

V I S I O N F I T N E S S

Home fitness at its best

IT ALL STARTS

Treadmill
Catalogue
&
buying guide

WITH A VISION



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www.visionfitness.com

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Power IQ and Slik-Dek are Trademarks of Vision Fitness. 11.00 Part #Y0055000
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THE STORY OF VISION FITNESS

Vision Fitness began as the fitness division of Trek® Bicycle Company, one of the world's largest manufacturers of quality outdoor bicycles. At Trek, we pioneered the development of the smoothest and quietest exercise bikes available. In 1996, Vision Fitness was spun off by the former Trek Fitness management team to continue to bring to market innovative fitness products. We offer our customers the same combination of quality, value, and performance that has made our founding company the most asked for bicycle brand in America.

All of our treadmills are designed with the realities of home exercise in mind. Our "Power I.Q.™" PWM Motor Controller keeps the tread belt travelling at a smooth, consistent speed. Our ECS Elastomer Cushioning System™ assures a comfortable response with each foot strike. Finally, our HRC Heart Rate Control system allows you to achieve the most efficient workout possible.

At the recent Health and Fitness trade show, our dealers awarded us with the Best Customer Service in the industry. We take great pride in offering the best service in the industry to all our customers.

We invite you to walk or run on any of our treadmills at your local Vision Fitness dealer and experience for yourself the *joy of exercise*.

Thank you

Greg Waters

GREG WATERS

For more information about our entire line of fitness products please visit us at our website: www.visionfitness.com

HEALTH & FITNESS
Expo & Conference

1999
Customer Service Award

VALUE TREADMILLS

T7400 FULL PLATFORM	T7200 FOLDING	T7000 FULL PLATFORM
3-WINDOW LED ONE-BUTTON START™ 46 Total Programs (9 Levels of 5 Profiles plus Manual) Intervals • Speed Change Weight Loss • Speed Change Weight Loss • Elevation Change 5K Run • Elevation Change 10K Run • Elevation Change	3-WINDOW LED ONE-BUTTON START™ 46 Total Programs (9 Levels of 5 Profiles plus Manual) Intervals • Speed Change Weight Loss • Speed Change Weight Loss • Elevation Change 5K Run • Elevation Change 10K Run • Elevation Change	LARGE SINGLE WINDOW LED ONE-BUTTON START™ Manual
Speed, Elevation, Time, Distance, Calories, Pace	Speed, Elevation, Time, Distance, Calories, Pace	Speed, Elevation, Time, Distance, Calories
54 x 20"	54 x 16.5"	54 x 20"
0 to 10% Cambridge Motor Works™	0 to 10% Cambridge Motor Works™	0 to 10% Cambridge Motor Works™
.5 to 10 MPH	.5 to 10 MPH	.5 to 10 MPH
2hp Continuous Duty Cambridge Motor Works™	2hp Continuous Duty Cambridge Motor Works™	2hp Continuous Duty Cambridge Motor Works™
Power I.Q.™ Digital Concepts PWM with Fuseless Current Limit	Power I.Q.™ Digital Concepts PWM with Fuseless Current Limit	Power I.Q.™ Digital Concepts PWM with Fuseless Current Limit
Low Maintenance Prewaxed Phenolic	Low Maintenance Prewaxed Phenolic	Low Maintenance Prewaxed Phenolic
Cushioned	Cushioned	Cushioned
1.7" Anti-Static	1.7" Anti-Static	1.7" Anti-Static
2.5" Crowned with Large O.D. Bearing	2.5" Crowned with Large O.D. Bearing	2.5" Crowned with Large O.D. Bearing
Crowned Roller and Guides	Crowned Roller Quiet & Non-fraying	Crowned Roller and Guides
Heavy Gauge Steel Welded Frame	Folding Heavy Gauge Steel Welded Frame	Heavy Gauge Steel Welded Frame
Lifetime Frame 5 Years Motor 2 Years Parts/Electronics 1 Year Labor*	Lifetime Frame 5 Years Motor 2 Years Parts/Electronics 1 Year Labor*	Lifetime Frame 5 Years Motor 2 Years Parts/Electronics 1 Year Labor*
72" x 28"	63" x 32" 22" x 32" Folded	72" x 28"
275 lbs.	275 lbs.	275 lbs.

quality control



Final assembly of our treadmills is performed with consistency and precision in an ISO 9001 Quality Certified facility. ISO standards are an internationally recognized quality methodology designed to assure the highest standards of production.

In addition, each treadmill goes through a final detailed 44 point inspection. Important standards such as vibration and decibel readings are taken to assure only the highest quality treadmill is shipped.

T8600HRC & T8600S

LIGHT INSTITUTIONAL
WARRANTY*
Up to 5 Hours of Use per Day

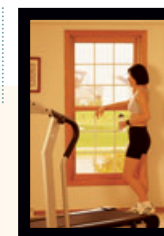
2 Years Frame
2 Years Motor
2 Years Parts/Electronics
2 Years Labor*

* Refer to www.visionfitness.com for complete Warranty details. All product specifications are subject to change.

