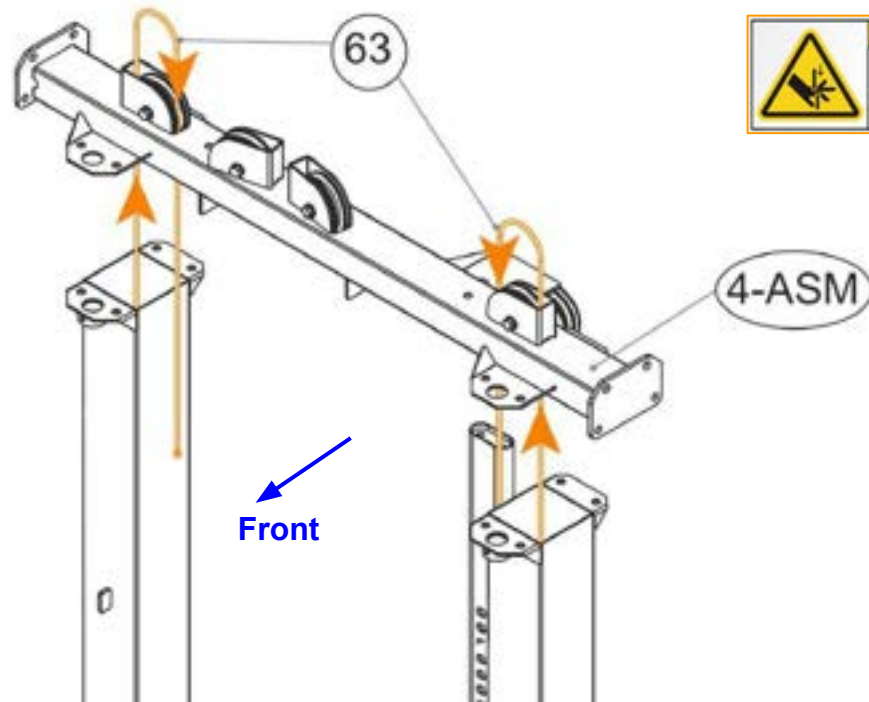
STEP 4d: Reattach the pre-assembled hardware



5 ft-lbs
(+/- 0.5 lbs)

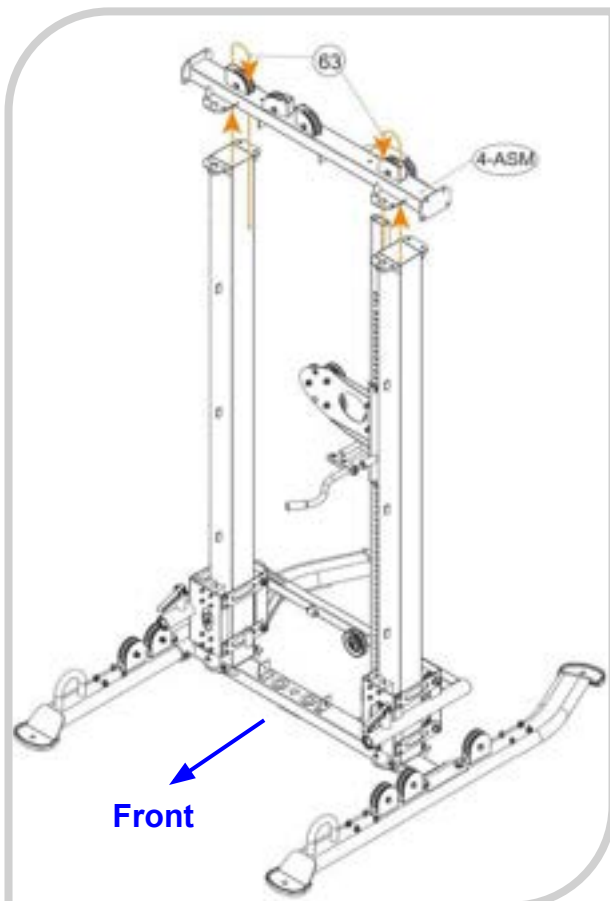
Tighten the **5/16"** Bolts to the recommended torque specs of **5 ft-lbs (+/- 0.5 lbs)**.

STEP 5a: Guide the Cable #63 Rt & Lt Sides through the Top Connector Frame Pulleys



CAUTION: Top Connector Frame - Assembly (4-ASM) is large and awkward to install, especially to the Upright Post, Middle - Assemblies (8-ASM), while feeding the #63 Cables though the pulleys from below.

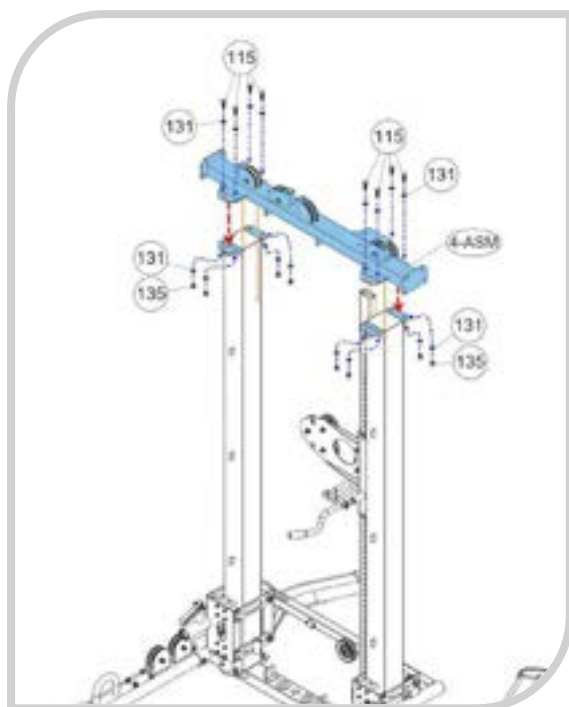
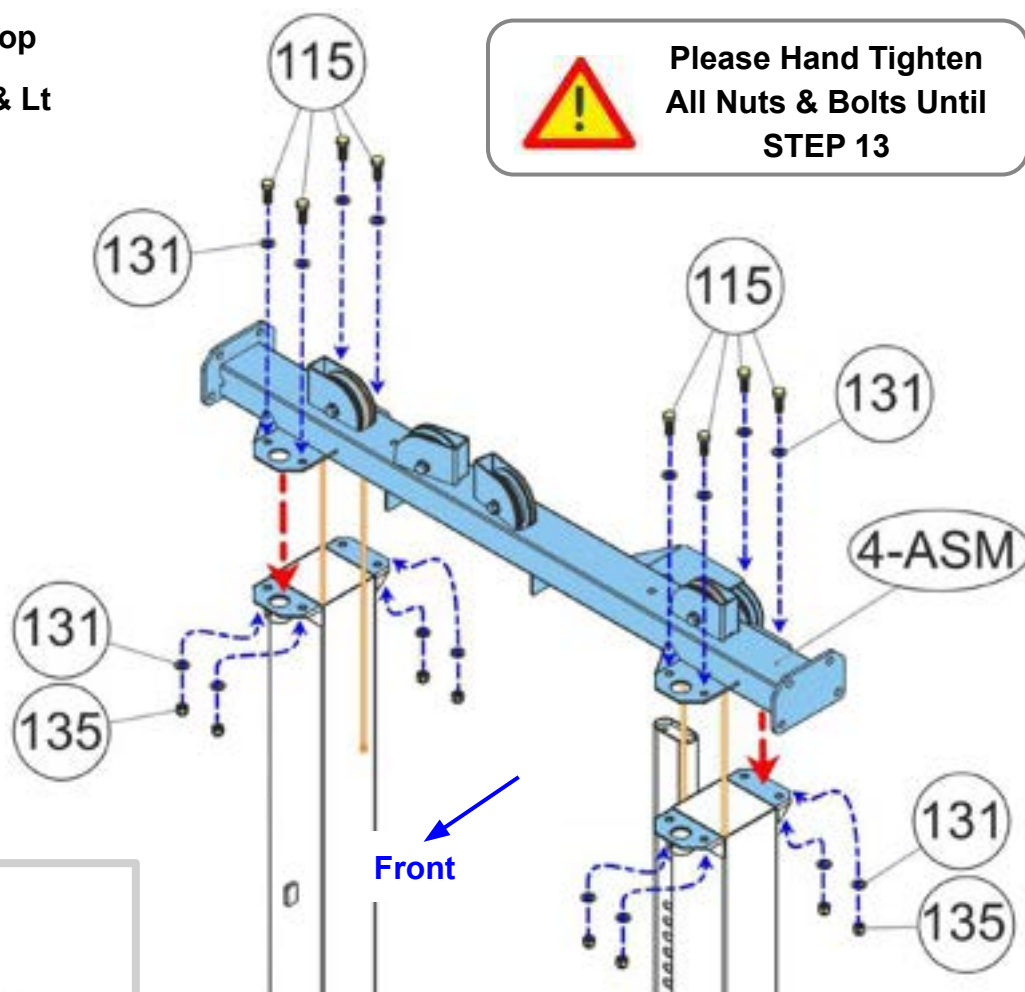
***“Find a Friend”** to help with STEP 5a to ensure your fingers stay unharmed during the rest of the assembly process!*



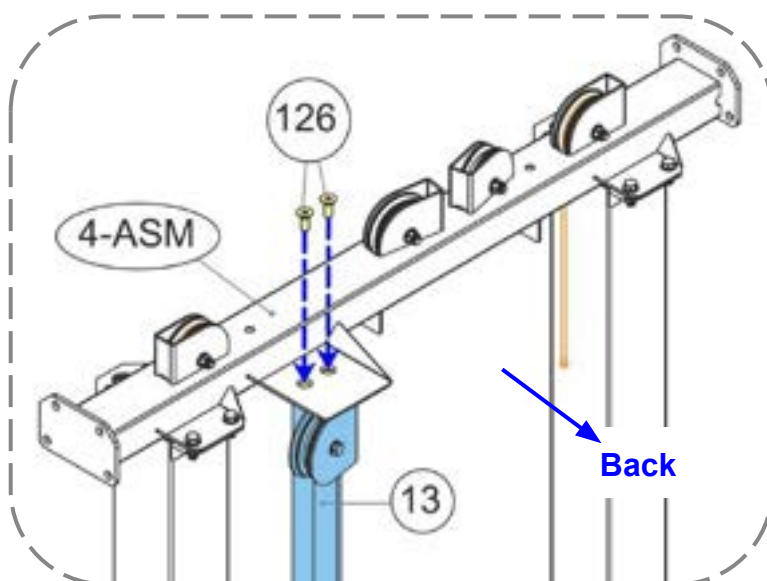
***“Find a Friend”** image taken during a GTX installation.*

Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-004-ASM	Frame, Connector, Top w/ pre-assembled Pulleys-Assembly	1

STEP 5b - 5c: Install the Top Connector Frame to the Rt & Lt Upright Posts



STEP 5d: Secure to the Vertical Sliding Tube



Hardware

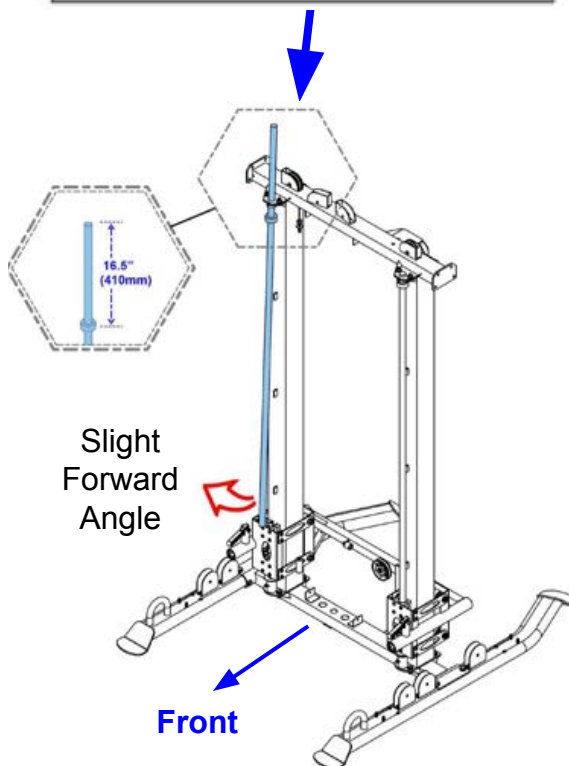
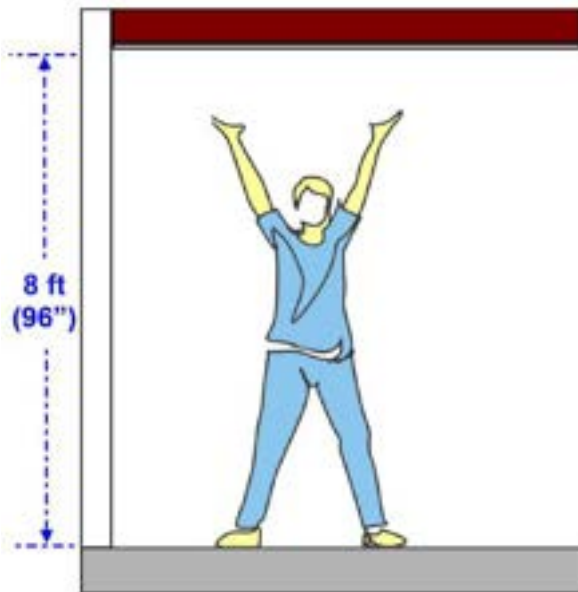
Part #	Assembly Hardware	QTY
XFT-V2-115	Bolt, Hex Head, 3/8" x 1" L - BLK	8
XFT-V2-131	Washer, Flat, 3/8" - BLK	16
XFT-V2-135	Nut, Nylon Lock, 3/8" - BLK	8
XFT-V2-126	Bolt, Flat Head Countersunk w/ Hex Recessed, 3/8" x 1" L - BLK	2

Frame Parts

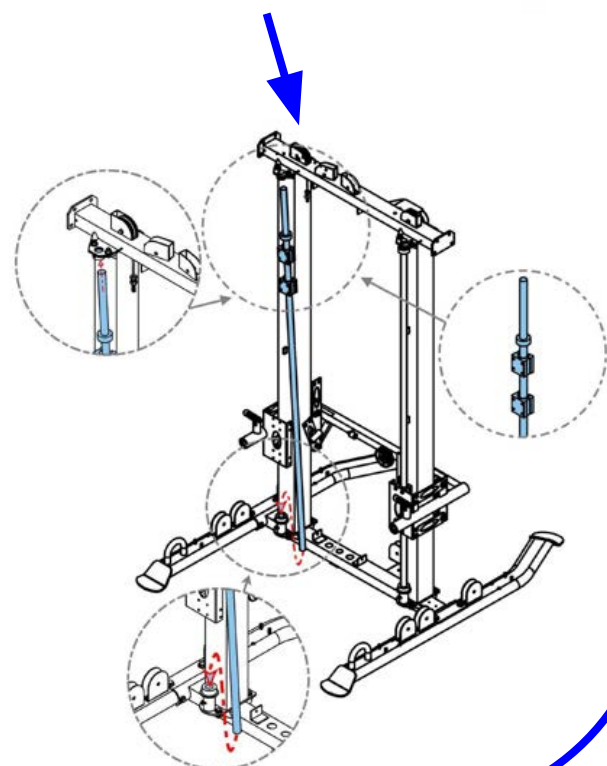
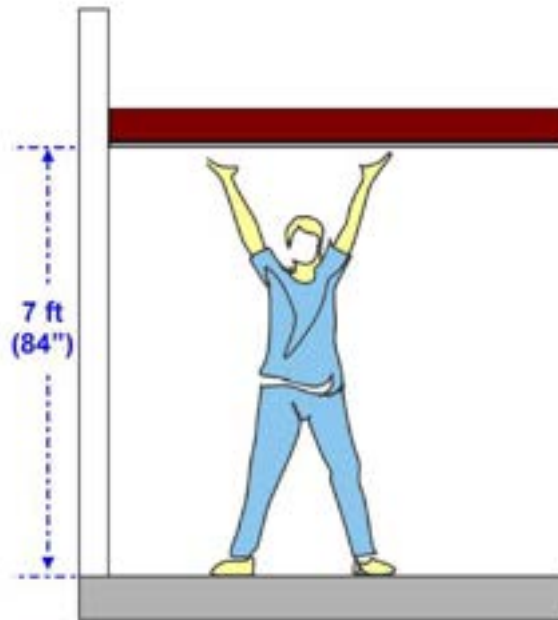
Part #	Assembly Parts List	QTY
XFT-V2-004-ASM	Frame, Connector, Top w/ pre-assembled Pulleys- Assembly	1

DECISION POINT**XFT-V2 - STEP 6a****96" (8-ft) or taller
Ceiling Height**

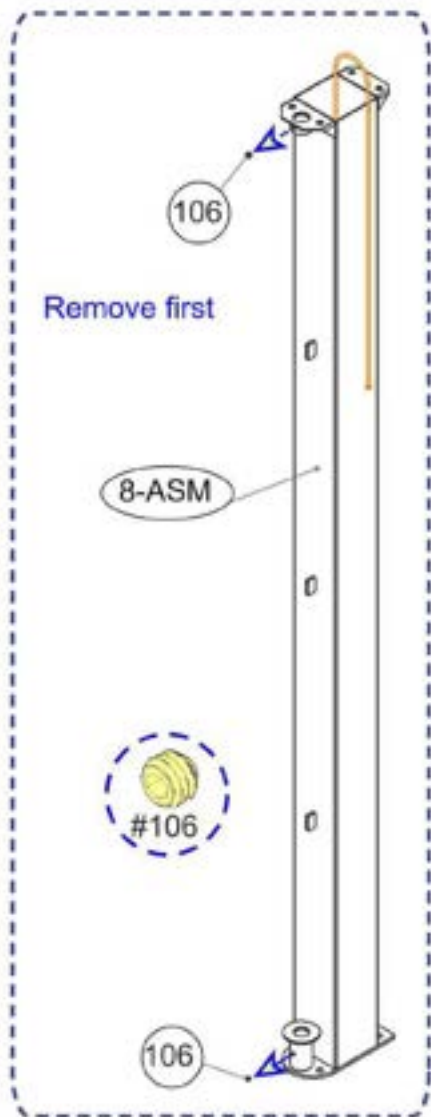
If you are installing with a Ceiling Height of 96" or taller, continue to [STEP 6b](#)

**84" (7-ft) Low
Ceiling Height**

If you are installing with a Low Ceiling Height of 84", continue to [STEP 6g](#)

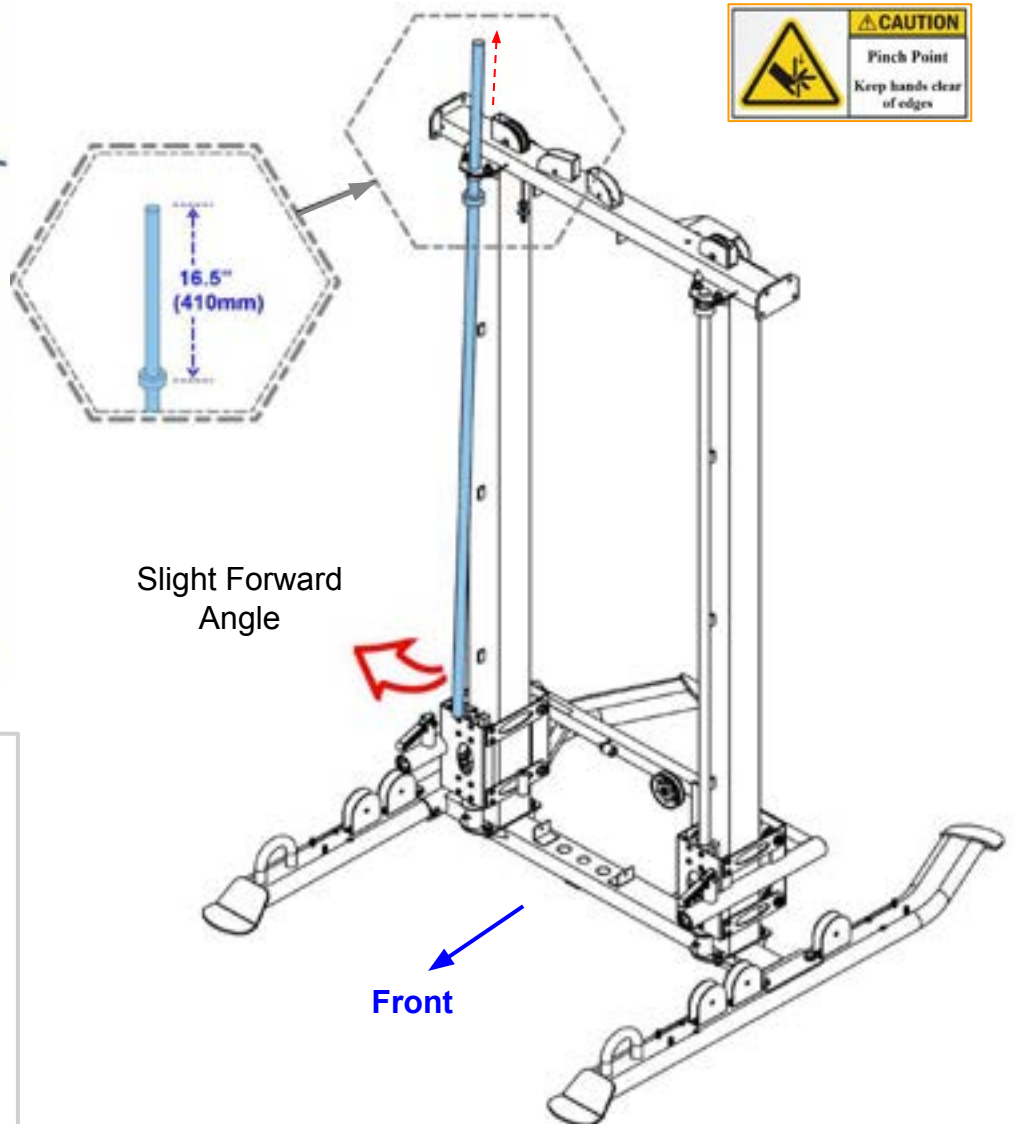


STEP 6b: Remove 1st the pre-assembled hardware, Rt & Lt Sides



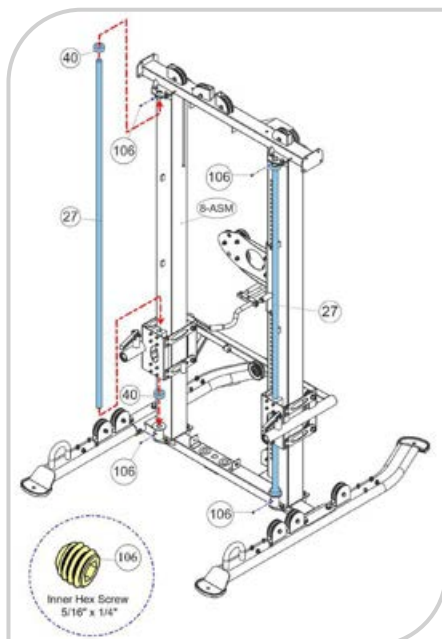
Please Hand
Tighten All
Nuts & Bolts
Until STEP 13

STEP 6c: Install the #27 Guide Rods by first Slightly Angle the bottom forward and pushing the Guide Rod upward.



Slight Forward
Angle

Front



Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-027	Guide Rod, Solid Linear for Sliding Frame, $\phi 25\text{mm} \times 1,943\text{mm}$ L	2

STEP 6d: GENTLY lower the #27 Guide Rods down through the Linear Cartridges



IMPORTANT

Slide the Guide Rod gently through the upper hole, ensuring not to dislodge any ball bearings.

Warranty does not cover replacement of Linear Cartridges due to missing bearings.

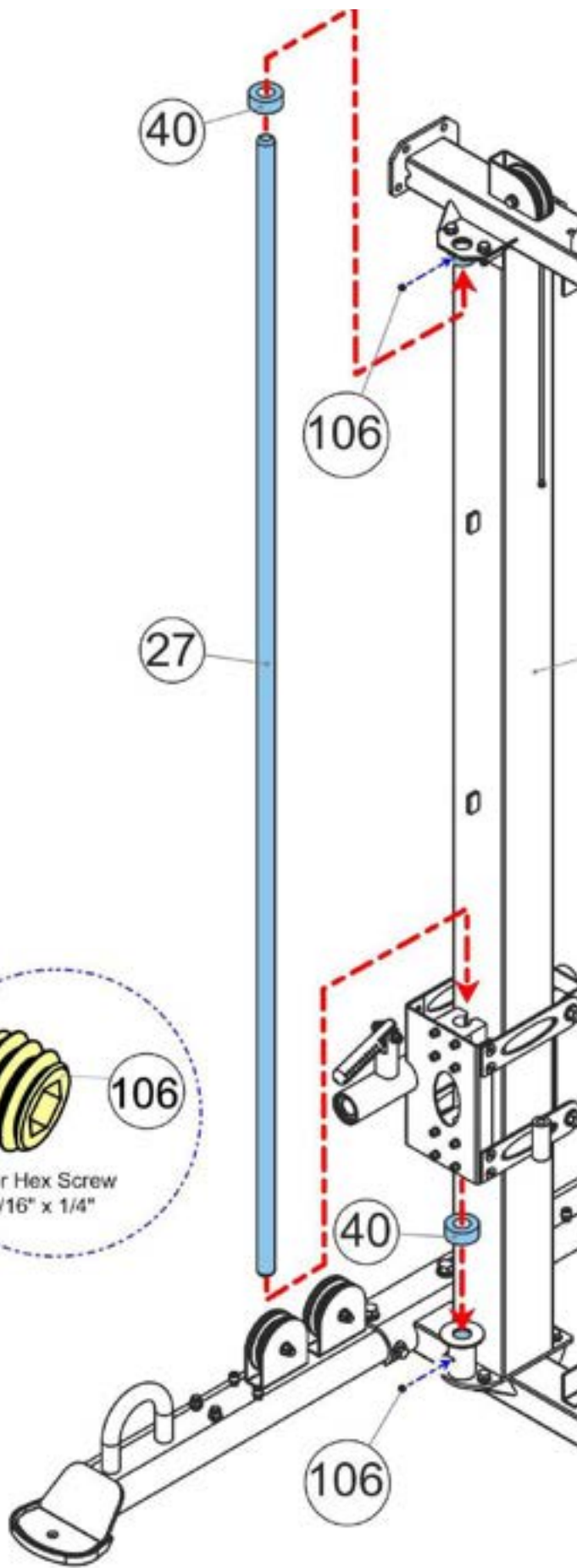


TIP: Use one of the cardboard boxes to hold the Carriage Assembly up for easier Rubber Cushion Installation

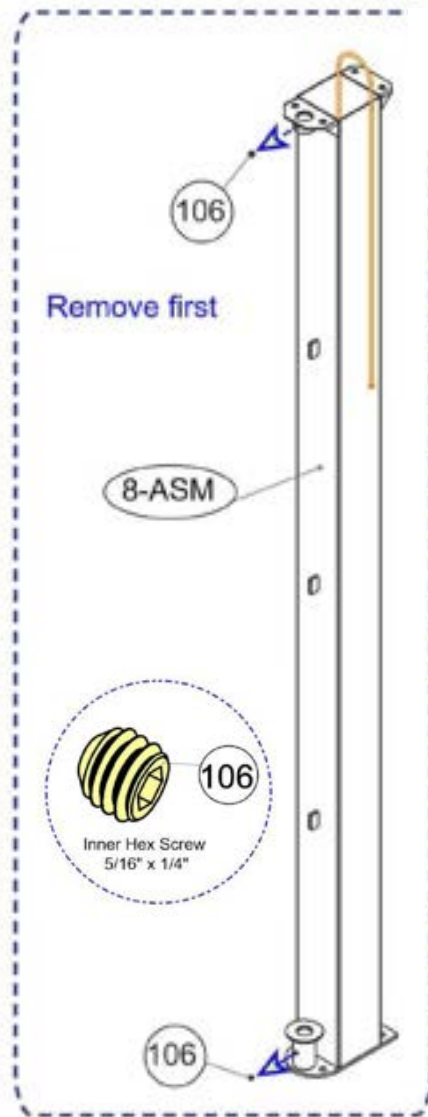
STEP 6e: Install the #27 Guide Rods w/ Rubber Cushions

STEP 6f: Re-Install the pre-assembled Hardware #106 Inner Hex Screws.

Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-027	Guide Rod, Solid Linear for Sliding Frame, $\phi 25\text{mm}$ x 1,943mm L	2
XFT-V2-040	Rubber Cushion, Cylindrical, $\phi 24.5\text{mm}$ ID x $\phi 48\text{mm}$ OD x 20mm L	4

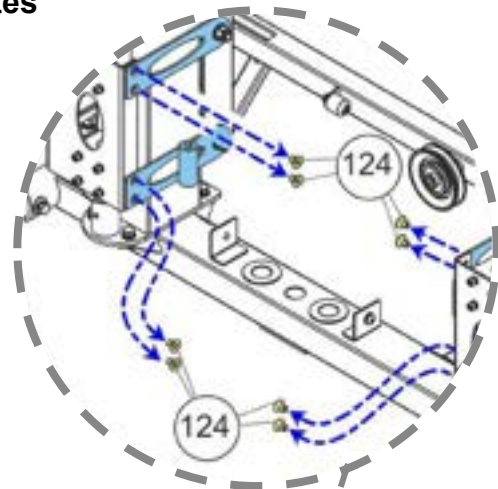


NOTE: These next STEPS is for LOW Ceiling Height Installation of 84" (7-ft). If you completed installation of the #27 Guide Rods in STEP 6a-6f, continue to STEP 7.

