

		Service Bulletin: Removing Surface Rust on Non-Painted Surfaces	
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PROBLEM

Surface rust can form during manufacturing and shipping. It can be easily removed by hand and will not cause any damage to the unit. This bulletin shows how to remove the rust and clean the surface from under strength equipment hand grips, but the same process can be applied to surface rust found on any non-painted surface.

Before



After



REQUIRED TOOLS

Cloth towel for cleaning

Emery cloth

3-in-One oil

3mm & 4mm Allen key

Wrench

SOLUTION

1. Remove the hand grip collar, end cap and grip from the handle using the wrench and Allen keys.
2. Remove surface rust with an emery cloth.
 - a. Cut a small 6-8" section of emery cloth.
 - b. Wrap the emery cloth around the handle and scrub in a back and forth motion.



3. Use towel to wipe the handle clean.
4. Put a small amount of 3-in-One oil onto a clean, dry towel and rub it onto the handle. You are not trying to lubricate but *clean* rust not seen by the eye.



5. Wipe off any excess with the clean, non-oiled part of the towel.
6. Once dry, assemble the hand grip in reverse order of removal.