

Walking belt replacement

- 1) Cut off the old belt.
- 2) Remove the hood (fig 1). Remove the right side rail (fig 2).



FIG 1.



FIG 2.

- 3) Remove the 2 or 3 screws that hold the walking board down (fig 3).



FIG 3.

4) **Back out the rear roller left** adjustment screw **almost out**. **Remove completely**, the rear roller screw on the right side (fig 4).



FIG 4.

5) Mark the front alignment screw (**if screw position is not marked, it will be difficult to re-align later**), then remove it completely. Then remove the front roller (fig 5).

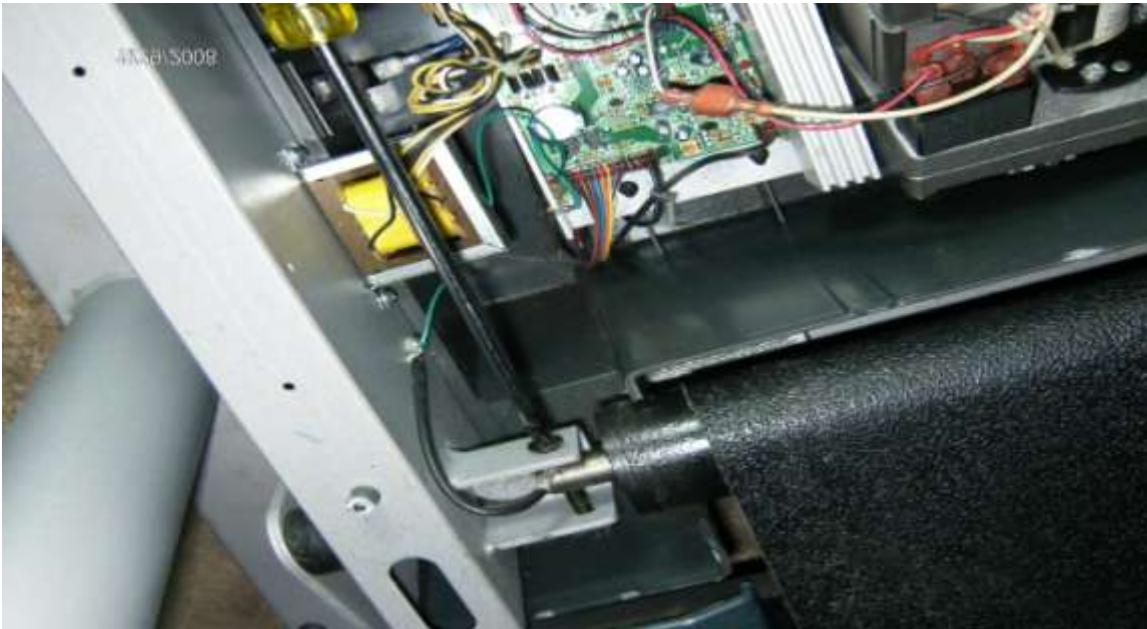


FIG 5.

6) Put a screw driver under the screw area in the front to hold the board up as you slide the new walking belt on (fig 6)



FIG 6.

Note: You will need to get the belt over the belt guide that sticking out on the bottom of the board.

7) Slide the rear roller into the walking belt. Start the right screw into the roller to hold it, but do not tighten as yet. The left side should have been backed out to the limit already.

8) Re install the screws for the walking board. You might need to align the board to the holes. I find that doing the rear one first helps.

9) Re install the front roller. Be sure to slip the small drive belt over the roller flywheel before inserting the roller into the hole (fig 7).



FIG 7.

10) Secure the front roller with the alignment screw. Tighten up to the mark, made earlier (fig 8).