FEATURE COMPONENT	VISION FITNESS PERFORMANCE TREADMILLS				
	T8600HRC LIGHT INSTITUTIONAL	T8600S LIGHT INSTITUTIONAL	T8500HRC FULL PLATFORM	T8400HRC FULL PLATFORM	T8200HRC FOLDING
CONSOLE	SMART MATRIX HRC™ PLUS PROFILE MATRIX LED DISPLAY W / HEART RATE CONTROL 47 Total Programs (9 Levels of 5 Profiles plus Manual) Intervals • Speed Change Weight Loss • Speed Change Weight Loss • Elevation Change 5-K Run • Elevation Change 10-K Run • Elevation Change	SIMPLE DESIGN 3-Window LED Display	SMART MATRIX HRC™ PLUS PROFILE MATRIX LED DISPLAY W / HEART RATE CONTROL 47 Total Programs (9 Levels of 5 Profiles plus Manual) Intervals • Speed Change Weight Loss • Speed Change Weight Loss • Elevation Change 5-K Run • Elevation Change 10-K Run • Elevation Change	SMART MATRIX HRC™ PLUS PROFILE MATRIX LED DISPLAY W / HEART RATE CONTROL 47 Total Programs (9 Levels of 5 Profiles plus Manual) Intervals • Speed Change Weight Loss • Speed Change Weight Loss • Elevation Change 5-K Run • Elevation Change 10-K Run • Elevation Change	SMART MATRIX HRC™ PLUS PROFILE MATRIX LED DISPLAY W / HEART RATE CONTROL 47 Total Programs (9 Levels of 5 Profiles plus Manual) Intervals • Speed Change Weight Loss • Speed Change Weight Loss • Elevation Change 5-K Run • Elevation Change 10-K Run • Elevation Change
CONSOLE FEEDBACK	Heart Rate, Avg. Speed, Speed, Elevation, Time, Calories, Distance, Pace	Speed, Elevation, Time, Calories, Distance, Pace	Heart Rate, Avg. Speed, Speed, Elevation, Time, Calories, Distance, Pace	Heart Rate, Avg. Speed, Speed, Elevation, Time, Calories, Distance, Pace	Heart Rate, Avg. Speed, Speed, Elevation, Time, Calories, Distance, Pace
RUNNING AREA	60 x 20"	60 x 20"	60 x 20"	54" x 20"	54 x 16.5"
ELEVATION	0 to 12% 700 lb Thrust Motor	0 to 12% 700 lb Thrust Motor	0 to 12% 700 lb Thrust Motor	0 to 10% 700 lb Thrust Motor	0 to 10% 700 lb Thrust Motor
SPEED	.5 to 12 MPH	.5 to 12 MPH	.5 to 10 MPH	.5 to 10 MPH	.5 to 10 MPH
MOTOR	2.5 hp Continuous Duty Baldor Internal Fan Cooled	2.5 hp Continuous Duty Baldor Internal Fan Cooled	2 hp Continuous Duty Baldor Motor	2 hp Continuous Duty Leeson FHP Motor	2 hp Continuous Duty Leeson FHP Motor
MOTOR CONTROL	Power I.Q.™ Digital Concepts Club Rated PWM with Fuseless Current Limit & Dynamic Short Circuit Protection	Power I.Q.™ Digital Concepts Club Rated PWM with Fuseless Current Limit & Dynamic Short Circuit Protection	Power IQ™ Digital Concepts PWM with Fuseless Current Limit	Power IQ™ Digital Concepts PWM with Fuseless Current Limit	Power IQ™ Digital Concepts PWM with Fuseless Current Limit
DECK	1" Commercial Grade Low Maintenance Prewaxed Phenolic Both Sides Coated	1" Commercial Grade Low Maintenance Prewaxed Phenolic Both Sides Coated	1" Low Maintenance Prewaxed Phenolic Both Sides Coated	.75" Low Maintenance Prewaxed Phenolic Single Side Coated	.75" Low Maintenance Prewaxed Phenolic Single Side Coated
CUSHIONING	ECST™ Elastomer Cushioning System	ECST™ Elastomer Cushioning System	ECST™ Elastomer Cushioning System	ECST™ Elastomer Cushioning System	ECST™ Elastomer Cushioning System
BELT	Siegling COOL-WEAVE™ 2-Ply Urethane High Conductivity	Siegling COOL-WEAVE™ 2-Ply Urethane High Conductivity	2.1™ 2-Ply	2.1™ 2-Ply	2.1™ 2-Ply
ROLLERS	2.5" Crowned with Large O.D. Bearings	2.5" Crowned with Large O.D. Bearings	2.5" Crowned with Large O.D. Bearings	2.5" Crowned with Large O.D. Bearings	2.5" Crowned with Large O.D. Bearings
BELT TRACKING	Crowned Roller and Guides	Crowned Roller and Guides	Crowned Roller and Guides	Crowned Roller and Guides	Crowned Roller Quiet & Non-fraying
FRAME	Xtra Heavy Duty Steel Welded Frame	Xtra Heavy Duty Steel Welded Frame	Xtra Heavy Duty Steel Welded Frame	Heavy Duty Steel Welded Frame	Folding Heavy Gauge Steel Welded Frame
HOME WARRANTY* For our Light Institutional Warranty see Page 29.	Lifetime Frame 5 Years Motor 3 Years Parts/Electronics 2 Years Labor*	Lifetime Frame 5 Years Motor 3 Years Parts/Electronics 2 Years Labor*	Lifetime Frame 5 Years Motor 3 Years Parts/Electronics 1 Year Labor*	Lifetime Frame 5 Years Motor 3 Years Parts/Electronics 1 Year Labor*	Lifetime Frame 5 Years Motor 3 Years Parts/Electronics 1 Year Labor*
FLOOR SPACE	80" x 28"	80" x 28"	80" x 28"	72" x 28"	63" x 32" 22" x 32" Folded
MAX. USER WEIGHT	400 lbs.	400 lbs.	350 lbs.	325 lbs.	300 lbs.

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ALL OUR PRODUCTS
ARE DESIGNED WITH
THE REALITIES OF
HOME EXERCISE
IN MIND.

selecting the right equipment for you

■ **WHAT TYPE OF EQUIPMENT WILL YOU USE?** Don't be overly concerned about which type of equipment is 'best'. Nearly all types of aerobic equipment will deliver a beneficial workout. The more important question is this - *Which type of equipment will you use?* Walking and running are America's #1 participation activities with over 67 million people participating last year. A treadmill lets you bring your favorite outdoor activity indoors.

■ **TRY IT FIRST.** Always try a new fitness product first. Spend 5 minutes or more on the equipment to make sure it fits you and that the motion is fluid and natural, not awkward. Also, make sure the levels can be adjusted to meet your needs.

■ **IS IT BOTH AFFORDABLE AND GOOD QUALITY?** Some types of equipment such as treadmills deliver a good workout, but are inherently more expensive than other types of fitness products. Since treadmill prices vary over a wide range, make sure no shortcuts have been taken by reviewing our No-Compromise Design & Affordable Quality Design sections.

