



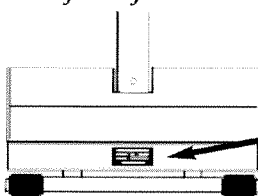
SCHWINN

815 / 825

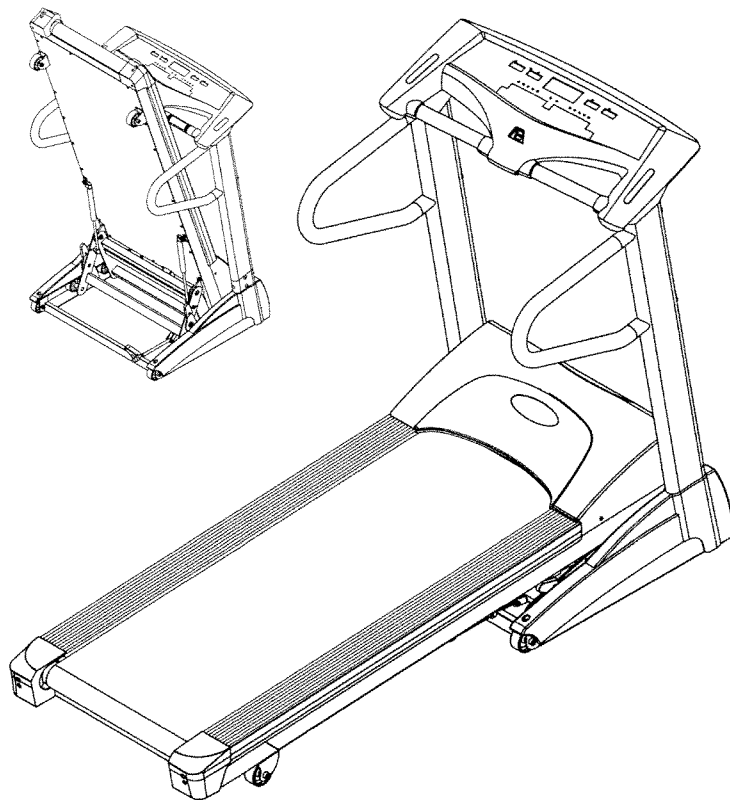
SERIAL NO: _____

DATE OF PURCHASE: _____

Write the serial number in the space above for reference.



**SERIAL
NUMBER
DECAL**



OWNER'S MANUAL

**ASSEMBLY • USE • MAINTENANCE
WARRANTY • PART ORDERING**

CAUTION: Exercise of a strenuous nature, as is customarily done on this equipment, should not be undertaken without first consulting a physician. No specific health claims are made or implied as they relate to the equipment.

IMPORTANT: Read all instructions carefully before using this product. Retain this owner's manual for future reference.

Schwinn Treadmill Manufacturing Facility
12032 Hwy. 155 N • Tyler, TX 75708
(903) 579-6156 • (800) 499-4322 • FAX (903) 877-3099
service@hebbindinc.com

MANUFACTURER'S LIMITED WARRANTY

SCHWINN FITNESS LIMITED WARRANTY FOR EXERCISER PRODUCTS

All Schwinn exerciser products are warranted to the original retail purchaser to be free from defects in materials and workmanship when used for the purpose intended, under normal conditions, provided it receives proper care. This warranty is not transferable.

TIME PERIOD

Warranty coverage extends for the life of the product while owned by the original retail purchaser except treadmill components are covered as follows:

Schwinn 815; 15 years on frame, 2 years on the drive motor, 2 years on all other parts, 1 year on electronics and labor, and 6 months on wear items.

Schwinn 825; 15 years on frame, 5 years on the drive motor, 2 years on all other parts, 1 year on electronics and labor, and 6 months on wear items.

THIS WARRANTY DOES NOT COVER

1. Any component on original equipment which carries a separate consumer warranty of the parts supplier.
2. Normal wear and tear and normal maintenance, including but not limited to running belt and drive belt adjustments on treadmills.
3. Any damage, failure, or loss caused by accident, misuse, neglect, abuse, improper assembly, improper maintenance, unauthorized repairs and alterations or failure to follow instructions or warnings in owner's manual.
4. Use of products in a manner for which they were not designed.
5. Use of any product in other than a home or residential setting unless otherwise noted in the owner's manual.

LIMITATIONS

The foregoing warranties are in lieu of, and exclude all other warranties not expressly set forth herein, whether expressed or implied by operation of law or otherwise, including but not limited to any implied warranties of merchantability or fitness. Schwinn shall in no event be liable for incidental or consequential losses, damages or expenses in connection with exercise products. Schwinn's liability hereunder is expressly limited to the replacement of goods not complying with this warranty or, at Schwinn's election, to the repayment of an amount equal to the purchase price of the exerciser product in question. Some states do not permit the exclusion or limitation of implied warranties or consequential damages, so the preceding limitations and exclusion may not apply to you.

PROCEDURES

Warranty service will be performed by Schwinn or the authorized Schwinn fitness dealer from whom you bought the product. Schwinn will have the option of either repair or replacement at no charge for any defective product.

Transportation to and from the authorized Schwinn fitness dealer is the responsibility of the purchaser.

1. Schwinn will replace any exerciser frame that is structurally defective with a new frame or replace the unit with a unit of equal or greater value. Schwinn is not responsible for labor charges in replacing defective frames.
2. Schwinn will have the option to either repair or replace any other defective part or product. Dealer labor charges for installing replacement or repaired parts are not covered by this warranty.
3. If you elect to repair a defective product or part yourself, or use the services of someone other than an authorized Schwinn fitness dealer, or if you use a replacement part not supplied by Schwinn, Schwinn will not be liable for any defects or damage caused by the use of such unauthorized service or parts.
4. See your authorized Schwinn fitness dealer for service or write the Technical Services Department, Schwinn Fitness, Inc., 1886 Prairie Way, Louisville, CO 80027.
5. This warranty gives you specific legal rights and you may also have other rights which may vary from state to state.

IMPORTANT

Please complete the warranty registration card included in this manual,
and return it as promptly as possible following the purchase.

SCHWINN FITNESS, INC.

IMPORTANT SAFETY PRECAUTIONS

**THIS UNIT IS INTENDED FOR HOUSEHOLD USE ONLY
READ ALL INSTRUCTIONS BEFORE USING THIS TREADMILL.**

CAUTION: Before starting any exercise program, it is recommended that you consult your physician.

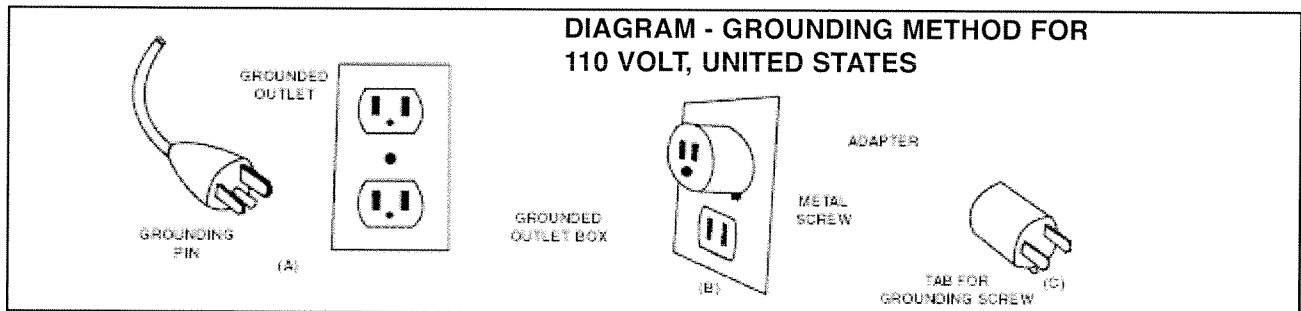
WARNING: Connect this appliance to a properly grounded outlet only.

DANGER: To reduce the risk of electric shock, always unplug the treadmill from the electrical outlet immediately after using and before cleaning.

1. Plug the power cord of the treadmill directly into a dedicated grounded circuit carrying 15 amps (110 Volt model) or 7 amps (220 Volt model). We recommend the use of a surge protector.

Grounding Instructions

This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.



2. Position the treadmill on a clear, level surface. Do not place the treadmill on thick carpet as it may interfere with proper ventilation. Also, do not place the treadmill near water or outdoors. Treadmill mats can usually be purchased from your treadmill dealer. If the power cord is damaged, it must be replaced by a power cord from Hebb Industries. Please contact your dealer or Hebb Industries.
3. Position treadmill so that the wall plug is visible and accessible.
4. Never start the treadmill while you are standing on the walking belt. After turning the power on and adjusting the speed control, there may be a pause before the walking belt begins to move. Always stand on the foot rails on the sides of the frame until the belt is moving.
5. Wear appropriate clothing when exercising on the treadmill. Do not wear long, loose fitting clothing that could become caught in the treadmill. Always wear running or aerobic shoes with rubber soles.
6. Always unplug the power cord before removing the treadmill motor cover.
7. Keep small children away from the treadmill during operation.
8. Always hold the handrails when initially walking or running on the treadmill, until you are comfortable with the use of treadmill.
9. Always attach the safety pull pin rope to your clothing when using the treadmill. If the treadmill should suddenly increase in speed due to an electronics failure or the speed being inadvertently increased, the treadmill will come to a sudden stop when the pull pin is disengaged from the console.
10. When the treadmill is not being used, the power cord should be unplugged and the safety pull pin removed.

FITNESS SAFEGUARDS

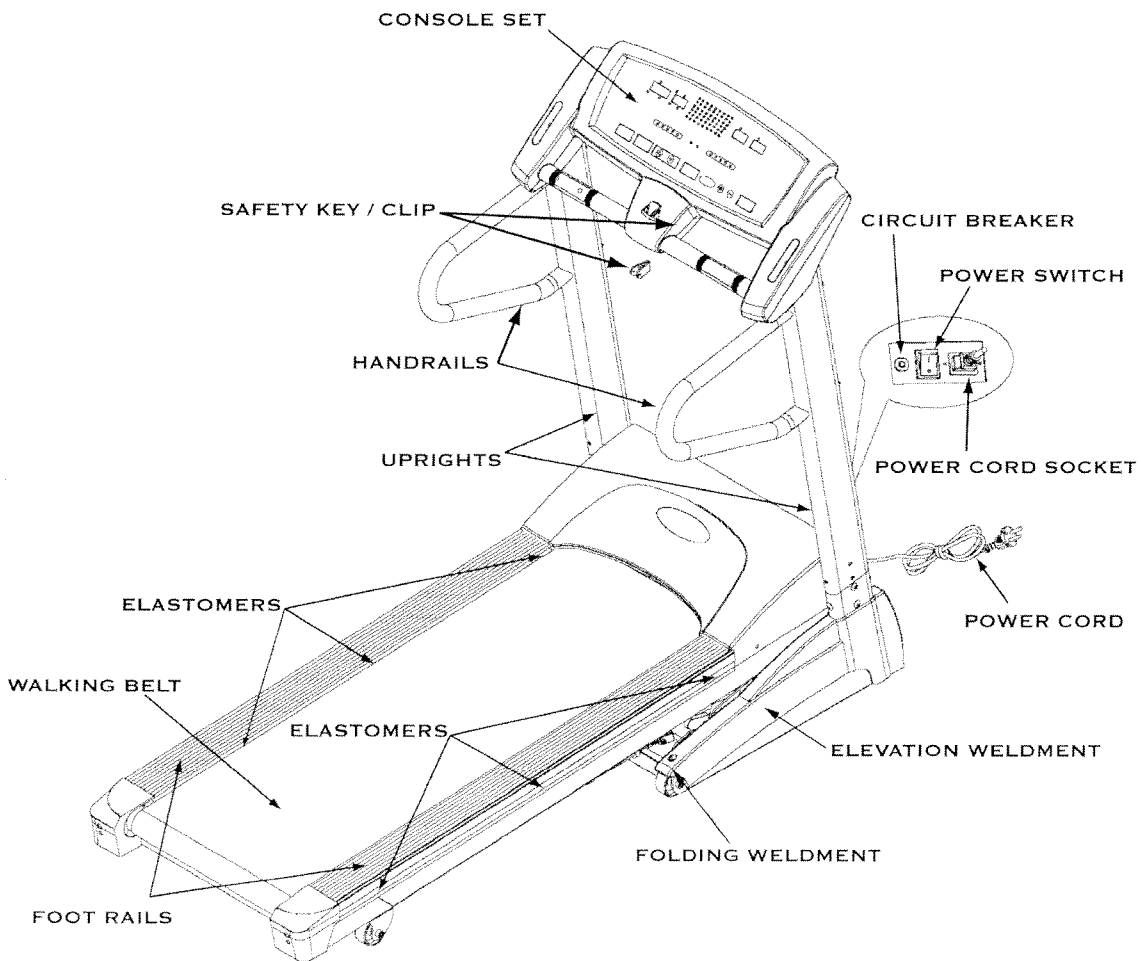
Before starting any exercise program, consult with your physician or health professional. He or she can help establish the exercise frequency, intensity (target heart rate zone) and time appropriate for your particular age and condition. If you have any pain or tightness in your chest, an irregular heartbeat, shortness of breath, feel faint or have any discomfort while you exercise, STOP! Consult your physician before continuing.