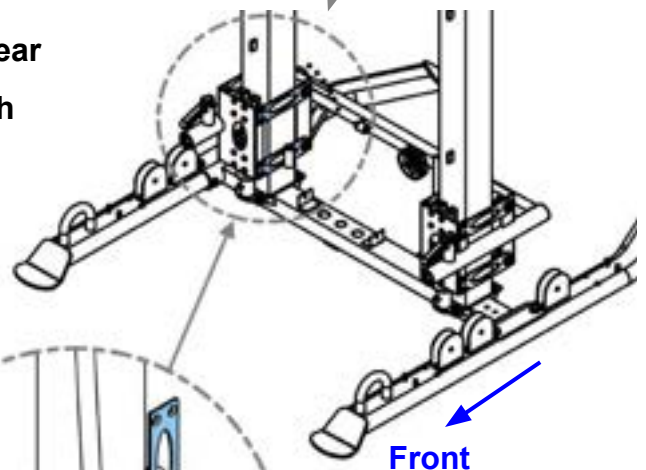
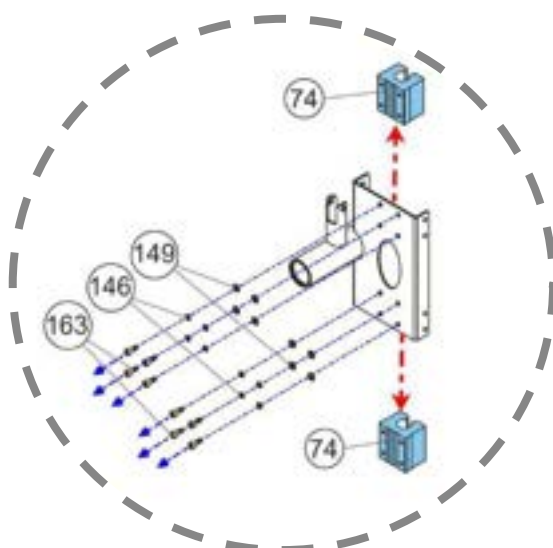


STEP 6g: Remove 1st the pre-assembled # 106 Inner Hex Screws on the Rt & Lt Sides

STEP 6h: Then remove the pre-assembled #124 hardware on the Connecting Plates



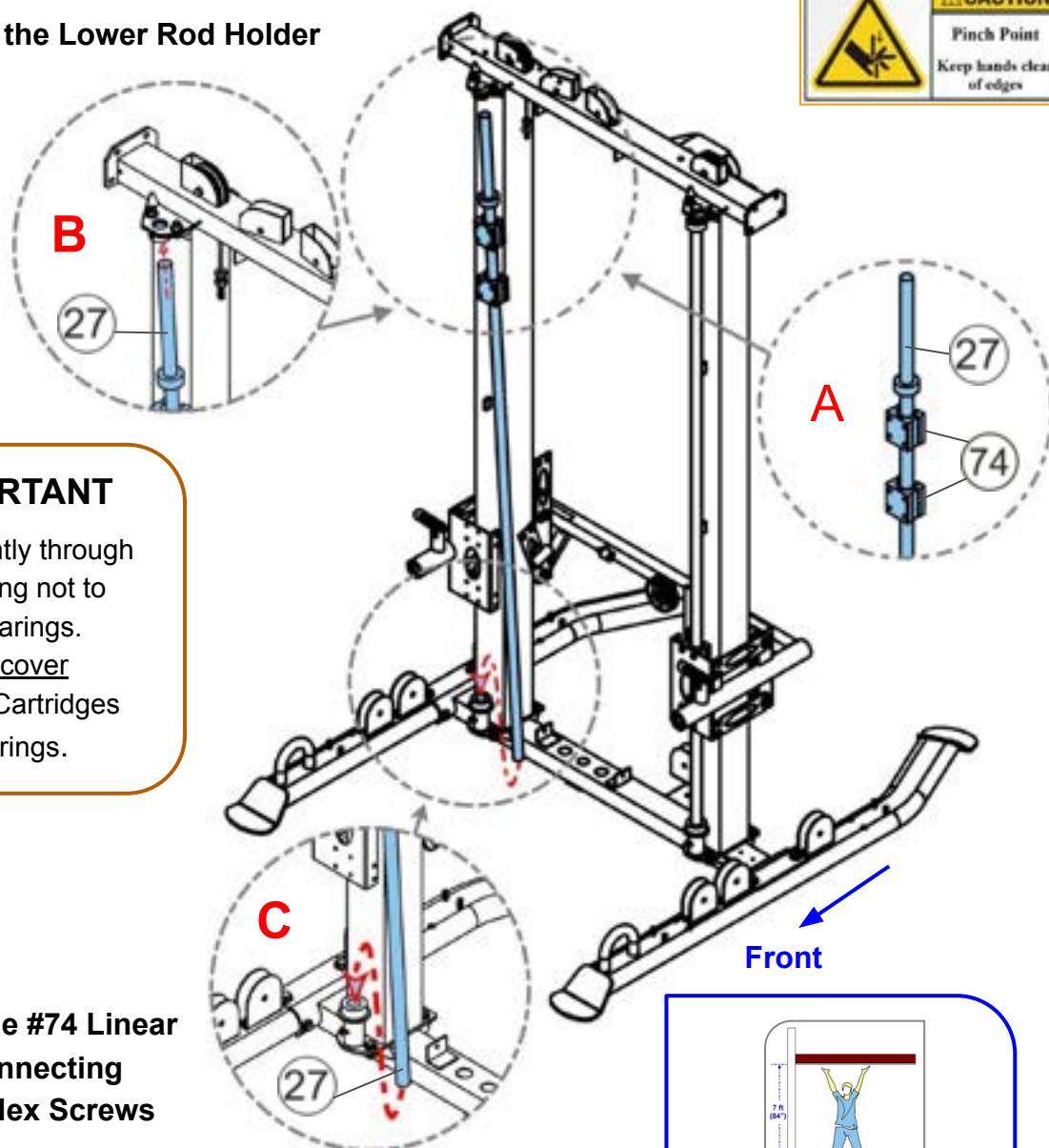
STEP 6i: Remove the pre-assembled #74 Linear Bearing Cartridges both Rt & Lt sides



STEP 6j: **A** Install the #24 Linear Bearing Cartridges on the #127 Guide Rod

B At a Slight Angle, raise into the Upper Guide Rod Holder

C Lower into the Lower Rod Holder

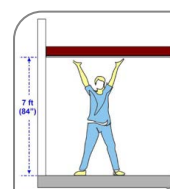
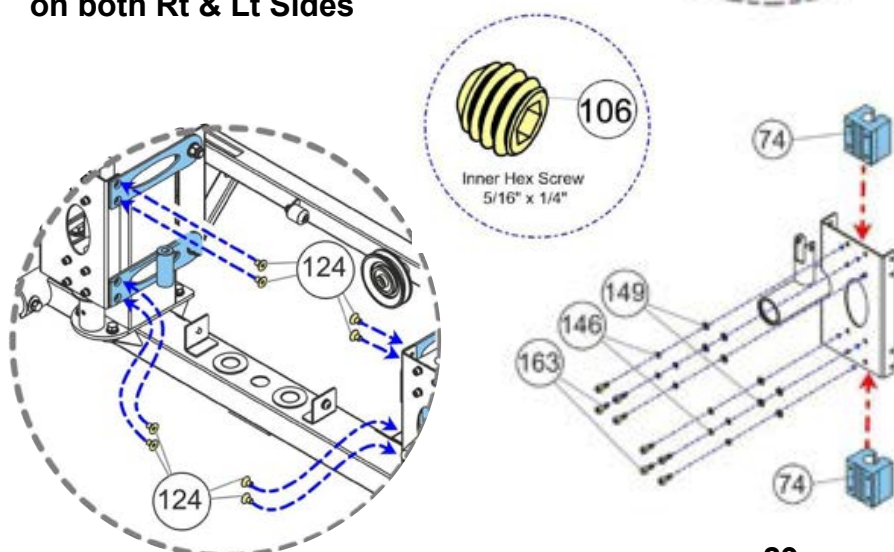


IMPORTANT

Slide the Guide Rod gently through the upper hole, ensuring not to dislodge any ball bearings.

Warranty does not cover replacement of Linear Cartridges due to missing bearings.

STEP 6k: Re-Install the #74 Linear Bearing Cartridges, Connecting Plates and #106 Inner Hex Screws on both Rt & Lt Sides



BODYCRAFT

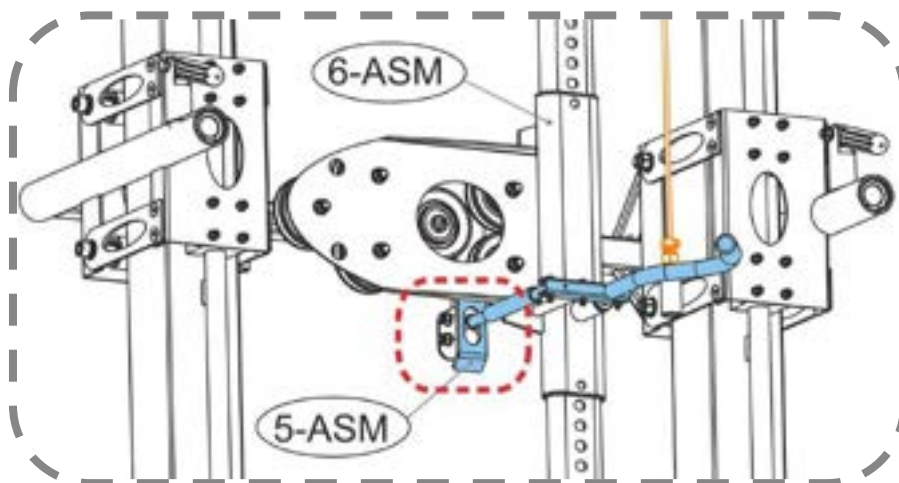
Watch Assembly Video

[XFT-V2 STEP 6j](#)
[LOW Ceiling Height](#)
[Installation](#)

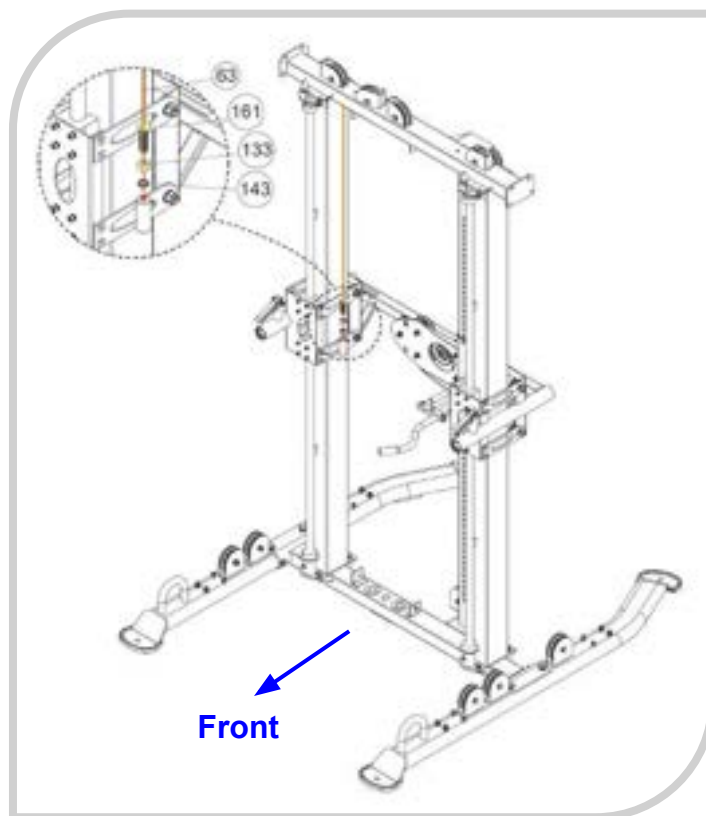
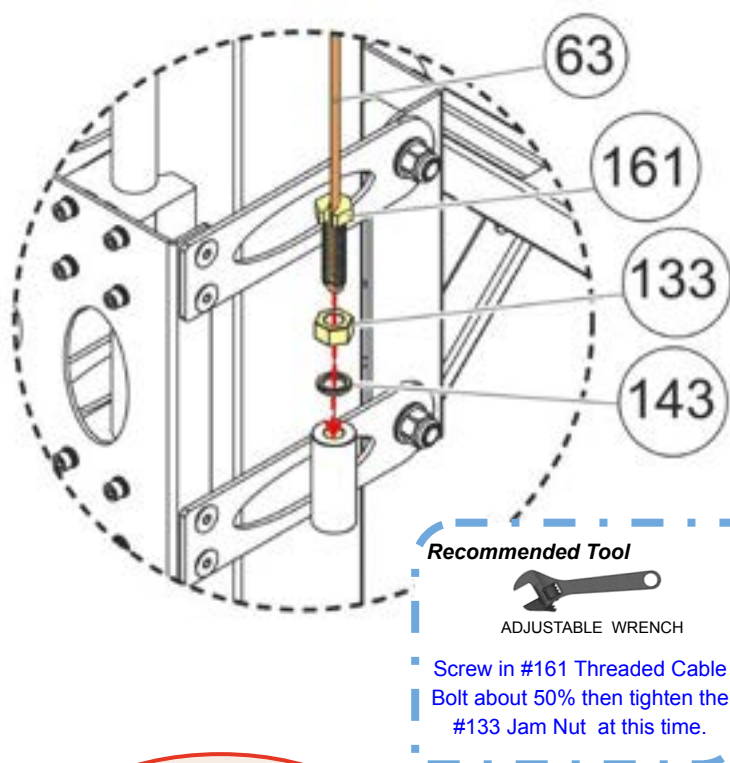


STEP 7a: Lock-In #5-ASM into #6-ASM using the Adjusting Handle.

CAUTION: Double Confirm the #9-ASM Adjusting Handle is full locked-In place BEFORE installing #63 Cables.



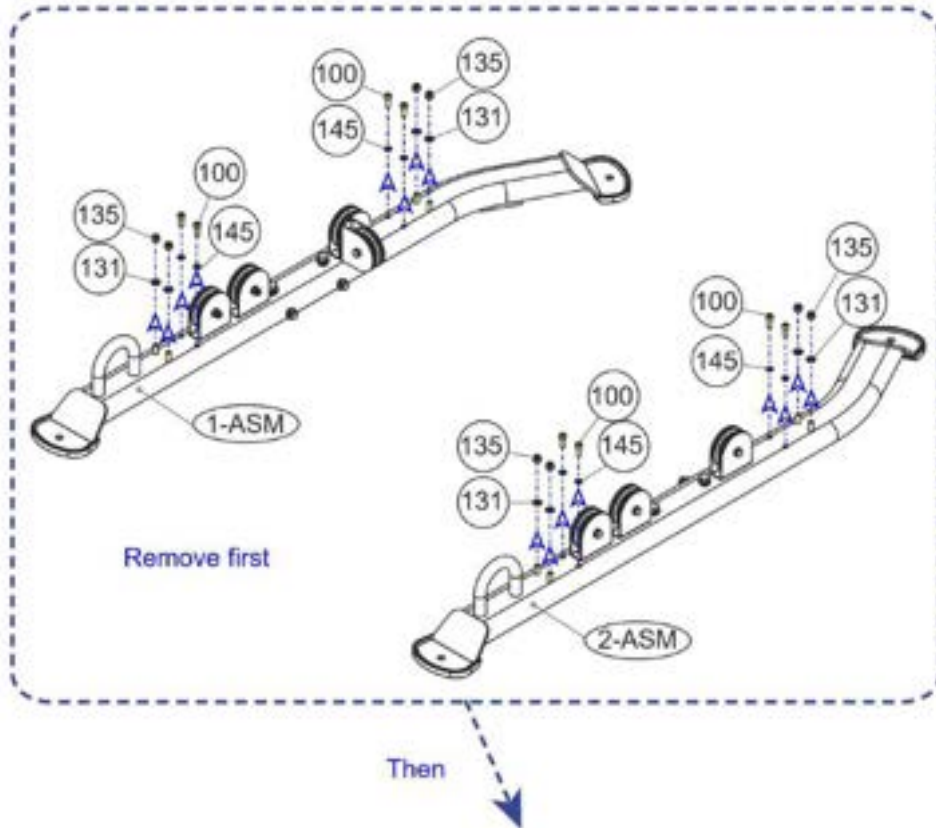
STEP 7b & 7c: Install Right Side Cable #63 with Hardware to the bottom Connecting Plate (Repeat for Left Side)



DO NOT USE
Pliers or Locking Jaw Pliers

Hardware		
Part #	Assembly Hardware	QTY
XFT-V2-133	Nut, 1/2" - BLK	2
XFT-V2-143	Washer, Spring, 1/2" - BLK	2
XFT-V2-161	Bolt, Hex Head, Split (for Cable Ends), 1/2" x 1-3/4" L - BLK	2

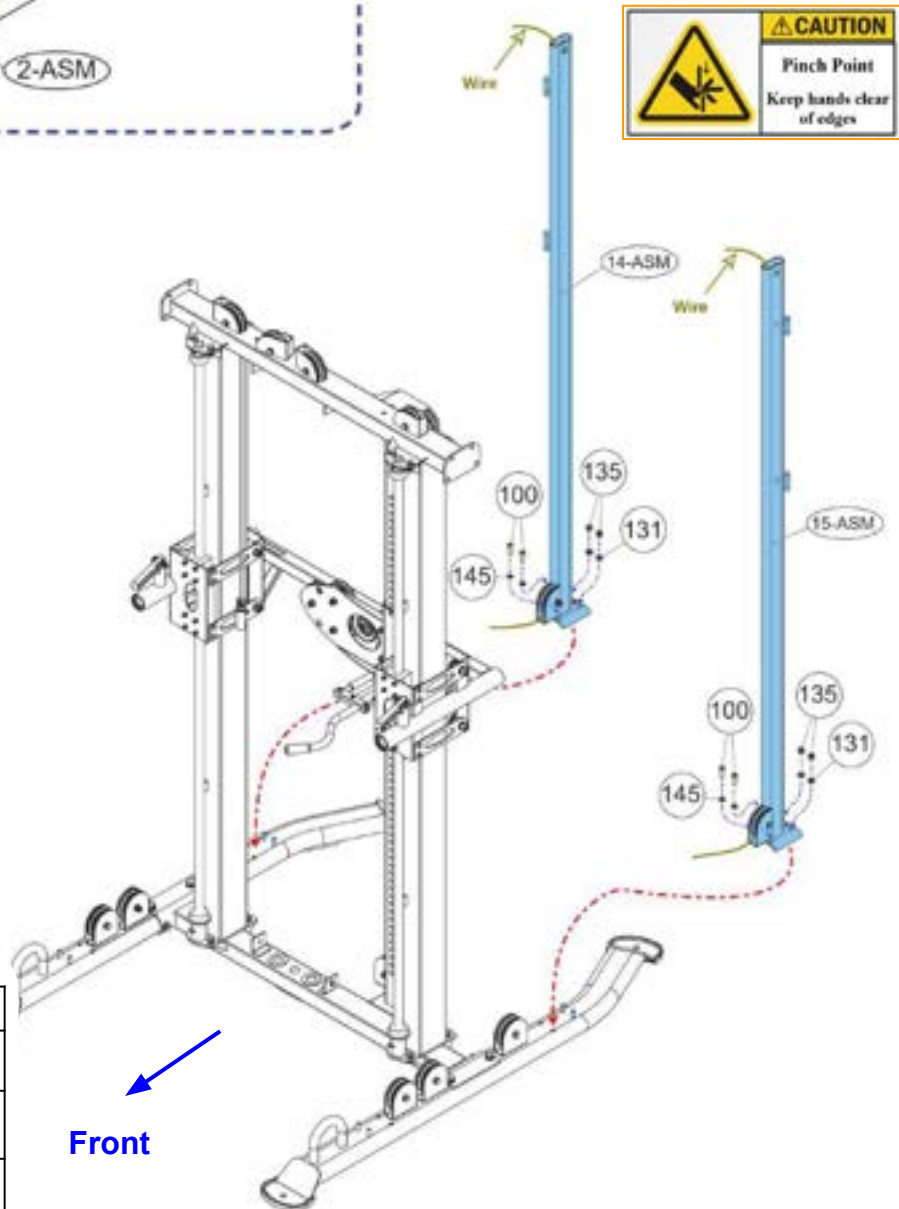
STEP 8a: Remove 1st the pre-assembled hardware for the next two STEPS (STEP 8 & STEP 9)



STEP 8b & 8c: Install the Rt & Lt Rear Upright Posts

- Double Confirm Pulleys are facing to the Front

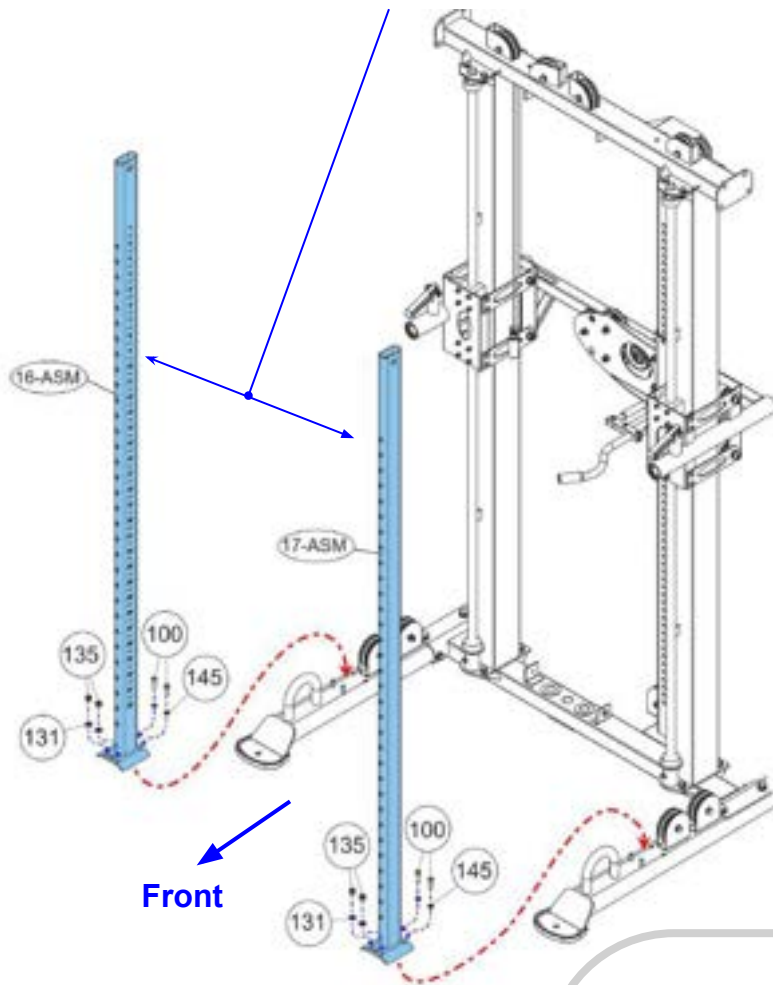
NOTE: The wires in #14-ASM & #15-ASM will be used to assist in routing the Cables in following STEPS 15a & 15b.
PLEASE DO NOT REMOVE.



Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-014-ASM	Upright Post, Rear, Right w/ pre-assembled Pulley- Assembly	1
XFT-V2-015-ASM	Upright Post, Rear, Left w/ pre-assembled Pulley- Assembly	1

STEP 9a & 9b: Install the Rt & Lt Front Upright Posts

- Double Confirm the Adjustment Numbers are facing inward



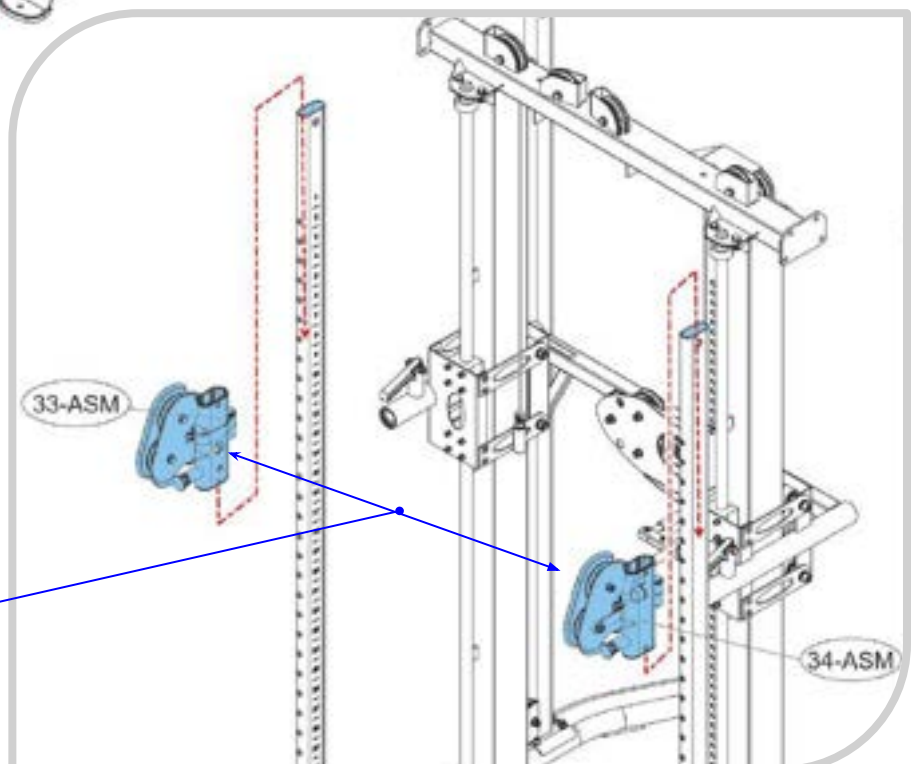
Please Hand
Tighten All
Nuts & Bolts
Until STEP 13



Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-016-ASM	Upright Post, Front, Right - Assembly	1
XFT-V2-017-ASM	Upright Post, Front, Left - Assembly	1
XFT-V2-033-ASM	Pulley Height Adjuster, Right w/ pre-assembled Pulleys- Assembly	1
XFT-V2-034-ASM	Pulley Height Adjuster, Left w/ pre-assembled Pulleys- Assembly	1

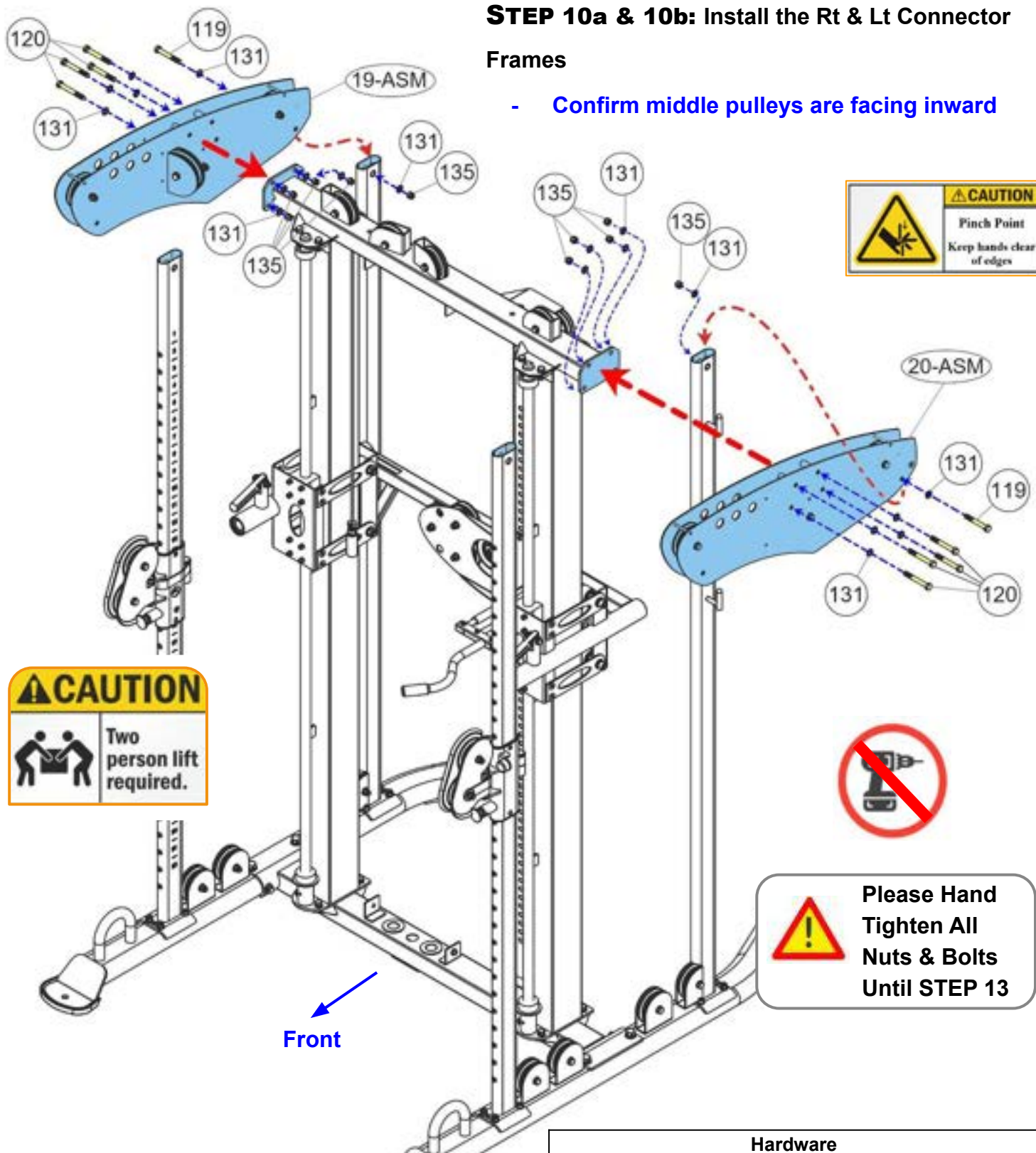
STEP 9c & 9d: Install the Rt & Lt Pulley Height Adjusters

- Double Confirm the open hole for the Adjustment Numbers are facing inward



STEP 10a & 10b: Install the Rt & Lt Connector Frames

- Confirm middle pulleys are facing inward

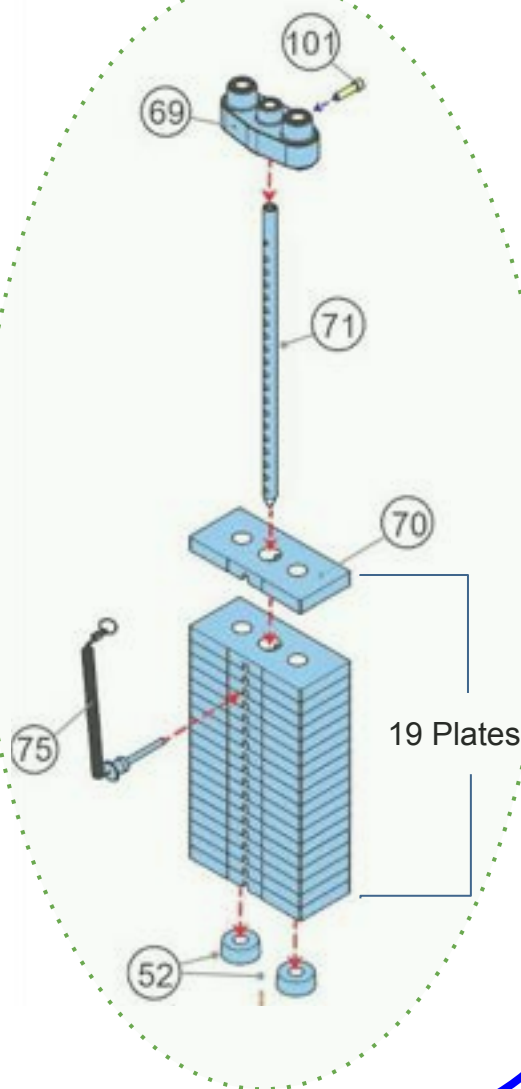
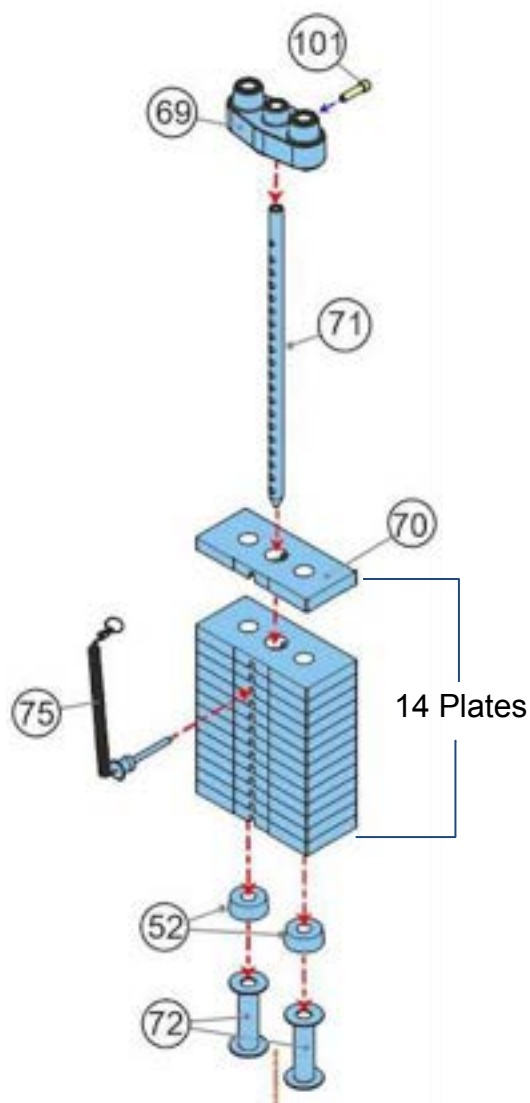


Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-019-ASM	Frame, Connector, Right w/ pre-assembled Pulleys- Assembly	1
XFT-V2-020-ASM	Frame, Connector, Left w/ pre-assembled Pulleys- Assembly	1

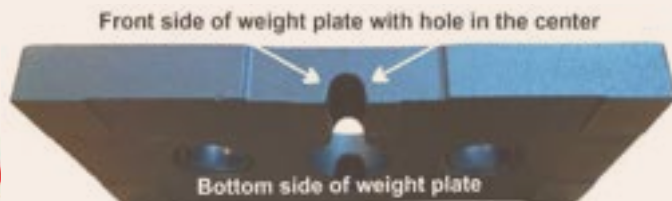
Hardware		
Part #	Assembly Hardware	QTY
XFT-V2-119	Bolt, Hex Head, 3/8" x 2-3/4" L - BLK	2
XFT-V2-120	Bolt, Hex Head, 3/8" x 3-1/8" L - BLK	8
XFT-V2-131	Washer, Flat, 3/8" - BLK	20
XFT-V2-135	Nut, Nylon Lock, 3/8" - BLK	10

DECISION POINT**XFT-V2 - STEP 11a****150 lb
Weight Stack**

If you are installing the 150 lb Weight Stack, use the **7" tall** Stack Spacers #72.