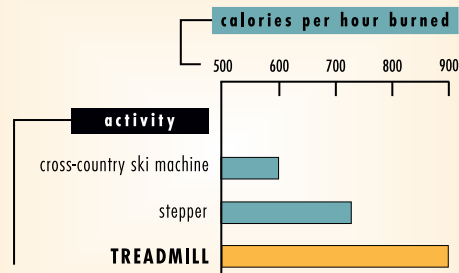
■ **WARRANTY AND DEALER SUPPORT** Vision Fitness offers a limited lifetime warranty on the frame, a five-year motor, and a three-year parts/electronics and one-year labor warranty for home use on the 8000 Series. On our 7000 Series we offer a limited lifetime warranty on the frame, a five-year motor, and a two-year parts/electronics and one-year labor warranty for home use. Should service be needed, your local dealer is qualified to perform any necessary repairs.

■ **WHY BUY FROM A SPECIALTY FITNESS RETAILER?** It's really quite simple; it all boils down to service. We can build the best fitness products, however, if they are not assembled and set up by a professional, they may not perform as intended. A specialty retailer can also guide you to the proper type of equipment to help you meet your fitness goals.

take the easy street One big plus about working out on a treadmill is that the perceived exertion level is lower than on any other type of indoor equipment including cross country ski machines. Because a workout on a treadmill feels less strenuous for equivalent calorie expenditures, you are more likely to workout longer and stay with your fitness program. In short, you'll find it easier and more enjoyable to keep fit on a treadmill.

Zeni et al. "Energy Expenditure With Indoor Exercise Machines" *Journal of American Medical Association* 275.18 (1996): 1424.

2



Quality CHECKLIST

Heavy Gauge Steel Frame

- Simply lift the treadmills you're considering to determine the comparative gauge of steel used

2 hp D.C. Motor

- 2 hp *continuous duty* (not peak rating)
- Insulation rating of F or H
- Ball bearings on both ends of shaft
- Accessible motor brushes

PWM Motor Controller

- Power IQ™ Fuseless current limit
- No stall performance

Program Profile Levels

- Programs have both level and time set options

Prewaxed Phenolic Coated Deck

- Does not require frequent lubrication

2-Ply or 1.7^{MM} Belt

- Lays flatter and will not stretch as much as a conventional 1-Ply

2.5" Roller

- Reduces wear on belt and entire drive system
- Uses larger, top grade bearings

Crowned Roller Belt Tracking

- Self-centers the belt as you use it

ISO Quality Manufacturer

- State of the art quality manufacturing facility and procedures
- 44 point inspection checklist included with every treadmill



We recognize that a treadmill is a large investment. Use the checklist (left) to better understand the differences in the treadmills you are considering. The more boxes you check, the more likely the treadmill you are considering will hold up to years of use. Nearly all the quality features listed are found on far more expensive health club treadmills, for the very same reason you want these features on your home model - long product life with minimal service and maintenance.

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before you buy

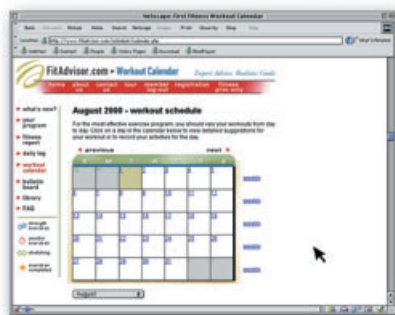
your fitness connection



Vision Fitness has teamed up with the experts at **FitAdvisor.com™** to offer you a special training and motivational program. Simply purchase a quality Vision Fitness treadmill, and receive a FREE 8-week fitness program prepared and monitored by a physiologist / A.C.E.-certified personal trainer.

The **FitAdvisor.com™** program asks you certain health and fitness questions, along with your personal schedule, then develops a program that is especially suited for *you* to achieve *your* goals. The personalized tracking log allows you to monitor your progress on a daily basis. You are regularly sent e-mails providing feedback and encouragement.

To learn more about the 8-week offer and **FitAdvisor.com™**, please visit visionfitness.com, myfitness.com or **FitAdvisor.com™**.



benefits of home exercise

We recommend participating in a variety of aerobic activities. The variety will keep you more involved and more likely to sustain your fitness program over time. Vision Fitness treadmills, exercise bikes and elliptical trainers are all excellent tools to keep you involved and healthy enough to enjoy your favorite outdoor activities - whether it's walking, cycling, in-line skating, or skiing.

The most important thing is to stay consistently active. In fact, the US Surgeon General recently issued a warning stating that lack of regular exercise is a recognized health risk.

Further advantages of having a quality fitness product in your home:

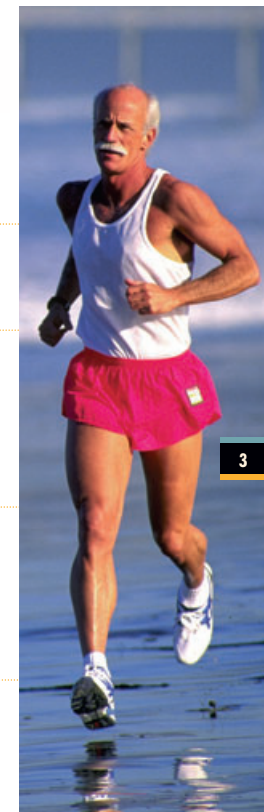
independence *You workouts are not weather or daylight dependent.*

control *You control your schedule, you control the intensity - you control your health.*

timesaver *Combine your workout with other activities such as watching television. Eliminate the drive time to and from the health club.*

more family *Time is what we have the least of. No difficult trade-offs or balancing acts are necessary - You can have more family time while you workout.*

safety *Workout comfortably in the safety of your own home.*



No-Compromise DESIGN

We've taken a No-Compromise approach to the selection of every component used in Vision Fitness 8000 Series treadmills.