SCHWINN FITNESS, INC.

OVERVIEW

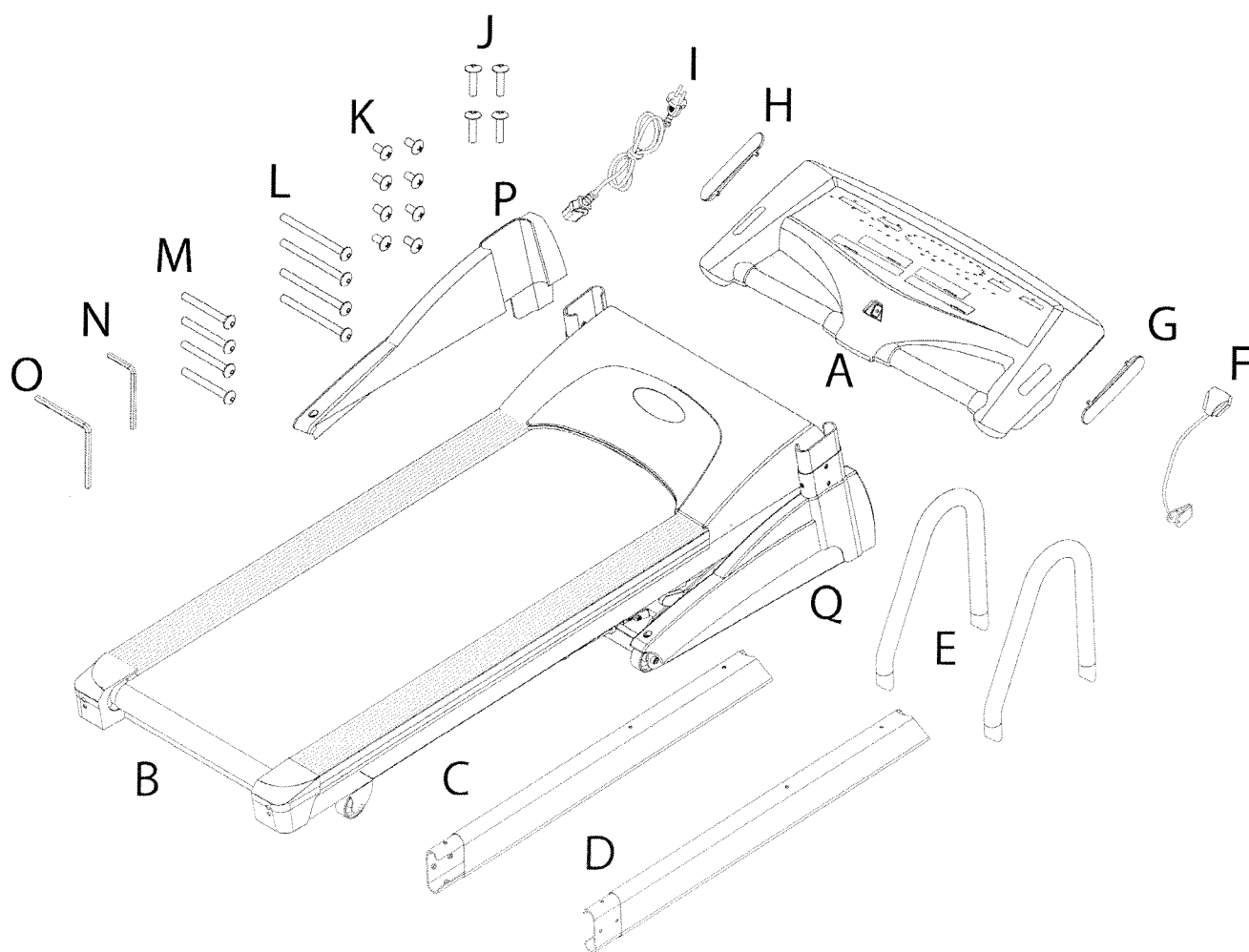
CAUTION

Treadmills are heavy pieces of exercise equipment and should be used with caution. Children should not be allowed to play on the treadmill.



815 PRE-ASSEMBLY

ITEM	DESCRIPTION	QTY	ITEM	DESCRIPTION	QTY
A	CONSOLE SET	1	J	SCREWS M5xP0.8x10	4
B	FRAME	1	K	SCREWS M8xP1.25x15	8
C	LEFT UPRIGHT	1	L	SCREWS M8xP1.25x135	4
D	RIGHT UPRIGHT	1	M	SCREWS K-298	4
E	HANDRAILS	1	N	6mm WRENCH	1
F	SAFETY KEY	1	O	5mm WRENCH	1
G	RIGHT SCREW COVER	1	P	COVER LEFT	1
H	LEFT SCREW COVER	1	Q	COVER RIGHT	1
I	POWER CORD / PLUG	1			



SCHWINN FITNESS, INC.

ASSEMBLY INSTRUCTIONS

A minimum of two people are required to assemble this treadmill. Also, read and understand all instructions thoroughly before assembling the treadmill. Failure to do so could result in injury.

815

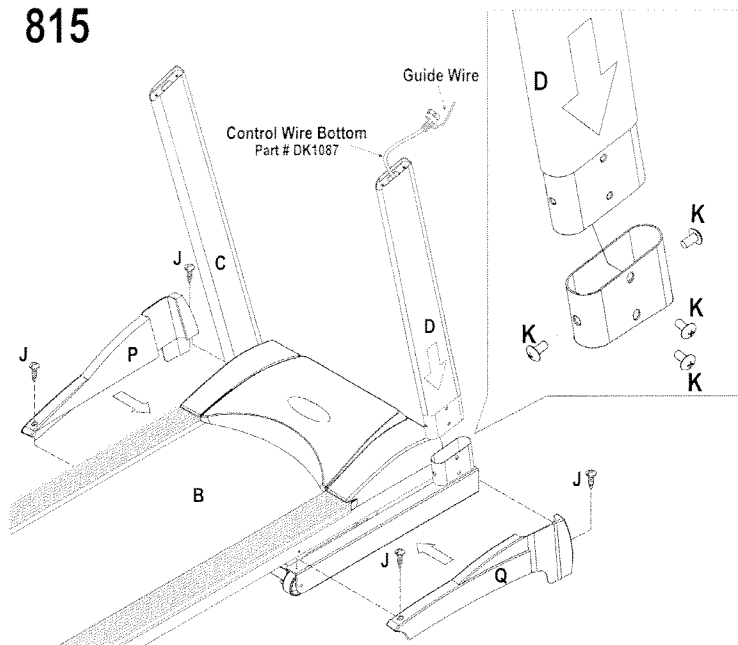


Figure 1

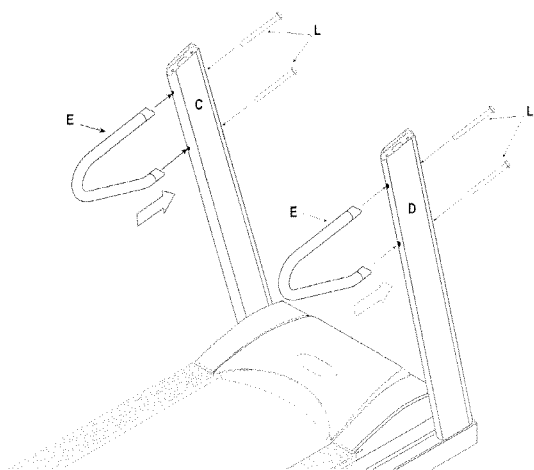


Figure 2

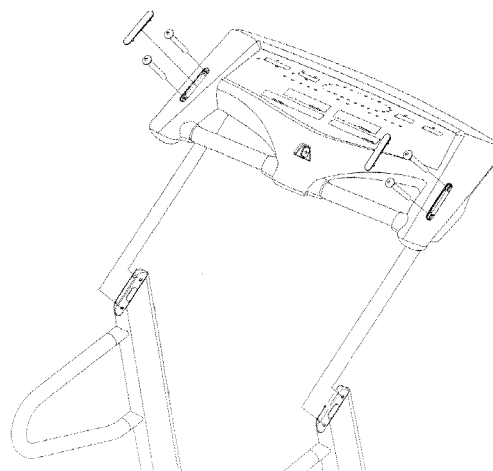


Figure 3

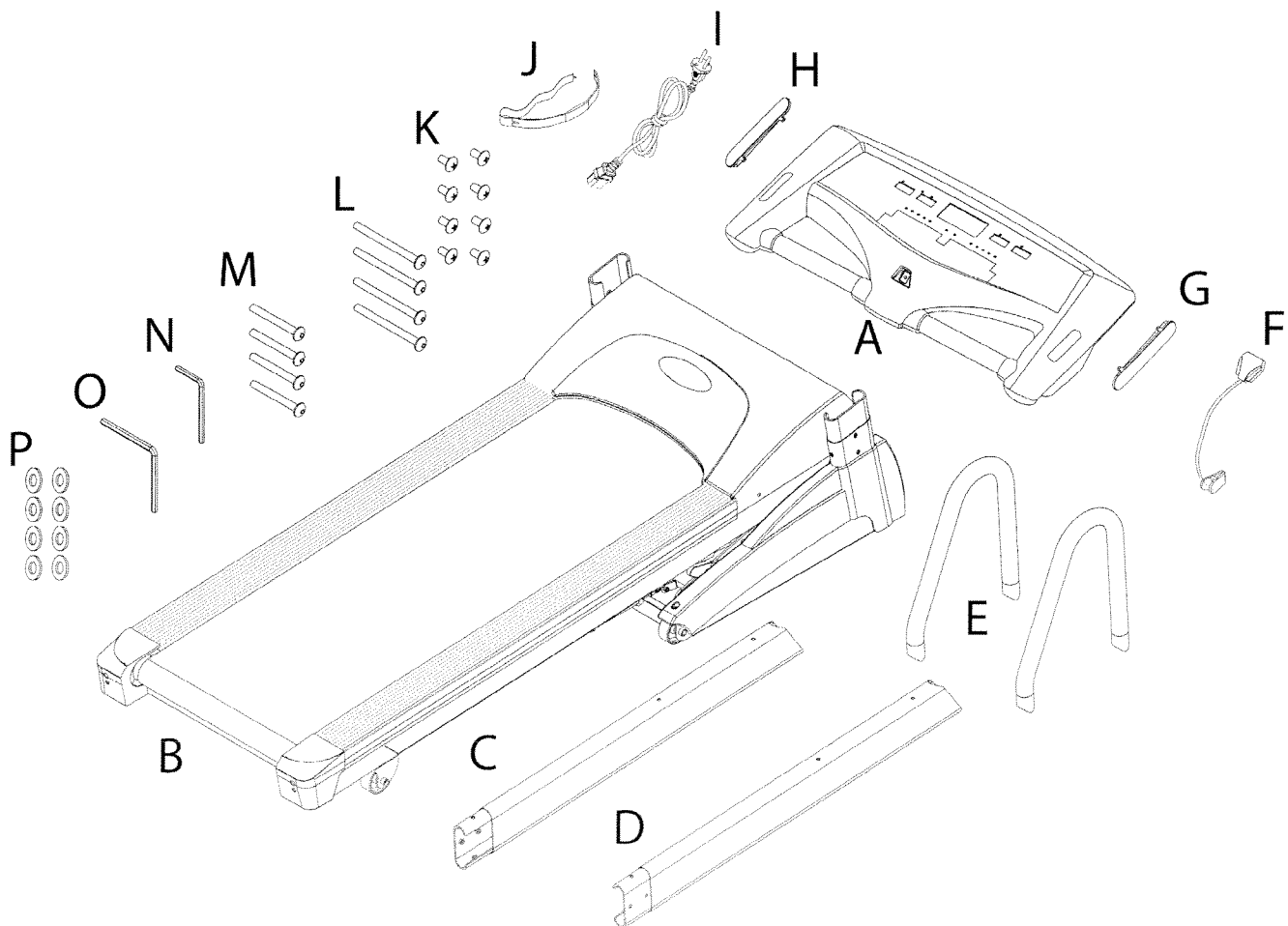
815 Model

1. First, tighten the lower control wire by pulling the guide wire out of the right upright (D). Secure the uprights (C and D) using four (4) M8xP1.25x15 screws (K) for each side (See insert / enlargement Figure 1). Then, place the handrails (E) in place, using the four (4) M8xP1.25x135 screws (L) to secure the handrails (Figure 2).
2. Raise the console (A) and connect the upper control wire (Figure 3) with the lower control wire (DK1087). Then, pivot the console and the uprights into position. **Note: Before continuing, confirm that no cables are pinched while raising the unit.** Next, tighten the console and the uprights with four (4) K-298 screws (M). Then, press left screw cover (H), and right screw cover (G) into place (Figure 3).

