

L Series Treadmills

E Series Ellipticals



L Series Treadmills



L SERIES TREADMILLS

With your first step onto a Landice treadmill you become part of a unique workout experience — one that delivers a health-club quality workout in the privacy of your own home.

This is the philosophy that underlies the design of the L Series treadmills. Built to full institutional standards, these treadmills offer the latest in engineering technology combined with old-fashioned American craftsmanship.

Soft styling enables these treadmills to blend into any environment, but don't be fooled by their refined looks and whisper-quiet operation. Underneath the hood is the raw power of a **4 horsepower** continuous-duty drive motor.

Landice has manufactured treadmills for over 40 years. We have placed over 100,000 units in the harshest commercial environments. Because we use the same time-tested commercial grade components in all our treadmills, only Landice can offer a residential bumper-to-bumper Assignable Lifetime Warranty.

E Series Ellipticals



E SERIES ELLIPTICALS

There are many elliptical trainers in the marketplace but none provide the smooth feel of the Landice **ElliptiMill®**.

Our patented Rollmentum™ Center-Drive System allows you to stand upright and centered throughout your stride. The system replicates your body's natural motion. It provides a feel identical to walking or running on a treadmill but with zero impact. Oversized foot pedals with orthopedic "gel" inserts and a minimal 2" pedal spacing provide for superlative ergonomic comfort.

Unlike traditional elliptical trainers, the ElliptiMill's rear step and beefy side rails provide for the ultimate in accessibility. Just grab the rails, step in, and start exercising in confidence.

The ElliptiMill features an Adjustable Stride Length System which can vary the stride length from 17 to 23 inches.

Of course, all Landice ElliptiMills are built to the same full-commercial standards as our treadmills. Featuring 11-gauge steel and a 500-pound user weight capacity, they are backed by the same residential bumper-to-bumper Assignable Lifetime Warranty.



LANDICE

L Series Treadmills

L Series Treadmill Features

- 0.5 to 12.0 mph speed range
- 15% grade electric elevation
- 4 HP continuous-duty drive motor
- 1-inch thick reversible deck
- VFX shock absorption system
- Rust-free aluminum frame
- Integrated reading / accessory rack

L8 Treadmill Highlights

- 22" x 63" four-ply treadbelt
- 3 -1/2" diameter, 22-pound steel rollers
- 500-pound user weight capacity
- 32" x 82" footprint

L7 Treadmill Highlights

- 20" x 58" four-ply treadbelt
- 2 -1/2" diameter, 14-pound steel rollers
- 400-pound user weight capacity
- 32" x 77" footprint

#1 Rated Company

Landice is consistently rated #1 by the world's leading consumer magazines. In a "Runner's World" magazine survey of over 2,000 users who owned or used a Landice at a gym or corporate fitness center, Landice was rated number one in customer satisfaction.

L Series Treadmills

Control Panels

EXECUTIVE TRAINER



The Executive Trainer panel features a computer-animated video display with state-of-the-art graphics.

- Personal data and statistics storage for five family members
- Numeric keypad with Quick-Speed and Quick-Grade controls
- 5 Built-in programs with variable time and unlimited effort levels
- 5 User-defined programs
- Time, distance, and calorie goal programs

- 6 Fitness tests: Balke, Firefighter, Army, Navy, USMC, USAF
- 2 Built-in heart-rate monitoring programs
- 4 User-defined heart-rate monitoring programs
- Displays data in English or metric configurations
- **Standard wireless-chest-strap heart-rate monitoring system**
- **Standard AccuTrack contact heart-rate monitoring system**

VSI DISPLAY



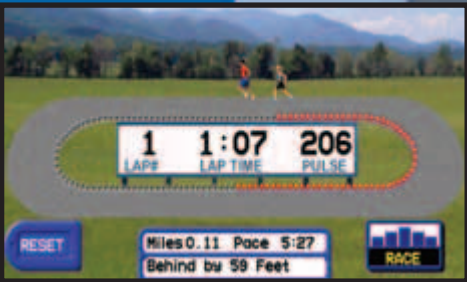
USER SELECTABLE SCENERY



TRAINING CALENDAR



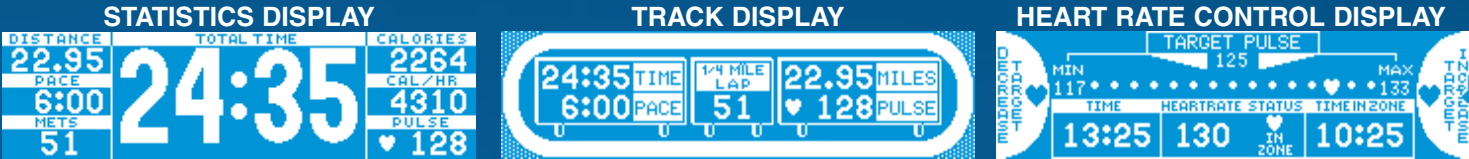
TRACK WITH RACE MODE



CARDIO TRAINER



The Cardio Trainer control panel features a two-color, hi-definition, motivational display.