**OPTIONAL 200 lb
Weight Stack**

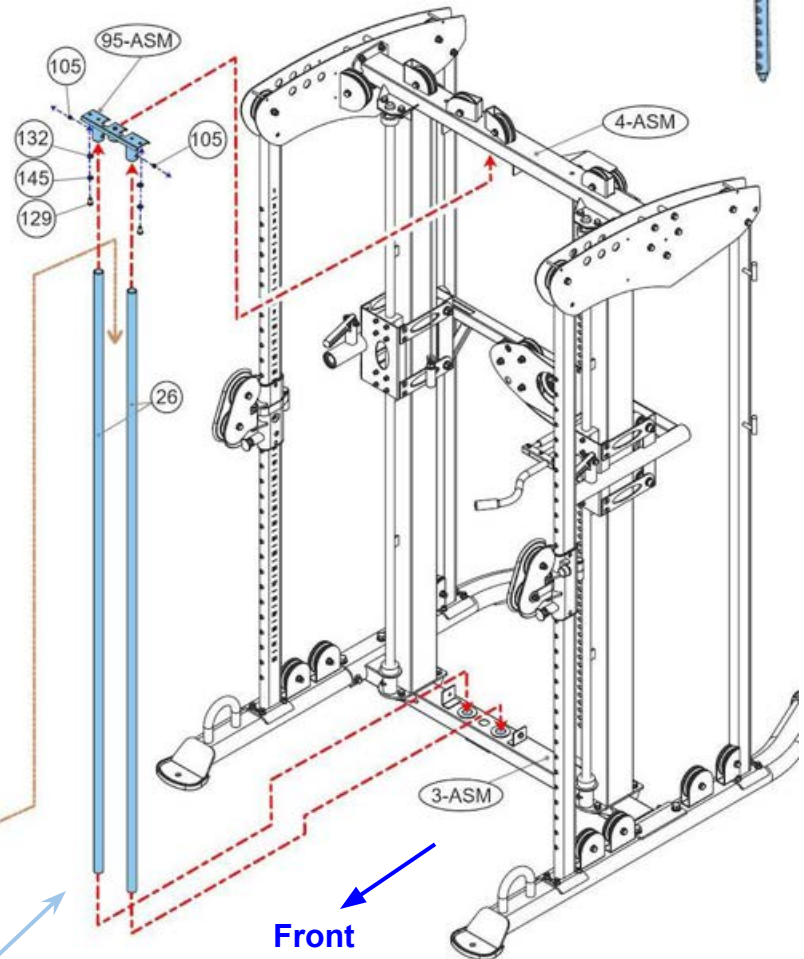
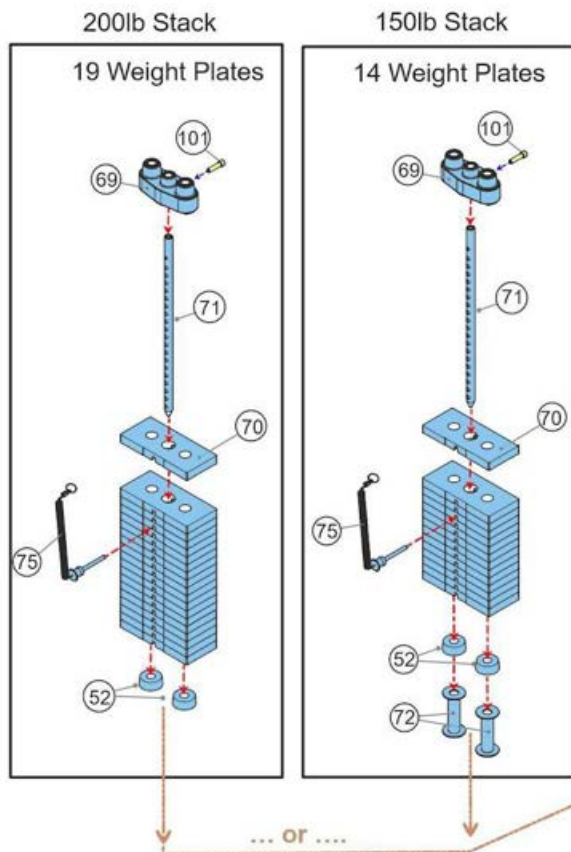
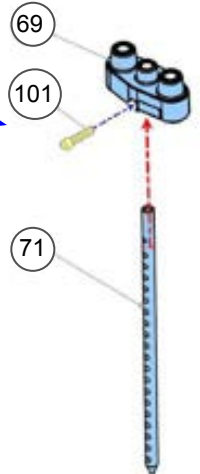
Frame & Hardware Parts		
Part #	Assembly Parts List	QTY
XFT-V2-026	Guide Rod for Weight Plate, $\phi 20\text{mm}$ ID x $\phi 25\text{mm}$ OD x 1978mm L	2
XFT-V2-052	Rubber Cushion for Weight Stack	2
XFT-V2-069	Top Plate	1
XFT-V2-070	Weight Plate, 10lbs (4.5kg) *** (19 plates with 200lb upgrade)***	14
XFT-V2-071	Selector Rod	1
XFT-V2-072	Stack Spacer, 7" Long (Only for the 150 lb Standard Stack)	2
XFT-V2-075	Selector Pin	1
XFT-V2-101	Bolt, Socket Cap Head w/ Hex Recessed, 7/16" x 1-3/4" L - BLK	1

STEP 11b: Install Selector Rod

CRITICAL: Align the selector holes on the weight plates forward, toward the front of the machine, with the half moon opening facing down. Confirm back side of weight stack should have NO holes showing. See image above.

30 ft-lbs
(+/- 3 lbs)

Tighten to the
Recommended Torque
Specs at this time.
3/8 ALLEN WRENCH



NOTE: Lightly lubing the Guide Rods is a great practice to do at this STEP, but also during scheduled times for preventive maintenance measure.

- Doing this before the weight stack goes on and blocks the potential "dry" part of the Guide Rods, ensures they are lubed.
- Ensures that the Weight Plates internal bushing get a "break-in" lube for a quiet & longer life operation.
- Add protection to the Guide Rods (26) from future potential surface rust in the higher humidity environments.

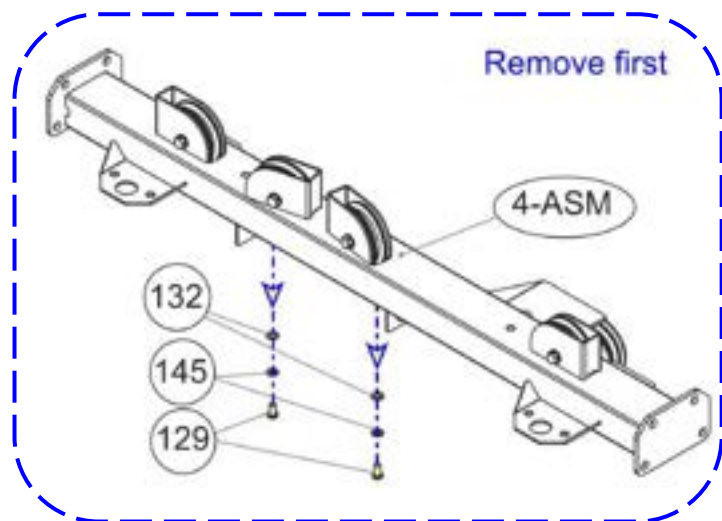


100% COTTON
CLEANING CLOTH

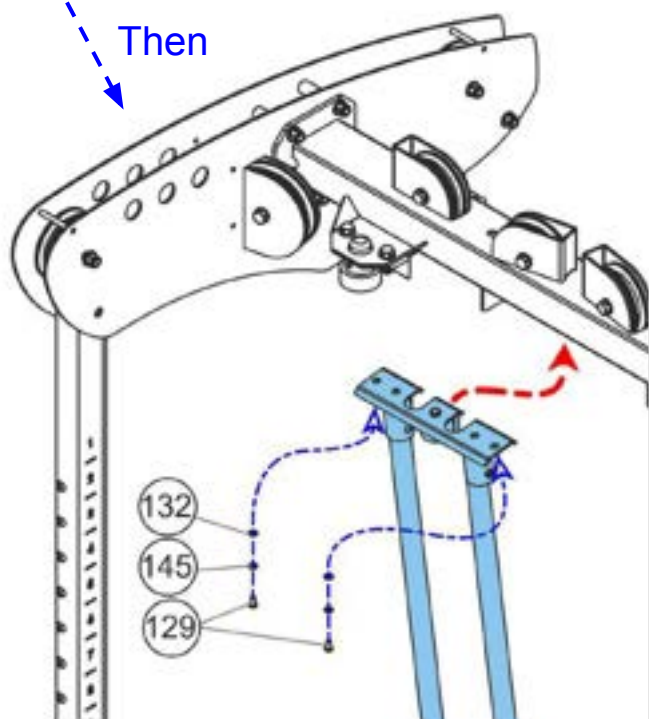
STEP 11c: Lightly Lube Guide Rods**STEP 11d: Install Guide Rods, Stack**

Spacers(150lb stack ONLY), Rubber Cushions,
Weight Plates, & Top Plate w/ Selector Rod





Then



STEP 11f: Install the Guide Rod Holder Plate

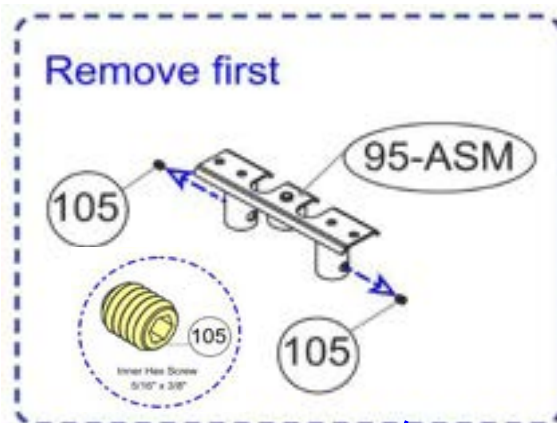
STEP 11g: Re-Install all the pre-assembled Hardware



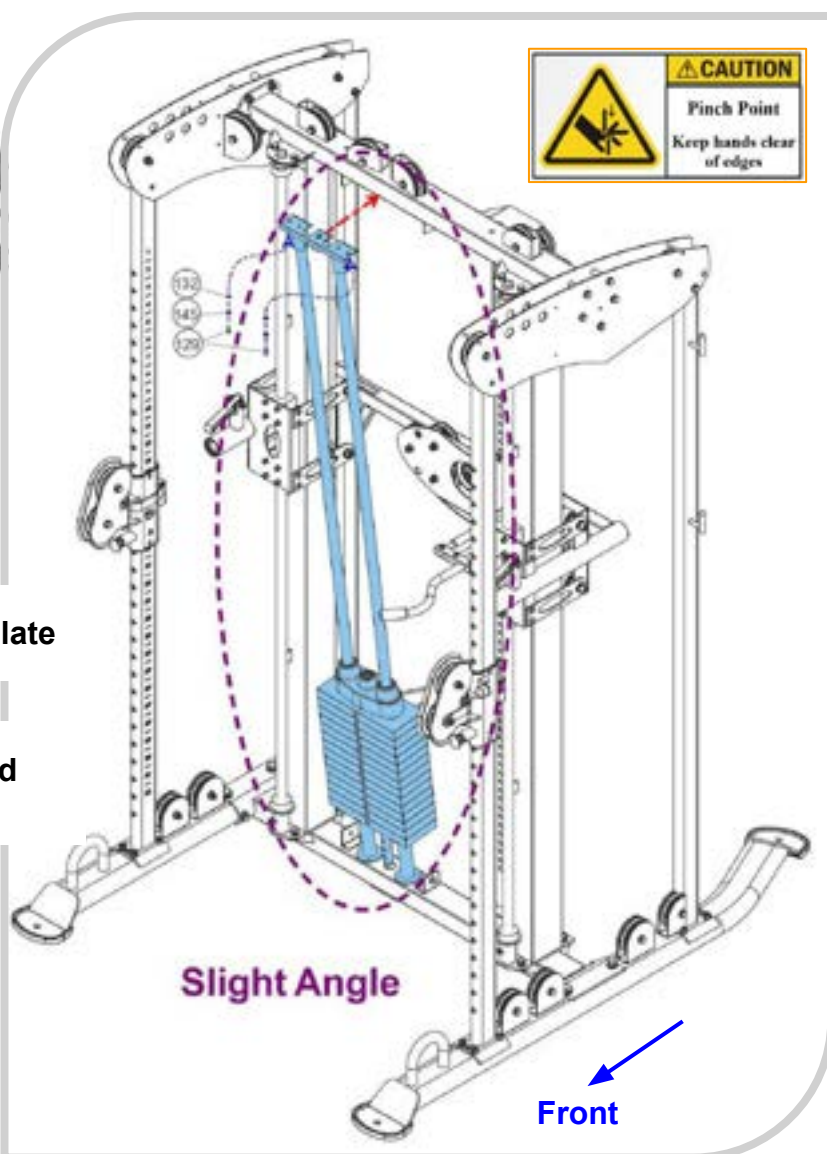
Please Hand
Tighten All
Nuts & Bolts
Until STEP 13

Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-095-ASM	Guide Rod Holder Plate - Assembly	1

STEP 11e: Remove 1st all the pre-assembled hardware

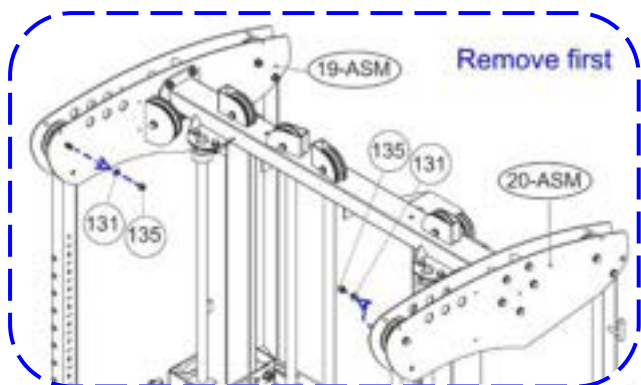


Then

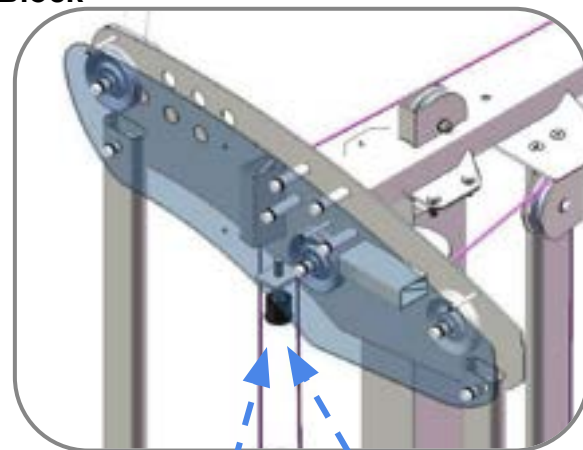
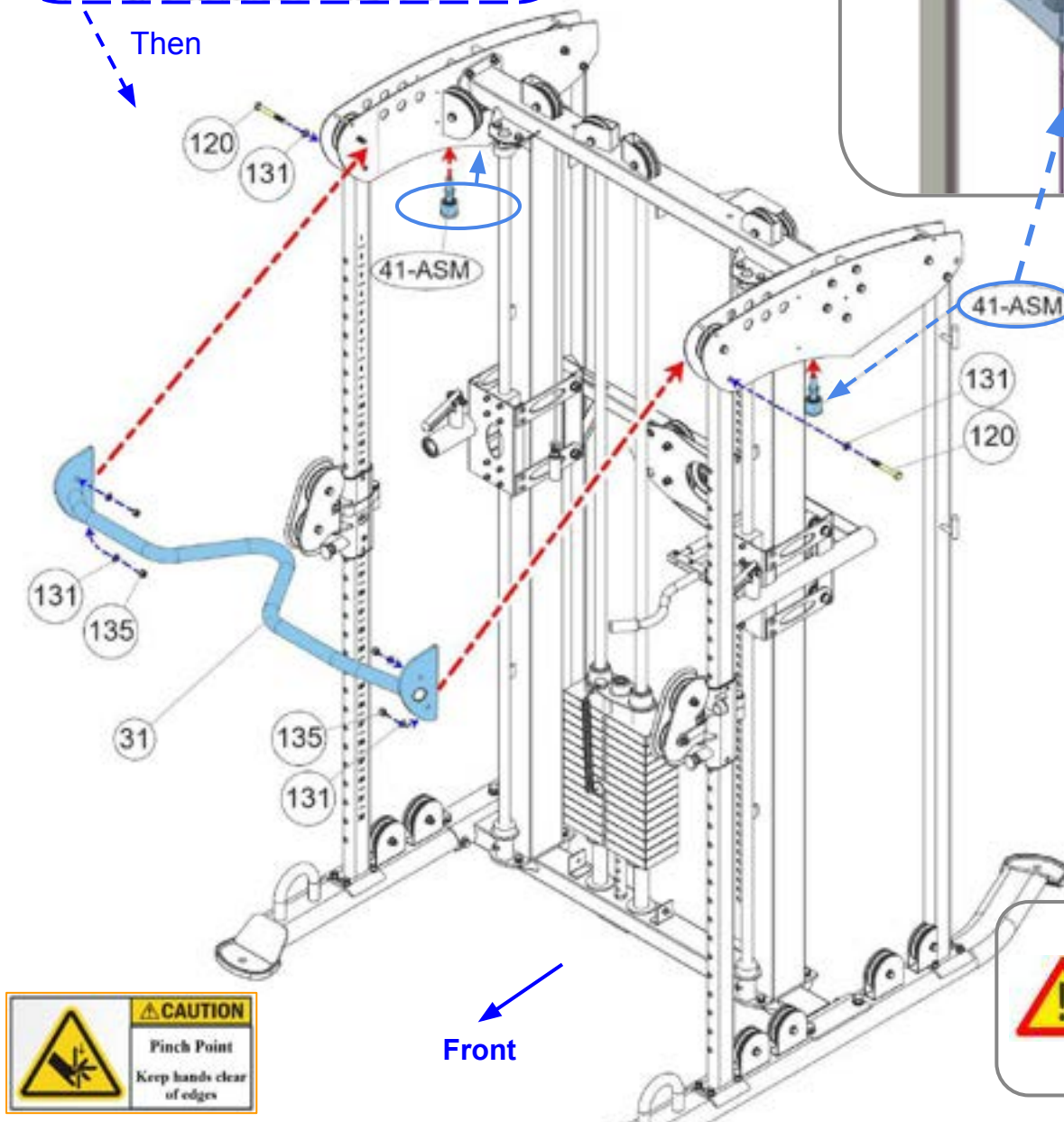


STEP 12a: Remove 1st the pre-assembled hardware

STEP 12b: Install the Chin Up Bar & Cushion for Double Pulley Block



Then



Recommended Tool



ADJUSTABLE WRENCH

Screw in Threaded Adjustable Stopper 50% into the Rt & Lt Connector Frames

Tighten the Jam Nut at this time.



Please Hand Tighten All Nuts & Bolts Until STEP 13

Frame Parts

Part #	Assembly Parts List	QTY
XFT-V2-031	Chin-up Bar	1
XFT-V2-041-ASM	Cushion for Double Pulley Block, 1/2" - Assembly	2

Hardware

Part #	Assembly Hardware	QTY
XFT-V2-120	Bolt, Hex Head, 3/8" x 3-1/8" L - BLK	2
XFT-V2-131	Washer, Flat, 3/8" - BLK	4
XFT-V2-135	Nut, Nylon Lock, 3/8" - BLK	2

STEP 13a: "Torque Time" on ALL Frame Nuts & Bolts from STEP 1 - STEP 10

NOTE: These recommended torque specs should be followed for correct assembly and safe operation of this machine.



Example of being overtightened not using the recommended torque specs.



Tighten to torque specs to ensure the bolts and nuts do the following:

- Securely hold the frame and keep moving parts from coming loose during operation.
- Keep from crushing the frame.
- Avoid stripping the threads on either the bolts or nuts.
- Allow moving parts to adjust freely per the designed intent.



<https://www.wikihow.com/Use-a-Torque-Wrench#Video>

Recommended Tools:

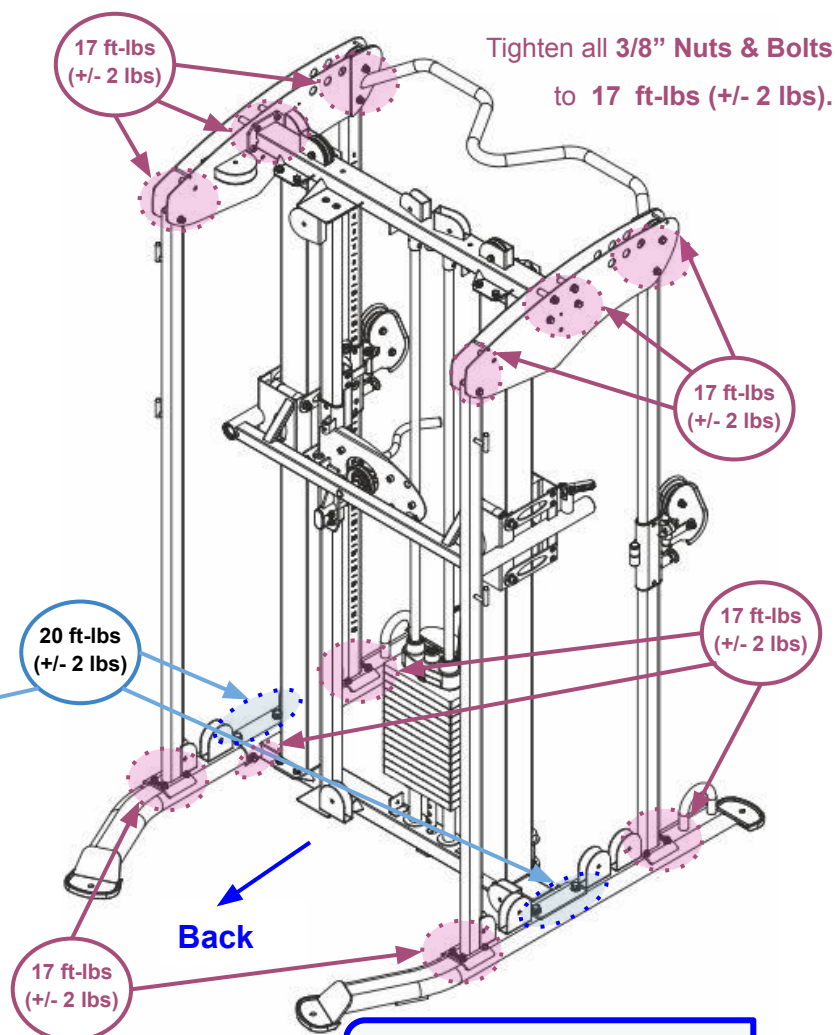


TORQUE WRENCH w/ 3/4 & 9/16
SOCKETS, 3/4 & 9/16 WRENCHES
& 7/32 HEX BIT

**Tighten the
Structural Frame Nuts & Bolts
first, to the recommended torque specs.**

Tighten all 1/2" Nuts & Bolts
to 20 ft-lbs (+/- 2 lbs).

TIP: Recommend using a Step ladder for the hardware on TOP of the machine, for easy angles while using a Torque Wrench



NOTE: Start at the bottom then work your way up to the top.

STEP 13b: "Torque Time" on ALL Frame Nuts, Bolts & Inner Screws



3 ft-lbs
(+/- 0.5 lbs)

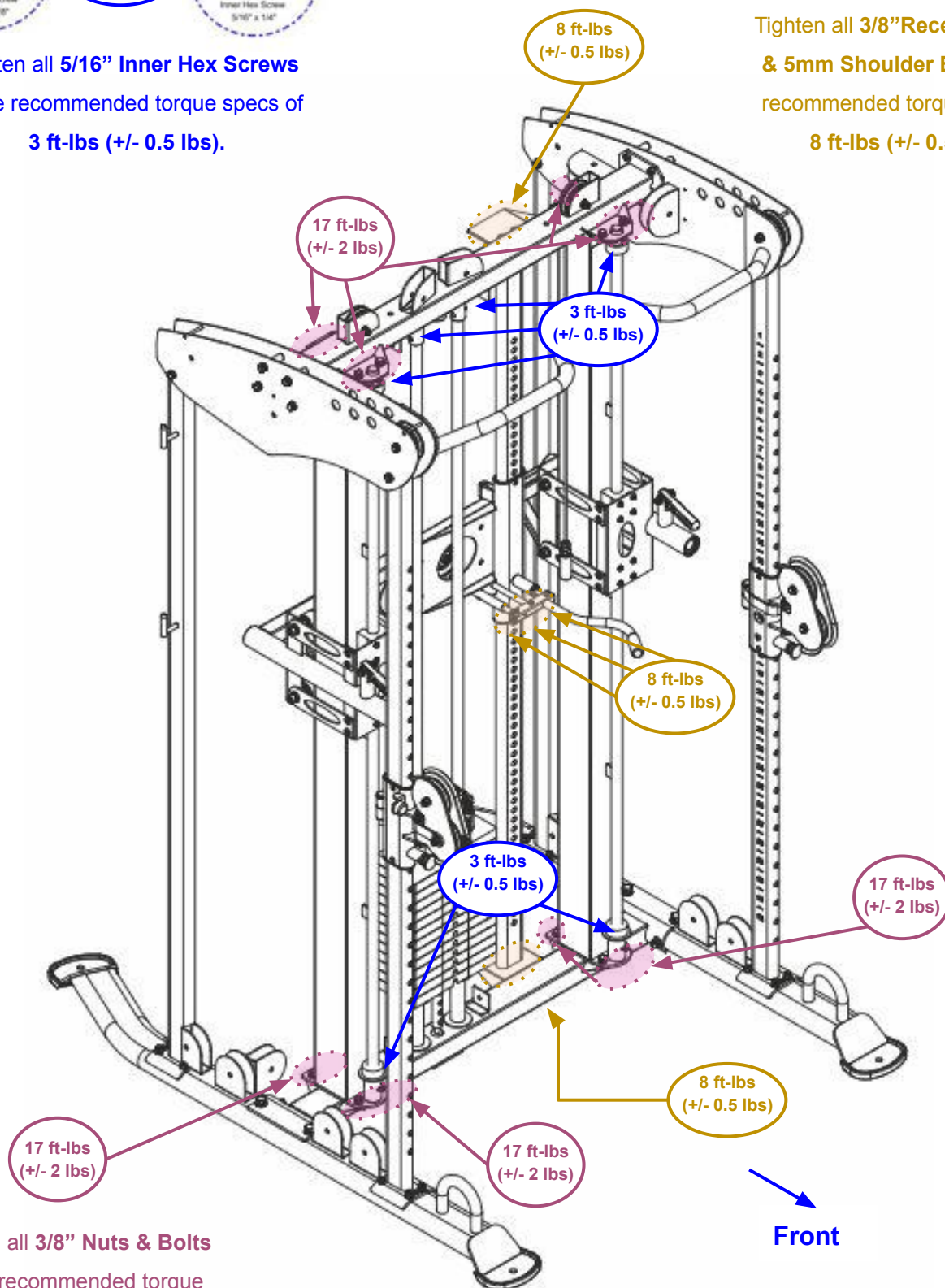


8 ft-lbs
(+/- 0.5 lbs)



Tighten all **3/8" Recessed Bolts**
& **5mm Shoulder Bolts** to the
recommended torque specs of
8 ft-lbs (+/- 0.5 lbs).