This starts by using only component suppliers with years of treadmill manufacturing experience. Combined, our key component suppliers have over 40 years experience in the treadmill business. Throughout our component selection process, we are constantly asking the simple but critical question – *Which part is more reliable?* This approach to product design means we will never be the low price treadmill manufacturer. That's not our goal. Our goal is to design and build treadmills that will provide you with year after year of performance, with minimal maintenance or service – and to do that we only use brand-name, proven components.

INDUSTRIAL GRADE MOTORS WITH RATING OF F OR H In the 8000 Series, Vision Fitness uses only 2 hp *continuous duty* F frame motors from Leeson FHP or Baldor. Horsepower ratings are just one characteristic of a motor. Other key motor features are insulation grade, ventilation, bearings, and brush access. In general, a larger motor with superior insulation (ratings of F or H) will last longer because of superior cooling characteristics. (Less expensive motors are rated A, B, or C.) All our motors use top grade ball bearings on both ends of the motor shaft whereas less expensive motors often use bushings. Also, our motor brushes, which are a slow wearing part on any motor, can be easily accessed without motor disassembly.



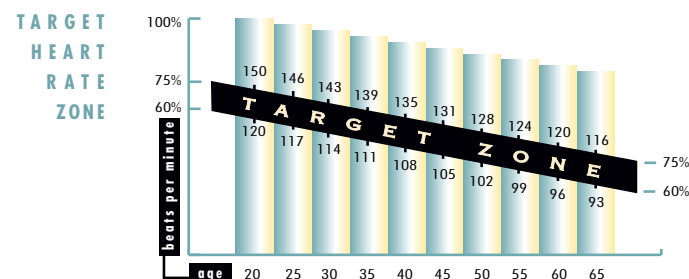
4



YOUR HEART KNOWS BEST Heart rate training is the most effective way to burn fat and lose weight. Best of all it's easy to do; simply enter your target heart rate into the console (turn to Page 25 to find your target heart rate). The console then automatically adjusts the elevation on the treadmill to keep you in your target heart rate zone. The heart rate control utilizes a wireless telemetric strap that is worn around your chest to send your heart rate information to the console.

using a heart rate monitor

The American Heart Association recommends that you exercise 3 to 4 days per week at 60 to 75% of your maximum heart rate to maintain cardiovascular fitness. By monitoring your heart rate while you exercise, you can achieve the optimally beneficial workout in the minimum amount of time.



VISION FITNESS HEART MONITORS

A Vision Fitness heart rate monitor can be used with or without our treadmills. A heart rate monitor is a convenient tool for monitoring your workout as well as your fitness progress over time. By monitoring your heart rate, you have the information you need to workout smart.



All Vision Fitness Heart Rate Monitors Feature:

- ECG Accurate Heart Rate
- Wireless Telemetric Design
- Easy to Read Display
- Replaceable Batteries

Our Full Function VF-III Pictured Here Also Includes:

- Backlight Display
- Stopwatch
- Day & Date Calendar
- Audio & Visual Alarm
- High/Low Target Alarm Settings
- Clock

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ASK YOUR DEALER FOR OTHER
POPULAR ACCESSORIES:

Water Bottles · Contact Heart Rate Bars · Vision Fitness Clothing

basic fitness guidelines*



STRETCH FIRST Before beginning your workout, spend a few minutes doing gentle stretching exercises.



WARM UP The first 2 to 5 minutes of a workout should be devoted to warming up. The warm up will gradually prepare your muscles for the more vigorous workout.

THE HEART OF YOUR WORKOUT

how often?

The American Heart Association recommends that you exercise at least 3 to 4 times per week to maintain cardiovascular fitness. If you have other fitness goals, such as weight loss or athletic conditioning, you will achieve your goal faster working out 5 to 6 times per week.

how long?

For aerobic conditioning benefits, it's recommended that you exercise from 24 to 32 minutes per session. Be sure to start slowly and gradually increase your time. If your primary fitness goal is weight loss, longer sessions at lower intensities have been found to be most effective.

how hard?

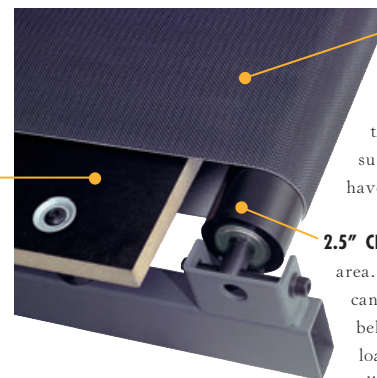
Always begin an exercise program at low intensities. Aerobic exercise does not have to be painful to be effective. If while exercising you are too winded to maintain a conversation without gasping, you are working out too hard.



COOL DOWN Use a lower resistance setting at the end of your workout to gradually lower your heart rate. A cool down period allows your heart to adjust to the decreased demand.

**Always consult your physician before beginning an exercise program. The Owner's Guide you receive with your purchase covers these guidelines in more detail.*

home fitness at its best



2-PLY BELT There will be minimal belt stretch in a 2-Ply Belt which means less frequent belt tensioning is required than with a standard 1-Ply Belt. A 2-Ply Belt will also lay flatter over time without curling or puckering. In addition, the 2-Ply weaving provides a more stable side-to-side walking surface. Some thin 1-Ply belts have a more pliable weave and will have a noticeable lateral or sideways shift with each foot-plant.

2.5" CROWNED ROLLER A larger roller means a larger belt contact area. The advantage of a larger contact area is that the running belt can then be adjusted looser without slipping. Less tension on the belt allows the entire power system to run cooler by reducing the load on the roller bearings, motor and controller. The larger roller tubing also permits the use of a larger bearing and larger diameter roller axle, which also extends the life of the roller. This is

why you'll only see a 2.5" or greater rollers on light institutional and club treadmills. A crowned roller is machined so that it has a wider diameter in the center than on the ends. This crowning helps the belt to self-center as you use it.

PREWAXED PHENOLIC COATED DECK A Prewaxed Phenolic Slik-Dek® needs far less care than a silicone lube deck. The wax film from the deck impregnates the filament backing of the belt providing a low friction, long lasting coating. Because silicone by nature is more 'migratory' (not wanting to stick to anything), less expensive silicone lube decks require frequent re-applications of silicone. Failure to lubricate frequently enough will increase the friction between the deck and belt potentially causing a treadmill malfunction or breakdown.