- Numeric keypad with Quick-Speed and Quick-Grade controls
- 5 Built-in programs with variable time and effort levels
- 5 User-defined programs
- Time, distance, and calorie goal programs
- 3 Fitness tests: Balke, Firefighter, Army
- 2 Built-in heart-rate monitoring programs
- 2 User-defined heart-rate monitoring programs
- Displays data in English or metric configurations
- **Standard AccuTrack contact heart-rate monitoring system**
- **Standard wireless-chest-strap heart-rate monitoring system**

PRO SPORTS TRAINER



The Pro Sports Trainer control panel features a two-color, hi-definition, motivational display.

- Numeric keypad with Quick-Speed and Quick-Grade controls
- 5 Built-in programs with variable time and effort levels
- 5 User-defined programs
- Displays data in English or metric configurations
- Optional AccuTrack contact heart-rate monitoring system
- **Standard wireless-chest-strap heart-rate monitoring system**

PRO TRAINER



The Pro Trainer features built-in and user-defined programs with an easy to use LED display.

- Displays Time, Distance, Speed, Elevation, Calories, and Pace
- Displays data in English or metric configurations
- 5 Built-in programs with variable time and unlimited effort levels
- 2 User-defined programs
- Optional AccuTrack contact heart-rate monitoring system
- Optional wireless-chest-strap heart-rate monitoring system

L Series Treadmill Options

Landice treadmills come in a choice of two finishes: Titanium and Matte Textured Black.



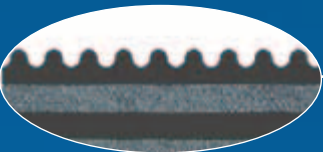
Titanium

Matte Textured Black

Landice treadmills offers two levels of shock absorption.

VFX^{Plus} SHOCK ABSORPTION SYSTEM - 5 TIMES SOFTER THAN GRASS

Designed for walkers and runners seeking significant impact reduction while maintaining a realistic outdoor feel.



Standard 4-ply treadbelt
5X magnification



SBR impact absorber SBR super absorber SBR super absorber

VFX Tuned Suspension System

ORTHOPEDIC SHOCK ABSORPTION SYSTEM - 7 TIMES SOFTER THAN GRASS

Provides the ultimate reduction of impact on joints and knees.



Orthopedic 4-ply,
cushioned treadbelt
5X magnification



SBR super absorber SBR super absorber SBR super absorber

Orthopedic Tuned Suspension System



LANDICE E Series Ellipticals

E8 ElliptiMill Highlights

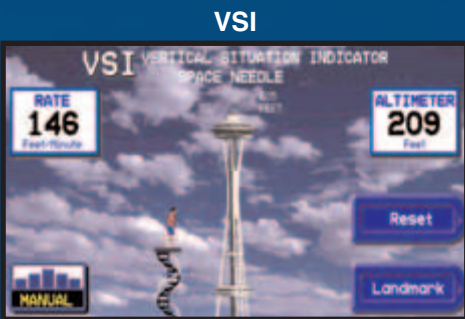
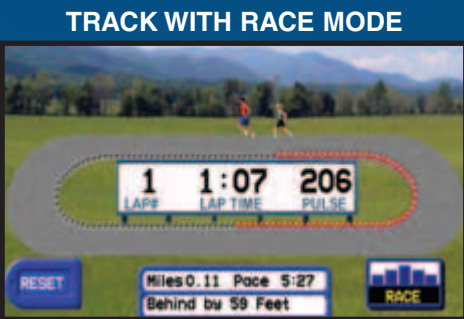
- 2" pedal spacing
- Adjustable Stride Length System: 17" – 23"
- Rear step reduces step-up height to 6"
- 2" diameter side rails with molded hand grips
- Orthopedic "gel" foot pedal inserts
- 11" diameter high-inertia flywheel
- 1100 watt electric brake
- Rollmentum™ Center-Drive System with self-aligning pedal guide rollers
- Fixed handrails with AccuTrack contact heart-rate monitoring system and wireless chest strap
- Moving handrails with molded contoured finger grips
- 11-gauge steel construction
- 500-pound user weight capacity
- 36" x 84" footprint
- Directly connects to 115VAC or 220VAC with no external transformer

#1 Rated Company

Landice is consistently rated #1 by the world's leading consumer magazines. In a "Runner's World" magazine survey of over 2,000 users who owned or used a Landice at a gym or corporate fitness center, Landice was rated number one in customer satisfaction.

E Series Ellipticals

Control Panels



Metabolic Equivalent Running Speed and Distance

An advanced algorithm calculates your equivalent speed and distance based on your effort level and pedal speed. If you can “run” 1 mile at 12 MPH on a treadmill, you know you can do the same on an ElliptiMill.