Tighten all **5/16" Inner Hex Screws**
to the recommended torque specs of
3 ft-lbs (+/- 0.5 lbs).

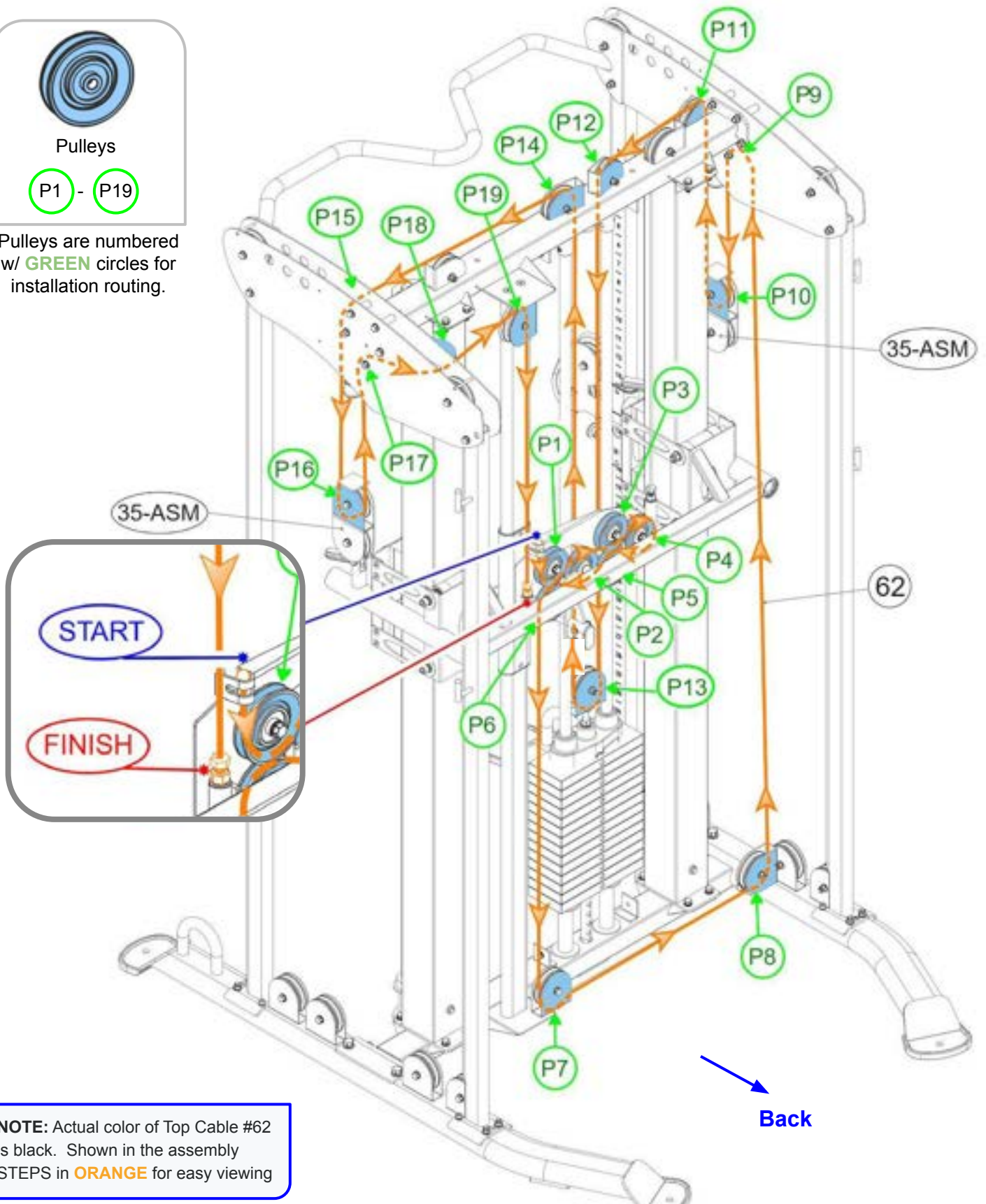


Tighten all **3/8" Nuts & Bolts**
to the recommended torque
specs of **17 ft-lbs (+/- 2 lbs).**

OVERVIEW IMAGE for STEP 14 (Cable #62) ... Start Assembly on page 41

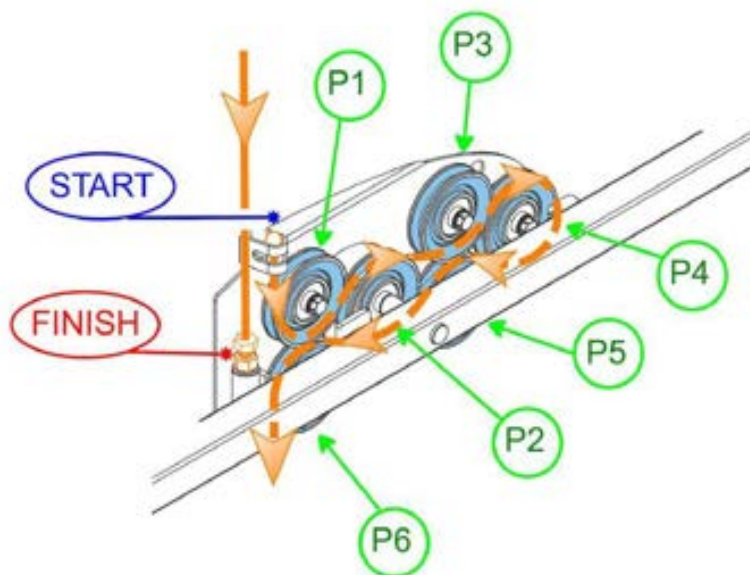


Pulleys are numbered w/ **GREEN** circles for installation routing.



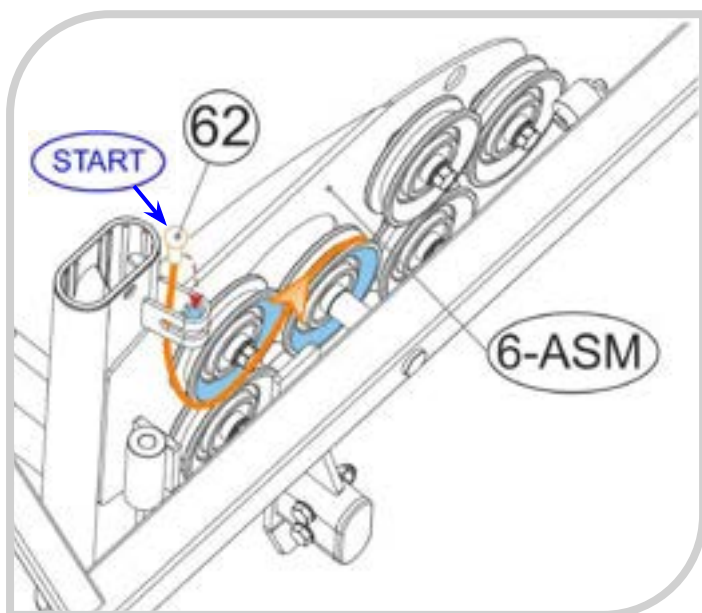
NOTE: Actual color of Top Cable #62 is black. Shown in the assembly STEPS in **ORANGE** for easy viewing

STEP 14a: Install Top Cable #62 STARTING on #6-ASM to Pulley 6 (see below diagrams)

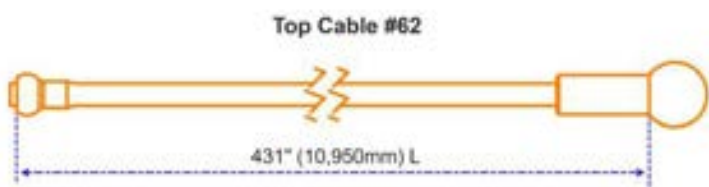


Cable #62 Routing (Start to P6):

- The Larger Ball End from the top downward on #6-ASM
- Under PULLEY (P1)
- Over PULLEY (P2)
- Under PULLEY (P3)
- Over, then Under PULLEY (P4)
- Over PULLEY (P5)
- Under PULLEY (P2)
- Over PULLEY (P6)
- Downward towards PULLEY (P7)

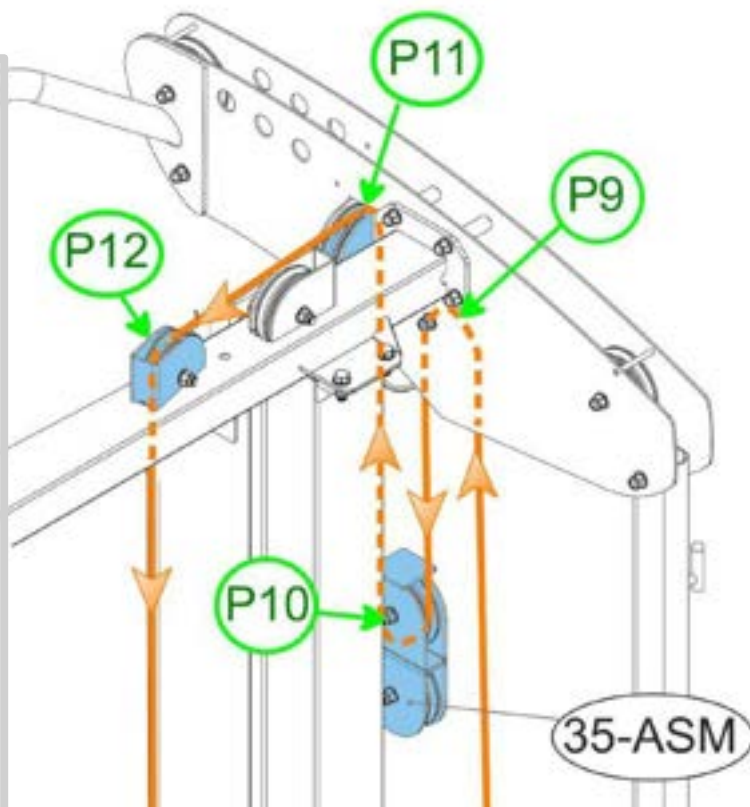
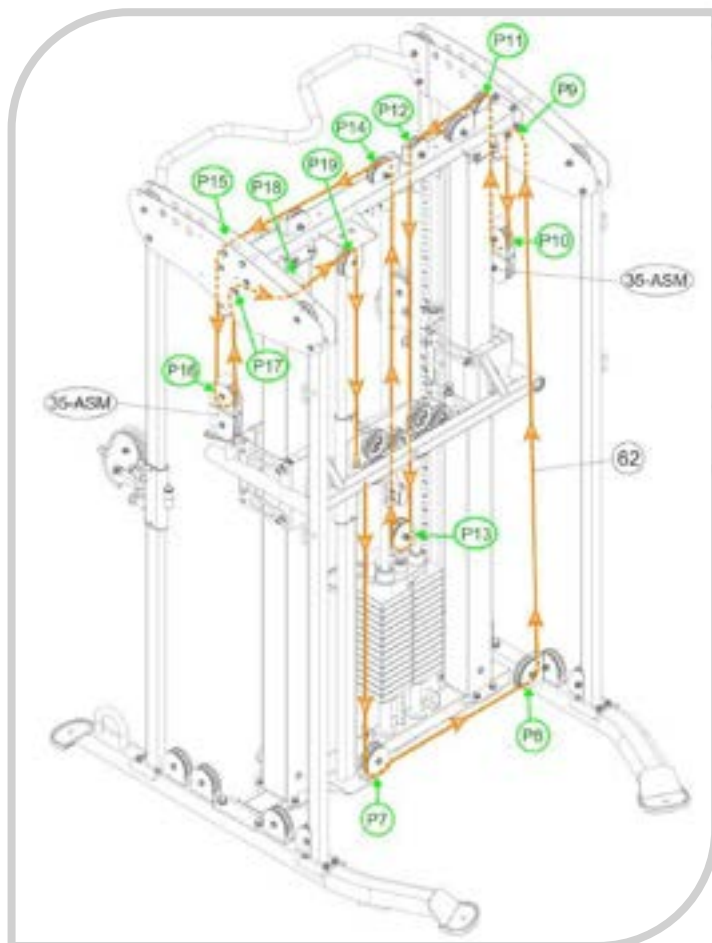


NOTE: The start of Cable #62 Routing on the #6-ASM can be the most challenging and critical for the XFT-V2. Take your time and confirm with the images above it is done correctly BEFORE going on to Pulley #7 at bottom of machine.



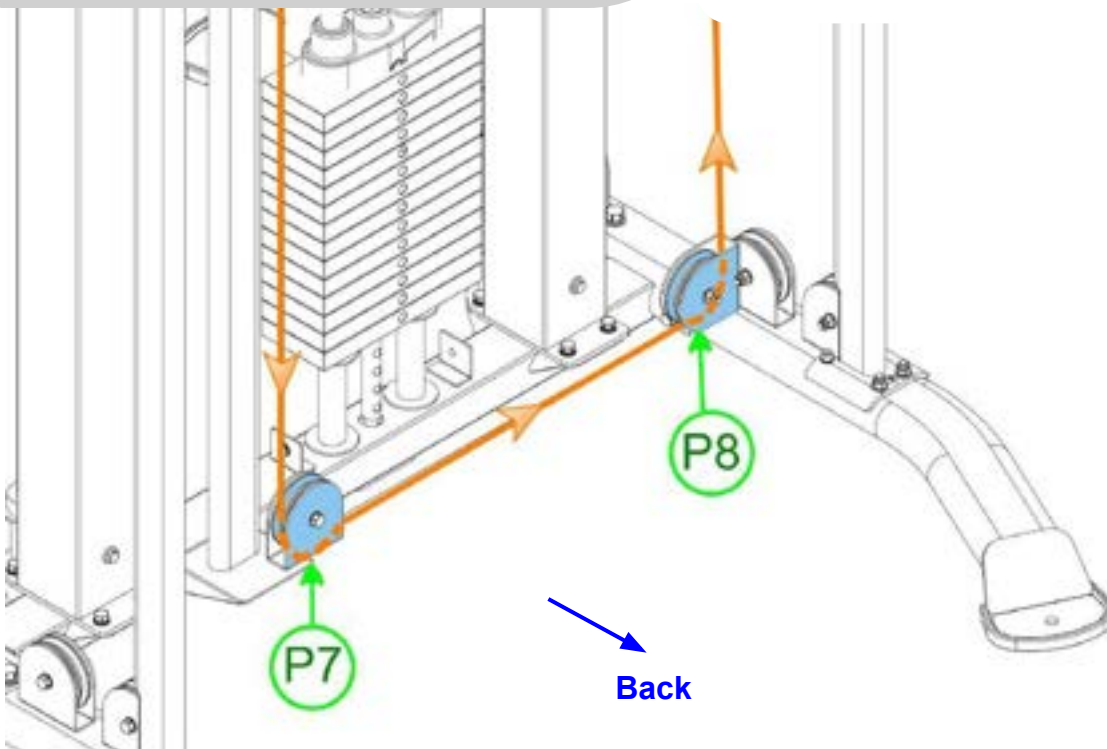
Part #	Assembly Parts List	QTY
XFT-V2-062	Cable, Top, 431" (10,950mm) L	1

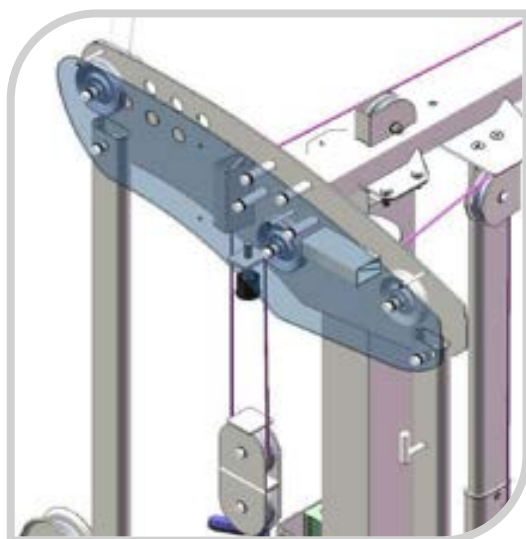
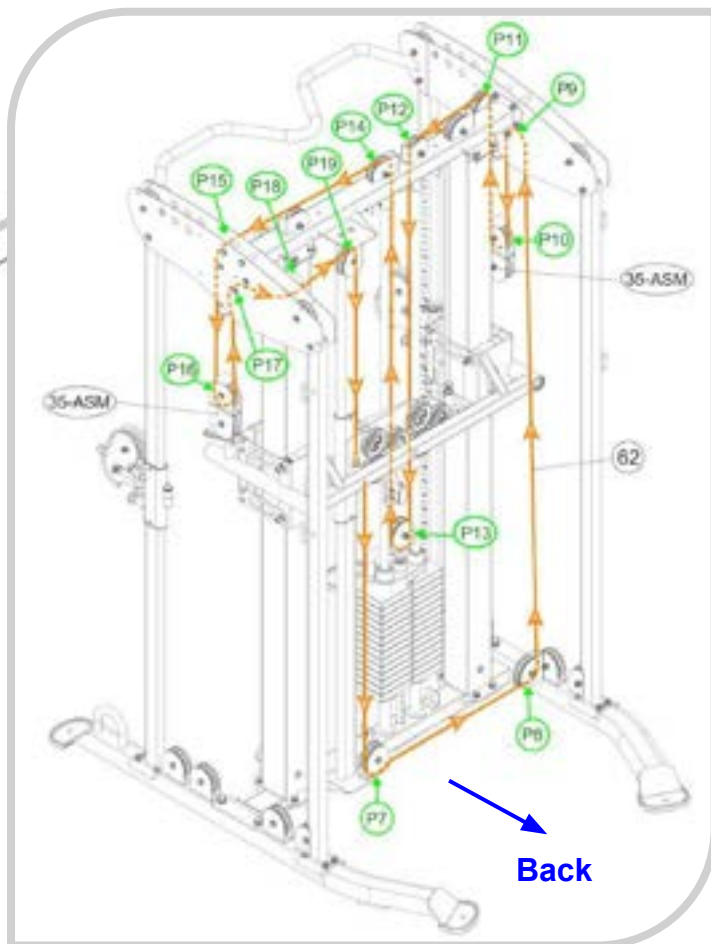
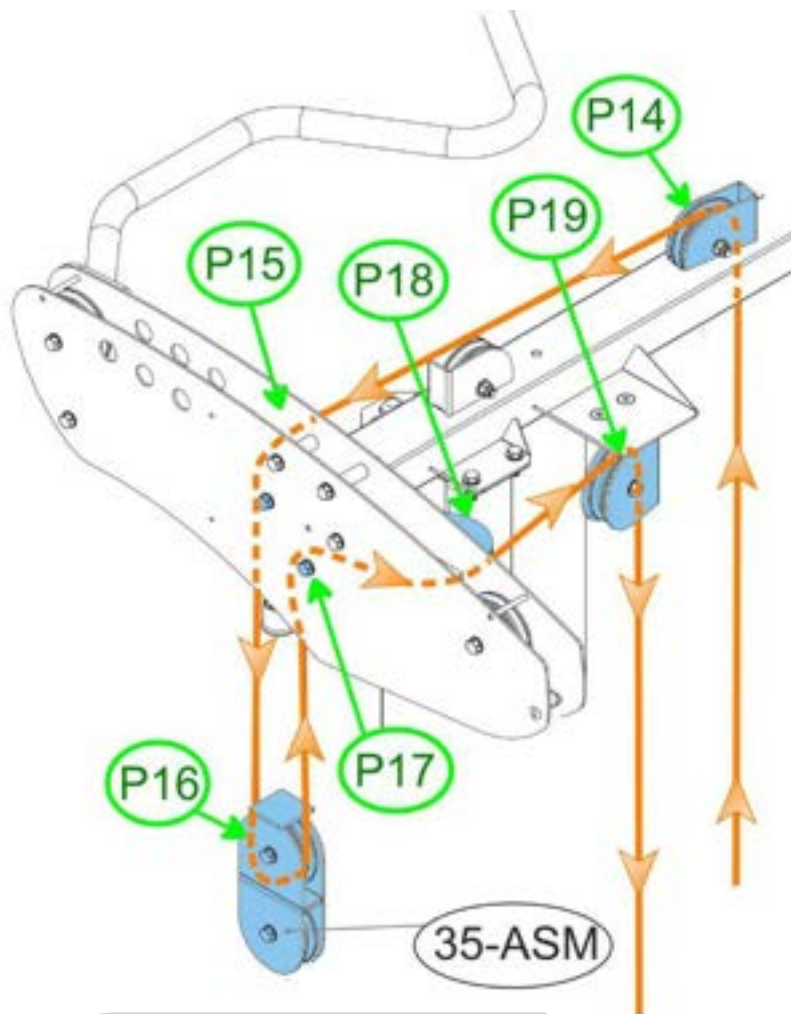
STEP 14b: Route Top Cable #62 (from Pulley 7 to Pulley 12) & Install Pulley Block



Frame Parts

Part #	Assembly Parts List	QTY
XFT-V2-035-ASM	Pulley Block, Double, Closed Flat End w/ pre-assembled Pulleys- Assembly	1

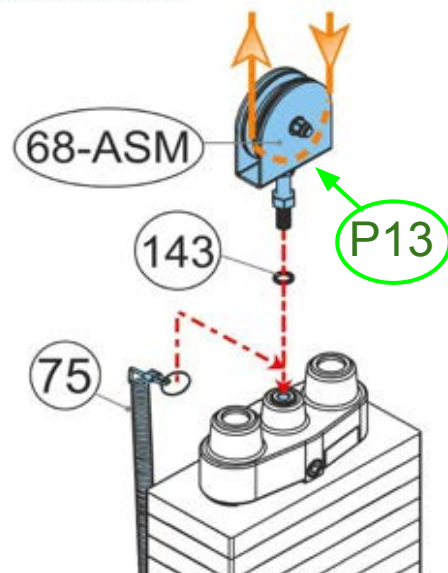


STEP 14c: Route Top Cable #62 (from Pulley 13 to Pulley 19) & Install Pulley Blocks**Recommended Tool**

ADJUSTABLE WRENCH

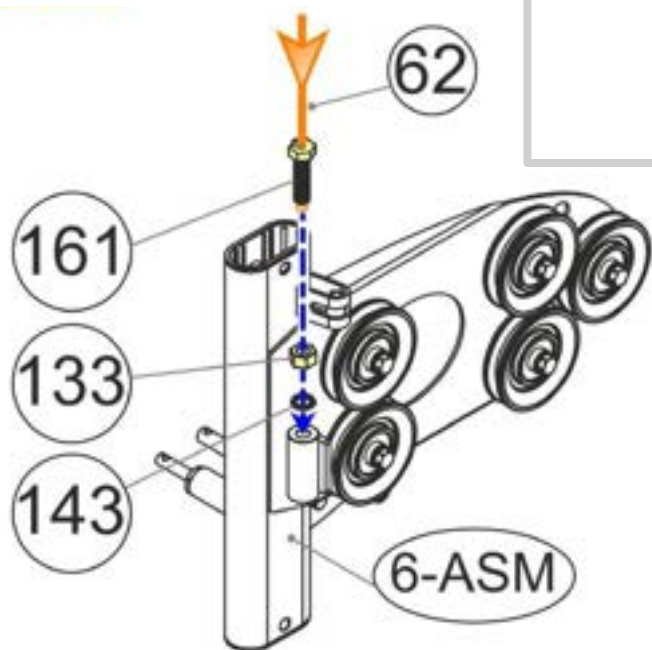
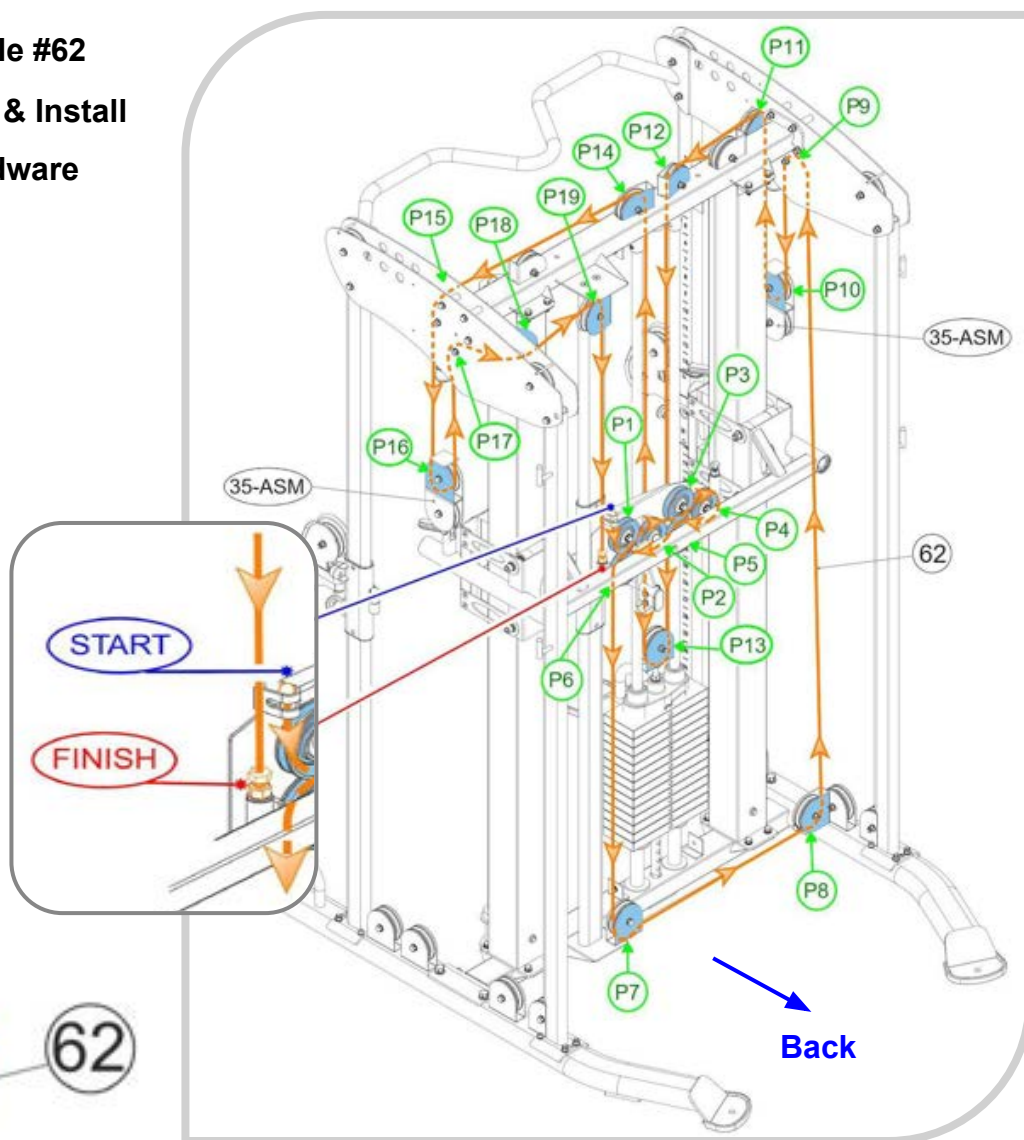
Screw in Threaded Rod
50% into the Top Plate

Tighten the Jam Nut at this
time.