WARRANTY Vision Fitness offers a limited lifetime warranty on the frame, a five-year motor, and a three-year parts/electronics and one-year labor warranty for home use on the 8000 Series. *

*Refer to www.visionfitness.com for complete Warranty details



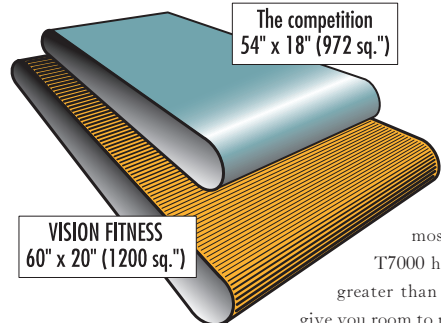
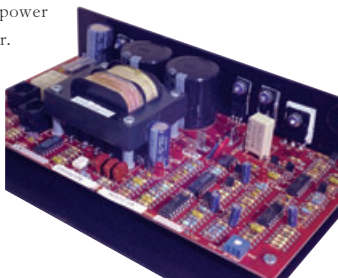
Vision Fitness 8000 Series treadmills



ever to rise above a preset limit, the board would automatically turn the power off to the motor preventing costly damage to either the controller or the motor.

The built in "Power Off" switch means that if the belt were to get jammed or stop for any reason, the treadmill would be shut off. The board can be reset simply by turning the power switch off for 30 seconds, and restarting. Our PWM (Pulse Width Modulation) Motor Controller will be both quieter and deliver more power than a standard SCR controller.

POWER IQ™ The Digital Concepts PWM Motor Controller Board in our treadmills have built in intelligence. If the current draw (amperage) were



BIGGER IS BETTER It's important that you feel comfortable working out on your treadmill. The more comfortable you feel, the more likely you are to continue using your treadmill and achieve your fitness goals. The 60" x 20" running surface on our T8600 Series and T8500HRC is 23% larger than most of our competitors'. Our T8400HRC, T7400 and T7000 have a running surface that measures a 54" x 20" (11% greater than most of our competition). Vision Fitness treadmills give you room to roam.



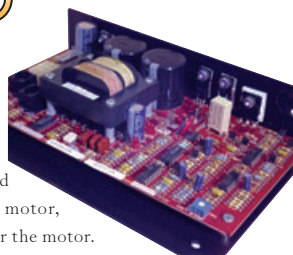
T7000 full platform treadmill

SIMPLICITY AT IT BEST With **EZ•START™**, simply press the Start button and begin exercising. The extra-large, easy-to-read LED console offers Elevation, Time, Distance, Calories and Speed feedback. The speed starts at .5 MPH and goes up to 10 MPH, while the elevation is from 0 to 10 degrees. If you are looking for a great treadmill that has no Programs and is easy to use, the T7000 is the one for you.

DON'T SWEAT THE DETAILS - WE DID When designing the T7000 we set out to bring a high quality affordable treadmill to our customers. We accomplished this by using proven suppliers and components based on our years of experience. Whether it's the 2hp continuous-duty Cambridge Motor Works™ motor, our Power IQ™ PWM motor controller or the 2.5" crowned roller with large O.D. bearings, you can be sure that each component is designed to work together. In addition, each of our treadmills is assembled in an ISO 9001 Quality Certified facility.



POWER IQ™ The Digital Concepts PWM Motor Controller Board in our treadmills have built-in intelligence. If the current draw (amperage) were ever to rise above a preset limit, the board would automatically turn the power off to the motor, preventing costly damage to either the controller or the motor.



affordable simplicity

Upgrades from sporting goods treadmill | 2hp Cambridge Motor Works™ Motor • 54" x 20" Running Surface • Warranty Professional Assembly & Service • 275lb. User Weight • Power I.Q.™

home fitness at its best



E.C.S. ELASTOMER CUSHIONING SYSTEM offers the perfect amount of vertical cushioning with each strike of the foot. When your foot strikes the treadmill, the elastomers only flex in a vertical motion, never side to side or front to back. The side to side and front to back motion makes for unstable foot placement and sloppy cushioning. The amount of cushioning on a treadmill is very important. Too much and the treadmill feels mushy, too little and the treadmill feels like your running barefoot on cement. We use a special set of eight strategically placed elastomers to support our deck from the treadmill frame. Each elastomer is poly rubber resin that is designed to a specific durometer, giving you the perfect amount of cushioning with each strike of your foot.

THE HEAVIER THE BETTER All of our treadmills are made of an extra heavy gauge steel. A heavier treadmill provides a more solid, stable running/walking surface, with minimal shake and bounce. Lift a corner of one of our treadmills and you can immediately feel the difference for yourself, but be careful they are heavy.



COURSE PROGRAMS HAVE LEVELS Course programs are a great way to make a workout more interesting. But since we are all at different levels of physical conditioning, it's critical that we have the option of not only choosing the program, but also choosing the level of difficulty. Vision Fitness provides nine different levels for each course profile so you can find the level that best fits your needs.

ISO 9001 QUALITY CONTROL The first step is to select the right components, the second, and equally important step is to assemble these components with consistency and precision. Final assembly of Vision Fitness treadmills is performed in an ISO 9001 Quality Certified facility. ISO standards are an internationally recognized quality methodology designed to assure the highest standards of production.

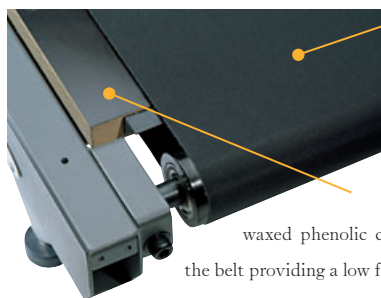
In addition, each treadmill goes through a final detailed 44 point inspection. Important standards such as vibration and decibel readings are taken to assure only the highest quality treadmill is shipped.