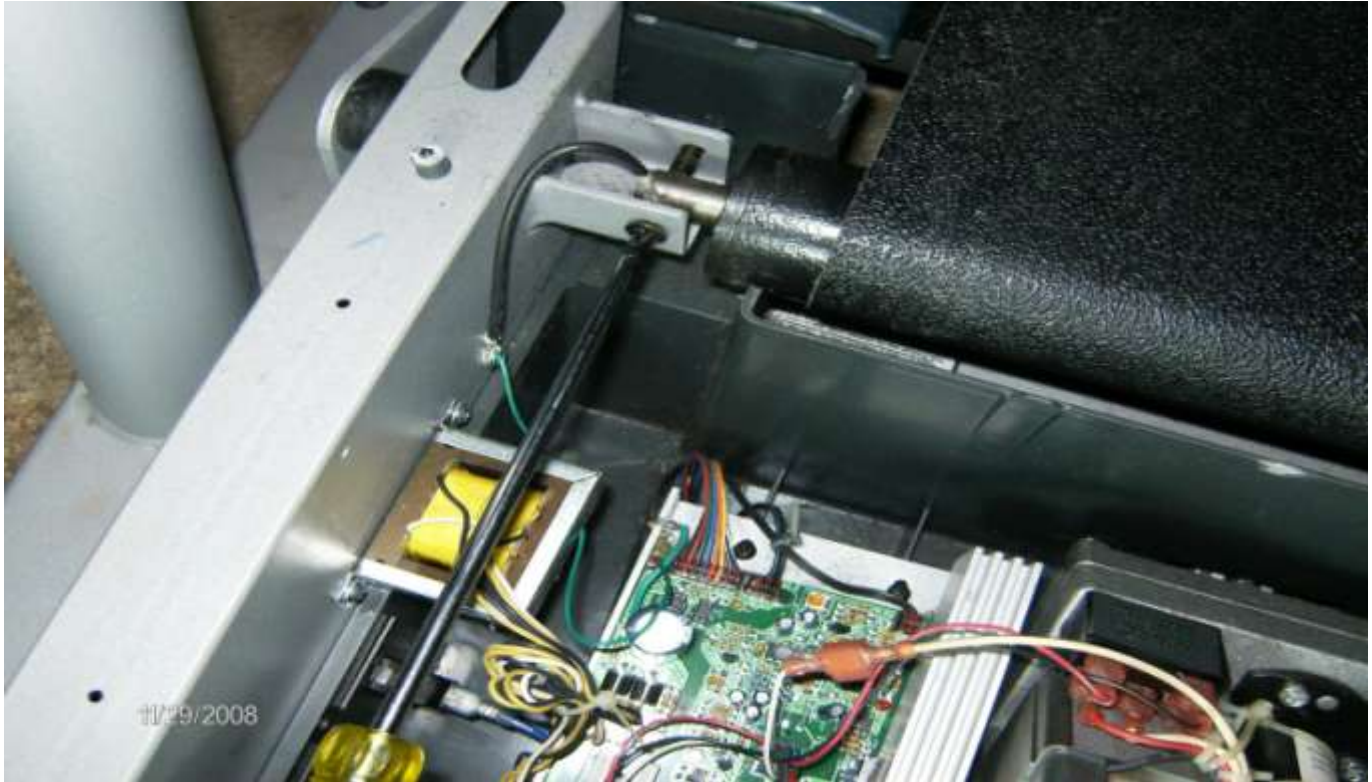


FIG 8.

11) Install the drive belt onto the drive motor. First get the belt securely on the motor flywheel, then roll the roller and force the drive belt on it.

12) Tighten the rear roller 15 turns, left and right.

13) Run treadmill at 2km/hr and adjust belt as necessary. Remember, tighten only one full revolution before tightening the other side. Also, remember, the belt will move to the side with the least resistance. If you tighten left, the belt will move right and vice versa. Also, it takes about 30 sec for you to see belt movement, side to side as you adjust.

14) When belt is running for a comfortable amount of time without moving left or right, increase the speed to 3 km/hr and check again. **WARNING!** At three km/hr, any adjustment will have the belt moving left or right a lot faster, so keep that in mind.

15) Test unit for slippage. Adjust as necessary, do not over tighten belt.

16) Re attach the right side rail. Re attach insert.

17) Replace hood of unit.

18) Test again. OK