Part #	Assembly & Hardware Parts List	QTY
XFT-V2-035-ASM	Pulley Block, Double, Closed Flat End w/ pre-assembled Pulleys- Assembly	1
XFT-V2-068-ASM	Pulley Block, Single, w/ Threaded Shaft 1/2" OD w/ pre-assembled Pulleys- Assembly	1
XFT-V2-075	Selector Pin	1
XFT-V2-143	Washer, Spring, 1/2" - BLK	1

STEP 14d: Route Top Cable #62
(from Pulley 19 to # 6-ASM) & Install
Cable End Split Bolt w/ hardware



Recommended Tool



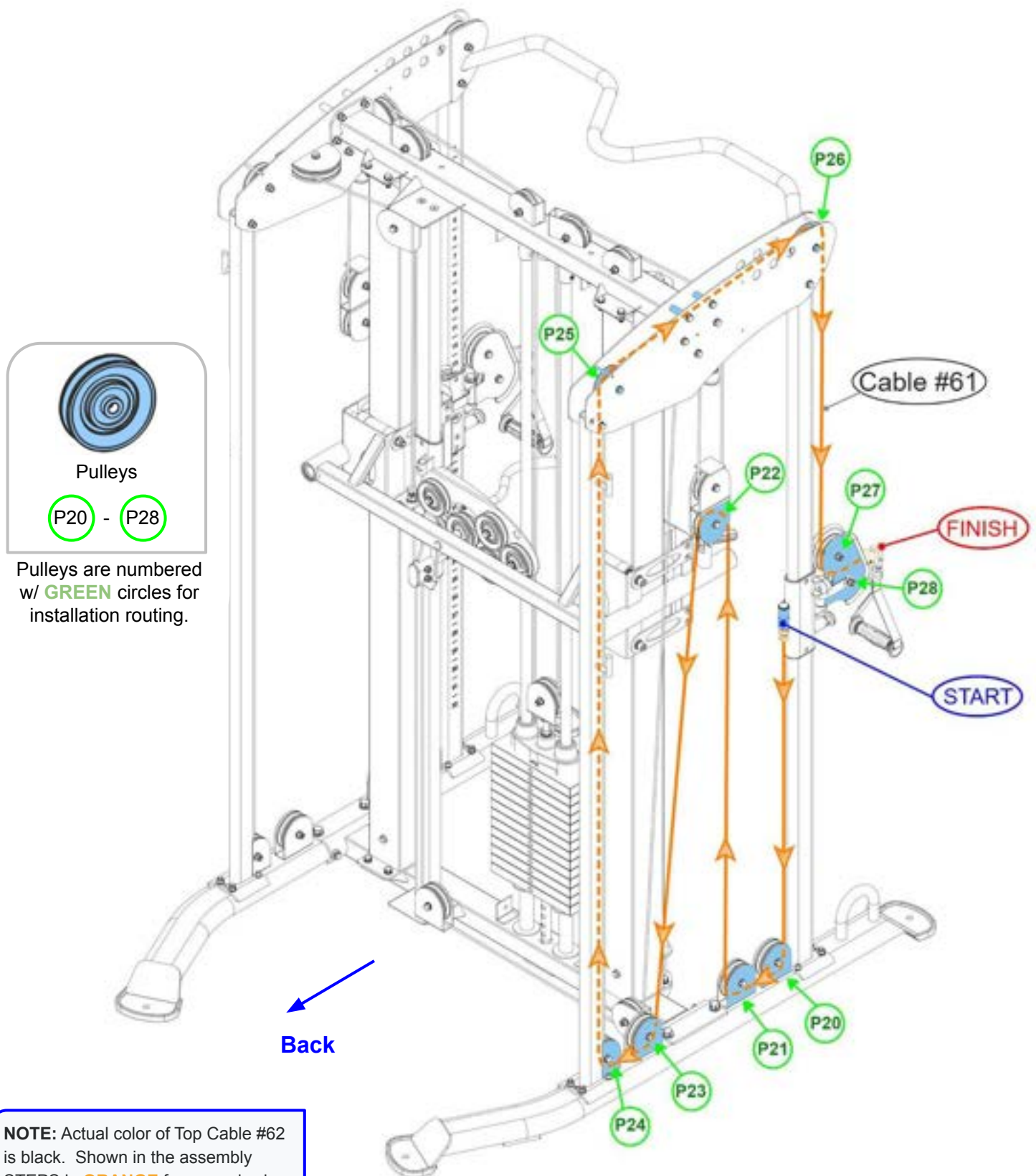
ADJUSTABLE WRENCH

Screw in Threaded Cable Bolt
 50% into #6-ASM

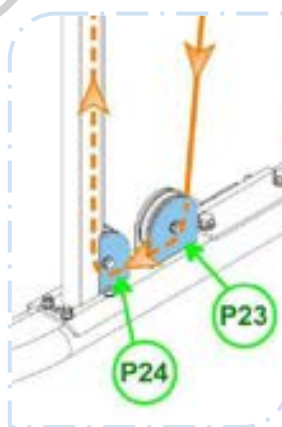
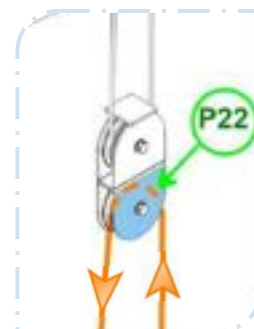
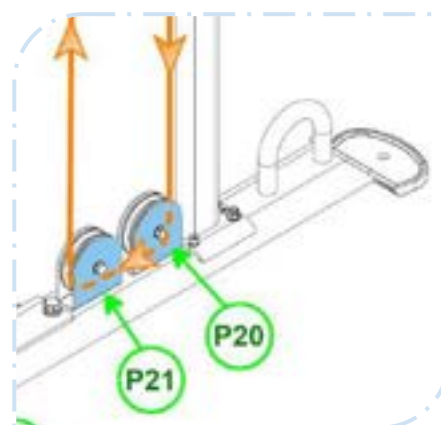
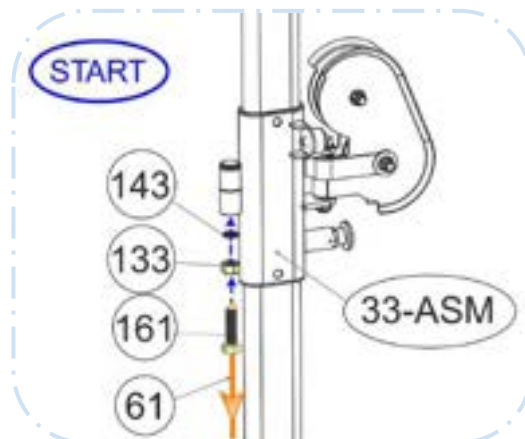
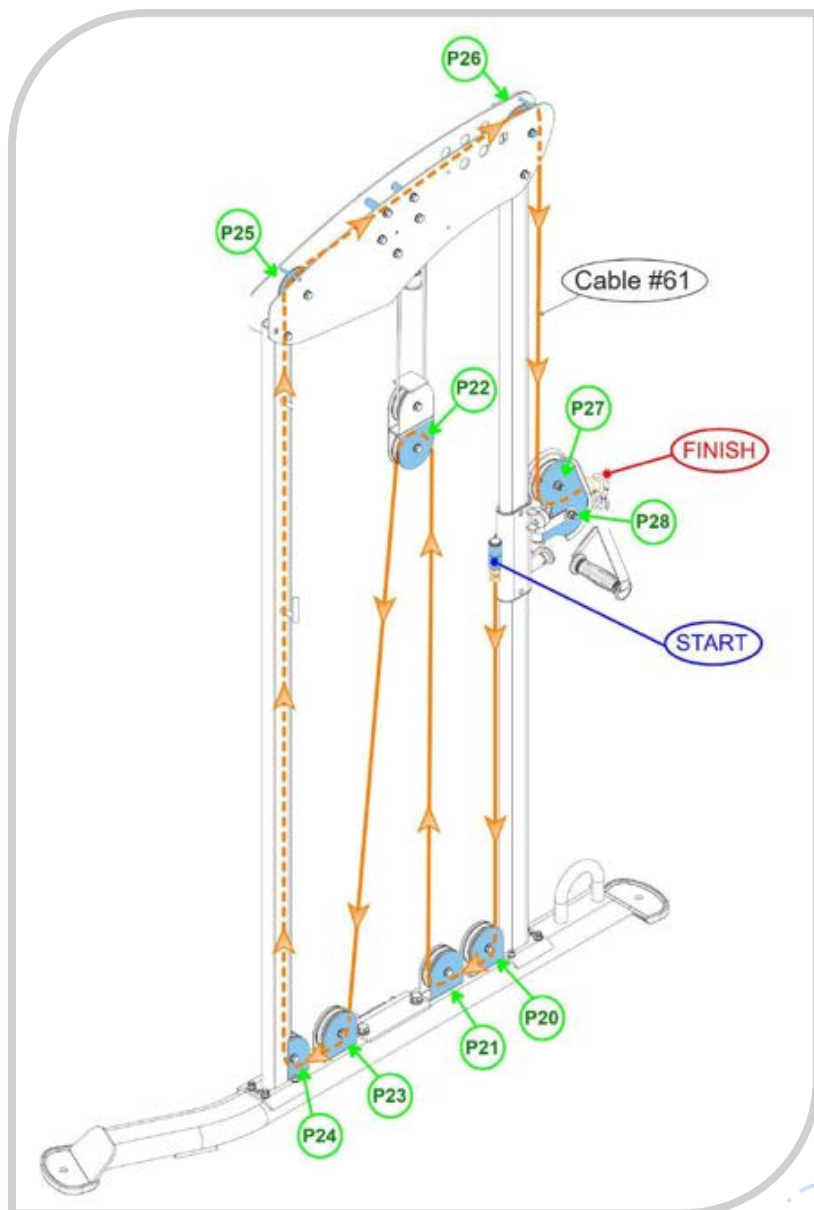
Tighten the Jam Nut at this time.

Hardware		
Part #	Assembly Hardware	QTY
XFT-V2-133	Nut, 1/2" - BLK	1
XFT-V2-143	Washer, Spring, 1/2" - BLK	1
XFT-V2-161	Bolt, Hex Head, Split (for Cable Ends), 1/2" x 1-3/4" L - BLK	1

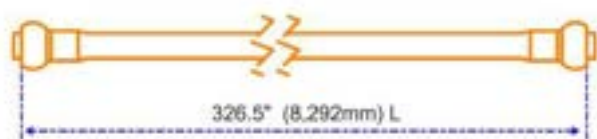
OVERVIEW IMAGE for STEP 15 (Low Cable #61) ... Start Assembly on page 46



STEP 15a: Install Low Cable #61 STARTING on #33-ASM to Pulley 24 (see below diagrams)

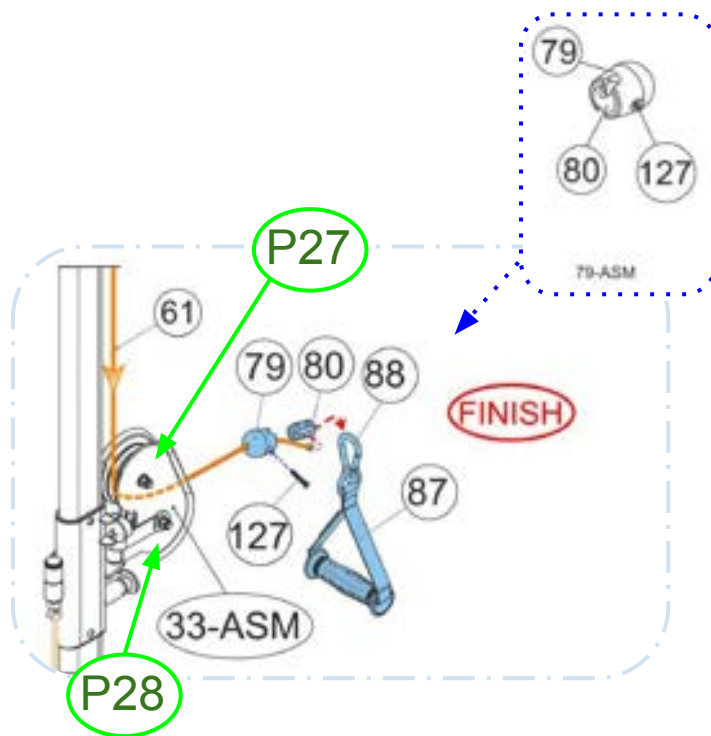
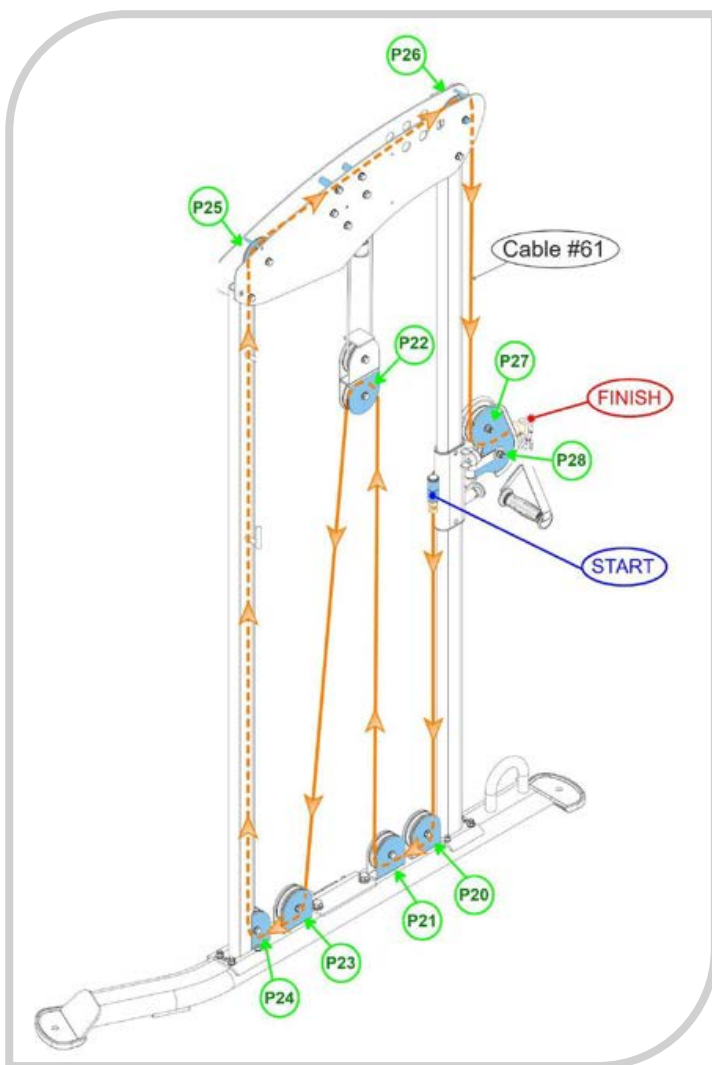
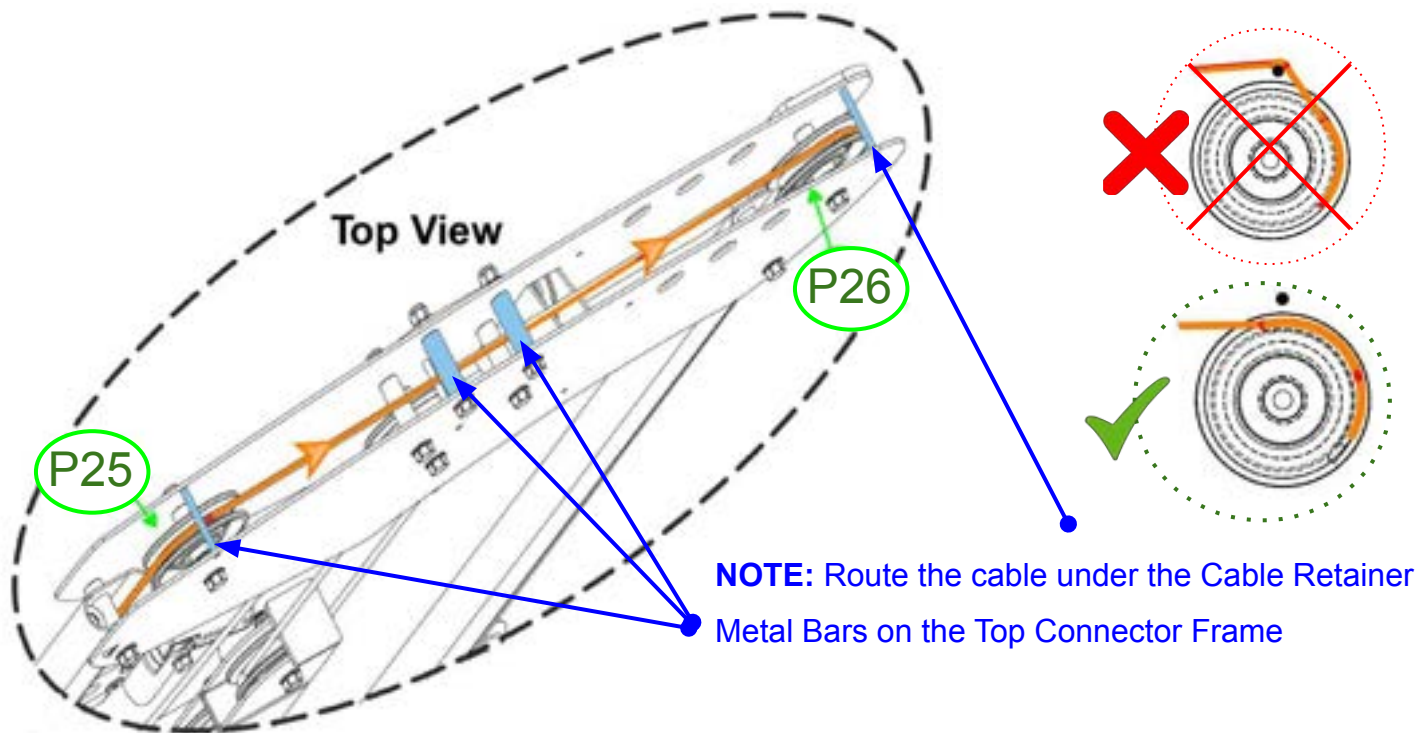


Low Cable #61



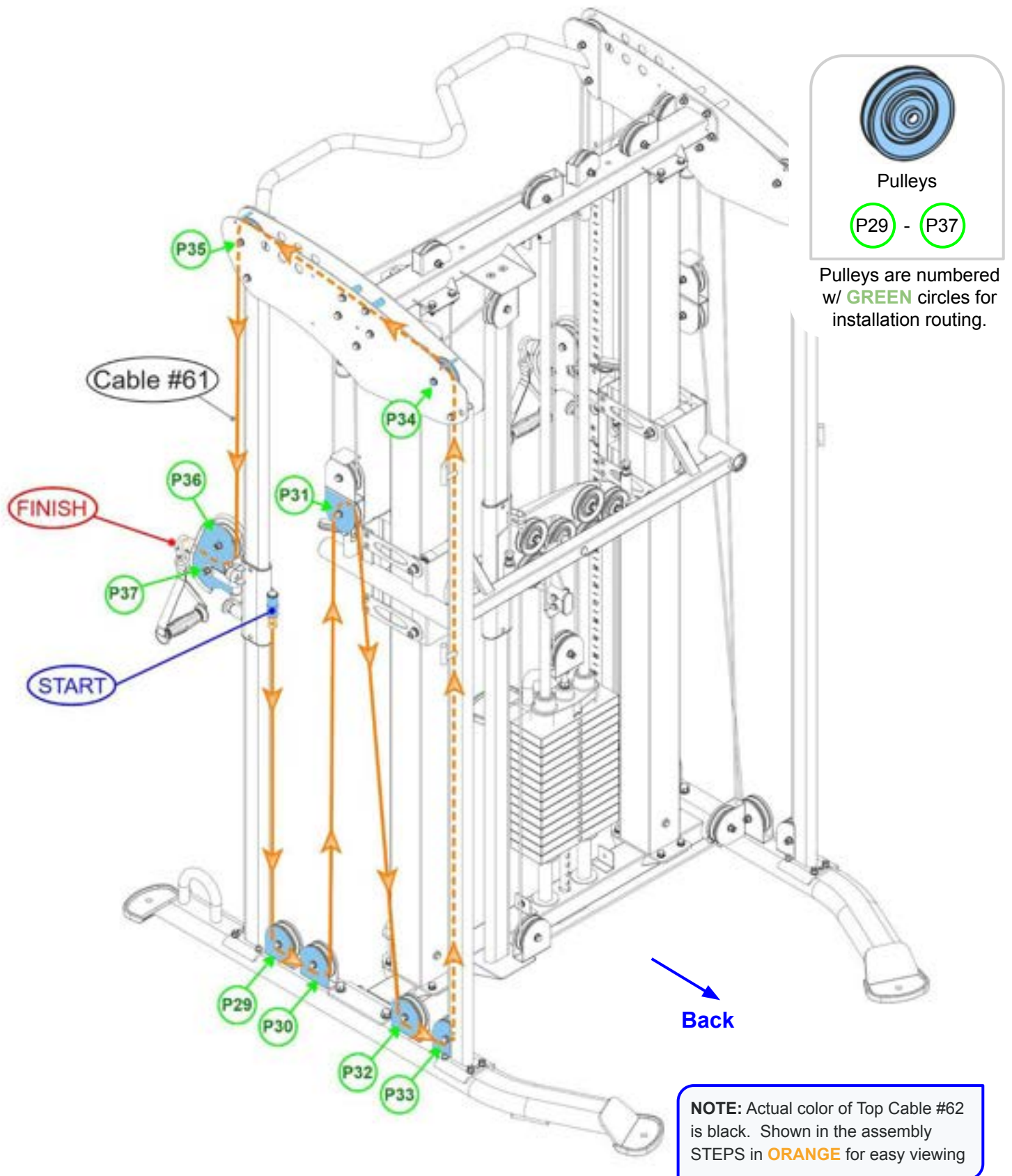
Hardware		
Part #	Assembly Hardware	QTY
XFT-V2-133	Nut, 1/2" - BLK	1
XFT-V2-143	Washer, Spring, 1/2" - BLK	1
XFT-V2-161	Bolt, Hex Head, Split (for Cable Ends), 1/2" x 1-3/4" L - BLK	1

Frame & Cable Parts		
Part #	Assembly Parts List	QTY
XFT-V2-061	Cable, Low, 326.5" (8,292mm) L	1

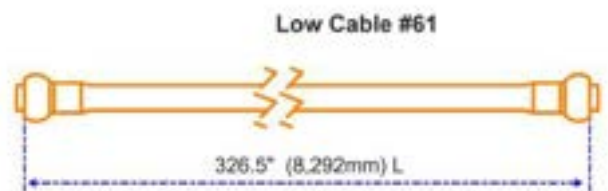
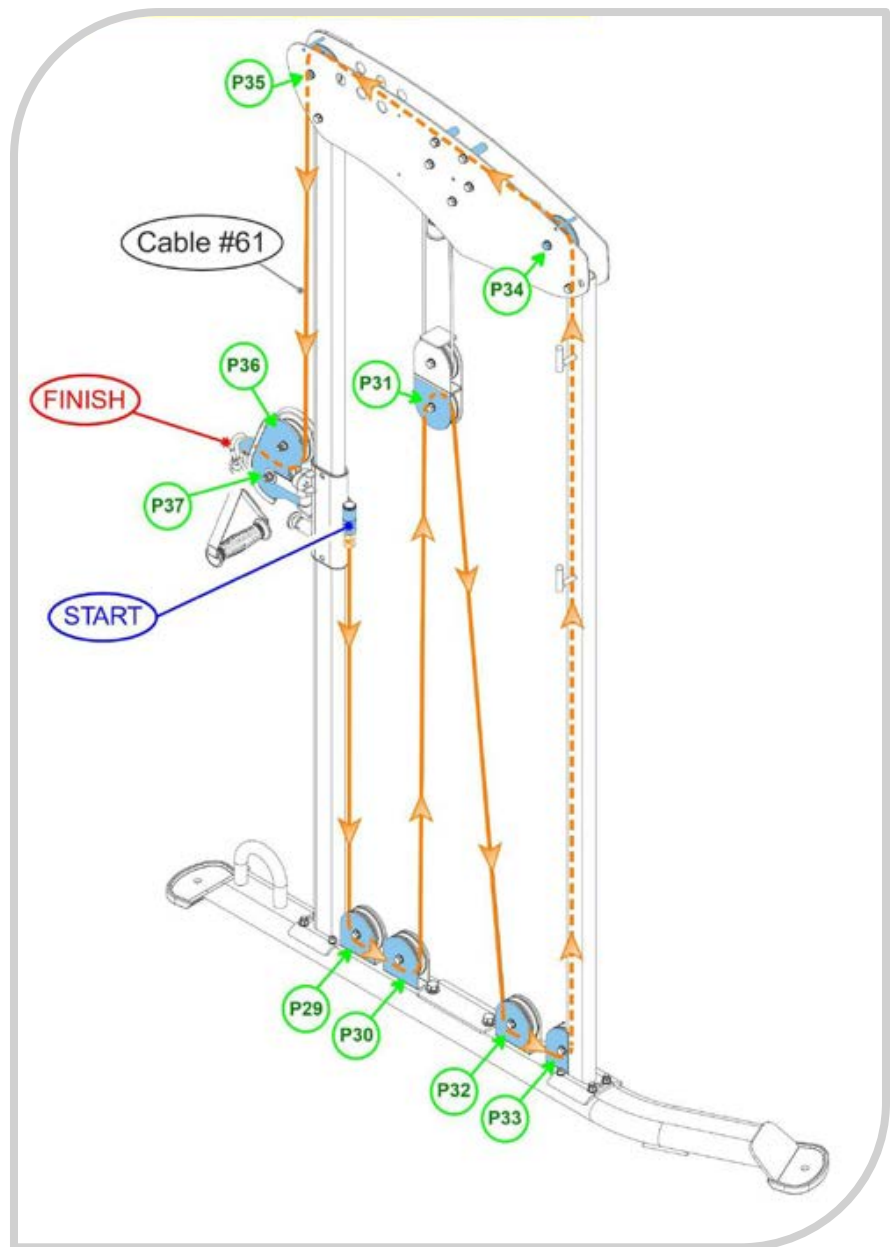
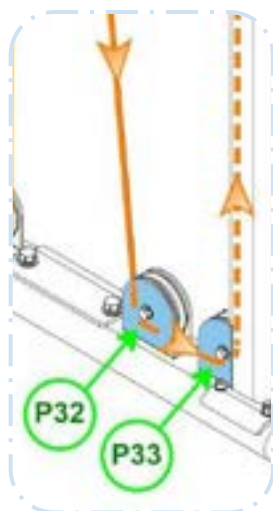
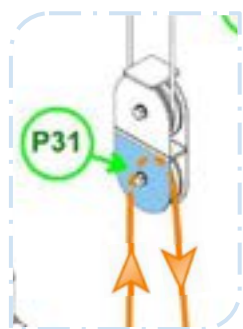
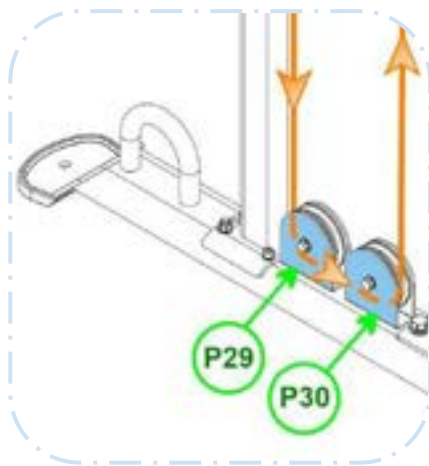
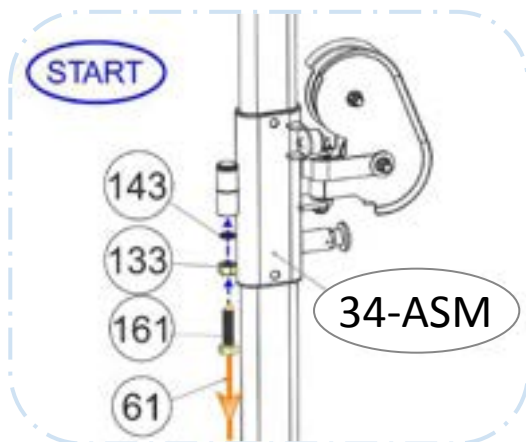
STEP 15c: Route Low Cable #61 (from Pulley 25 to Pulley 28), Install Cable Stopper & Handle**Cable & Accessory Parts**

Part #	Assembly Parts List	QTY
XFT-V2-079-ASM	Cable Stopper Shell for End of Cable - Assembly	1
XFT-V2-087	Accessory, Single Handle	1
XFT-V2-088	Accessory, Snap Hook	1

OVERVIEW IMAGE for STEP 16 (Low Cable #61) ... Start Assembly on page 49

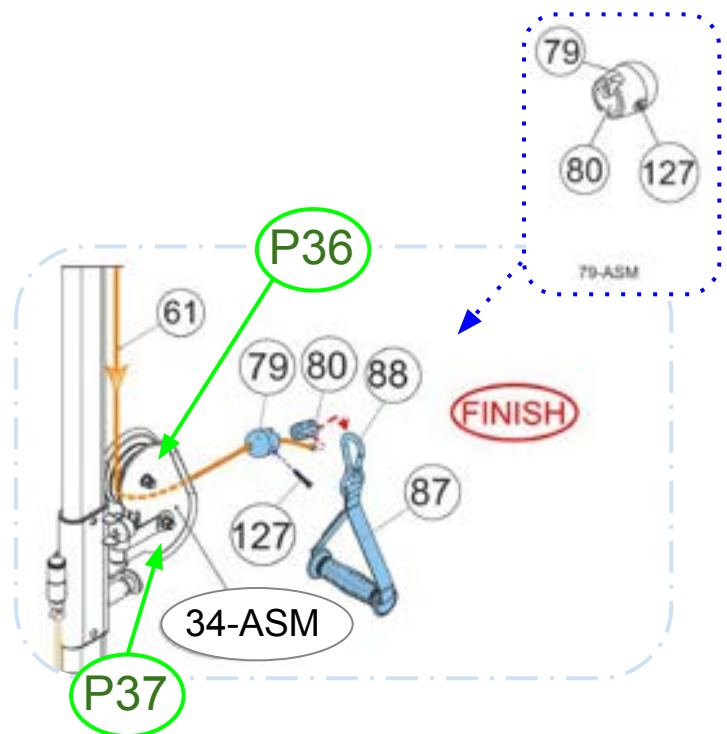
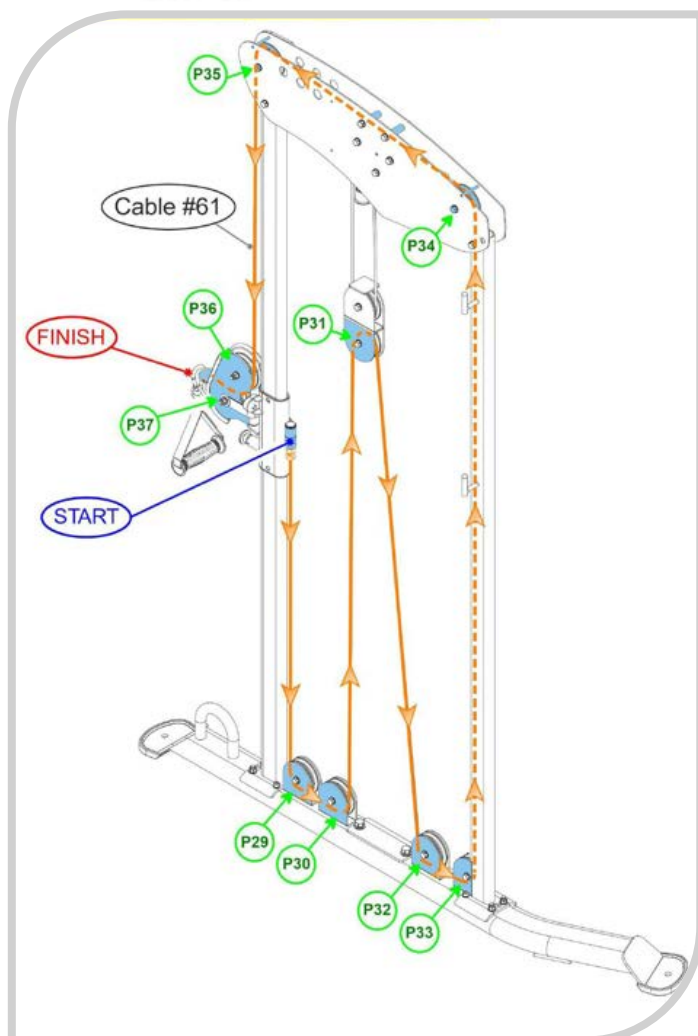
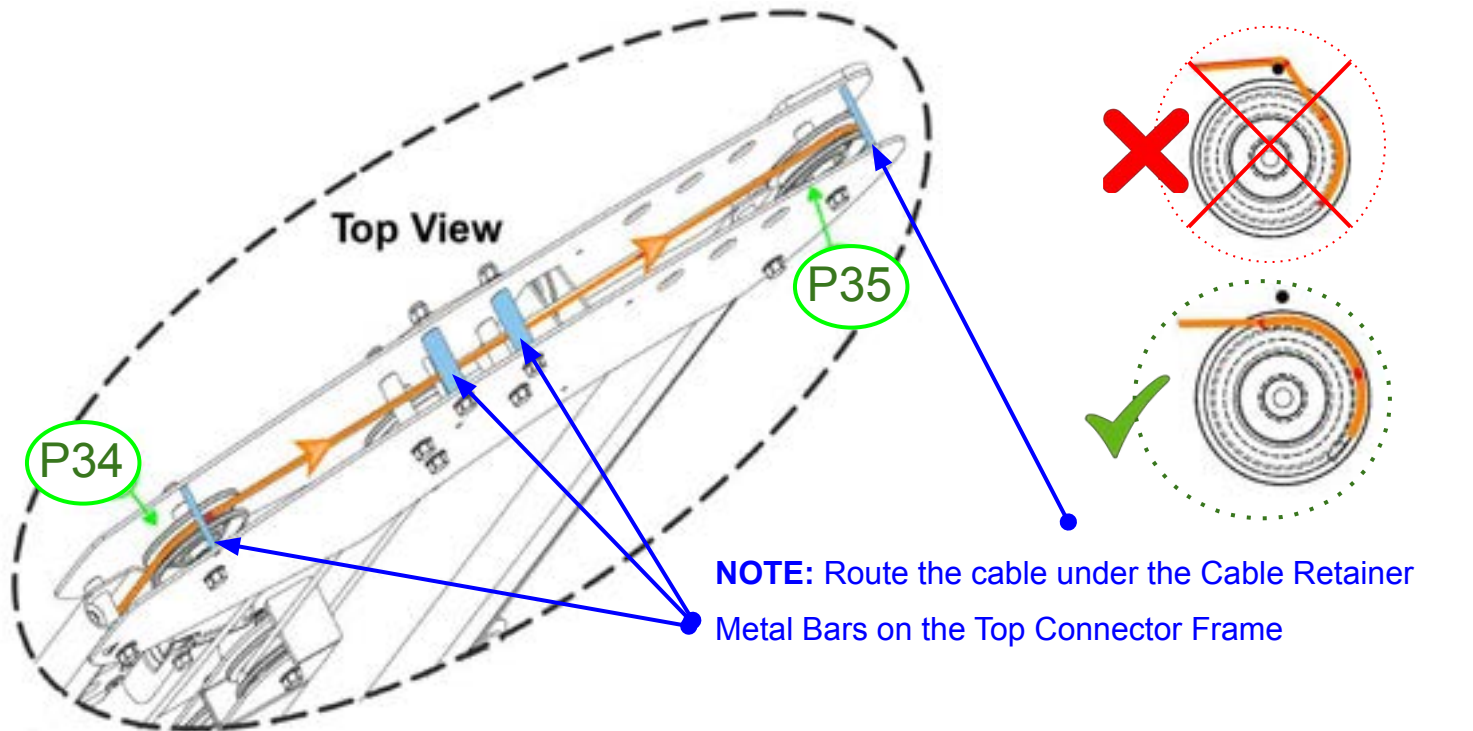


STEP 16a: Install Low Cable #61 STARTING on #34-ASM to Pulley 33 (see below diagrams)



Hardware		
Part #	Assembly Hardware	QTY
XFT-V2-133	Nut, 1/2" - BLK	1
XFT-V2-143	Washer, Spring, 1/2" - BLK	1
XFT-V2-161	Bolt, Hex Head, Split (for Cable Ends), 1/2" x 1-3/4" L - BLK	1

Frame & Cable Parts		
Part #	Assembly Parts List	QTY
XFT-V2-061	Cable, Low, 326.5" (8,292mm) L	1

STEP 16c: Route Low Cable #61 (from Pulley 34 to Pulley 37), Install Cable Stopper & Handle**Cable & Accessory Parts**

Part #	Assembly Parts List	QTY
XFT-V2-079-ASM	Cable Stopper Shell for End of Cable - Assembly	1
XFT-V2-087	Accessory, Single Handle	1
XFT-V2-088	Accessory, Snap Hook	1

STEP 17a : Lube both Guide Rods for the Weight Stack (26) with 100% pure Silicone Lube or Teflon PTFE Grease.