SCHWINN FITNESS, INC.

825 PRE-ASSEMBLY

ITEM	DESCRIPTION	QTY	ITEM	DESCRIPTION	QTY
A	CONSOLE SET	1	I	POWER CORD / PLUG	1
B	FRAME	1	J	CHEST STRAP	1
C	LEFT UPRIGHT	1	K	SCREWS M8xP1.25x15	8
D	RIGHT UPRIGHT	1	L	SCREWS M8xP1.25x135	4
E	HANDRAILS	1	M	SCREWS K-298	4
F	SAFETY KEY	1	N	6mm WRENCH	1
G	RIGHT SCREW COVER	1	O	5mm WRENCH	1
H	LEFT SCREW COVER	1	P	WASHERS	8



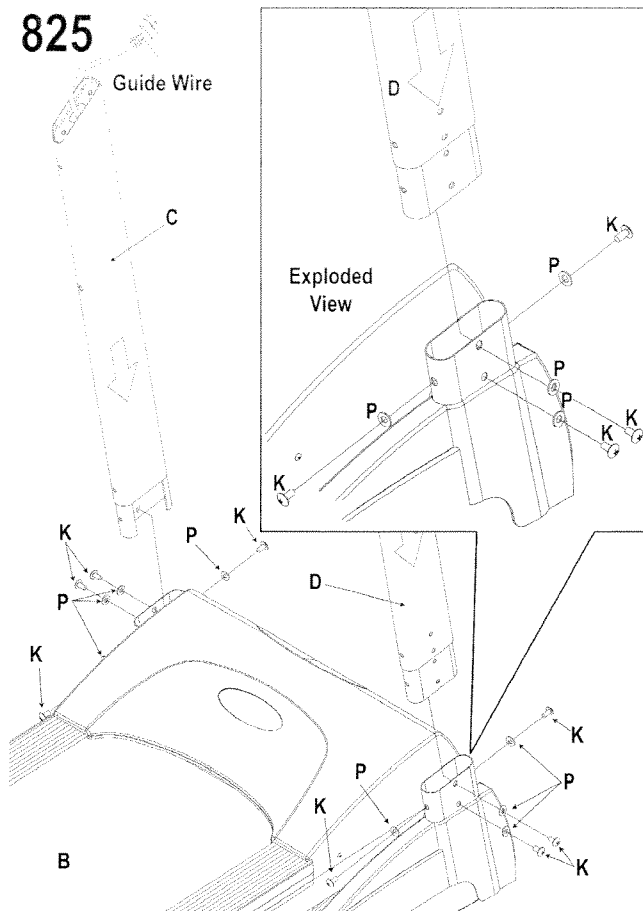


Figure 1

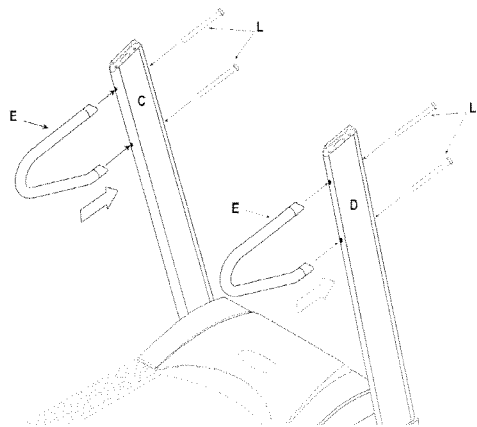


Figure 2

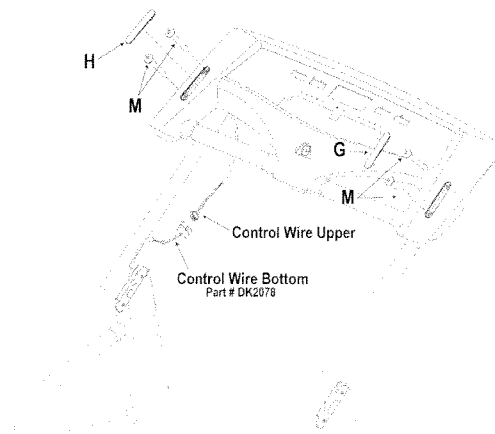


Figure 3

825 Model

1. First, tighten the lower control wire by pulling the guide wire out of the left upright (C). Secure the uprights (C and D) using four (4) M8xP1.25x15 screws (K) and four (4) washers (P) per side (Figure 1). Then, place the handrails (E) in place, using the four (4) M8xP1.25x135 screws (L) to secure the handrails (Figure 2).
2. Raise the console (A) and connect the upper control wire (Figure 3) with the lower control wire (DK2078). Then, pivot the console and the uprights into position. **Note: Before continuing, confirm that no cables are pinched while raising the unit.** Next, tighten the console and the uprights with four (4) K-298 screws (M). Then, press left screw cover, and right screw cover (H and G) into place (Figure 3).

SCHWINN FITNESS, INC.

FOLDING TREADMILL

1. This treadmill is foldable for easy storage.

Note: Immobilize the treadmill and disconnect all power before folding.

To fold the treadmill, simply lift the deck by holding the end caps. Then, make sure the retaining shaft is locked by the unfolding pedal. To unfold the treadmill, hold the end caps with both hands. Step on the unfolding pedal and lower the deck down with your hands until the deck is on the floor (Figure 1). To move the treadmill, the treadmill should be at the folded upright position, hold the end caps tightly and push the deck down slowly until the casters can be moved.

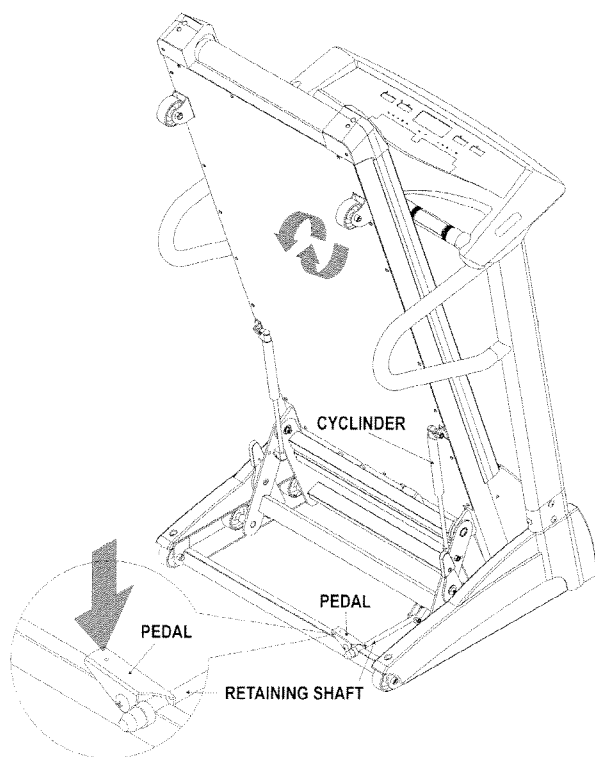


Figure 1

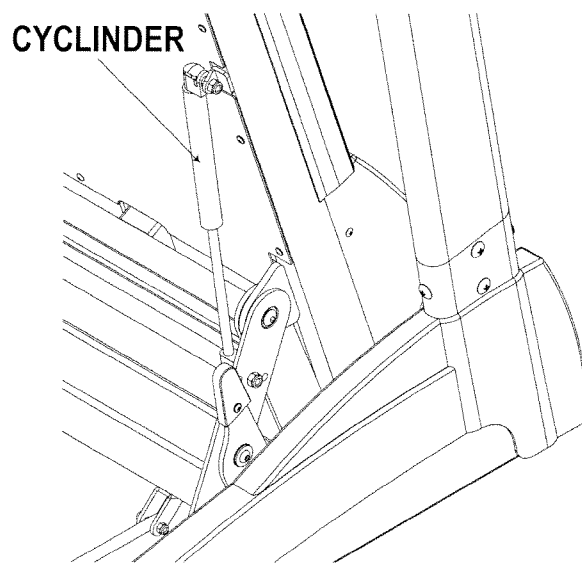


Figure 2

2. Keep all items away and avoid contact with the cylinder (Figure 2) as it may cause damage. If it is hit, the cylinder will not function smoothly and will not easily lower down when unfolding.

USING YOUR TREADMILL

A BEGINNER'S GUIDE

Getting Started

If you are over 45, or have had health problems, and this is your first step towards fitness, check with your physician first.

Before you even get on your treadmill, stand along side it, and get used to the controls- raise and lower the speed and incline, and get a good feel for the controls. Then get on, straddling the belt with both hands on the handrails. Turn the machine on and set the speed at 1 or 2 MPH. Stand tall, look forward, and "paw" with just one foot several times. Then step onto the belt, and begin walking. After you feel comfortable, slowly increase the speed to 2 or 3 MPH. Stay at that speed for 10 minutes. Slowly bring the machine to a stop and step off.

Going Forward

Walk a mile at a steady pace, and record your time. It will probably take between 15 and 25 minutes. At 3 MPH, a mile will take about 20 minutes. After you can do this a few times fairly easily, you can gradually increase your speed and grade so you are getting a good workout that lasts 30 minutes. To begin a walking program, keep in mind that you are in no big hurry. This is for lifetime health, not overnight magic.

How Often?

- The goal- three to five times a week, for 15 to 60 minutes.
- Schedule workouts in advance; workout even when you don't *want* to.
- Control intensity of workout by speed and/or by incline.
 - Start off with no elevation at first. As you want to increase workout intensity, begin to elevate the machine; it is very effective.

Suggested Workouts

The Quickie-

- 15 to 20 minute workout to get the most benefit for the time spent.
 - Warm up for 2 minutes at 3 MPH.
 - Increase speed to 3.3 MPH then to 3.6 MPH (2 minutes each).
 - Add 0.2 MPH of speed every 2 minutes until you reach a speed where you're breathing hard, but not panting. Maintain this speed for as much time as you have, slowing by 0.2 MPH increments if you get out of breath. Leave 4 minutes at the end to slow down to 3 MPH for a cool down.
 - If you have a hard time reaching the breathe-hard intensity through speed increases, increase the machine's incline slightly. A small increase in incline will raise the intensity of your workout.

The Calorie Burner-

- This more intense workout helps you burn more calories.
 - Warm up for 5 minutes at 2.5 or 3 MPH.
 - Increase 0.2 MPH every 2 minutes until you find a challenging pace that you can maintain for 45 minutes.
 - To boost your workout, walk for the duration of an hour long TV show.
 - Increase the speed 0.2 MPH during every commercial break.
 - Go back to your regular speed until the next break.
 - This helps you increase the calorie burn during the ad, and while your heart rate is elevated afterward.
 - Leave 4 minutes at the end to walk at 3 MPH for cooling down.

SCHWINN FITNESS, INC.

What to Wear

All you really need are a good pair of shoes. Running shoes are not very good for walkers; choose walking shoes with a firm heel counter- the hard piece at the back of the shoe that holds the heel in place- and plenty of room for toes so they can spread out as they push off. Wear loose, comfortable clothes.

Stretching

At any level of walking, a stretching session is a good idea. Warm muscles respond better to stretches than cold ones, so walk for five or ten minutes until you're warm. Then stop for the stretches listed below- fives times, 10 or more seconds each, for each leg. Repeat at the end of the walk.

- **Achilles Tendon and Calf-** With both hands against a wall, place one foot behind you. Keeping the rear leg straight and its heel on the ground, lean in toward the wall. Repeat for the other leg.
- **Quadriceps-** Put your left hand on a wall or table for balance. Then reach your right hand behind your back and grasp your right ankle, pulling it gently towards your buttocks until you feel tension along the front of your thigh. Repeat on other side.
- **Hamstring-** Stand on one leg and prop the other leg parallel to the ground on a table or cabinet top. Slide both hands toward the propped-up ankle as far as they'll go. Repeat on other side.

Walking and Running Resources

If you wish to obtain more information about starting a walking or a running program, please refer to the following web-sites:

- **Walking Websites-**
 - The Walking Site- <http://www.thewalkingsite.com>
This site has some useful information for beginning walkers. The "Beginner" section has a detailed walking plan to get you started.
- **Running Websites-**
 - Runner's World- <http://www.runnersworld.com>
This website has many useful links that give information such as "Beginning," "Training," and "Nutrition."
This site has information for runners of all levels- from beginners to experts.
 - American Running Association- <http://www.americanrunning.org>

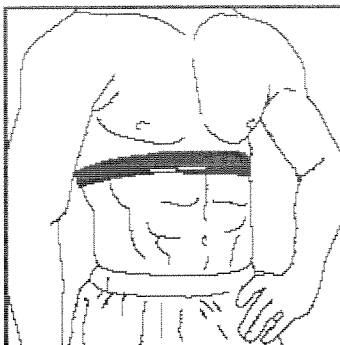
The above websites are just the beginning of the vast amount of fitness related information you can find on the internet.