T8600HRC/T8600S full platform treadmills

BUILT FOR THE LONG HAUL The T8600HRC & T8600S are built for the light institutional market, which includes hotels, rehabilitation centers, corporate fitness centers and municipal facilities. These markets require products that are designed to hold up to many hours of use and abuse. Every component of the T8600HRC & T8600S are built to meet these demanding specifications. This attention to detail makes the T8600 Series the perfect light institutional treadmill, or the ultimate home treadmill.

EZ•START™ CONSOLES Both the T8600HRC & T8600S come with our **EZ•START™** feature. The Large “Safety Stop” Off button provides piece of mind. The T8600S is our no-program model that allows you to get on and go, you can adjust the elevation from 0 to 12 degrees and the speed from .5mph to 12mph while viewing time, calories, distance and pace. The T8600HRC has built in heart rate control along with 6 programs from intervals to weight loss. Each of the programs has 9 different levels to keep you motivated.



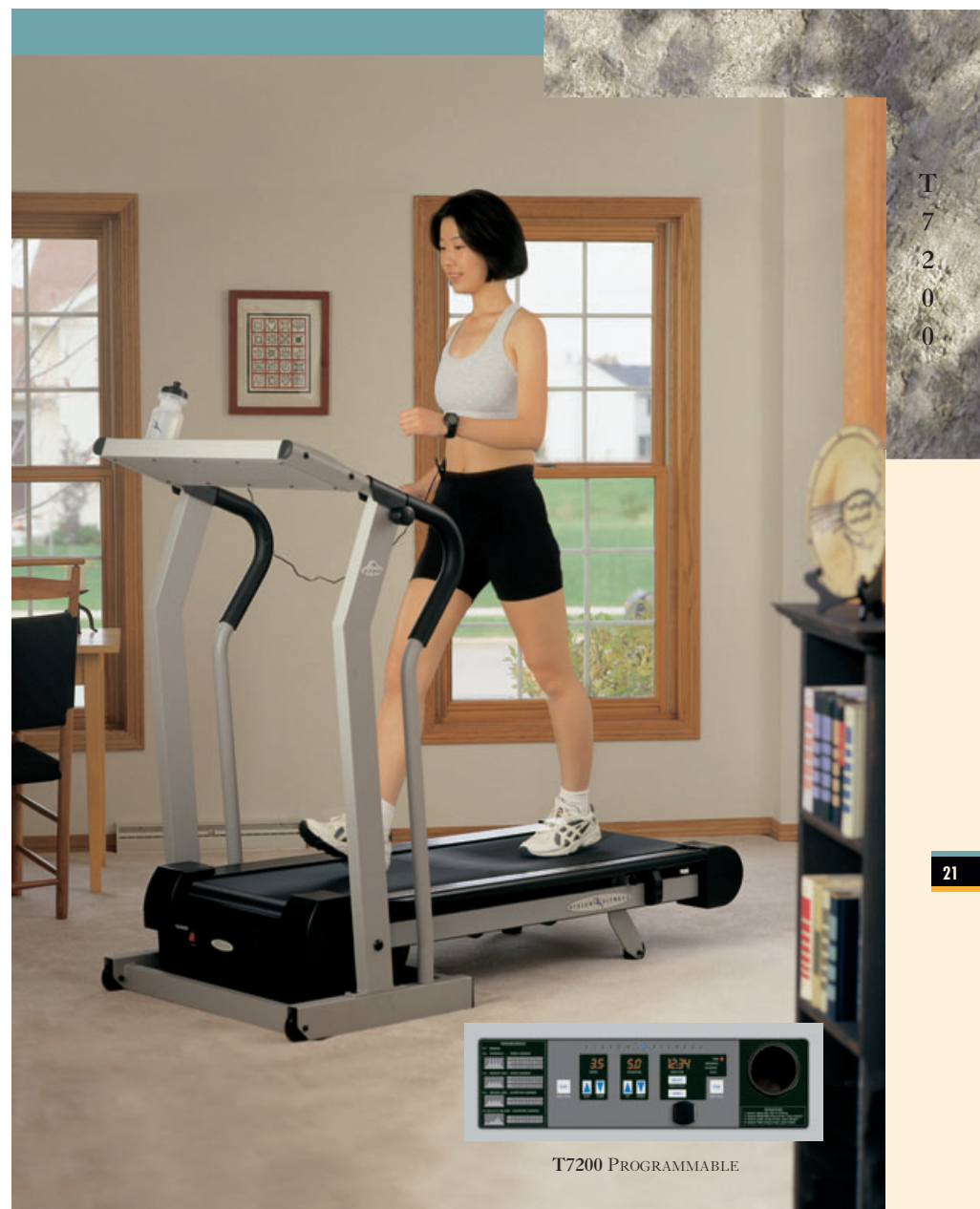
SIEGLING COOL-WEAVE™ 2-PLY BELT The Siegling Cool-Weave™ belt runs cooler than conventional belts, which adds to the longevity of the entire treadmill.

D&P 1" COMMERCIAL GRADE SLIK-DEK™ has a pre-waxed phenolic coating that impregnates the filament backing of the belt providing a low friction, long lasting coating. The deck is also coated on both sides so that after extensive use, it can be reversed for twice the life.

Upgrades from T8500HRC

Siegling Cool-Weave™ Belt • 2.5hp Baldor Motor • 400lb. User Weight
1" Commercial Grade Deck • 2-Year Labor, • Commercial Grade PWM
Motor Controller w/ Power IQ™

light institutional durability



T7200 PROGRAMMABLE

T7200 folding treadmill

FOLD IT UP The folding design of the Vision Fitness T7200 gives you more options on where to place a treadmill in your house or apartment. When not in use, simply fold the treadmill up so you can use the space for other activities. But when in use, the open frame design and hoodless front end give you 54" of unencumbered running.

3-WINDOW LED CONSOLE The T7200 console gives you constant feedback on Speed and Elevation, while allowing you to view Time, Distance, Calories and Pace in the third LED. You can choose from five different programs plus Manual, and each has nine different Levels - that's 46 options. You are sure to find a Program and Level that will keep you challenged and motivated. To adjust the Speed or Elevation, simply press the up or down arrows and the treadmill will automatically adjust. The magnetic auto-off safety clip, which is attached to your clothing, will automatically turn the treadmill off if you pull too far away.