ONLY apply a light layer with a clean rag.

Then do a set of reps with low weights to spread the lubricant thoroughly the Guide Rods (26).

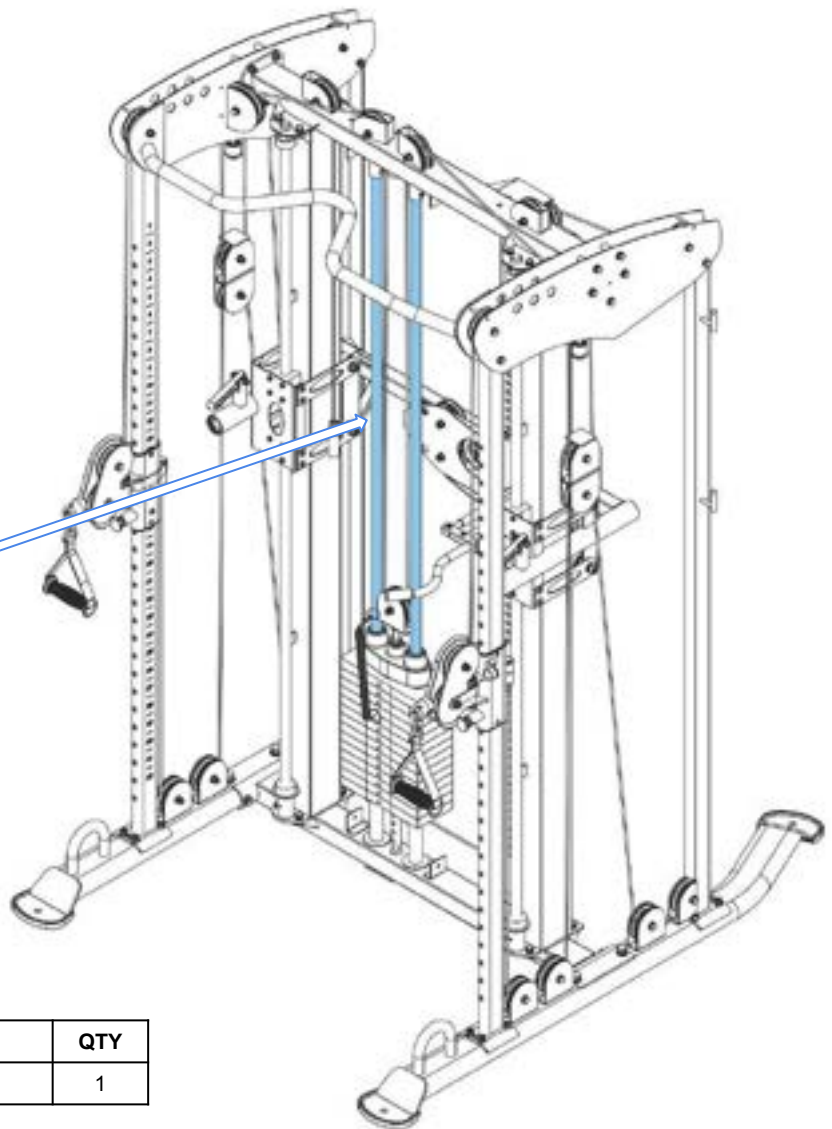
Repeat for both right & left sides.



100% COTTON
CLEANING CLOTH



100% PURE
SILICONE LUBE



Part #	Assembly Parts List	QTY
XFT-V2-172	Silicone Lube Bottle, for Guide Rods	1

TIP: Lubing the Guide Rods (6) is a great practice to do not only at setup, but also during scheduled times for preventive maintenance measures in order to:

- Ensure that the Weight Plates (118) internal bushing glide smoothly for a quiet & long life operation.
- Add protection to the Guide Rods (6) from future potential surface rust in the higher humidity environments.

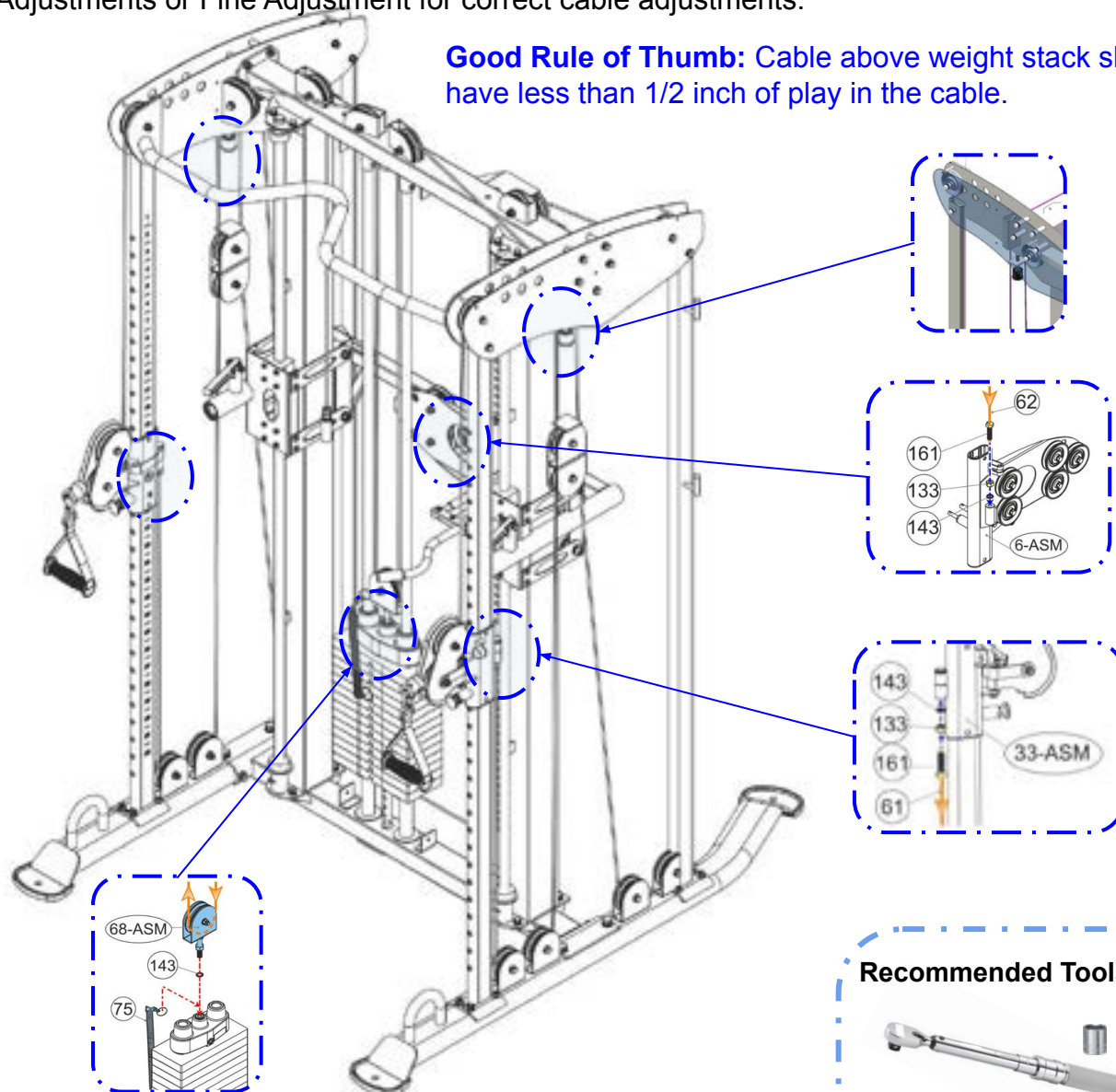
To purchase additional
Guide Rod lube:

<https://www.bodycraft.com/product/treadlube5pk/>



STEP 17b: Adjust the Cables for Correct Tension

The Cables should be tightened to the point just before the Top Plate lifts off the stack. See below for Major Adjustments or Fine Adjustment for correct cable adjustments.



Check Selector Rod Pin freely slides into each weight plate front hole with the Top Plate resting on 1st Weight Plate.

Once adjusted correctly, retighten all jam nuts & pulley hardware.



Watch Assembly Video

[XFT-V2 STEP 12b
Adjusting the Cables](#)



Recommended Tools:



TORQUE WRENCH w/ 9/16 SOCKET
& 9/16 WRENCH



ADJUSTABLE WRENCHES

After all adjustment are done,
tighten to the Recommended
Torque Specs at this time.

Recommended Conditions & Items for Installation of the Weight Stack Stickers



MINIMUM 65
DEGREES & LOW



CLEAN COTTON CLOTH



RUBBING ALCOHOL



WEIGHT STACK
STICKERS-SHEET (81)

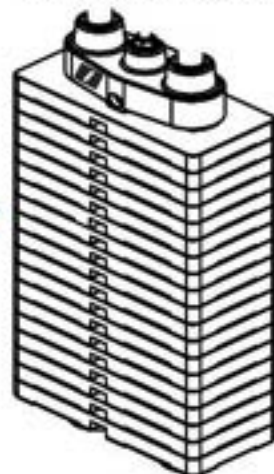
IMPORTANT: Before installing the weight stack stickers, it is important to let the weight plates acclimate to room temperature.

- a. Clean Top Plate Assembly (55-ASM) & Weight Plates (118) front surface with **Rubbing Alcohol** and a **Clean Cotton Cloth**. Then wipe dry with another clean cloth or allow to completely air dry.

- b. Starting from the **Top Plate Assembly (55-ASM)**, install **Weight Stack Stickers (81)** for first sticker #1.



- c. Continue installing **Weight Stack Stickers (81)** one at a time starting from the first Weight Plate (118) using sticker #2. Apply all corresponding stickers per each weight plate.



- d. Once the label is carefully aligned with each weight plate (118), press each numbered sticker gently onto the correct weight plate. Only rub each sticker and not the surrounding area.

- e. Perform the same procedure from a, b, c & d to opposite side.

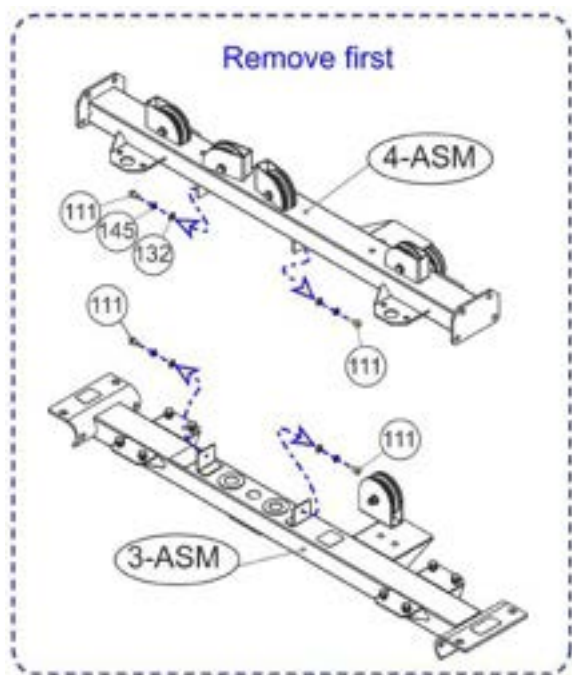
- f. **DO NOT "TEST"** the sticker by pulling on it at any time after installed on weight stack plates.

NOTE: Allow the adhesive to cure for a minimum of 24 hrs. Room humidity and temperature will affect the cure time.

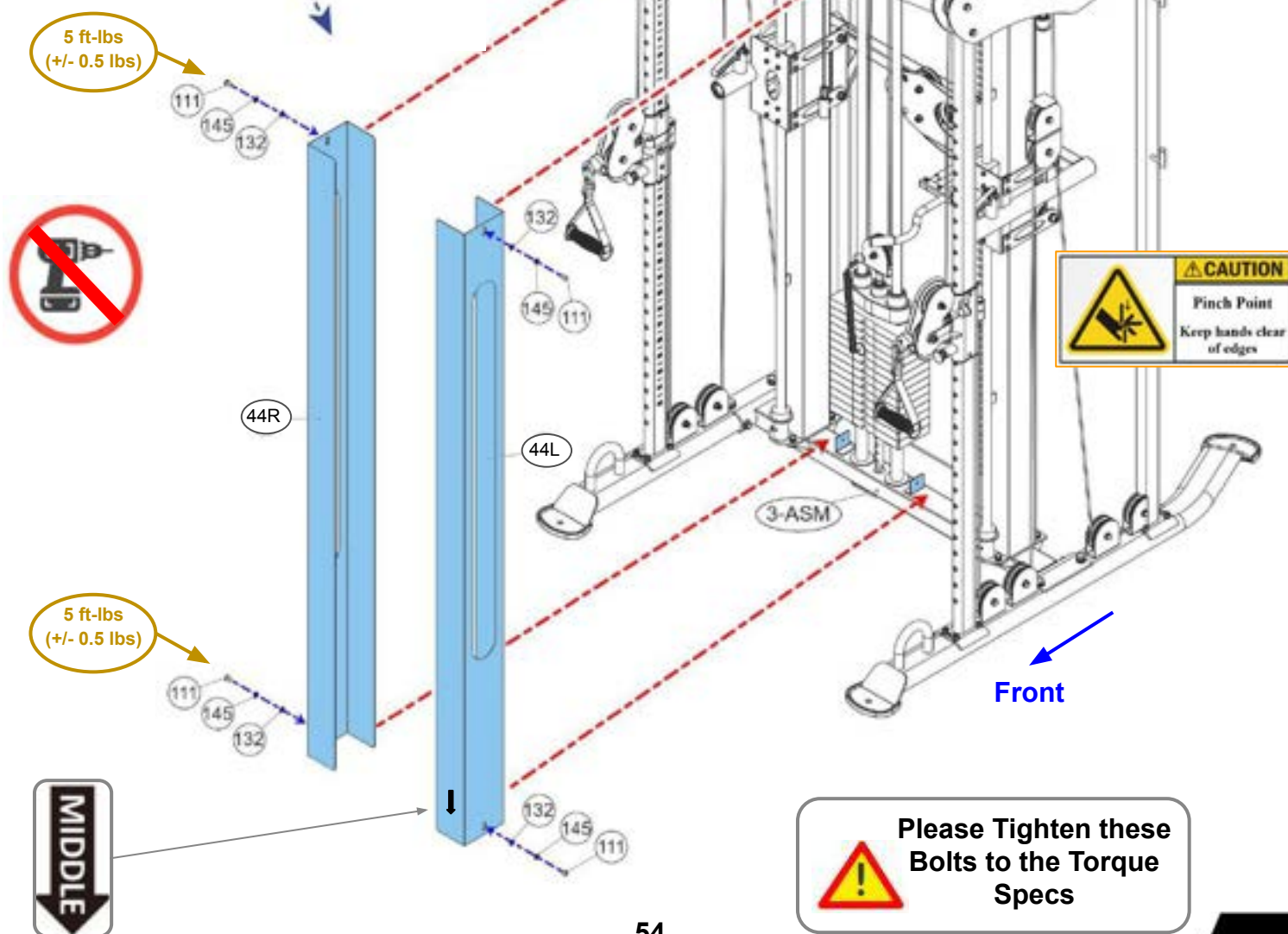
STEP 19a: Remove 1st the pre-assembled hardware

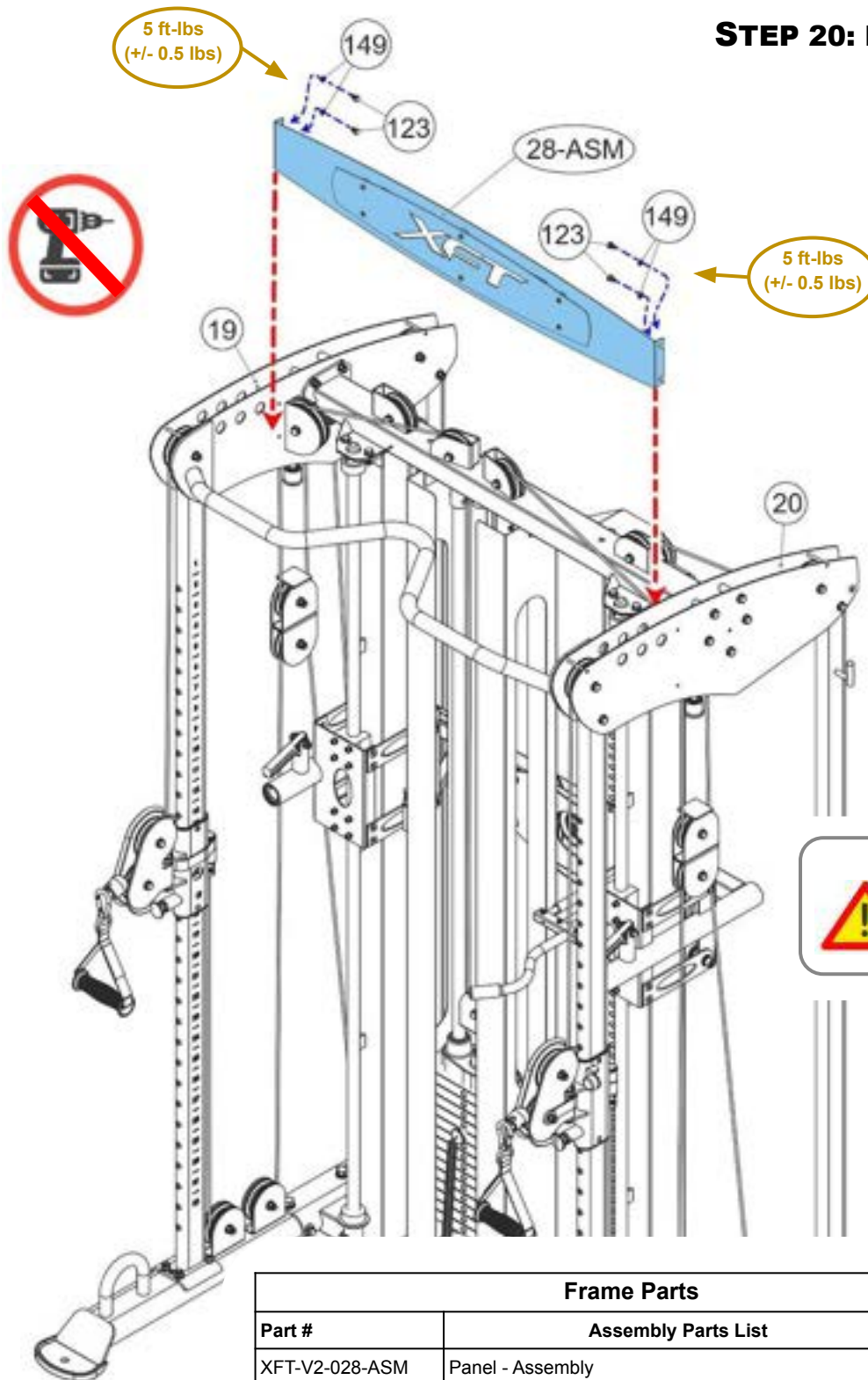
STEP 19b: Install the Rt & Lt Weight Stack Covers

Frame Parts		
Part #	Assembly Parts List	QTY
XFT-V2-044L	Weight Stack Cover, Left, w/ one Arrow Label	1
XFT-V2-044R	Weight Stack Cover, Right	1



Then



STEP 20: Install the Top XFT Panel**Frame Parts**

Part #	Assembly Parts List	QTY
XFT-V2-028-ASM	Panel - Assembly	1

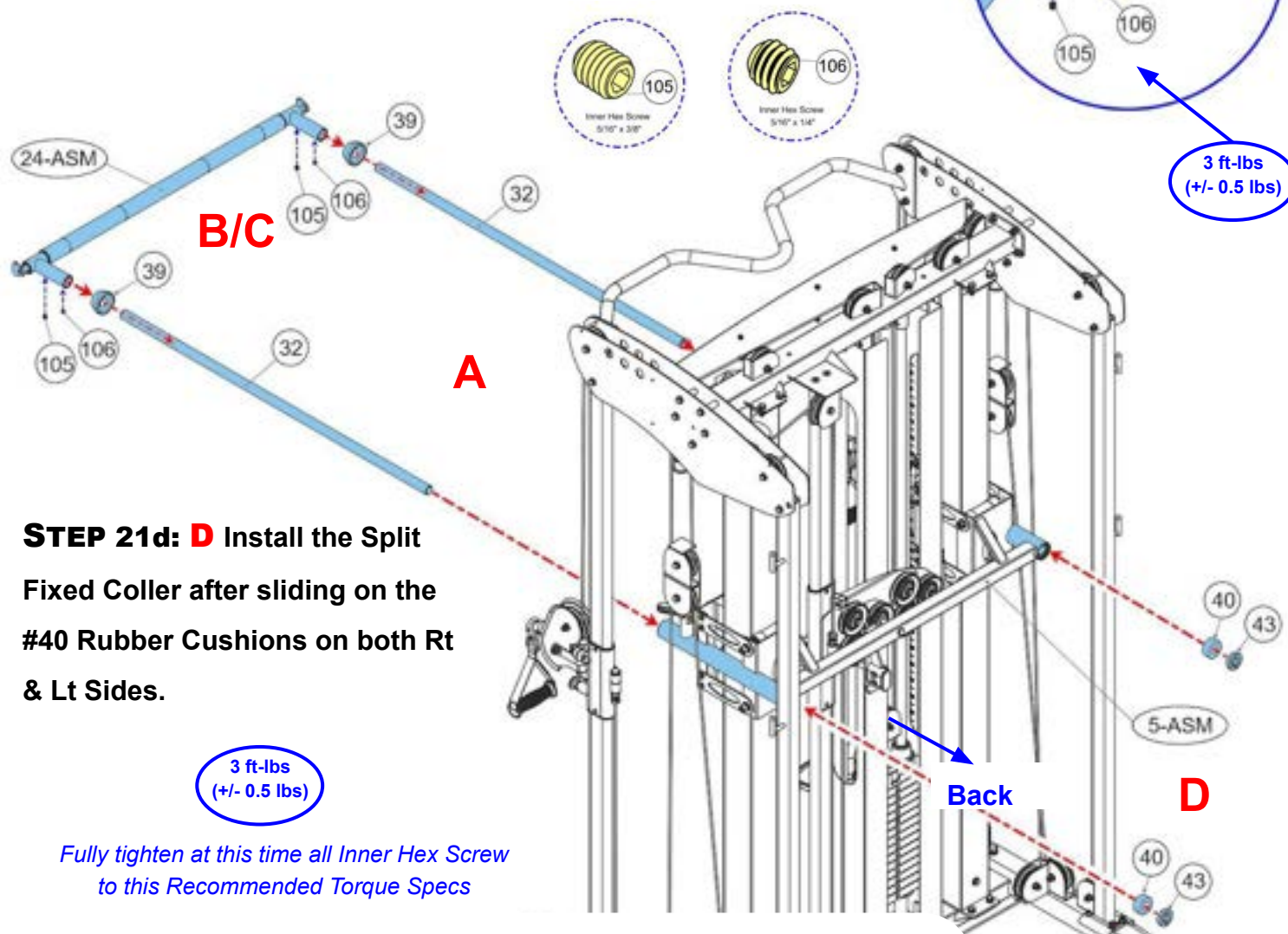
Hardware

Part #	Assembly Hardware	QTY
XFT-V2-123	Bolt, Hex Head, M6 x 10mm L - BLK	4
XFT-V2-149	Washer, Flat, ϕ 6 - BLK	4

STEP 21a: A Install the Lateral Guide Rods into the XFT on both Rt & Lt Sides.

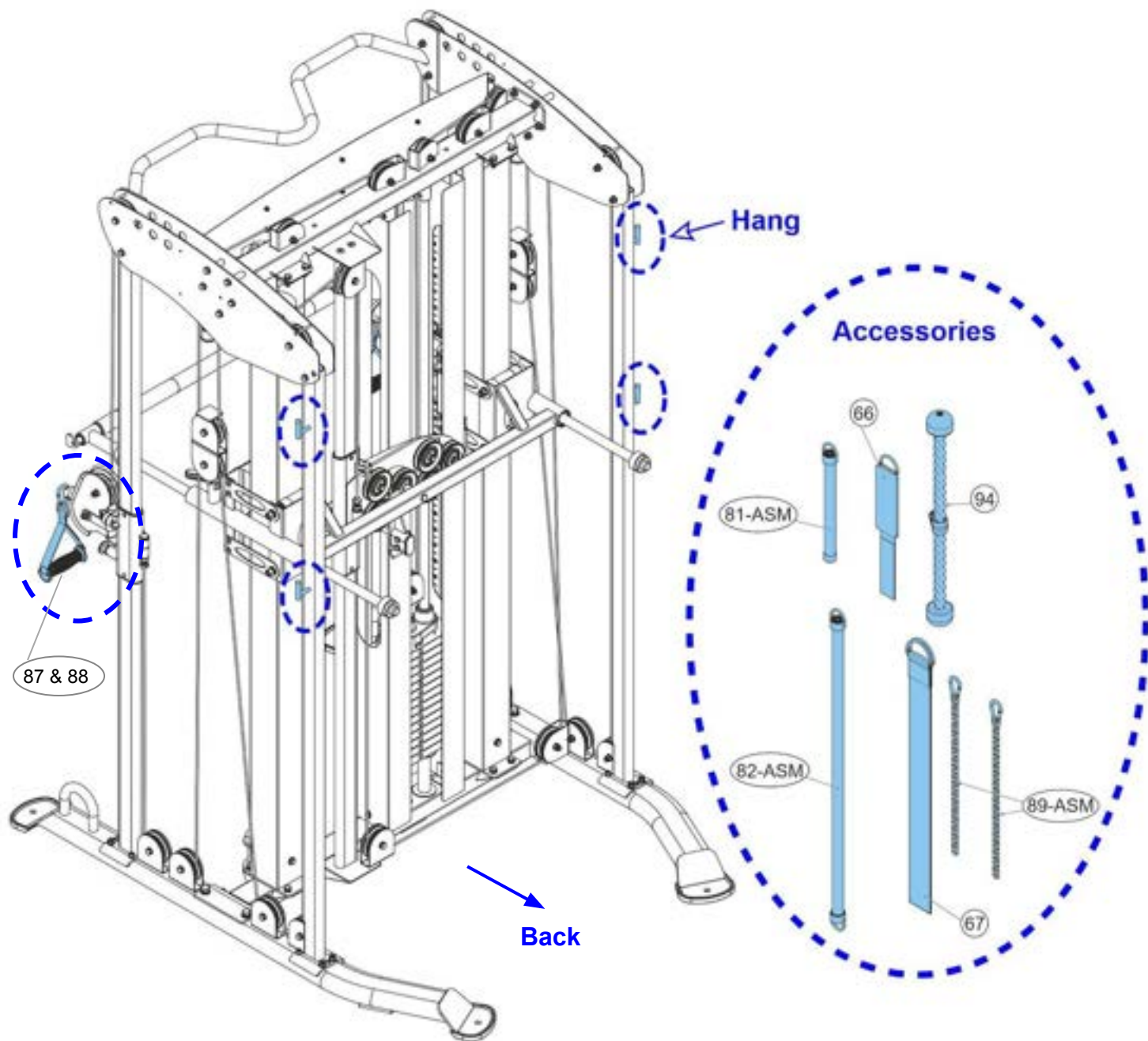
STEP 21b: B Remove 1st the pre-assembled hardware

STEP 21c: C Re-Install the pre-assembled Inner Hex Screw to Lateral Guide Rods on both Rt & Lt Sides



Frame Parts

Part #	Assembly Parts List	QTY
XFT-V2-024-ASM	Press Bar with Grid Pattern, $\phi 32\text{mm}$ ID x $\phi 40\text{mm}$ OD x 847mm L - Assembly	1
XFT-V2-032	Lateral Guide Rod, $\phi 25\text{mm}$ x 1100mm L	2
XFT-V2-039	Rubber Cushion, Trapezoidal, $\phi 24.5\text{mm}$ x $\phi 45\text{mm}$ x $\phi 61\text{mm}$ x 30mm L	2
XFT-V2-040	Rubber Cushion, Cylindrical, $\phi 24.5\text{mm}$ ID x $\phi 48\text{mm}$ OD x 20mm L	2
XFT-V2-043	Split Fixed Collar w/ One Screw M5, $\phi 25^* \phi 45^* \delta 12$	2

STEP 22: Install Accessories

Part #	Assembly Parts List	QTY
XFT-V2-066	Accessory, Leg Strap	1
XFT-V2-067	Accessory, Long Strap	1
XFT-V2-081-ASM	Accessory, Short Bar - Assembly	1
XFT-V2-082-ASM	Accessory, Long Bar - Assembly	1
XFT-V2-087	Accessory, Single Handle	2
XFT-V2-088	Accessory, Snap Hook	2
XFT-089-ASM	Accessory, Chain w/ Snap Hook- Assembly	2
XFT-V2-094	Accessory, Nylon Rope	1



STEP 23a: Remove all Assembly Stickers, i.e. Part Numbers & Right / Left Circles

- Easy to remove with fingernail or plastic scraper
- If adhesive residue is on frame:
 - Use rubbing alcohol
 - Then mild cleaning solution
 - Finishing with a dry 100% cotton cleaning cloth



STEP 23b: Frame Clean Up

- Wipe down frame with mild cleaning solution
- Dry frame with 100% cotton cleaning cloth
- Good practice to do before first use and yearly:
 - Lightly apply an automotive grade cleaner wax
 - Then follow up by wiping excesses off with 100% cotton cleaning cloth

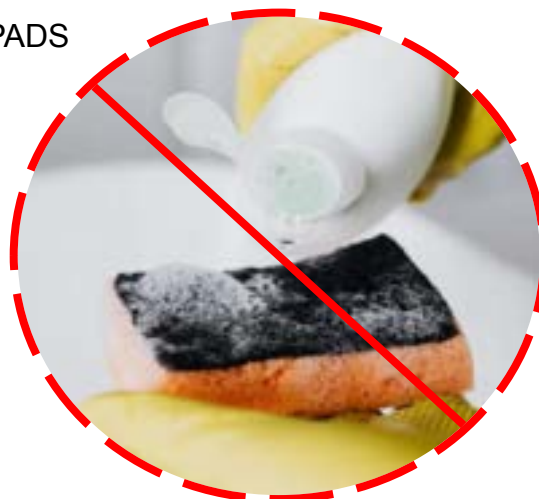


MILD CLEANING
SOLUTION



100% COTTON
CLEANING CLOTHS

- DO NOT USE ABRASIVE CLEANING SCRUBBING PADS
- DO NOT USE AMMONIA OR CITRIC CLEANERS
- DO NOT USE ANY FORM OF PAINT THINNERS



TIP ON FRAME ONLY: For extra protection from fingerprints, sweat stains or just plain dirt, apply an automotive grade cleaner wax if desired. Also makes future cleaning easier.