If you don't have access to the internet, your local library will have fitness books. In addition, hiring a personal trainer can be beneficial because they are able to assemble a custom walking or running workout program for you.

Good luck in achieving your fitness goals! The best time to start is NOW!

BEGINNER GUIDE TO USING HEART RATE

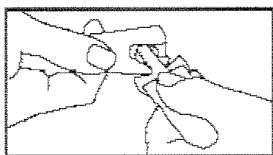
HOW TO USE YOUR CHEST STRAP



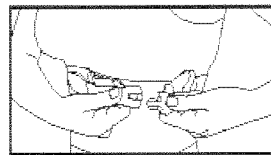
CHEST STRAP

Using your chest strap, you can monitor your heart rate at any time during your workout or you can use a pre-programmed heart rate program.

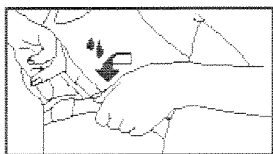
How to use the chest strap:



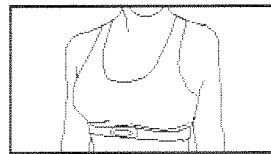
1. Attach the transmitter to the elastic strap.



2. Adjust the strap length to fit snugly and comfortably against your skin. Secure the strap around your chest, just below the chest muscles, and buckle it.



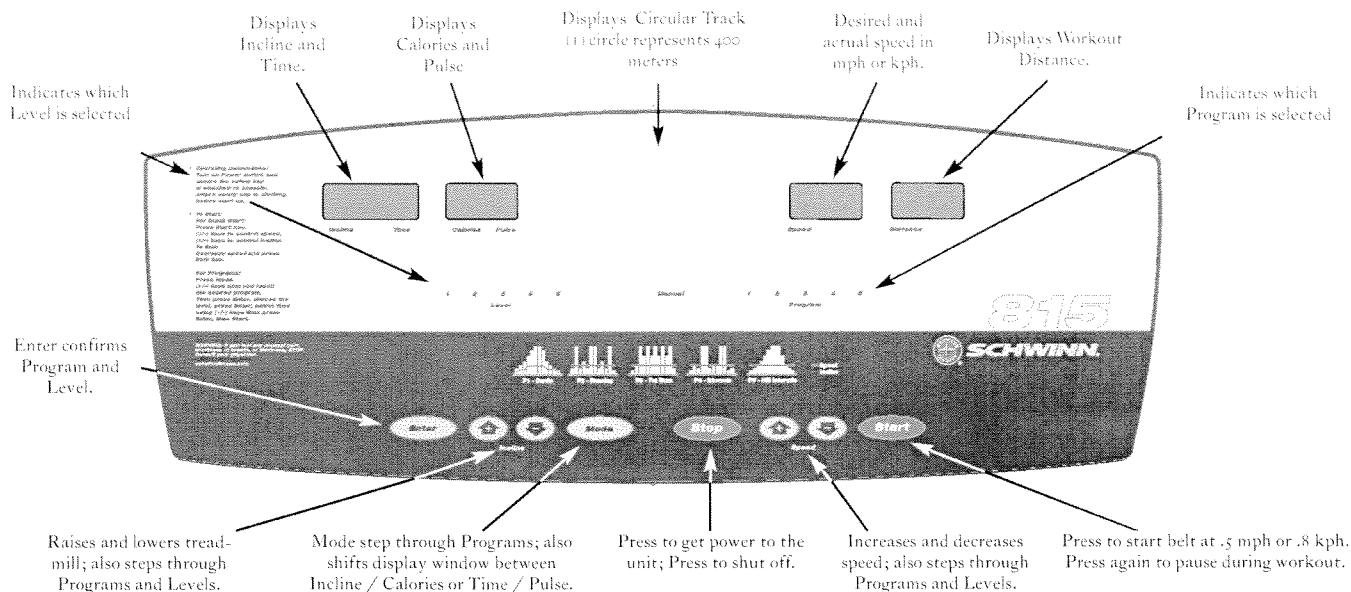
3. Lift the transmitter off your chest and moisten the two grooved electrode areas on the back.



4. Check that the wet electrode areas are firmly against your skin.

- The chest strap will send your heart rate to the treadmill's receiver and your pulse will be displayed within a matter of several seconds.
- If your treadmill is equipped with heart rate programs, you will find an explanation of the heart rate programs on the following pages in this user's manual.

OPERATION GUIDE 815



BEFORE STARTING

Straddle the belt and stand on the plastic side rails. Insert the safety pull pin and attach the rope to your clothing. Do not stand on the walking belt while starting or stopping the treadmill. If you are a new user, stay at a slow speed and hold on to the handrails until you become comfortable.

QUICK START

1. Press POWER.
2. Press START. The walking belt will start to move at minimum speed.
3. Adjust SPEED and INCLINE. (Time counts up. You can adjust the speed and incline at any time during this workout.)

TO STOP

1. Step off belt onto the plastic side rails.
2. Press STOP. Walking belt will stop.
3. Press POWER to turn off the treadmill.

NOTE: For an immediate stop, press POWER or pull out the safety tab.

CAUTION: THE BELT WILL STOP ABRUPTLY.

MANUAL OR QUICKSTART

1. Turn on the power.
** If the safety key has not been put into the recess of the console, all windows will display ---.
2. Press "START" to begin. "MANUAL" indication will light, and the treadmill will start to move at the speed of 0.8kmh / 0.5mph. In manual mode, you can press +, -, or STOP to accelerate, decelerate, or stop respectively. You can press UP or DOWN to control the elevation.
3. During your workout, press MODE again to shift display between window - INCLINE / CALORIES or TIME / PULSE.
4. Circular track lap will light according to workout distance. One circle around the track represents 400 meters.

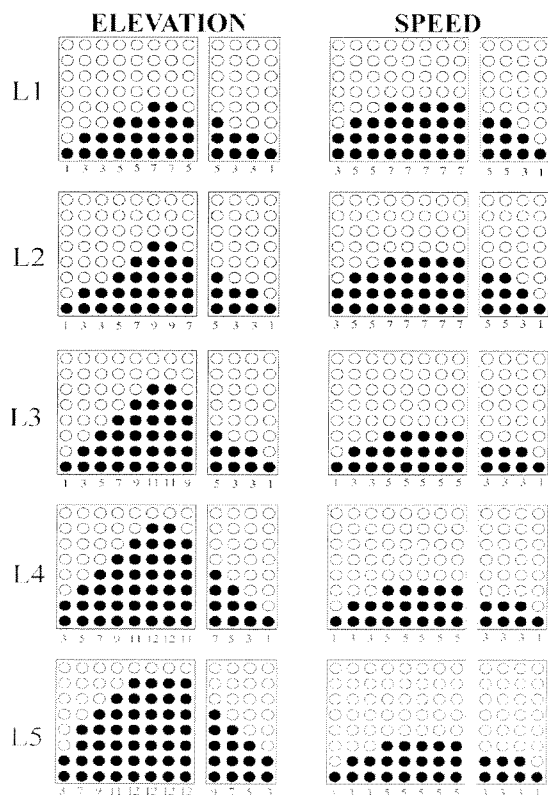
SCHWINN FITNESS, INC.

PROGRAM SET-UP MODE

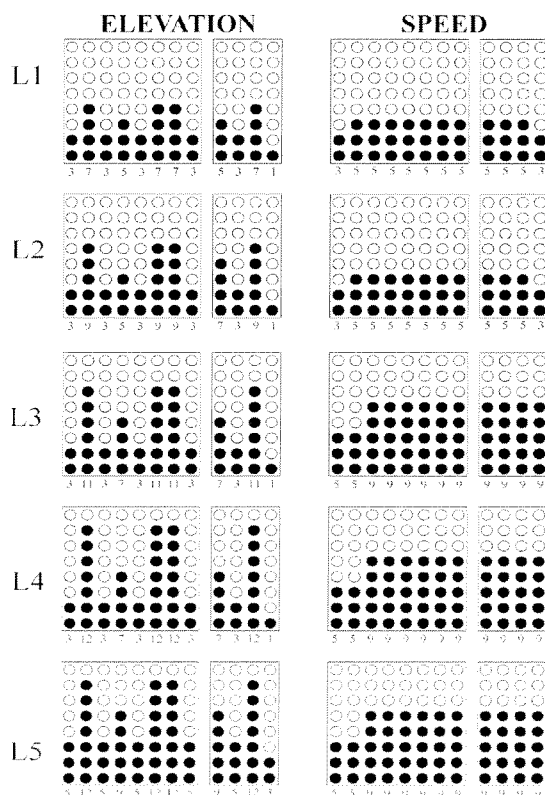
1. When "MANUAL" indication is flashing, press UP, DOWN, + or - to change to P1~P5. Then, press ENTER to confirm the program you have selected.
2. After entering the program you chose, L1 indication will flash. You can then choose which level (L1~L5) you prefer by pressing UP, DOWN, + or -. Confirm the selected level by pressing ENTER.
3. After selecting the level (L1~L5,) TIME indication will flash, and display "25:00." Press UP, DOWN, + or - to set up the time, and press ENTER to confirm. TIME indication will stop flashing after confirmation. The setup range of TIME is from 5 ~ 99 minutes.
4. If START is pressed in Program Setup Mode (P1~P5), the treadmill will be set to defaults, and begin the program immediately. All the defaults will adopt the preset parameters automatically.