Race Mode with Automatic Shift Transmission

Race mode allows you to keep pace with another runner whose speed you define. The automatic shift transmission helps you stay on pace. As you increase your pedal speed, the ElliptiMill will automatically up-shift to the next effort level increasing your metabolic equivalent running speed. If you decrease your pedal speed, the ElliptiMill will automatically down-shift to a lower effort level setting decreasing your metabolic equivalent running speed.

EXECUTIVE TRAINER



- The ElliptiMill Executive Trainer features an 8.5” computer-animated video display with state-of-the-art graphics
- Computes metabolic equivalent speed and distance
- Interactive graphic Race Mode - Pedal to keep up with your personal motivator
- 5 Built-in programs with variable time and 20 effort levels
- 5 User-defined programs
- Time, distance and calorie goal programs
- 6 Fitness tests: Balke, Firefighter, Army, Navy, USMC, USAF Military fitness tests feature **Automatic Shift Transmission** Technology

- 2 Built-in heart-rate monitoring programs
- 4 User-defined heart-rate monitoring programs
- 5 Body-specific elliptical training programs
- Numeric keypad for easy data entry
- Personal data and statistics storage for five family members
- Displays data in English or metric configurations
- **Standard wireless-chest-strap heart-rate monitoring system**
- **Standard AccuTrack contact heart-rate monitoring system**

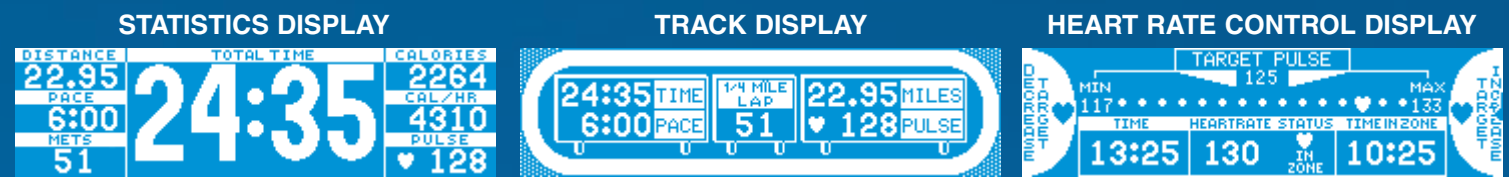
E Series Elliptical Options

E Series Elliptical Details

CARDIO TRAINER



The Cardio Trainer Control panel features a two-color, hi-definition, motivational display.



- Computes metabolic equivalent speed and distance
- Numeric keypad with Quick-Speed and Quick-Grade controls
- 5 Built-in programs with variable time and 20 effort levels
- 5 User-defined programs
- Time, distance, and calorie goal programs
- 3 Fitness tests: Balke, Firefighter, Army
- 2 Built-in heart-rate monitoring programs
- 2 User-defined heart-rate monitoring programs
- Displays data in English or metric configurations
- Standard wireless-chest-strap heart-rate monitoring system
- Standard AccuTrack contact heart-rate monitoring system

PRO TRAINER



The Pro Trainer features built-in and user programs with an easy to use LED display.

- Computes metabolic equivalent speed and distance
- Displays showing Time, Distance, Speed, Calories, Rev/Min and Pulse
- 5 Built-in programs with variable time and 20 effort levels
- 2 User-defined programs
- Displays data in English or metric configurations
- Standard wireless-chest-strap heart-rate monitoring system
- Standard AccuTrack contact heart-rate monitoring system



Rollmentum™ Center-Drive System features concave guide rollers which provide maximum bearing life.



Powercord plugs directly into AC wall outlet.



Adjustable Stride Length System which can vary the stride length from 17-23".



Oversized foot pedals with Orthopedic gel inserts.



Unlike traditional elliptical trainers, the ElliptiMill's rear step and beefy side rails provide for the ultimate in accessibility. Just grab the rails, step in, and start exercising in confidence.

[Life•time] [War•ran•ty]

***noun:** The period of time during which an individual is alive.*

***noun:** A legally binding guarantee attesting to the quality and durability of a product.*

All Landice home treadmills and ellipticals feature an assignable bumper-to-bumper Lifetime Warranty on all parts, including wear items.

Landice has manufactured premium quality exercise equipment for over 40 years. We have placed over 100,000 units in the harshest commerical environments. Because we use the same time-tested commercial grade components in all our products, only Landice can offer a Lifetime Residential Warranty.

The Landice Vision System

12" video display with side-loading DVD player and TV tuner.

The Landice Vision System is optional on all treadmills and ellipticals and carries the display manufacturer's 1-year warranty.



If you are looking for a treadmill or an elliptical from a company that makes lifetime commitments, call 1-800-LANDICE

ENGINEERED, ASSEMBLED, AND
TESTED IN RANDOLPH, NJ USA 

 **LANDICE**

www.landice.com • 800-LANDICE