FOLD IT UP Easily folds to a compact size of 22" x 32".

Upgrades from sporting goods treadmill | 2hp Continuous-Duty Cambridge Motor Works™ Motor • Warranty Professional Assembly & Service • 275 lb. User Weight • Power I.Q.™

compact quality

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T8600S ONE-BUTTON START

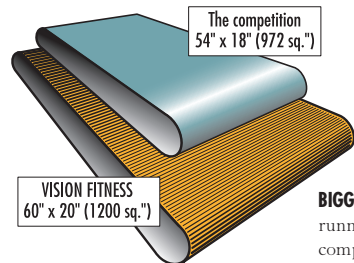
T8600HRC PROGRAMMABLE

T8500HRC full platform treadmill

THE DEFINITION OF SPACIOUS The Vision Fitness T8500HRC Full Platform Treadmill gives you the room to roam. The T8500HRC boasts an industry-leading 60" x 20" running area on an extra heavy duty frame. Front and side handlebars are standard on the T8500HRC. Both walkers and runners will enjoy the expansive feeling of this Full Platform Treadmill.

FOLLOW YOUR HEART Heart rate training is the smartest and most effective way to get a workout in the least amount of time. The console automatically adjusts the elevation on the treadmill to keep you in your target heart rate zone. The telemetric heart rate utilizes a wireless transmitter worn around your chest to send your heart rate information to the console.

NEVER-GET-BORED COURSE PROFILES Choices, choices and more choices. Speed programs, elevation programs, distance programs. The T8500HRC has two Weight Loss Profiles, Speed Intervals, a 5-K and 10-K Course, all with nine levels of intensity to choose from. Variety is a great way to keep your workouts motivating and interesting.



BIGGER IS BETTER Our extra-large 60" x 20" running surface is 23% larger than most of our competition.

Upgrades from T8400HRC • 60 x 20" Running Surface • 1" Thick Double-sided Deck
2hp Baldor Motor • Heavier Gauge Steel • 350lb. User Weight

spaciousness defined



T7400 PROGRAMMABLE

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T7400 full platform treadmill

ROOM TO ROAM The Vision Fitness T7400 is not as large as our T8500HRC treadmill, but its 54" x 20" running surface is still 11% larger than most competitors. The 20" wide belt gives you the room to roam during those early morning workouts. For additional comfort and security, the T7400 comes standard with both front and side handlebars.

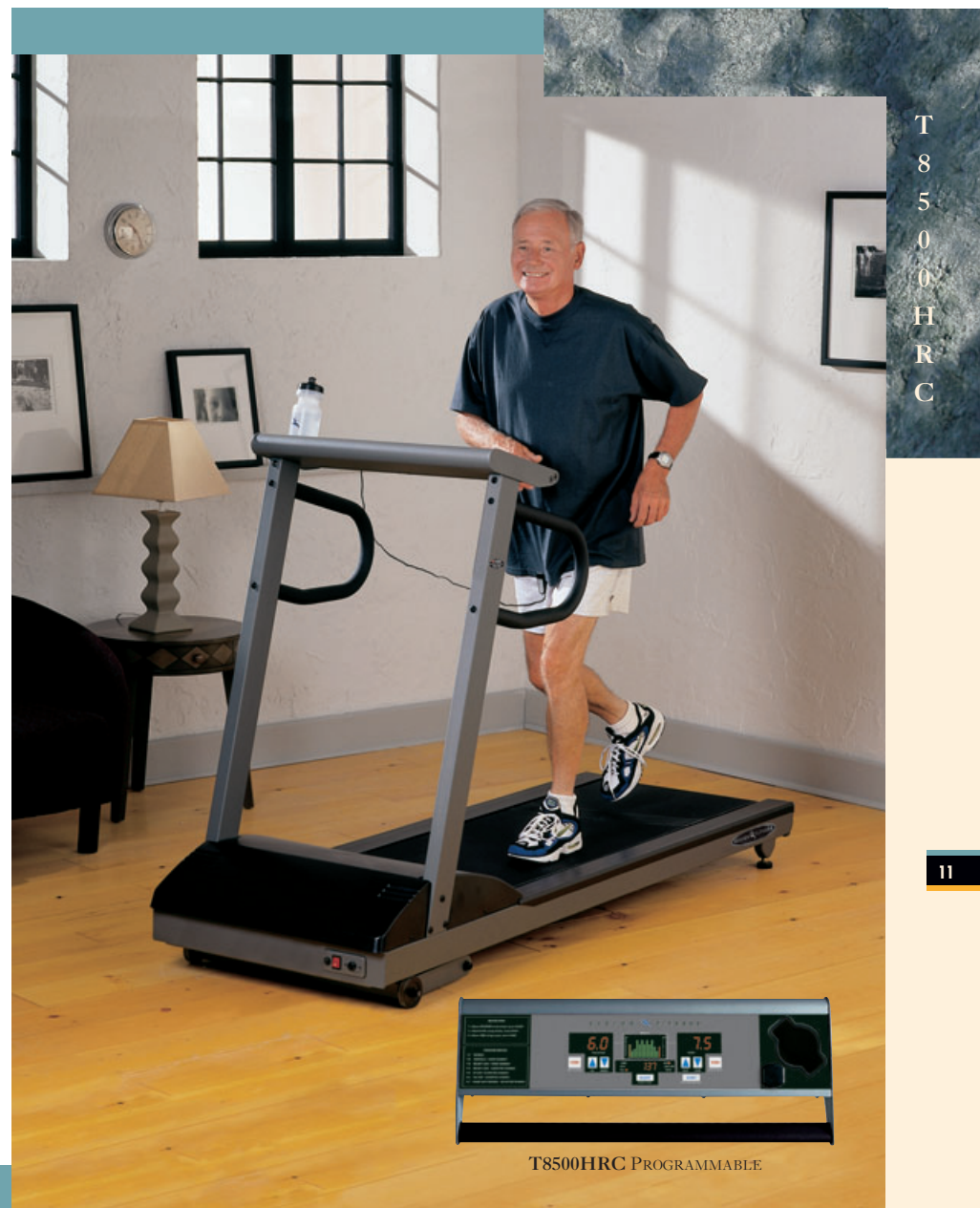
EASY TO READ CONSOLE The 3-window LED display allows you to scan for Time, Distance, Pace or Calories, while always viewing Speed and Elevation. The **EZ•START™** feature lets you get on the treadmill and begin exercising immediately. It is rare to find an affordable quality treadmill with as many programs as the T7400. You can choose from Intervals to Weight Loss to a 5K or 10K Run, and each of the Programs offers 9 different levels. Integrated into the console is a personal stereo/waterbottle holder.