(Do Not Use on the Upholstery)



OPTIONS: Installing the XFT-Bracket, go directly to www.bodycraft.com/XFT-Bracket-qr.html

BODYCRAFT®

Adjustable Mount for TV or Connect-22 OPTION, XFT-BRACKET

for the BODYCRAFT XFT-V2

Owner's Manual



To see in
FULL COLOR
& additional
information,
scan this QR code



Base Lot Number: _____
 Purchased Date: ____/____/____
 Dealer's Name: _____
 Please register your products at:
www.bodycraft.com/product-registration/

BODYCRAFT
 Lot Code: XFT-BRACKET-11111111

Detailed Parts List & Images








Part #	Description	Qty
XFT-V2-Bracket-001-ASM	Bracket for Connect-22 Adjustable Telescope (XFT-Bracket for TV or Connect-22 - Assembly)	1
XFT-V2-Bracket-002	Screen Plate/Plate Head (Countersink: 48 x 18mm L x 18mm H - 304SS)	2
XFT-V2-Bracket-003	Screen Plate/Plate Head (48 x 18mm L x 18mm H - 304SS)	4
XFT-V2-Bracket-004	Cable Tie Mounts	10
XFT-V2-Bracket-005	Mounting Hole, Steel	1
XFT-V2-Bracket-006	Label - Lot Code	1

Installation of the XFT-BRACKET OPTION to a XFT-V2.





XFT-BRACKET_v1.2

XFT-BRACKET, Optional Mounting to XFT-V2

STEP 1: Installation of the Adjustable Mount OPTION, XFT-BRACKET, shown on the XFT-V2



STEP 2: Installation of a TV or Connect-22 to the XFT-BRACKET, shown on the XFT-V2



Recommended Tool:

 Phillips (PH2) screwdriver or
 equivalent TORX

NOTE: Ensure the Screws are tightened
 down to withstand vigorous usage.

Part #	Assembly & Hardware Parts List	Qty
XFT-V2-Bracket-001-ASM	Bracket for Connect-22 Adjustable Telescope (XFT-Bracket for TV or Connect-22 - Assembly)	1
XFT-V2-Bracket-002	Screen Plate/Plate Head (Countersink: 48 x 18mm L x 18mm H - 304SS)	2
XFT-V2-Bracket-003	Screen Plate/Plate Head (48 x 18mm L x 18mm H - 304SS)	4



BODYCRAFT®

www.bodycraft.com

Product Assembly - Connect-22 OPTION, Cable Routing per Machine

CAUTION: It is highly suggested to follow the steps below to secure the cable away from moving parts. Do not let the cable dangle straight down to the floor.

STEP 3: How to install Cable Clip Mounts

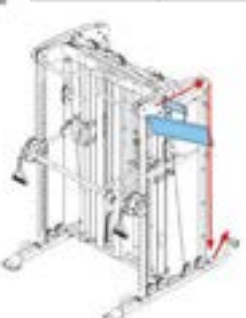
1. Clean surface with mild spray soap or a window cleaner and dry with a 100% cotton rag.
2. Take adhesive strip off back of Cable Clip Mount.
3. Place Cable Clip Mount and hold for 15 seconds.
4. Install Cable under clip while gently holding the back.

NOTE: DO NOT over stretch clip mount opening. Only open enough to gently slide the cable under the mount.

STEP 4: Install Cable Clip Mounts

1. Install a Cable Clip Mount at each arrow location on the top left side of shield in case of any service issues.
2. Then fully install the cable with the 2.0mm power cord and at the Connect-22 back plug. Follow the Cable Clip Mounts with the cable to the base of the Power.

NOTE: If you have downloaded this document, scan or to see the light blue arrows and their locations.






Example of securing the power
 leads & power cords to the Machine
 (Power the steps not included)

Parts from the Connect-22 OPTION (Please confirm you have to order)






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XFT-BRACKET, Optional Mounting to XFT-V2 with Power Cord to Frame

STEP 5: Installation of the Cable Clip Mounts (#4) locations on the XFT-V2



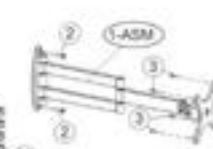
STEP 6: Installation of the POWER CORD
 Routing 1st towards back of machine, then downward, shown on the XFT-V2



STEP 7: Adjust tension of the TV or CONNECT-22 movements on the two internal Bolts using the 6mm Hex Wrench.



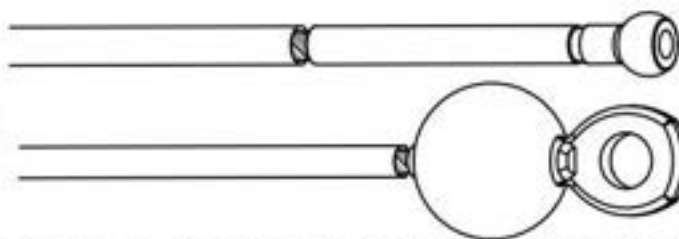
Part #	Assembly, Hardware & Tool Parts List	Qty
XFT-V2-Bracket-001-ASM	Bracket for Connect-22 Adjustable Telescope (XFT-Bracket for TV or Connect-22 - Assembly)	1
XFT-V2-Bracket-002	Screen Plate/Plate Head (Countersink: 48 x 18mm L x 18mm H - 304SS)	2
XFT-V2-Bracket-003	Screen Plate/Plate Head (48 x 18mm L x 18mm H - 304SS)	4
XFT-V2-Bracket-004	Cable Clip Mounts	10
XFT-V2-Bracket-005	Mounting Hole, Steel	1



BODYCRAFT®

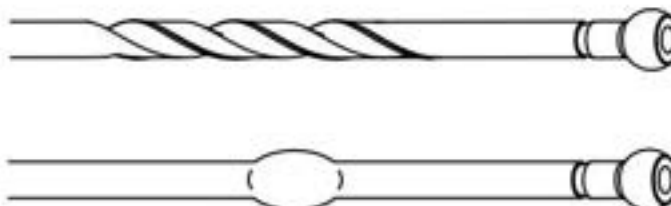
www.bodycraft.com

<i>ROUTINE SCHEDULE</i>	<i>LIGHT COMMERCIAL</i>	<i>HOME</i>
Clean: Upholstery.	DAILY	1 - 2 WEEKS
Inspect: Cables or Belts and their tension.	DAILY	1 - 2 WEEKS
Inspect: Links, Pull Pins, Snap Locks, Swivels, and Weight Stack Pins.	DAILY	1 - 2 WEEKS
Inspect: Accessory Bars and Handles.	WEEKLY	3 - 6 MONTHS
Inspect: All Label and Weight Stack Stickers.	WEEKLY	3 - 6 MONTHS
Inspect: All Nuts and Bolts, tighten if needed.	WEEKLY	3 - 6 MONTHS
Inspect: Anti-Skid Surface.	WEEKLY	3 - 6 MONTHS
Clean & Lubricate: Guide Rods with 100% Silicone or a Teflon based lubricant with Super Lube (a PTFE grease).	MONTHLY	3 - 6 MONTHS
Lubricate: Seat Sleeves, Bushings, Linear Bearing.	MONTHLY	3 - 6 MONTHS
Clean and Wax: All Glossy Finishes.	6 MONTHS	YEARLY
Repack with Grease: Linear Bearings.	6 MONTHS	YEARLY
Replace: Cables, Belts and Connecting Parts when showing signs of wear.	YEARLY	2 - 4 YEARS



Casing can crack or fracture under strains during use. Any crack in the casing merits cable replacement even if no wire rope is exposed.

STOP USING THE MACHINE: *This cable needs to be replaced as soon as possible.*



Inspect casing to ensure wire rope is not tearing, twisting, or binding within and coil causing bulge to appear. Cable should retain same outside diameter throughout.

STOP USING THE MACHINE: *This cable needs to be replaced as soon as possible.*



Any exposed wire rope protruding through the casing or at either end, has lost its structural integrity. Section of cable is compressed and will not retain its shape (outside diameter).

STOP USING THE MACHINE: *This cable needs to be replaced immediately.*



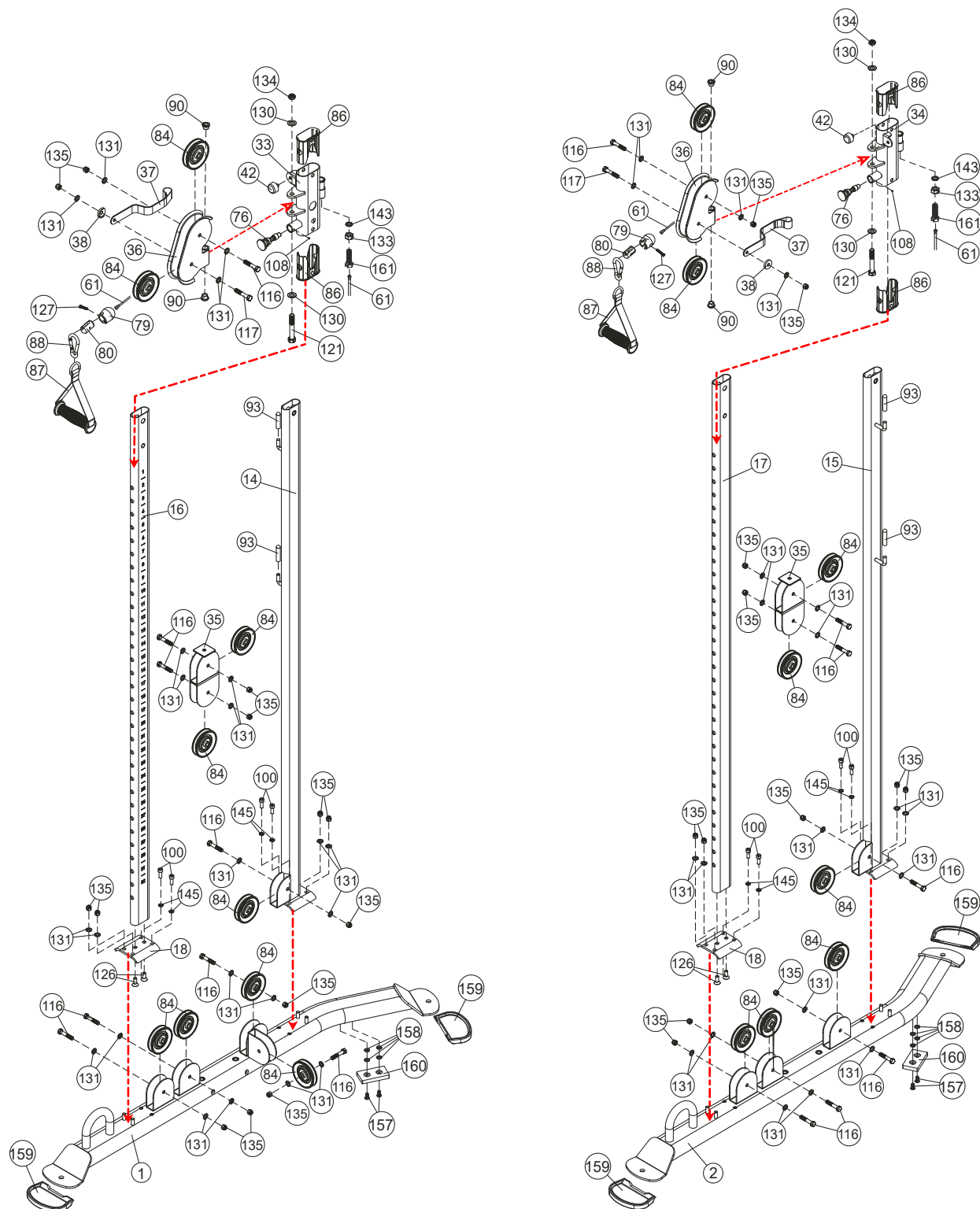
Cable has a kink and prohibits cable from lying straight. Wire rope may be unraveling beneath the casing, causing a compromise of its structural integrity.

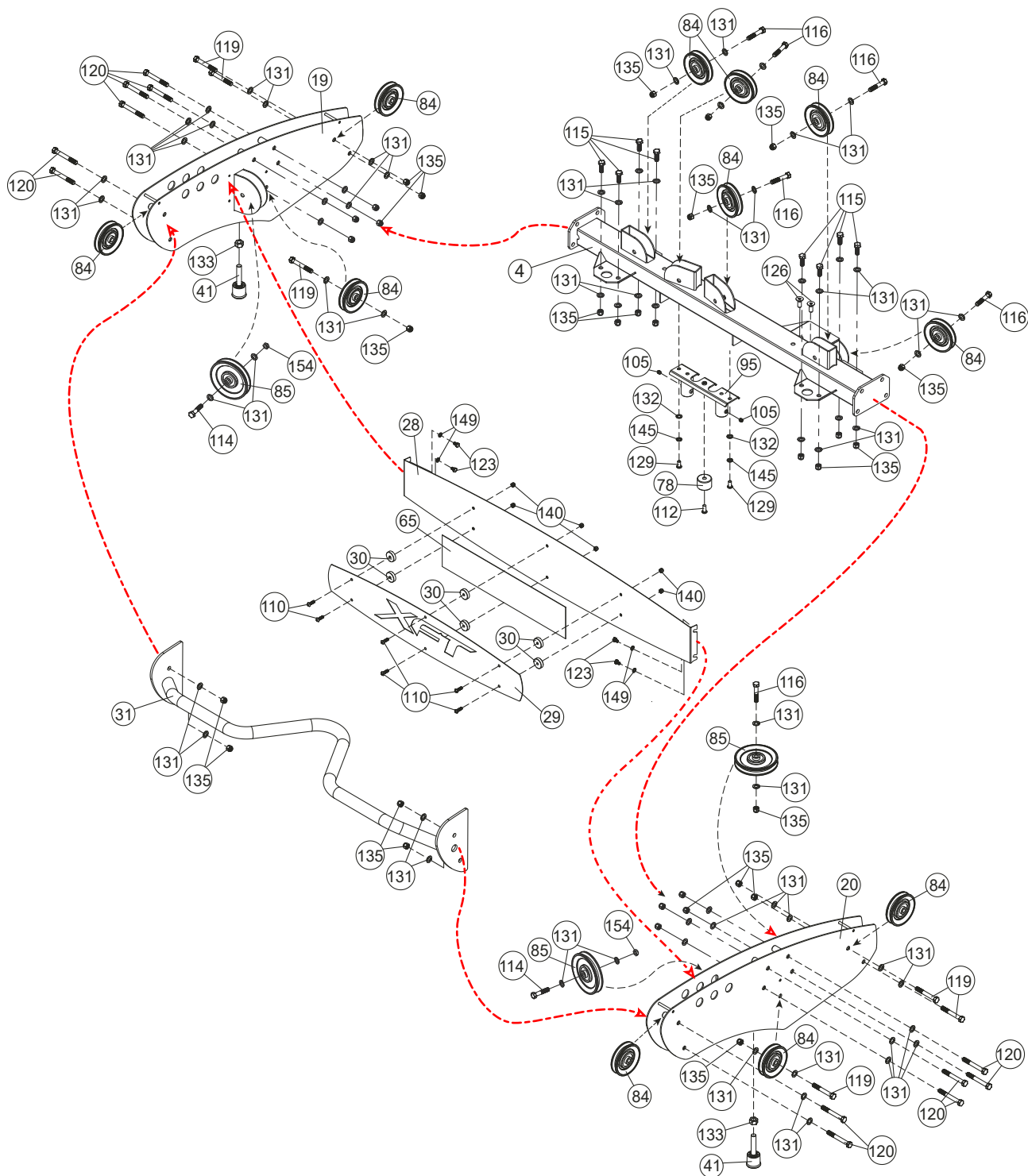
STOP USING THE MACHINE: *This cable needs to be replaced immediately.*

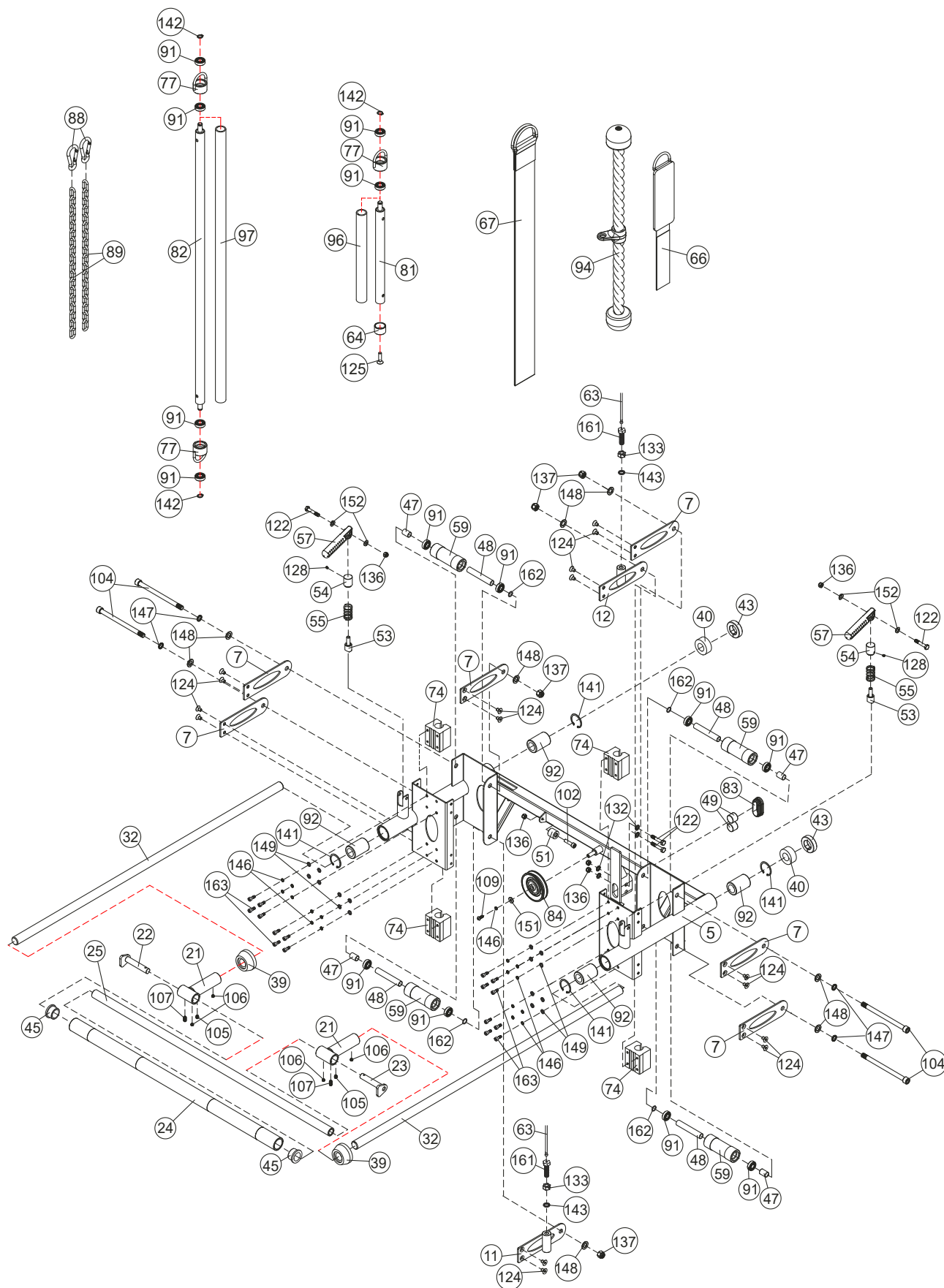


Watch for component end of cable to pull away from cable assembly and look for exposed wire rope.

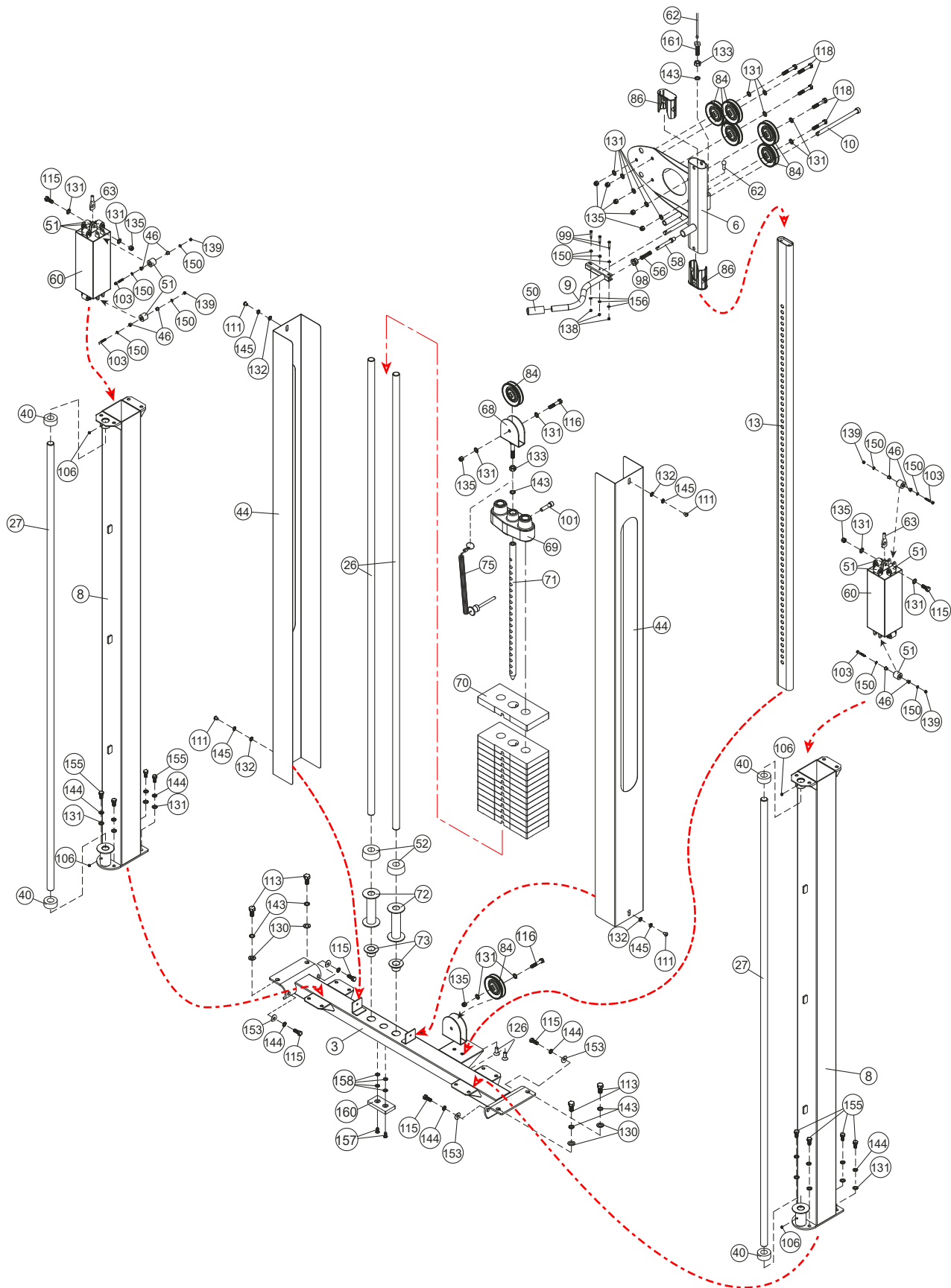
STOP USING THE MACHINE: *This cable needs to be replaced immediately.*



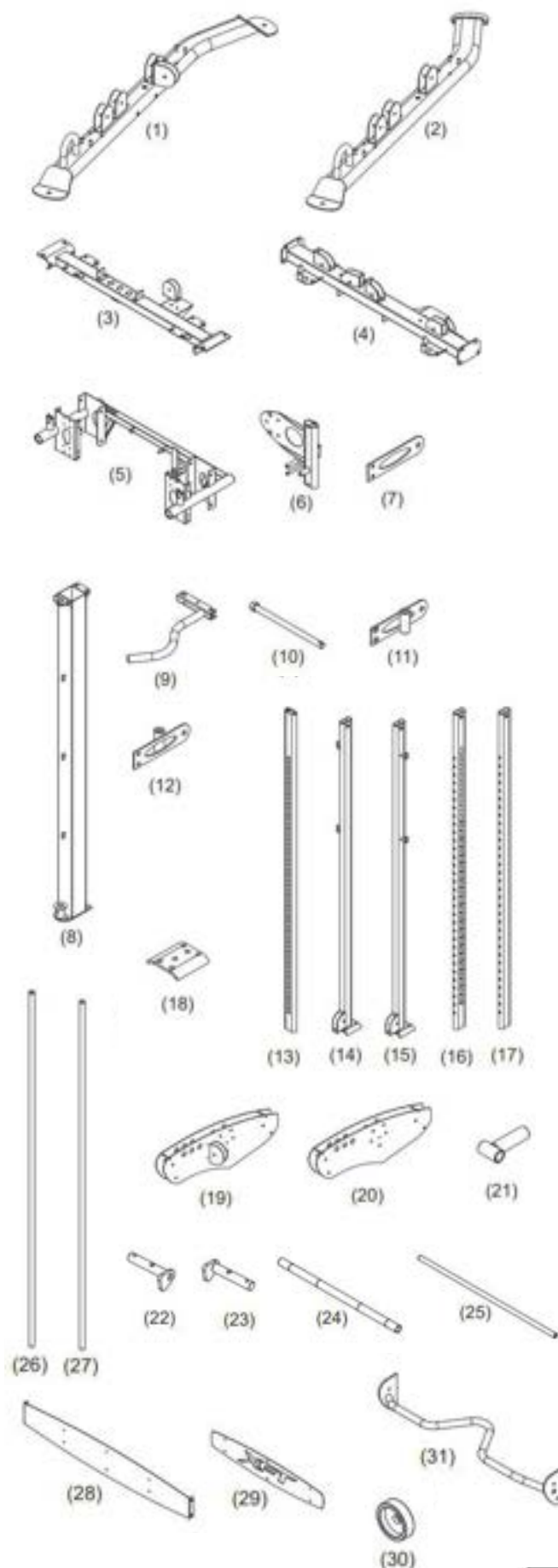




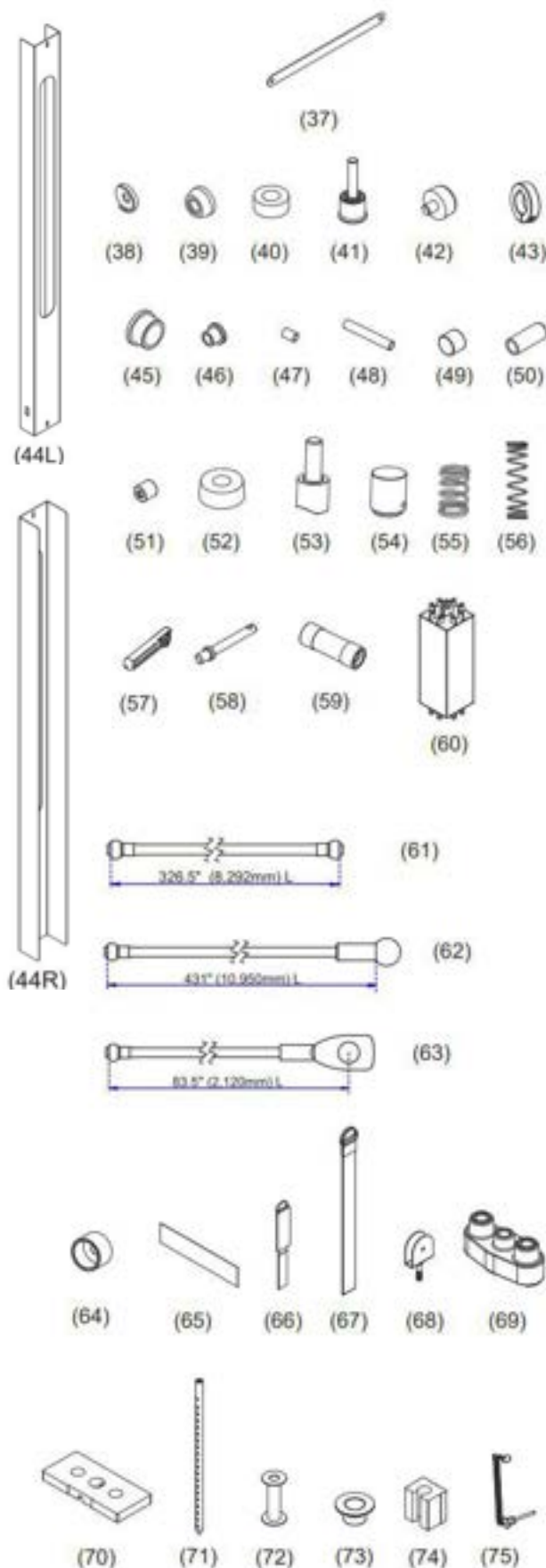
XFT-V2 Strength Training System



Part #	Detailed Parts List	QTY
XFT-V2-001	Frame, Bottom, Right	1
XFT-V2-002	Frame, Bottom, Left	1
XFT-V2-003	Frame, Connector, Bottom	1
XFT-V2-004	Frame, Connector, Top	1
XFT-V2-005	Frame, Sliding	1
XFT-V2-006	Frame, Adjuster	1
XFT-V2-007	Connecting Plate for Sliding Frame	6
XFT-V2-008	Upright Post, Middle	2
XFT-V2-009	Adjusting Handle	1
XFT-V2-010	Magnetic Connecting Rod, 212mm L	1
XFT-V2-011	Connecting Plate for Cable, Right	1
XFT-V2-012	Connecting Plate for Cable, Left	1
XFT-V2-013	Vertical Sliding Tube	1
XFT-V2-014	Upright Post, Rear, Right	1
XFT-V2-015	Upright Post, Rear, Left	1
XFT-V2-016	Upright Post, Front, Right	1
XFT-V2-017	Upright Post, Front, Left	1
XFT-V2-018	Connecting Plate for Bottom Frame and Front Upright Post	2
XFT-V2-019	Frame, Connector, Right	1
XFT-V2-020	Frame, Connector, Left	1
XFT-V2-021	Connecting Sleeve for Linear Tube and Solid Linear Guide Rod	2
XFT-V2-022	Hook, Left	1
XFT-V2-023	Hook, Right	1
XFT-V2-024	Press Bar with Grid Pattern, $\phi 32\text{mm}$ ID x $\phi 40\text{mm}$ OD x 847mm L	1
XFT-V2-025	Linear Tube, $\phi 16.8\text{mm}$ ID x $\phi 24.9\text{mm}$ OD x 976mm L	1
XFT-V2-026	Guide Rod for Weight Plate, $\phi 20\text{mm}$ ID x $\phi 25\text{mm}$ OD x 1,978mm L	2
XFT-V2-027	Guide Rod, Solid Linear Rod for Sliding Frame, $\phi 25\text{mm}$ x 1,943mm L	2
XFT-V2-028	Panel	1
XFT-V2-029	Sign Board	1
XFT-V2-030	Nylon Spacer - BLK	6
XFT-V2-031	Chin-up Bar	1
XFT-V2-032	Linear Guide Rod , $\phi 25\text{mm}$ x 1,100mm L	2
XFT-V2-033	Pulley Height Adjuster, Right	1
XFT-V2-034	Pulley Height Adjuster, Left	1
XFT-V2-035	Pulley Block, Double, Closed Flat End	2
XFT-V2-036	Rotating Pulley Holder	2

