

Calibration Guide

100 Series

Model: X6100 (MEP33)

This guide will assist you in entering the Engineering Mode of the console to view and/or change the following variables:

- User Defined Variables:
 - Default Workout Time
 - Default Level (of resistance)
- Machine Accumulated Variables:
 - Total Time
 - Total Distance
- Console and Brake Tests
 - Display Test
 - Hardware and Software Test
- Setting the console for:
 - Miles or Kilometers
 - Bike or Elliptical



ENTER ENGINEERING MODE

- Press and hold the UP and DOWN buttons simultaneously for five seconds.
- You will hear a series of beeps and the display will read "USER SET." You are now in ENGINEERING MODE.

SELECTING ENGINEERING SUBGROUP

- Use the UP and DOWN buttons to switch between the various Engineering Subgroups (modes).
- Press START to enter the desired subgroup (mode).

USER SET MODE (use the SELECT button to move between variables)

- SETTING DEFAULT WORKOUT TIME
 - The top left window will be flashing the default time. Use the UP and DOWN buttons to change the time.
 - To save changes, press and hold START for approximately three seconds.
 - Press SELECT to go to Default Level.
- SETTING DEFAULT LEVEL (resistance)
 - The top right window will be flashing the default resistance level. Use the UP and DOWN buttons to set default level.
 - To save changes, press and hold START for approximately three seconds.
- DISPLAY TEST (will appear as DIS TEST)
 - Viewing Accumulated Time (total time on machine)
 - « The left center window will show accumulated hours of use.
 - Viewing Accumulated Distance (total distance on machine)
 - « The right center window will display accumulated distance in miles or kilometers.
 - « To exit USER SET MODE press and hold SELECT for approximately three seconds.

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ENTER ENGINEERING MODE (CONTINUED)

DISPLAY TEST (will appear as DIS TEST)

- This test checks all display LCDs
 - Press the UP button to test the LCD in the display windows.
 - Press the DOWN button to test the LCD in the matrix display.
 - To exit DIS TEST MODE press and hold SELECT for approximately three seconds.

HARDWARE/BRAKE AND SOFTWARE TEST (will appear as HW TEST)

- Displays software version in the Scrolling Display window.
- Shows RPM rate in the bottom left window.
- Shows brake movement in the bottom right window. Press and hold the UP button or the DOWN button to have the brake move through its cycle.
- To exit HW TEST MODE press and hold SELECT for approximately three seconds.

EXIT ENGINEERING MODE

- Press and hold SELECT for approximately three seconds.

SETTING: MILES VS. KILOMETERS AND BIKE VS. ELLIPTICAL

- The console can be configured for A) **Bike or Elliptical**; and B) **Miles or Kilometers**. These settings are selected via small DIP switches inside the console. Remove the console to access the switches.