PROGRAM PROFILES

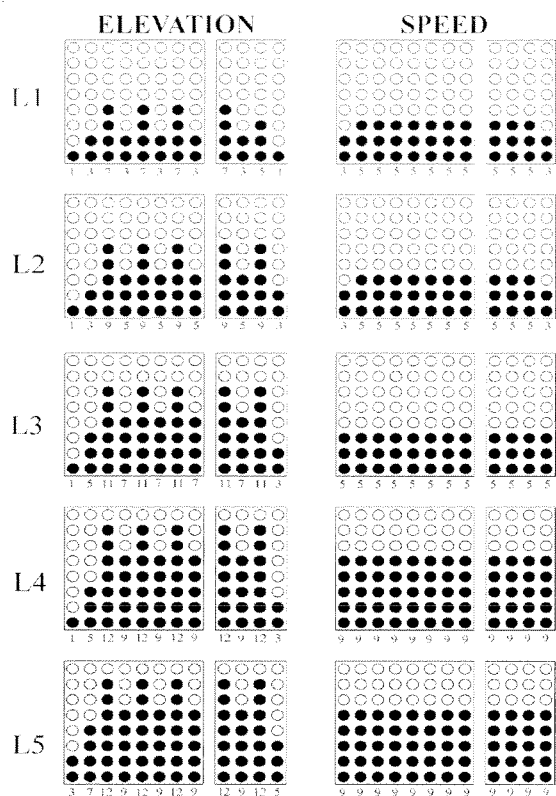
P1 CADIO



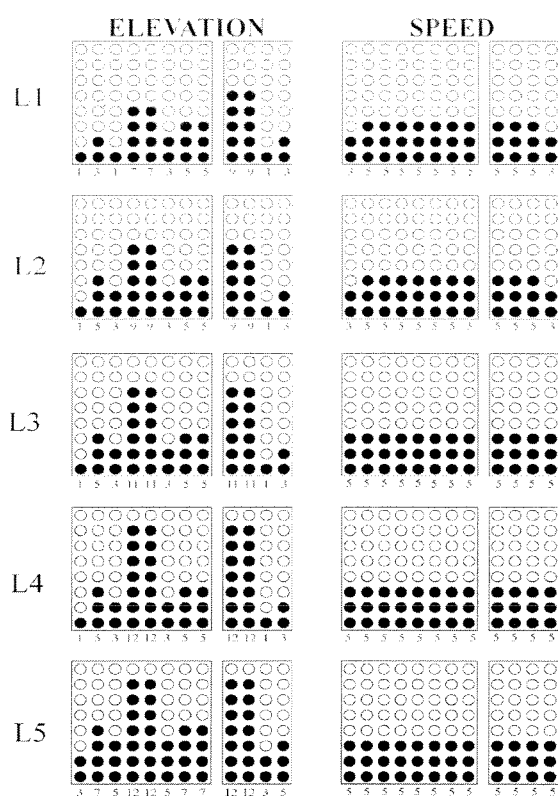
P2 RUNNING



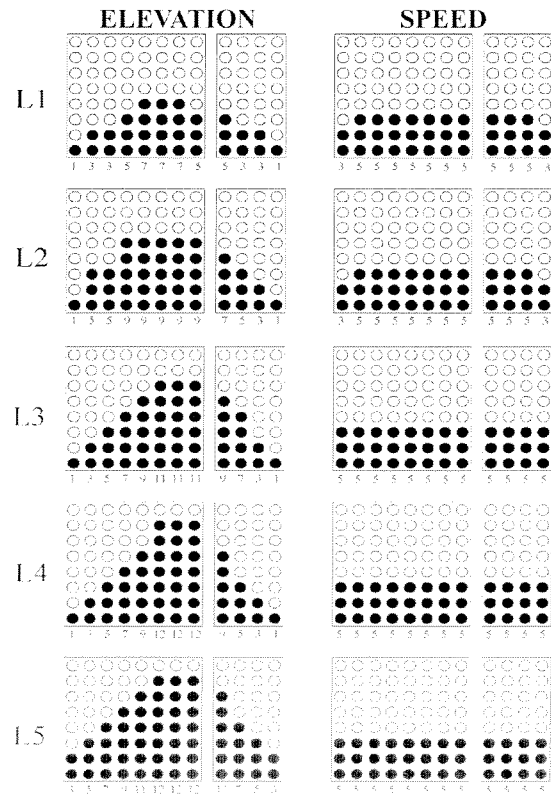
P3 FAT BURN



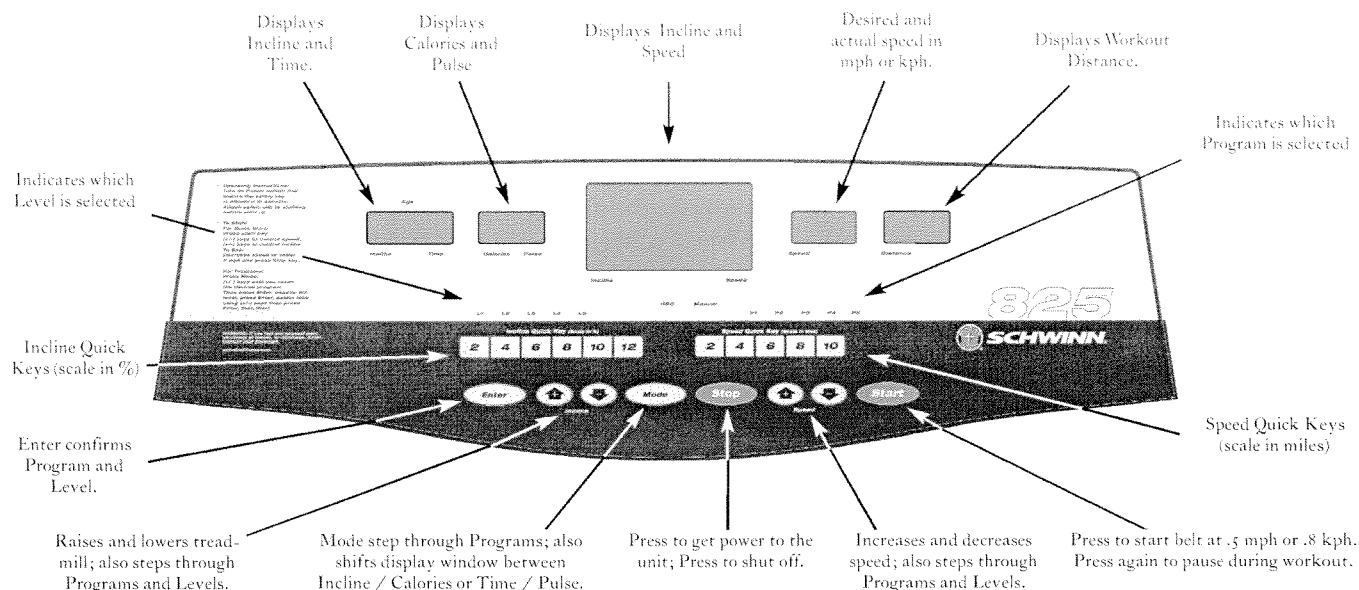
P4 INTERVALS



P5 HILL INTERVALS



OPERATION GUIDE 825



BEFORE STARTING

Straddle the belt and stand on the plastic side rails. Insert the safety pull pin and attach the rope to your clothing. Do not stand on the walking belt while starting or stopping the treadmill. If you are a new user, stay at a slow speed and hold on to the handrails until you become comfortable.

QUICK START

1. Press POWER.
2. Press START. The walking belt will start to move at minimum speed.
3. Adjust SPEED and INCLINE. (Time counts up. You can adjust the speed and incline at any time during this workout.)

TO STOP

1. Step off belt onto the plastic side rails.
2. Press STOP. Walking belt will stop.
3. Press POWER to turn off the treadmill.

NOTE: For an immediate stop, press POWER or pull out the safety tab.

CAUTION: THE BELT WILL STOP ABRUPTLY.

MANUAL OR QUICKSTART

1. Turn on the power.

**** If the safety key has not been put into the recess of the console, all windows will display ---.**

2. Press "START" to begin. "MANUAL" indication will light, and the treadmill will start to move at the speed of 0.8kmh / 0.5mph. In manual mode, you can press +, -, or STOP to accelerate, decelerate, or stop respectively. You can press UP or DOWN to control the elevation.
3. During your workout, press MODE again to shift display between window - INCLINE / CALORIES or TIME / PULSE.
4. Circular track lap will light according to workout distance. One circle around the track represents 400 meters.

SCHWINN FITNESS, INC.

PROGRAM SET-UP MODE

1. When "MANUAL" indication is flashing, press UP, DOWN, + or - to change to P1~P5. Then, press ENTER to confirm the program you have selected.
2. After entering the program you chose, L1 indication will flash. You can then choose which level (L1~L5) you prefer by pressing UP, DOWN, + or -. Confirm the selected level by pressing ENTER.
3. After selecting the level (L1~L5,) TIME indication will flash, and display "25:00." Press UP, DOWN, + or - to set up the time, and press ENTER to confirm. TIME indication will stop flashing after confirmation. The setup range of TIME is from 5 ~ 99 minutes.
4. If START is pressed in Program Setup Mode (P1~P5), the treadmill will be set to defaults, and begin the program immediately. All the defaults will adopt the preset parameters automatically.

HEART RATE CONTROL PROGRAM

1. When "MANUAL" indication is flashing, press the UP, DOWN, + or - keys to change to HRC. Then, press ENTER to confirm the HRC program.
2. The AGE LED will prompt you for your age. Enter your age by pressing the UP, DOWN, + or - keys. Press ENTER to confirm.
3. The computer sets your low-end target HR by calculating 65% of your Maximum HR. Now the PULSE LED is flashing and prompting you for your high-end target HR. Press the UP, DOWN, + or - keys to enter your high-end target HR. Press ENTER to confirm.
4. Now enter your time by pressing the UP, DOWN, + or - keys. Press ENTER to confirm.
5. Press START to begin your work-out. The speed and incline will slowly adjust to get and keep you within your target HR zone. The treadmill must be receiving your heart rate signal by the Chest Strap.

GRIP PULSE

To periodically check your heart rate, grab the sensors at the base of the console. The PULSE LED will flash and after about 9 seconds your PULSE will be shown in the window.

HEART RATE CHEST STRAP

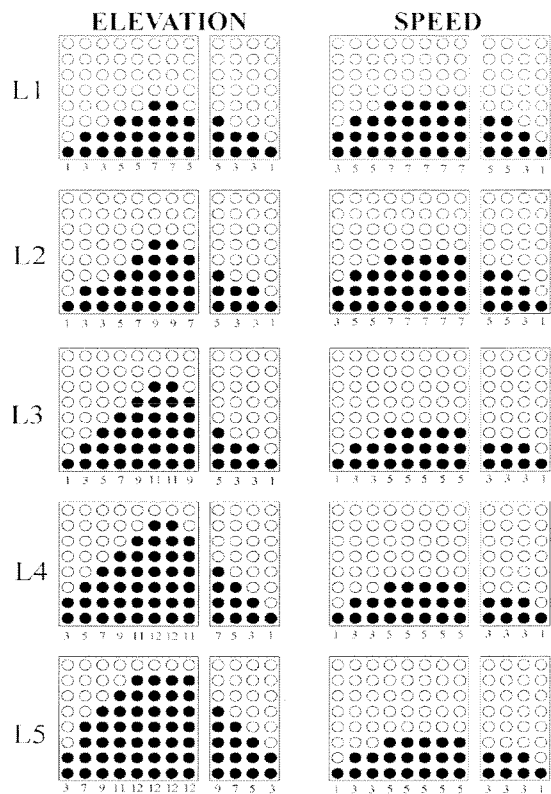
Using your chest strap, you can monitor your heart rate at any time during your workout or you can use the HRC program on the Schwinn 825 only.

How to use the chest strap:

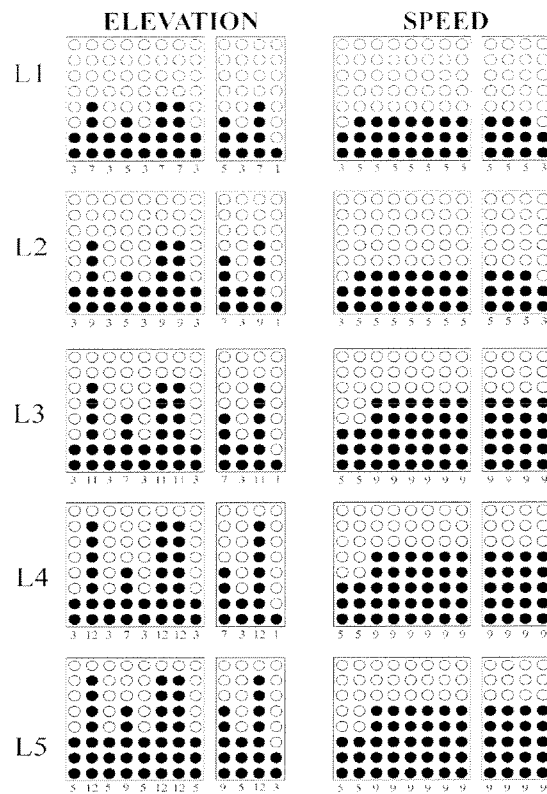
- The chest strap will send your heart rate to the treadmill's receiver and your pulse will be displayed within a matter of several seconds.
- The heart rate chest strap may be worn during any program.
- Moisten both conductive electrodes located on the inside of the belt. Although tap water may work, the best liquid to use (other than perspiration) is hard contact lens solution. Place the chest strap directly beneath the breast area.
- Make sure the treadmill is at least six feet away from strong electromagnetic sources such as television, microwaves, and computers. These devices may interfere with the signal from the chest strap to the treadmill console.