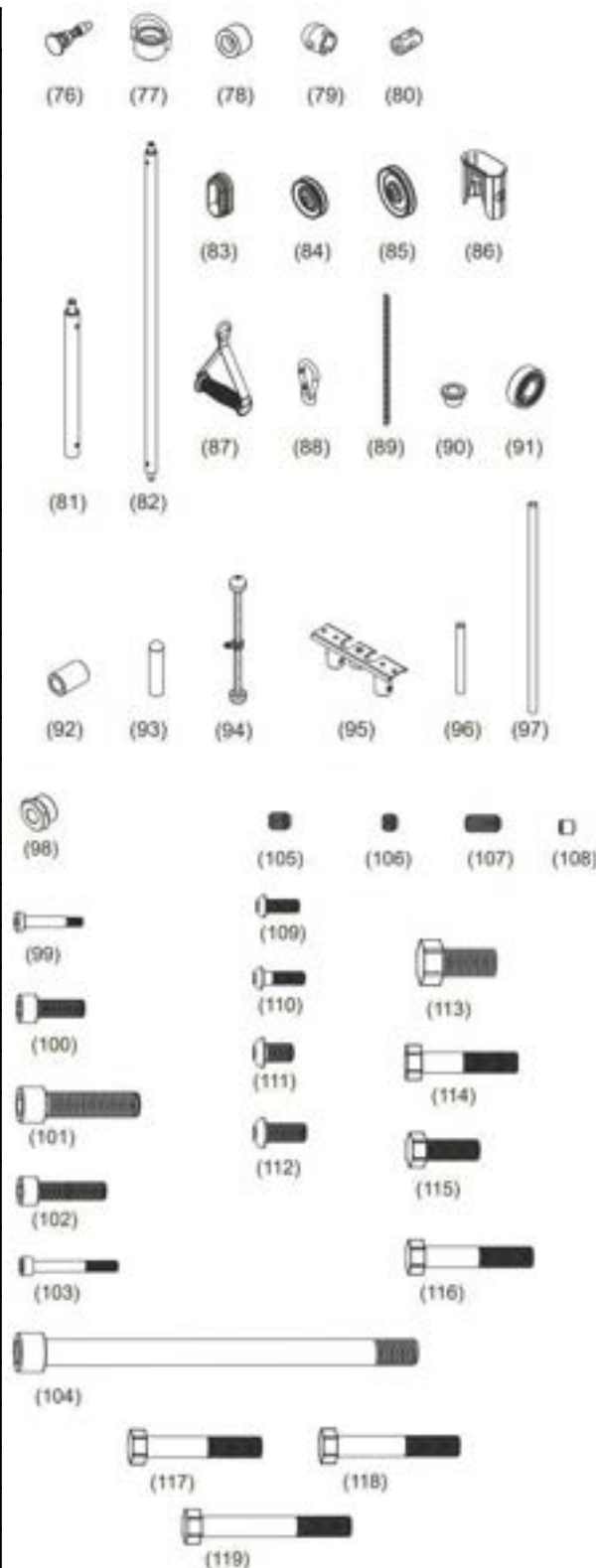


Part #	Detailed Parts List	QTY
XFT-V2-037	Elastic Band	2
XFT-V2-038	Cap for Elastic Band	2
XFT-V2-039	Rubber Cushion, Trapezoidal, $\phi 24.5\text{mm} \times \phi 45\text{mm} \times \phi 61\text{mm} \times 30\text{mm}$ L	2
XFT-V2-040	Rubber Cushion, Cylindrical, $\phi 24.5\text{mm}$ ID $\times \phi 48\text{mm}$ OD $\times 20\text{mm}$ L	6
XFT-V2-041	Adjustable Stopper, for the Connector Frame	2
XFT-V2-042	Cushion for Rotating Pulley Holder, M10	2
XFT-V2-043	Split Fixed Collar w/ One Screw M5, $\phi 25^* \phi 45^* \delta 12$	2
XFT-V2-044L	Weight Stack Cover, Left, w/ one Arrow Label	1
XFT-V2-044R	Weight Stack Cover, Right	1
XFT-V2-045	Flange Bearing, $\phi 38\text{mm} \times \phi 32\text{mm} \times \phi 25\text{mm}$	2
XFT-V2-046	Nylon Bushing for Wheel, $\phi 12\text{mm} \times \phi 8.5\text{mm} \times \phi 5\text{mm}$	32
XFT-V2-047	Short Bushing, $\phi 16\text{mm}$ OD $\times \delta 1.5\text{mm} \times 23\text{mm}$ L	4
XFT-V2-048	Long Bushing, $\phi 16\text{mm}$ OD $\times \delta 1.5\text{mm} \times 96\text{mm}$ L	4
XFT-V2-049	Round Magnet	2
XFT-V2-050	Aluminum Grip Sleeve, 60mm L - BLUE	1
XFT-V2-051	Rubber Wheel for Balance Weight	17
XFT-V2-052	Rubber Cushion for Weight Stack	2
XFT-V2-053	Stopper, Rubber 3/8"	2
XFT-V2-054	Stopper, Steel	2
XFT-V2-055	Compression Spring, $\phi 2\text{mm} \times 23\text{mm} \times 42\text{mm}$ L	2
XFT-V2-056	Compression Spring, $\phi 1.2\text{mm} \times \phi 11.7\text{mm} \times 60\text{mm}$ L	1
XFT-V2-057	Release Lever	2
XFT-V2-058	Pin Bolt, 93mm L	1
XFT-V2-059	Nylon Roller Wheel	4
XFT-V2-060	Balance Weight	2
XFT-V2-061	Cable, Low, 326.5" (8,292mm) L	2
XFT-V2-062	Cable, Top, 431" (10,950mm) L	1
XFT-V2-063	Cable, for Weight Stack, 83.5" (2,120mm) L	2
XFT-V2-064	Aluminum End Cap, $\phi 26\text{mm} \times \phi 31\text{mm} \times 20\text{mm}$	1
XFT-V2-065	Background Sticker for Trademark (BODYCRAFT)	1
XFT-V2-066	Accessory, Leg Strap	1
XFT-V2-067	Accessory, Long Strap	1
XFT-V2-068	Pulley Block, Single, w/ Threaded Shaft 1/2" OD	1
XFT-V2-069	Top Plate	1
XFT-V2-070	Weight Plate, 10lbs (4.5kg) *** (19 plates with 200lb upgrade)***	14
XFT-V2-071	Selector Rod	1
XFT-V2-072	Stack Spacer, 7" Long (Only for the 150lb Standard Stack)	2
XFT-V2-073	Guide Rod Holder, Plastic	2
XFT-V2-074	Linear Bearing Cartridge	4
XFT-V2-075	Selector Pin w/ Lanyard, Aluminum - BLUE	1



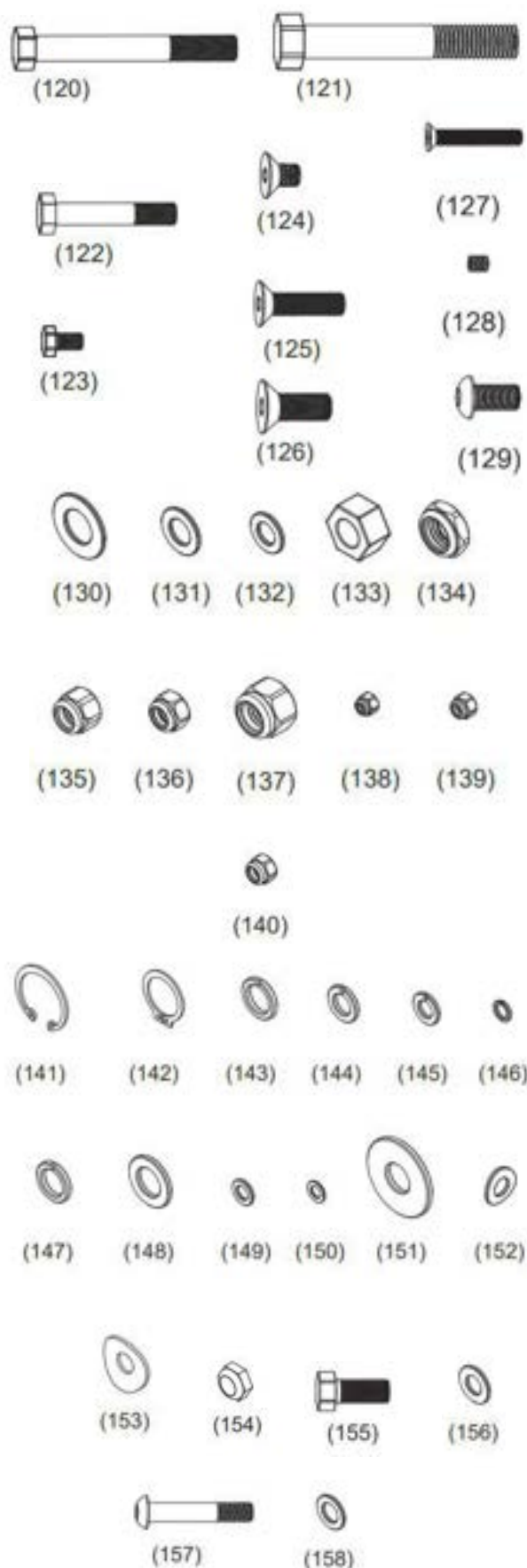
NOTE: Parts are not to scale

Part #	Detailed Parts List	QTY
XFT-V2-076	Pop-Pin, Aluminum - BLUE	2
XFT-V2-077	Short Bar Collar	3
XFT-V2-078	Stopper, Nylon, for Weight Plate	1
XFT-V2-079	Cable Stopper Shell for End of Cable	2
XFT-V2-080	Cable Link Clip	2
XFT-V2-081	Accessory, Short Bar	1
XFT-V2-082	Accessory, Long Bar	1
XFT-V2-083	Flat Elliptical Pipe Plug PT60*30	1
XFT-V2-084	Pulley, 90mm (3-1/2") x ̢26mm ID	36
XFT-V2-085	Pulley, 114mm (4-1/2") x ̢26mm ID	3
XFT-V2-086	Inner Sliding Sleeve, PT80 x 40 x ̢2/70 x 30mm L	6
XFT-V2-087	Accessory, Single Handle	2
XFT-V2-088	Snap Hook	4
XFT-V2-089	Accessory, Chain, 19.6" L	2
XFT-V2-090	Bushing, Brass, 12.7mm ID	4
XFT-V2-091	Bearing, w/ Deep Groove Ball, 6001-2Z (C0)	14
XFT-V2-092	Linear Bearing, ̢25mm x ̢40mm x 58mm	4
XFT-V2-093	Dipped Sleeve for Hook	4
XFT-V2-094	Accessory, Nylon Rope	1
XFT-V2-095	Guide Rod Holder Plate	1
XFT-V2-096	Grip, Short Foam, ̢23mm x ̢29mm x 290mm	1
XFT-V2-097	Grip, Long Foam, ̢23mm x ̢29mm x 900mm	1
XFT-V2-098	Bolt, Perforated , M20 x 1.5 x ̢28 x ̢14 - BLK	1
XFT-V2-099	Bolt, Shaft, ̢5 x 20 x M4 - Stainless Steel	3
XFT-V2-100	Bolt, Socket Cap Head w/ Hex Recessed, 5/16" x 7/8" L - BLK	8
XFT-V2-101	Bolt, Socket Cap Head w/ Hex Recessed, 7/16" x 1-3/4" L - BLK	1
XFT-V2-102	Bolt, Socket Cap Head w/ Hex Recessed, 5/16" x 1-1/4" L - BLK	1
XFT-V2-103	Bolt, Socket Cap Head w/ Hex Recessed, Shoulder, M5 x 40mm L - SILVER	16
XFT-V2-104	Bolt,Socket Cap Head w/ Hex Recessed, Shoulder, M12 x 175mm L - BLK	4
XFT-V2-105	Screw, Inner Hex, 5/16" x 3/8" L -BLK	4
XFT-V2-106	Screw, Inner Hex, 5/16" x 1/4" L -BLK	8
XFT-V2-107	Screw, Inner Hex, 5/16" x 5/8" L -BLK	2
XFT-V2-108	Screw, Inner Hex, M3 x 3mm L - Stainless Steel	2
XFT-V2-109	Bolt, Button Head w/ Hex Recessed, M6 x 16mm L - BLK	1
XFT-V2-110	Bolt, Button Head w/ Hex Recessed, M6 x 20mm L - BLK	6
XFT-V2-111	Bolt, Button Head w/ Hex Recessed, 5/16" x 1/2" L - BLK	4
XFT-V2-112	Bolt, Button Head w/ Hex Recessed, 5/16" x 3/4" L - BLK	1
XFT-V2-113	Bolt, Hex Head, 1/2" x 1" L - BLK	4
XFT-V2-114	Bolt, Hex Head, 3/8" x 1-3/4" L - BLK	2
XFT-V2-115	Bolt, Hex Head, 3/8" x 1" L - BLK	14



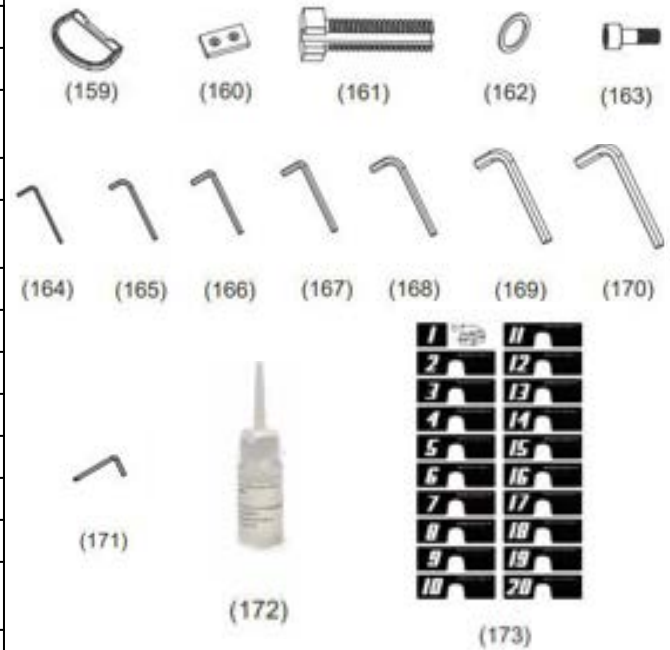
Part #	Detailed Parts List	QTY
XFT-V2-116	Bolt, Hex Head, 3/8" x 2" L - BLK	23
XFT-V2-117	Bolt, Hex Head, 3/8" x 2-1/8" L - BLK	2
XFT-V2-118	Bolt, Hex Head, 3/8" x 2-1/4" L - BLK	5
XFT-V2-119	Bolt, Hex Head, 3/8" x 2-3/4" L - BLK	6

Part #	Detailed Parts List	QTY
XFT-V2-120	Bolt, Hex Head, 3/8" x 3-1/8" L - BLK	12
XFT-V2-121	Bolt, Hex Head, 1/2" x 3-1/4" L - BLK	2
XFT-V2-122	Bolt, Hex Head, 5/16" x 1-3/4" L - BLK	4
XFT-V2-123	Bolt, Hex Head, M6 x 10mm L - BLK	4
XFT-V2-124	Bolt, Flat Head Countersunk w/ Hex Recessed, 5/16" x 1/2" L - BLK	16
XFT-V2-125	Bolt, Flat Head Countersunk w/ Hex Recessed, 5/16" x 1-1/4" L - BLK	1
XFT-V2-126	Bolt, Flat Head Countersunk w/ Hex Recessed, 3/8" x 1" L - BLK	8
XFT-V2-127	Screw, Flat Phillips Head, #10-32UNF x 1-1/8" L - BLK	2
XFT-V2-128	Screw, Inner Hex with Cup Point, M5 x 6mm L - Stainless Steel	2
XFT-V2-129	Bolt, Button Head, 5/16" x 5/8" L - BLK	2
XFT-V2-130	Washer, Flat, 1/2" - BLK	8
XFT-V2-131	Washer, Flat, 3/8" - BLK	136
XFT-V2-132	Washer, Flat, 5/16" - BLK	10
XFT-V2-133	Nut, 1/2" - BLK	8
XFT-V2-134	Nut, Nylon Lock, Thin, 1/2" - BLK	2
XFT-V2-135	Nut, Nylon Lock, 3/8" - BLK	66
XFT-V2-136	Nut, Nylon Lock, 5/16" - BLK	5
XFT-V2-137	Nut, Nylon Lock, M12 - BLK	4
XFT-V2-138	Nut, Nylon Lock, M4 - BLK	3
XFT-V2-139	Nut, Nylon Lock, M5 - SILVER	16
XFT-V2-140	Nut, Nylon Lock, M6 - BLK	6
XFT-V2-141	Circlip for Hole 40	4
XFT-V2-142	Circlip for Shaft 12	3
XFT-V2-143	Washer, Spring, 1/2" - BLK	10
XFT-V2-144	Washer, Spring, 3/8" - BLK	12
XFT-V2-145	Washer, Spring, 5/16" - BLK	14
XFT-V2-146	Washer, Spring, $\phi 6$ - BLK	17
XFT-V2-147	Washer, Spring, $\phi 12$ - BLK	4
XFT-V2-148	Washer, Flat, $\phi 12$ - BLK	8
XFT-V2-149	Washer, Flat, $\phi 6$ - BLK	20
XFT-V2-150	Washer, Flat, $\phi 5$ - SILVER	35
XFT-V2-151	Washer, Flat, Large, $\phi 6$ - BLK	1
XFT-V2-152	Washer, Arc, $\phi 8$ - BLK	4
XFT-V2-153	Washer, Arc, 3/8" - BLK	4
XFT-V2-154	Nut, Nylon Lock, thin, 3/8" - BLK	2
XFT-V2-155	Bolt, Hex Head, 3/8" x 7/8" - BLK	8
XFT-V2-156	Washer, Flat, $\phi 4$ - SILVER w/ a Bluish Tint	3
XFT-V2-157	Screw, Button Head, M8 x 16mm - BLK	6
XFT-V2-158	Washer, Flat, $\phi 8$ - BLK	12



NOTE: Parts are not to scale

Part #	Detailed Parts List	QTY
XFT-V2-159	Foot Pad, Rubber	4
XFT-V2-160	Rubber Pad, Rectangle	3
XFT-V2-161	Bolt, Hex Head, Split (for Cable Ends), 1/2" x 1-3/4" L - BLK	5
XFT-V2-162	Washer, Thin, $\phi 12 \times \phi 16$	4
XFT-V2-163	Bolt, Socket Cap Head, Shoulder, M6 x 16mm L - BLK	16
XFT-V2-164	Wrench, Hex, 3mm	1
XFT-V2-165	Wrench, Hex, 5/32"	1
XFT-V2-166	Wrench, Hex, 3/16"	1
XFT-V2-167	Wrench, Hex, 7/32"	1
XFT-V2-168	Wrench, Hex, 1/4"	1
XFT-V2-169	Wrench, Hex, 3/8"	1
XFT-V2-170	Wrench, Hex, 10mm	1
XFT-V2-171	Wrench, Dual Use Sides, 4mm Hex Head and Phillips	1
XFT-V2-172	Silicone Lube Bottle, for Guide Rods	1
XFT-V2-173	Sticker, Weight Stack 1 - 20	1
XFT-V2-174b	Caution Label - The Pull-PIN must be fully engaged into the hole before use	2
XFT-V2-175b	Warning Label - Please Utilize This Equipment Solely For Its Designated Purpose	1
XFT-V2-176b	Warning Label - Be Aware of Moving Parts	1
XFT-V2-177b	Warning Label - Master Rules and Precautions	1
XFT-V2-178b	Warning Label - Pinch Point, Vertical	2
XFT-V2-179b	Warning Label - California Proposition 65 Warning	1
XFT-V2-180b	Caution Label - Ensure Pin is Fully Engaged Before Performing Exercises	1
XFT-V2-181b	Label - Serial Number	1
XFT-V2-182b	Label - Maintenance Schedule	1
XFT-V2-183b	Label - Trademark (BODYCRAFT, XFT)	2
XFT-V2-185b	Label - Arrow w/ Middle downward	1



(179b)



(180b)



(181b)



(183b)



(184b)



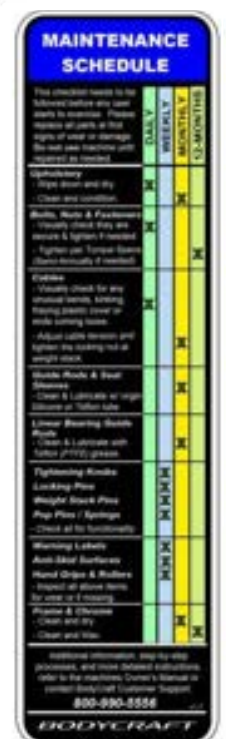
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(178b)



(185b)



(182b)

NOTE: Parts are not to scale

Required Information BEFORE Initiating a Service Case

The following information is needed to help expedite troubleshooting and to ensure the correct part(s) are sent if needed for a repair:

- 1) What product / model # do you have?
- 2) Unit serial number?
- 3) Installed by a dealer or direct sale?
- 4) Date of installation?
- 5) Date of service issue?
- 6) Complaint or problem, including any Error Codes?
- 7) Cardio &/or Connect 22 tablet, has the software been updated?
- 8) What part(s) are being requested?
- 9) Any picture or video will help with troubleshooting or exact part(s) needed.

Warranty Registration - Strength

Thank you for purchasing a BODYCRAFT product. To validate the product warranty the fast and easy way, please go on-line now to <https://www.bodycraft.com/product-registration.html> and register your product. The information you provide will never be distributed to any other individuals or agencies for any purpose. If you prefer to mail your warranty card, have the owner of the product complete the information below and return it to BODYCRAFT within 30 days from the date of equipment installation.

Please Note: Failure to register this product may result in no servicing or authorization of parts to be shipped.

To mail your warranty information, please fill in the information below and mail to: Service Dept., BODYCRAFT, 7699 Green Meadows Dr. Lewis Center, Ohio 43035 (or save postage and register online at <https://www.bodycraft.com/product-registration.html>)

WARRANTY REGISTRATION

**PLEASE PROVIDE SERIAL NUMBER(S) BELOW,
REQUIRED FOR WARRANTY REGISTRATION:**

BASE UNIT SERIAL NUMBER:

OPTIONS SERIAL NUMBER(S):

Model Type: _____

Date of Purchase _____

Your Company Name _____

Contact First Name _____

Contact Last Name _____

Address _____

City _____ State _____ ZIP _____

Email Address _____ Website _____

Phone _____ Fax _____

1. Where did you first learn about BODYCRAFT?

- ☐ a. Dealer ☐ b. Website
☐ c. Advertisement ☐ d. Referral
☐ e. Current Customer ☐ f. Other _____

2. Why did you purchase a BODYCRAFT product?

- ☐ a. Design/Appearance ☐ b. Dealer Suggestion
☐ c. Price/Value ☐ d. Quality Construction
☐ e. Performance ☐ f. BODYCRAFT Reputation
☐ g. Other: _____

3. Please indicate your type of facility:

- ☐ a. Apartment/Condo ☐ b. Corporate Fitness Center
☐ c. Municipality ☐ d. Health Club/Gym/Spa
☐ e. Hotel/Resort ☐ f. Military Base
☐ g. Student Rec Center ☐ h. Home

4. What other types of equipment does your company or home currently own?

- ☐ a. Treadmill Brand _____
☐ b. Elliptical Brand _____
☐ c. Bike/Indoor Cycle Brand _____
☐ d. Free Weights/Gym Brand _____

5. How many people use your facility on a daily basis?

- ☐ a. <25 ☐ b. 25-75
☐ c. 76-150 ☐ d. 150+

6. Do you plan to purchase more fitness equipment in the next 6-12 months?

Yes _____ No _____

7. If you answered "yes" to question 6, what type do you plan to purchase?

- ☐ a. Treadmill ☐ b. Elliptical
☐ c. Bike/Indoor Cycle ☐ d. Free Weights
☐ e. Gym ☐ f. Other _____

8. Would you recommend BODYCRAFT to other club or home owners?

Yes _____ No _____

9. You are a valued BODYCRAFT customer and your suggestions allow us to continually improve your experience. Is there anything else you would like us to know? Please explain:

Product Warranty - Strength Equipment (Home Use ONLY)

VALID FOR USA AND CANADA ONLY

(Please consult with your local distributor for warranty info specific to your region).

BODYCRAFT warrants its products to be free of defects in materials and workmanship for the time stated below to the original purchaser.

Register your product within 30 days of purchase at www.bodycraft.com or call 800-990-5556

This warranty is valid only in accordance with the following conditions:

The warranty begins on the original purchase date at retail and ends when the original owner disposes of it, either through sale, gift, or otherwise. This warranty is not transferable and is only valid to the original purchaser.

This warranty is available only for purchases made within and the original purchaser currently residing in the USA and Canada. Please consult with your local distributor for warranty information specific to your region. The product must have been registered within 30 days of the original purchase date or supply proof of purchase to validate warranty (original sales invoice).

This warranty does not extend to any losses or damages due to accident, misuse, abuse, neglect, negligence, unauthorized modification or alteration, use beyond rated capacity, unsuitable power sources or environmental conditions, water, tampering, cosmetic damages, or improper installation, handling, repair, maintenance, or application, or lack of proper maintenance.

If the item exhibits such a defect, BODYCRAFT will, at its option, repair or replace it without cost for parts. Shipping and handling charges may apply. (BODYCRAFT may require return of the part(s) or photographic evidence of the damaged part(s) prior to replacement.) Serial number is required.

Parts repaired or replaced will be warranted for the remainder of the original warranty period only.

<u>Warranty for Strength Equipment:</u>	<u>Residential Use</u>
Frame:	Lifetime
Moving Parts: (Weight plates, pulleys, bearings, & bushings)	10 years
Cables/Belts, Upholstery & Accessories: (Finish/Coatings & all other parts not listed above)	10 years
Labor:	90 days

This warranty excludes the following:

1. The warranty does not cover normal maintenance or labor charges unless labor terms are listed above.
2. Normal cosmetic wear on parts such as paint, seat coverings, foot rails, labels and logos.
3. Any accessories not included in the original packaging.
4. Warranty does not cover normal wear and tear.

* This warranty is in lieu of all warranties, expressed or implied, and/or all other obligations or liabilities on our part, and we neither assume nor authorize any person to assume for us any other obligation or liability in connection with the sale of your BODYCRAFT product. Under no circumstances shall we be liable by virtue of this warranty or otherwise for damage to any person or property whatsoever for any special, indirect, incidental, secondary or consequential damage of any nature whatsoever arising out of the use or inability to use the BODYCRAFT product.

Register your product's warranty at www.bodycraft.com/product-registration.html



800.990.5556
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