PROGRAM PROFILES

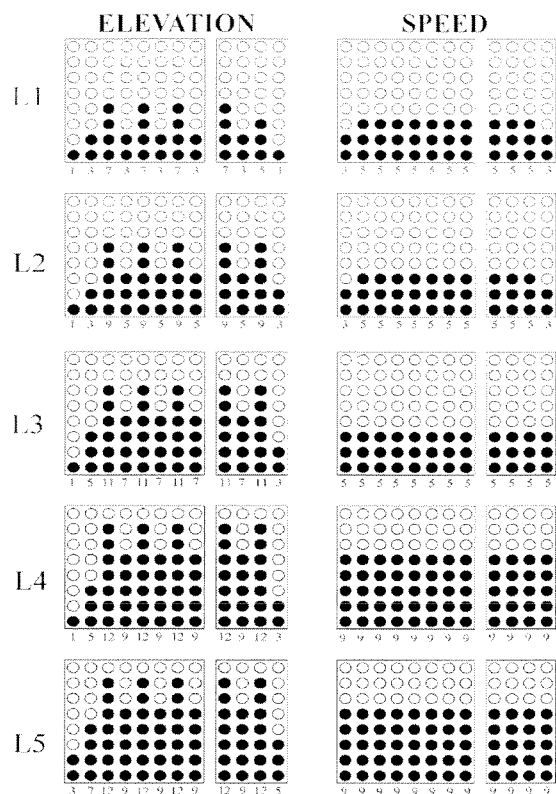
P1 CADIO



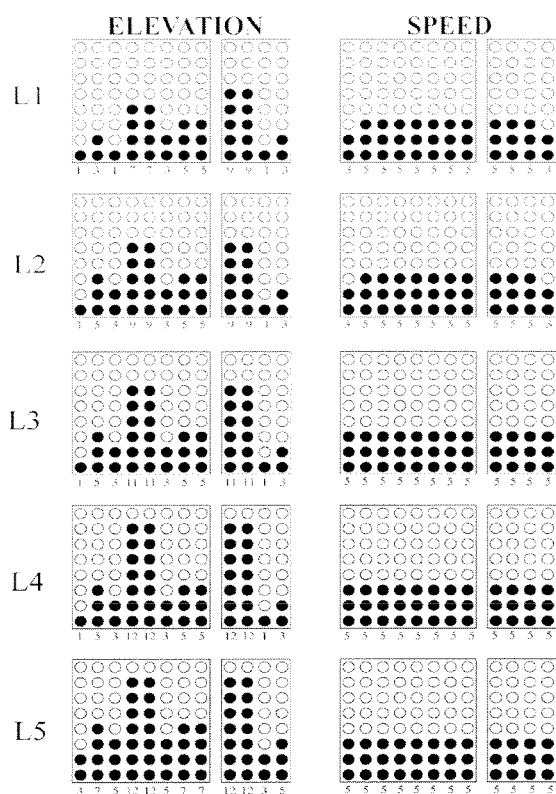
P2 RUNNING



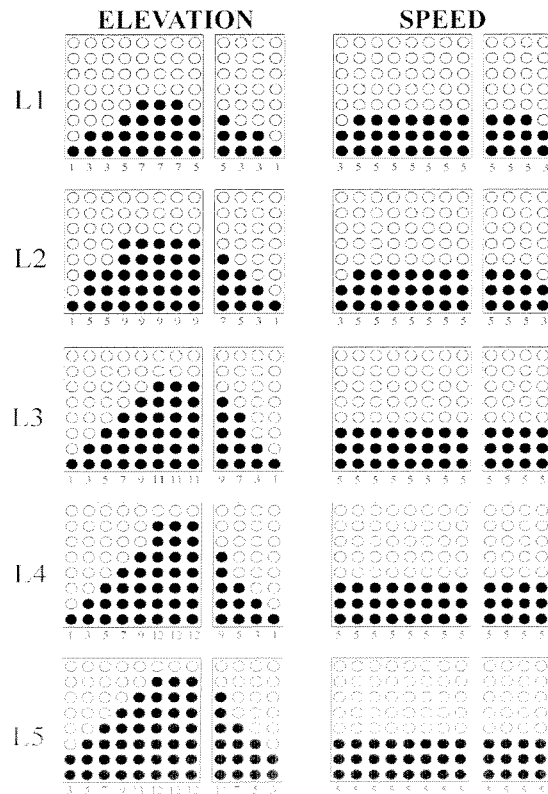
P3 FAT BURN



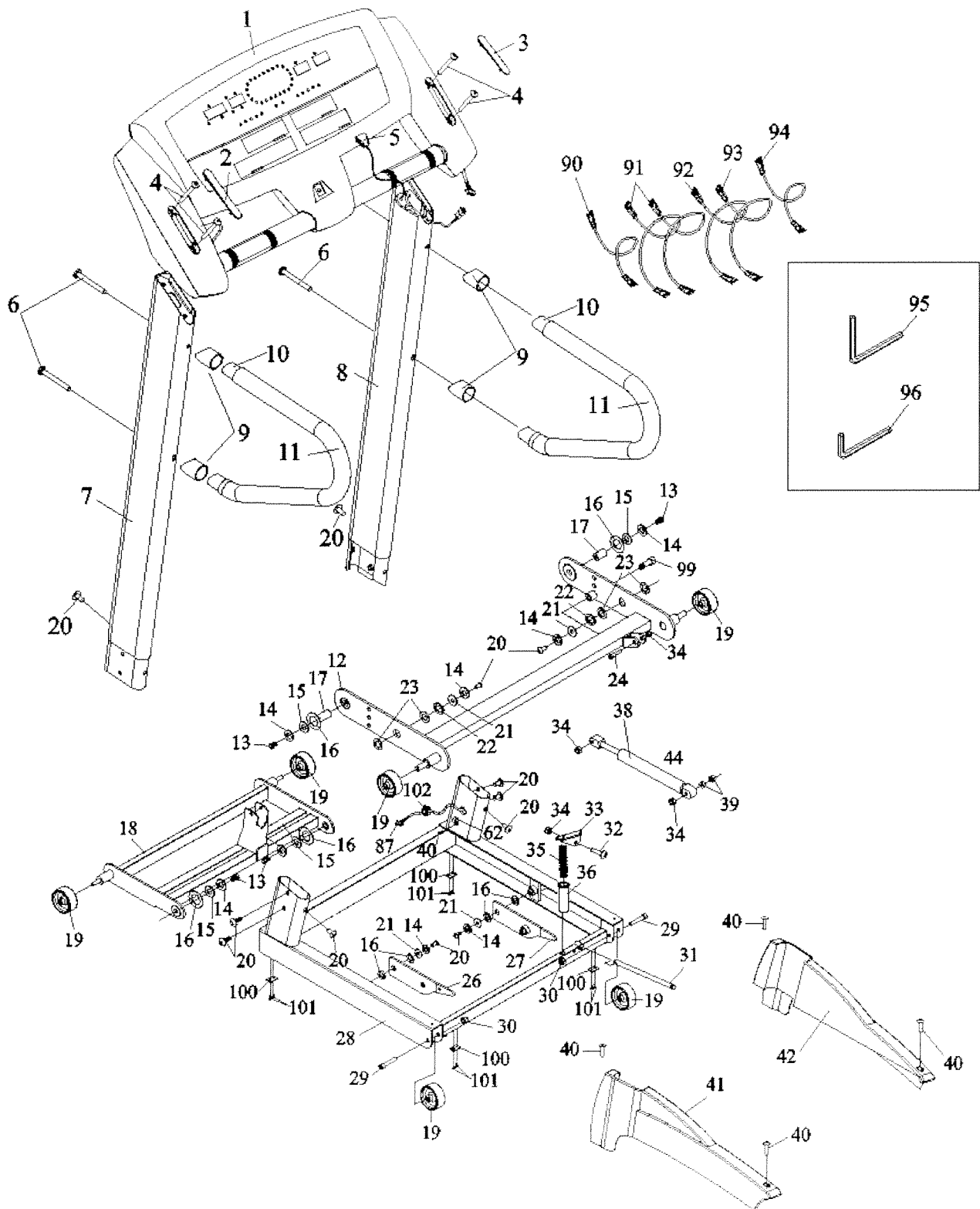
P4 INTERVALS



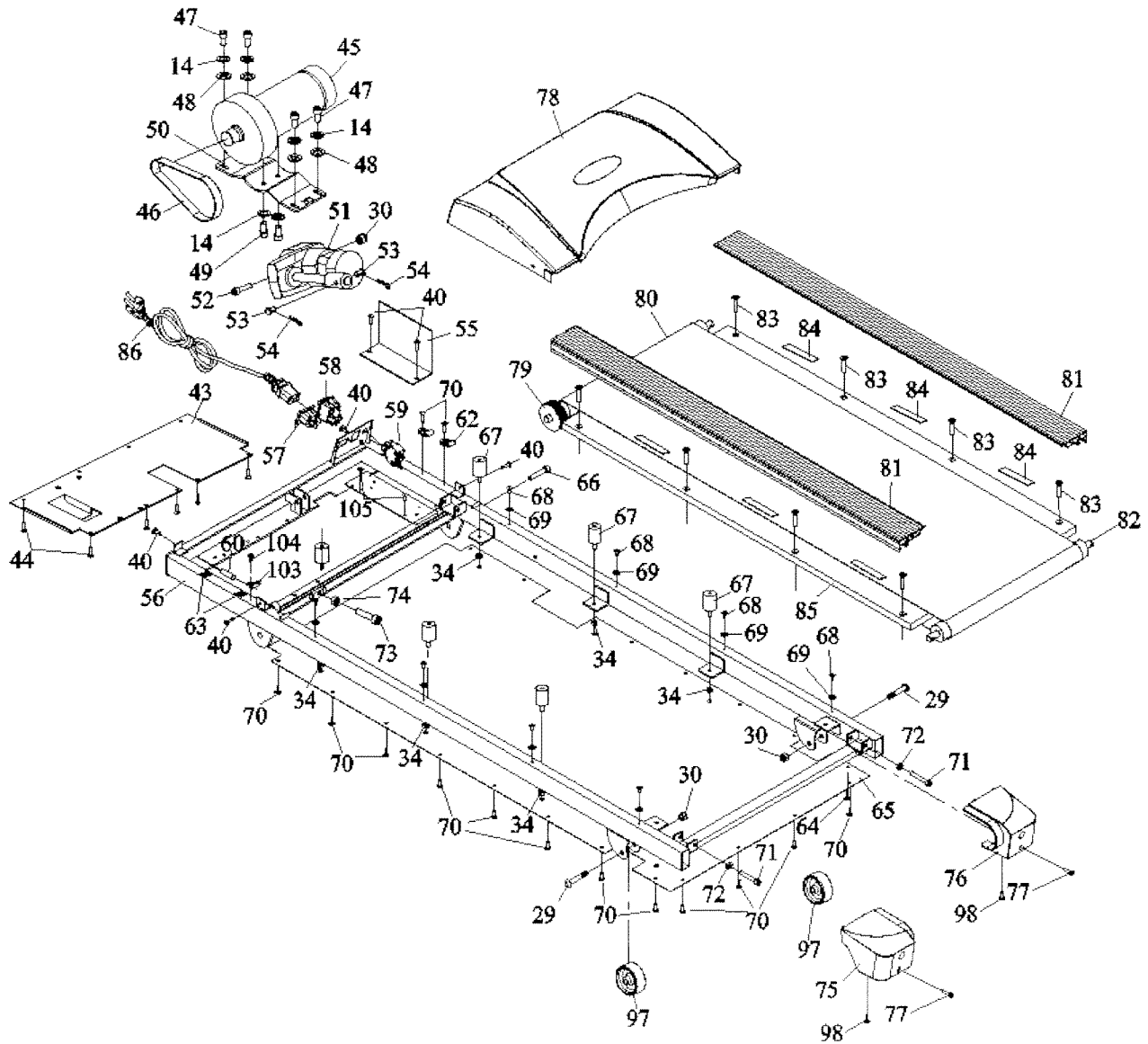
P5 HILL INTERVALS



815 EXPLODED VIEW



815 EXPLODED VIEW



PARTS LIST 815

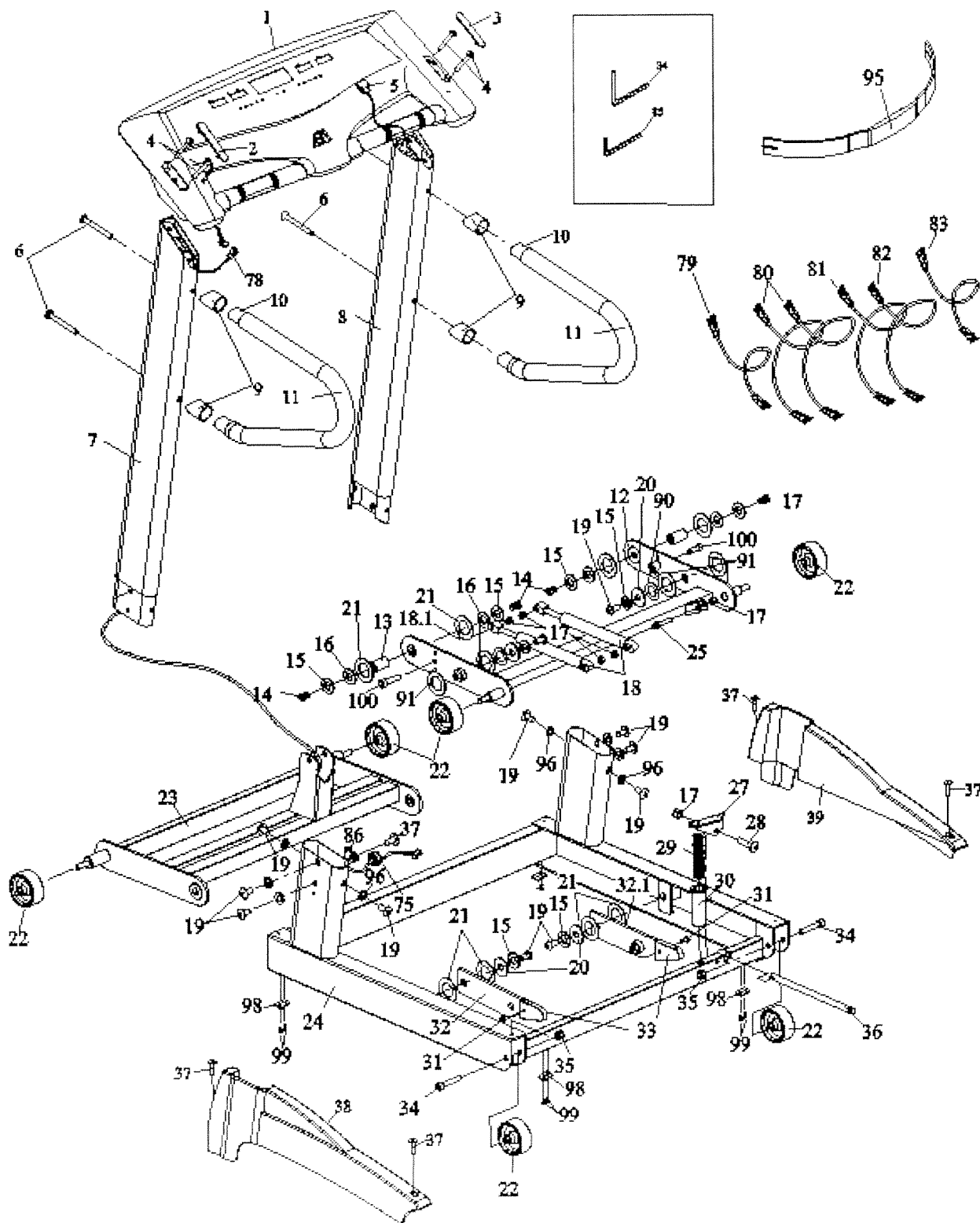
KEY	PART	DESCRIPTION	KEY	PART	DESCRIPTION
1	DK1001	COMPUTER CONSOLE P-1107/P-1108 (815)	55	DK1055	CONTROLLER DCMD 7722
2	DK1002	SCREW COVER LEFT P1109L	56	DK1056	FRAME
3	DK1003	SCREW COVER RIGHT P1109R	57	DK1057	POWER SOCKET
4	DK1004	BOLT K-298	58	DK1058	POWER SWITCH
5	DK1005	SAFETY KEY / CLIP P1044	59	DK1059	CIRCUIT BREAKER
6	DK1006	BOLT M8 X P1.25 X 135	60	DK1060	SENSOR (ROUND)
7	DK1007	UPRIGHT LEFT	61	XX	NOT USED
8	DK1008	UPRIGHT RIGHT	62	DK1062	WIRE BUTTON UC-1
9	DK1009	HANDRAIL SPACER P-1060	63	DK1063	KSS PLATE HC-101S
10	DK1010	HANDRAIL	64	DK1064	BOLT 4 X 16
11	DK1011	SPONGE PIPE	65	DK1065	BOTTOM PAN P-1150
12	DK1012	SUPPORT BASE WELD	66	DK1066	BOLT M8 X 1.25 X 60 (25MM)
13	DK1013	BOLT M8 X P1.25 X 12	67	DK1067	CUSHION 30 X 37 (M8 X P1.25)
14	DK1014	SPRING WASHER M8	68	DK1068	BOLT M4 X P0.7 X10
15	DK1015	WASHER 8 X 19 X 2.0T	69	DK1069	PLASTIC P-1034
16	DK1016	PLASTIC WASHER P-1057	70	DK1070	BOLT 4 X 12
17	DK1017	SPACER T-1102	71	DK1071	BOLT M8 X P1.25 X 55
18	DK1018	LIFTER WELD	72	DK1072	WASHER 8 X 16 X 1.5T
19	DK1019	TRANSPORT WHEELS P-320	73	DK1073	BOLT M8 X P1.25 X 45
20	DK1020	BOLT M8 X P1.25 X 15	74	DK1074	BOLT M8 X P1.25
21	DK1021	WASHER 8 X 25 X 2.0T	75	DK1075	REAR ADJUST BOX (L) P-1105L
22	DK1022	BASE SCREW PLATE NO. 2472	76	DK1076	REAR ADJUST BOX (R) P-1105R
23	DK1023	PLASTIC WASHER P-1122	77	DK1077	BOLT M4 X P0.7 X 20
24	DK1024	BOLT M8 X P1.25 X 30	78	DK1078	UPPER COVER P-1106
25	XX	NO. NOT USED	79	DK1079	FRONT ROLLER
26	DK1026	PLATE LEFT	80	DK1080	WALKING BELT
27	DK1027	PLATE RIGHT	81	DK1081	PLASTIC FOOTRAIL P-1104
28	DK1028	BASE WELD	82	DK1082	REAR ROLLER
29	DK1029	BOLT K-288	83	DK1083	BOLT M8 X P1.25 X 30
30	DK1030	NUT M10 X P1.5	84	DK1084	SPONGE 20 X 100 X 1.5T
31	DK1031	POST T 1026	85	DK1085	WALKING BOARD
32	DK1032	BOLT M8 X P1.25 X 35	86	DK1086	POWER CORD
33	DK1033	DECK NO. 2393	87	DK1087	CONTROL WIRE (BOTTOM)
34	DK1034	NUT M8 X P1.25	88	XX	NOT USED
35	DK1035	SPRING S-077	89	XX	NOT USED
36	DK1036	SPRING SPACER P-1058	90	DK1090	EXTENSION WIRE (GREEN) 14AWG X 120 MM X 1T1R
37	XX	NOT USED	91	DK1091	EXTENSION WIRE (WHITE) 14AWG X 90 MM X 2T
38	DK1038	CYLINDER CY-003	92	DK1092	EXTENSION WIRE (BLACK) 14AWG X 90 MM X 2T
39	DK1039	PLASTIC WASHER 8 X 22 X 6.0T	93	DK1093	EXTENSION WIRE (WHITE) 14AWG X 130 MM X 2T
40	DK1040	BOLT M5 X P0.8 X 10	94	DK1094	EXTENSION WIRE (BLACK) 14AWG X 100 MM X 2T
41	DK1041	COVER LEFT P-1059L	95	DK1095	ALLEN WRENCH 6 MM (80MM X 80MM)
42	DK1042	COVER RIGHT P-1059R	96	DK1096	ALLEN WRENCH 5 MM (80MM X 80MM)
43	DK1043	MOTOR BOTTOM COVER P-1141	97	DK1197	WHEELS P-1145
44	DK1044	BOLT M6 X P0.8 X 10	98	DK1098	BOLT M4 X P0.7 X 16
45	DK1045	MOTOR	99	DK1099	BOLT M8 X P1.25 X 50 (25MM)
46	DK1046	BELT	100	DK1100	FOOT PAD P-1151
47	DK1047	BOLT M8 X P1.25 X 20	101	DK1101	BOLT 4 X 20
48	DK1048	WASHER 8 X 19 X 3.0T	102	DK1102	WIRE RING OSB-26
49	DK1049	BOLT M 8 X P1.25 X 15	103	DK1103	SENSOR PLATE P-1152
50	DK1050	MOTOR PLATE NO. 2481	104	DK1104	BOLT M4 X P0.7 X 15
51	DK1051	INCLINE MOTOR	105	DK1105	BOLT M5 X P0.8 X 8
52	DK1052	BOLT M10 X P1.5 X 40			
53	DK1053	STEEL PIN			
54	DK1054	R (COTTER) PIN 10 X 2.0			

NON-ILLUSTRATED PARTS

PART #	DESCRIPTION
DK1097	HARDWARE BAG

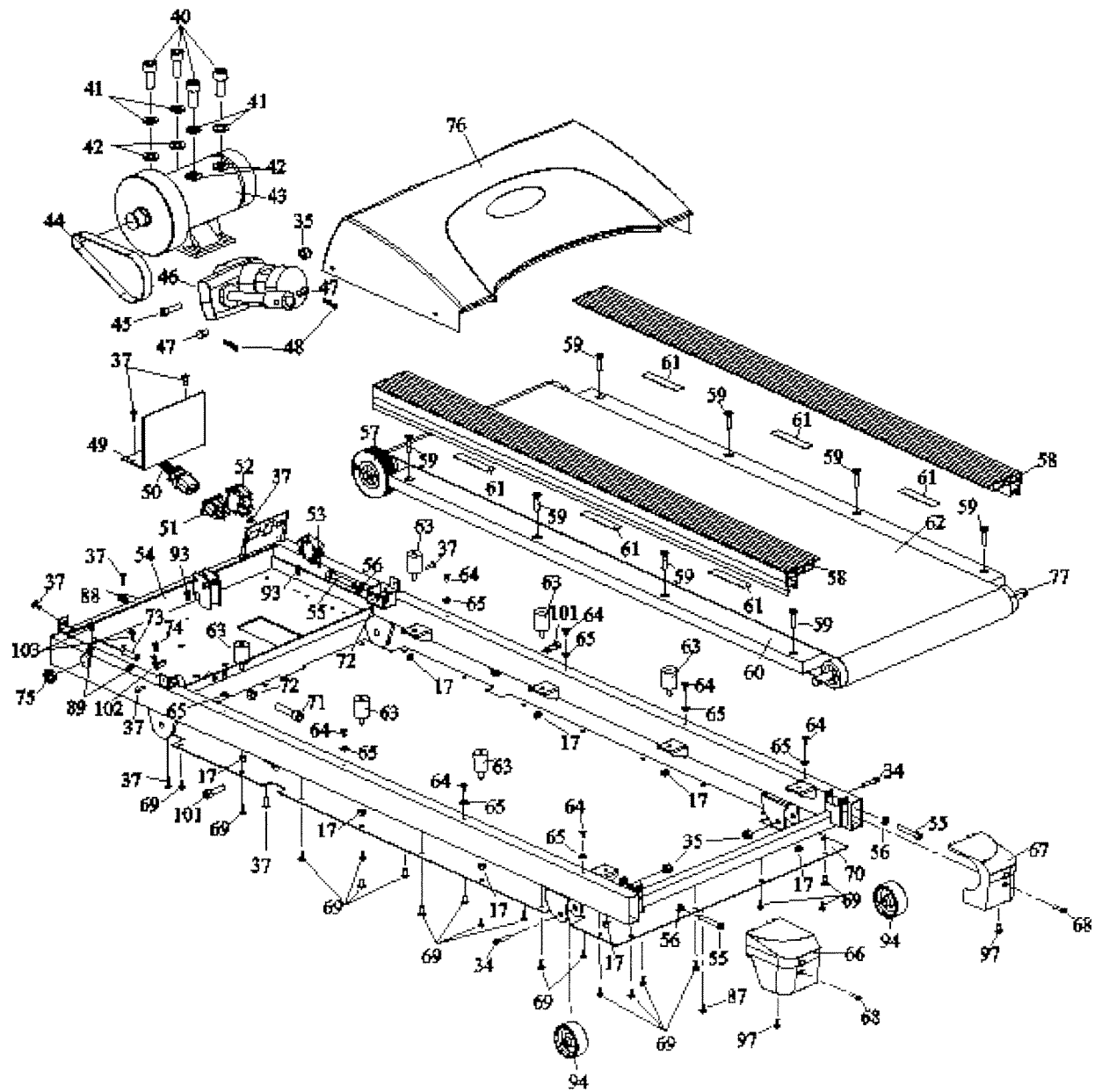
SCHWINN FITNESS, INC.

825 EXPLODED VIEW



SCHWINN FITNESS, INC.

825 EXPLODED VIEW



SCHWINN FITNESS, INC.

PARTS LIST 825

KEY	PART	DESCRIPTION	KEY	PART	DESCRIPTION
1	DK2001	COMPUTER CONSOLE P-1107/P-1108 (825)	55	DK1071	BOLT M8 X P1.25 X 55
2	DK1002	SCREW COVER LEFT P1109L	56	DK1072	WASHER 8 X 16 X 1.5T
3	DK1003	SCREW COVER RIGHT P1109R	57	DK2057	FRONT ROLLER
4	DK1004	BOLT K 298	58	DK2058	PLASTIC FOOTRAIL P-1053
5	DK1005	SAFETY KEY / CLIP P1044	59	DK1032	BOLT M8 X P1.25 X 35
6	DK1006	BOLT M8 X P1.25 X 135	60	DK2060	WALKING BOARD
7	DK1007	UPRIGHT LEFT	61	DK1084	SPONGE 20 X 100 X 1.5T
8	DK1008	UPRIGHT RIGHT	62	DK2062	WALKING BELT
9	DK1009	HANDRAIL SPACER P-1060	63	DK1084	SPONGE 20 X 100 X 1.5T
10	DK1010	HANDRAIL	64	DK1068	BOLT M4 X P0.7 X 10
11	DK1011	SPONGE PIPE	65	DK1069	PLASTIC P1034
12	DK1012	SUPPORT BASE WELD	66	DK2066	REAR ADJUST BOX LEFT P-1054L
13	DK1017	SPACER T-1102	67	DK2067	REAR ADJUST BOX RIGHT P-1054R
14	DK1013	BOLT M8 X P1.25 X 12	68	DK1077	BOLT M4 X P0.7 X 20
15	DK1014	SPRING WASHER M8	69	DK1064	BOLT 4 X 16
16	DK1015	WASHER 8 X 19 X 2.0T	70	DK2070	BELLY PAN P-1149
17	DK1034	NUT M8 X P1.25	71	DK1073	BOLT M8 X P1.25 X 45
18	DK2018	CYLINDER CY-004	72	DK1074	BOLT M 8 X P1.25
19	DK1049	BOLT M8 X P1.25 X 15	73	DK2073	SENSOR
20	DK1021	WASHER 8 X 25 X 2.0T	74	DK1063	KSS PLATE HC-101S
21	DK1016	PLASTIC WASHER P-1057	75	DK1102	WIRE RING OSB-26
22	DK1019	TRANSPORT WHEEL P-320	76	DK2076	UPPER COVER P-1055
23	DK1018	LIFTER WELD	77	DK2077	REAR ROLLER
24	DK1025	BASE WELD	78	DK2078	CONTROL WIRE (BOTTOM)
25	DK1024	BOLT M8 X P1.25 X 30	79	DK2079	EXTENSION WIRE (GREEN)
26	XX	NO. NOT USED	80	DK1091	14AWG X 130 MM X 1T1R
27	DK1033	DECK # 2393			EXTENSION WIRE (WHITE)
28	DK1032	BOLT M8 X P1.25 X 35	81	DK1092	14AWG X 90 MM X 2T
29	DK1035	SPRING S-077			EXTENSION WIRE (BLACK)
30	DK1036	SPRING SPACER P-1058	82	DK2082	14AWG X 90 MM X 2T
31	DK2031	BOLT M6 X P1.0 X 10			EXTENSION WIRE (WHITE)
32	DK1026	PLATE LEFT	83	DK2083	14AWG X 450 MM X 2T
32.1	DK1027	PLATE RIGHT			EXTENSION WIRE (BLACK)
33	DK2033	RUBBER P-1067	84	DK1095	14AWG X 300 MM X 2T
34	DK1029	BOLT K-288			ALLEN WRENCH 6 MM
35	DK1030	NUT M10 X P1.5	85	DK1096	(80MM X 80MM)
36	DK1031	POST T 1026	86	DK1062	ALLEN WRENCH 5 MM
37	DK1040	BOLT M 5 X P0.8 X 10	87	XX	WIRE BUTTON UC-1
38	DK2038	COVER LEFT P-1059L	88	DK2088	NO. NOT USED
39	DK2039	COVER RIGHT P-1059R	89	XX	WIRE BUTTON UC-2
40	DK2040	BOLT M10 X P1.5 X 25	90	DK1022	NO. NOT USED
41	DK2041	SPRING WASHER M10	91	DK2091	BASE SCREW PLATE NO. 2472
42	DK2042	WASHER 10 X 20 X 3.0T	92	XX	PLASTIC WASHER P-1122
43	DK2043	MOTOR (825)	93	DK1105	NO. NOT USED
44	DK2044	DRIVE BELT (825)	94	DK1097	BOLT M5 X P0.8 X 8
45	DK1052	BOLT M10 X P1.5 X 40	95	DK2095	WHEELS P-1145
46	DK2046	INCLINE MOTOR (825)			HEART RATE TRANSMITTER
47	DK1053	STEEL PIN	96	DK2196	POLAR T41
48	DK1054	R (COTTER) PIN 10 X 2.0	97	DK1098	WASHER 8 X 19 X 1.5T
49	DK2049	CONTROLLER	98	DK1100	BOLT M4 X P0.7 X 16
50	DK1086	POWER CORD	99	DK1101	FOOT PAD P-1151
51	DK1057	POWER SOCKET	100	DK1099	BOLT 4 X 20
52	DK1058	POWER SWITCH	101	DK2101	BOLT M8 X P1.25 X 50
53	DK1059	CIRCUIT BREAKER	102	DK1103	BOLT M8 X P1.25 X 25
54	DK1056	FRAME	103	DK1104	SENSOR PLATE P-1152
					BOLT M4 X P0.7 X 15

NON-ILLUSTRATED PARTS

PART #	DESCRIPTION
DK2096	HARDWARE BAG

SCHWINN FITNESS, INC.

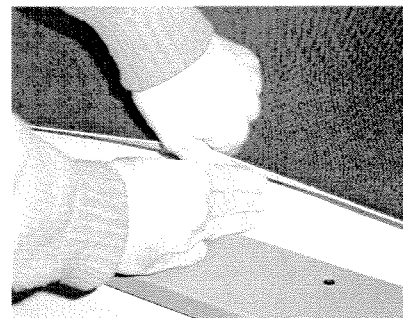
TAKING CARE OF YOUR TREADMILL

Just like changing the oil in your car or replacing a filter in your home's heating and cooling system, a little preventive maintenance will insure your treadmill will operate smoothly and quietly for years to come.

WALKING BELT TENSION

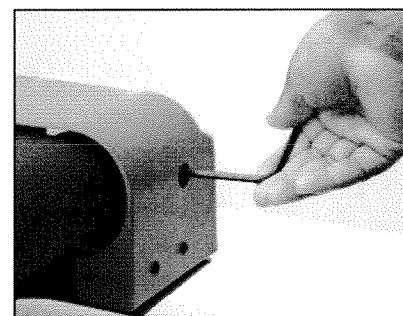
As walking belts tend to stretch slightly with use, the walking belt may occasionally need to be tightened. If the walking belt is too loose, you may find the belt stops while running or walking, while the motor continues to run. **DO NOT OVERTIGHTEN THE BELT.** This will cause reduced motor performance and roller damage.

When properly tensioned, you should be able to lift the side of the belt about 2-3 inches (5-7.5 centimeters). A quick test for belt tension: you should be able to fit three fingers under the edge of the belt.



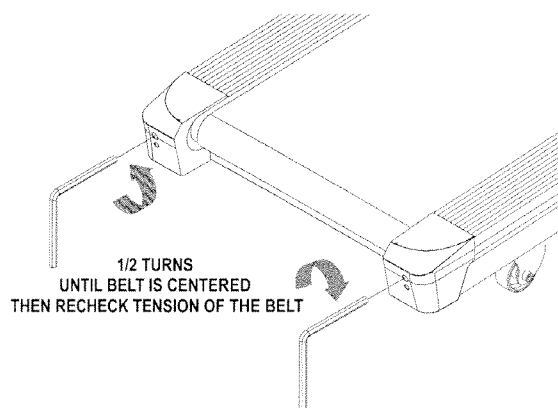
To tighten belt:

Use the hex key provided with the treadmill (or a 3/16 inch hex wrench). Place the hex key in the hole in left end cap and into the socket of the adjustment screw. Turn key one full turn clockwise. Then place hex key in hole in right end cap and turn key one full turn clockwise. Check the tension of the belt. Continue back and forth until belt is at the correct tension. Make sure to adjust both sides equally to ensure correct belt alignment.



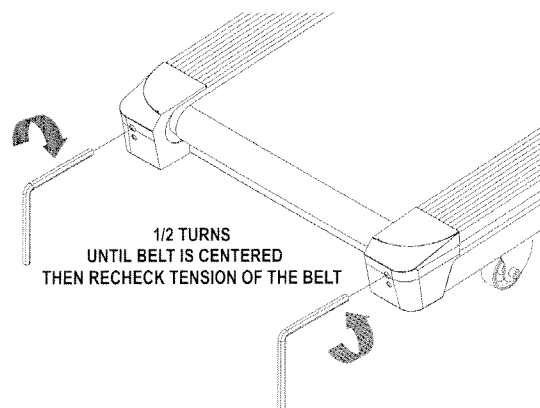
WALKING BELT CENTERING

The walking belt may occasionally need to be centered. First be certain that belt is tensioned properly (see above). Run the treadmill at about 3.5 mph (6 kph). Place the hex key through the hole in the left end cap and into the socket of the adjustment screw.



If belt has moved to the right:

Turn the right adjustment screw 1/2 turn clockwise, then turn the left adjustment screw 1/2 turn counterclockwise. If belt does not move, repeat until belt is centered.



If the belt has moved to the left:

Turn the right adjustment screw 1/2 turn counterclockwise, then turn the left adjustment screw 1/2 turn clockwise. If belt does not move, repeat until belt is centered.

PREVENTIVE MAINTENANCE

WARNING: ALWAYS UNPLUG THE TREADMILL FROM THE ELECTRICAL OUTLET BEFORE CLEANING, LUBRICATING, OR SERVICING THE UNIT

General cleaning of the treadmill will prolong the life of the treadmill and improve performance.

Keep the unit clean by dusting regularly. Be sure to dust the exposed part of the deck on either side of the walking belt and also the side rails.

SCHWINN FITNESS, INC.

For best performance, we recommend your treadmill be placed on a treadmill mat. Along with reducing noise, a treadmill mat will help to keep dust debris away from your treadmill's critical components.

Clean the top of the belt with a wet, soapy cloth. Be careful to keep liquid away from inside the motorized treadmill frame or underneath the belt.

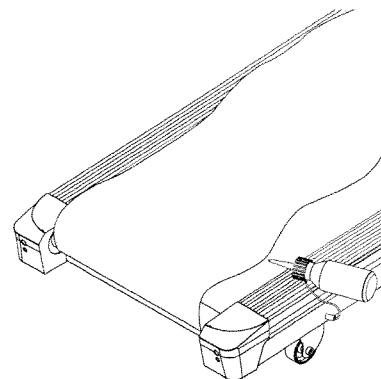
WARNING: ALWAYS UNPLUG THE TREADMILL FROM THE ELECTRICAL OUTLET BEFORE REMOVING THE MOTOR COVER.

At least once a year remove the motor cover and vacuum under the motor cover.

WALKING BELT AND DECK LUBRICATION

It is recommended that the deck be lubricated every 6~12 months according to the frequency of usage. First, use wrench to loosen the bolts in the end caps. Pull up the running belt, dispense the lubricant on the deck, and spread evenly. After lubricating the deck, adjust the belt, center and check the belt tension as described on previous page.

This treadmill is equipped with a pre-lubricated, low maintenance deck and belt system. The belt/deck friction may affect the function and life of your treadmill and requires periodic lubrication. We also recommend a periodic inspection of the deck surface under the walking belt. If the deck appears worn, contact;



**Schwinn Treadmill Manufacturing facility,
12032 Hwy 155 N, Tyler Texas 75708, (800) 499-4322,
or on the web at service@hebbindinc.com.**

Use the following timetable as a guide to lubricate the deck:

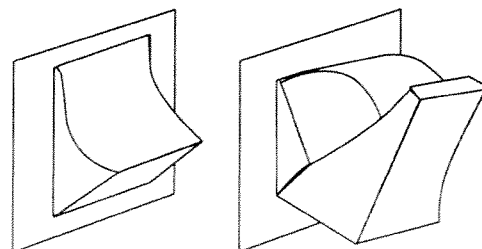
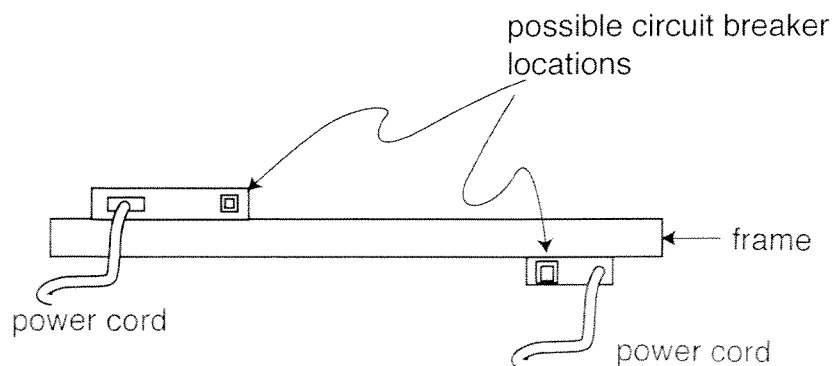
- | | |
|---------------------------------------|--------------------|
| • Light user (less than 3 hours/week) | annually |
| • Medium user (3-5 hours/week) | every six months |
| • Heavy user (more than 5 hours/week) | every three months |

We recommend that you use the following:

- Fit-Tech Silicone Lube #72016
- Lube-N-Walk Treadmill Lubrication Kit #93067

Both are available through your local Schwinn retailer. View our entire line of Schwinn Fitness accessories at schwinnfitness.com.

**LOCATING THE CIRCUIT BREAKER ON YOUR TREADMILL
near the front of the treadmill, near the power cord**



SCHWINN FITNESS, INC.

TROUBLESHOOTING GUIDE

PROBLEM	CAUSE	CORRECTION
Treadmill will not start	1. Not plugged in. 2. Safety pull pin not inserted. 3. Treadmill circuit breaker tripped.	1. Plug into three prong grounded outlet. 2. Insert safety pull pin. 3. Reset circuit breaker
Speed not accurate.	1. Set in wrong units (kilometers or miles)	1. Change units
Walking belt slips	1. Walking belt loose.	1. Adjust walking belt tension (See "Taking Care of Your Treadmill")
Walking belt not centered.	1. Walking belt tension not centered across the rear roller.	1. Adjust walking belt tension (See "Taking Care of Your Treadmill")
Heart rate not displayed (using chest strap)	1. Transmitter not making good contact with skin. 2. Electromagnetic interference.	1. Moisten skin contact area on the chest strap, or turn chest strap upside down. 2. Turn off any television, microwave, or computer within 6 feet (2 meters) of treadmill
Treadmill squeaks	1. Pivot points need lubrication.	1. Lubricate pivot points. (See Exploded View)

QUESTIONS OR CUSTOMER SUPPORT PLEASE CONTACT:

Schwinn Treadmill Manufacturing Facility
12032 Hwy. 155 N • Tyler, TX 75708
(903) 579-6156 • (800) 499-4322 • FAX (903) 877-3099
service@hebbindinc.com

The Nautilus Health and Fitness Group
1886 Prairie Way
Louisville, CO 80026

SCHWINN FITNESS, INC.