2.5" CROWNED ROLLER means a larger belt contact area. The advantage of the larger contact area is that it allows the entire power system to run cooler by reducing the load on the roller bearings, motor, and controller. The crowning on the roller helps the belt to self-center as you use it, without causing belt fraying or curling.

Upgrades from T7000 | 3-Window LED Console • Side Handlebars
6 Programs, each with 9 Workout Levels

affordable quality



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T8500HRC PROGRAMMABLE

T8400HRC full platform treadmill

STAY MOTIVATED Our T8400HRC lets you pick from 5 profiles from intervals to weight loss to 5K and 10K workouts. Each of the profiles has nine different challenging levels, for a total of 47 different workouts. Our heart rate control program automatically adjusts the elevation of the T8400HRC to keep you in your target heart rate zone. Heart rate training is the most effective way to burn fat and lose weight.

IT'S ALL IN THE DETAILS What separates the T8400HRC from our competitors is in the details. Our Power I.Q.™ PWM Motor Controller has a built in "Power Off" Switch so that if the belt were to ever become jammed, the motor automatically shuts off. This feature prevents costly damages to the motor and motor controller. All of the components that go into the T8400HRC are designed to fit and work together to exacting standards. That is why final assembly of all Vision Fitness treadmills is done in an ISO 9001 Quality Certified Facility. In addition, each treadmill goes through a final detailed 44-point inspection. Important standards such as vibration and decibel readings are taken to assure only the highest quality treadmill is shipped.

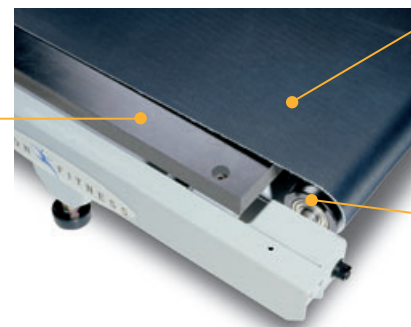


Our ECS Elastomer Cushioning System™ offers the perfect amount of vertical cushioning with each strike of the foot. When your foot strikes the T8400HRC the deck and elastomers only flex in a vertical motion, never side-to-side or front to back. The side-to-side or front to back motion makes for unstable foot placement and sloppy cushioning.

Upgrades from T7400 | Heart Rate Control • 2hp Leeson FHP Motor
No-Compromise Design • 325lb. User Weight

no-compromise quality

home fitness at its best



1.7MM ANTI-STATIC BELT The belt that we use on our 7000 Series treadmills is almost twice as thick as our competitors' at this price point. The additional thickness of our belt will help prevent curling on the edges and premature wear.

2.5" CROWNED ROLLER A larger roller means a larger belt contact area. The advantage of a larger contact area is that the running belt can then be adjusted looser without slipping. Less tension on the belt allows the entire power system to run cooler by reducing the

load on the roller bearings, motor and controller. A crowned roller is machined so that it has a wider diameter in the center than on the ends. This crowning helps the belt to self-center as you use it, without causing belt fraying or curling.

PREWAXED PHENOLIC COATED DECK A Prewaxed Phenolic deck needs far less care than a silicone lube deck. The wax film from the deck impregnates the filament backing of the belt providing a low friction, long lasting coating.

ISO 9001 QUALITY CONTROL Final assembly of Vision Fitness treadmills is performed in an ISO 9001 Quality Certified facility. ISO is an internationally recognized quality system.



WARRANTY On our 7000 Series we offer a limited lifetime warranty on the frame, a five-year motor, and a two-year parts/electronics and one-year labor warranty for home use.*

*Refer to www.visionfitness.com for complete Warranty details

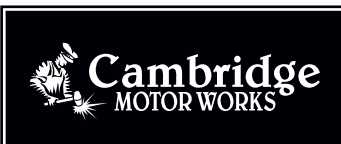
Affordable Quality DESIGN

We realize that not everyone needs our No-Compromise design characteristics. For those individuals we have developed

our 7000 value line. With our extensive knowledge in treadmills and fitness equipment we have carefully selected key components for our value line of treadmills. These treadmills are designed for lighter weight users and more for the walkers. We have determined which components we can change and still have a high quality treadmill. Our goal remains the same as with our 8000 Series Performance line of treadmills; design and build treadmills that will provide you with year after year of performance, with minimal maintenance or service.

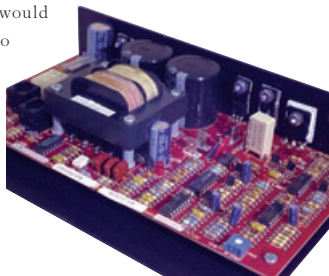
CAMBRIDGE MOTOR WORKS™ 2HP CONTINUOUS DUTY MOTOR

Vision Fitness has specified all of the components that go into the making of our exclusive Cambridge Motor Works™ motor. We have specified a motor that gives the best ventilation, bearings and brush access in a value priced treadmill.



POWER IQ™ The Digital Concepts PWM Motor Controller Board in our treadmills have built-in intelligence. If the current

draw (amperage) were ever to rise above a preset limit, the board would automatically turn the power off to the motor preventing costly damage to either the controller or the motor. The built in "Power Off" switch means that if the belt were to get jammed or stop for any reason, the treadmill would be shut off. The board can be reset simply by turning the power switch off for 30 seconds, and restarting. Our PWM (Pulse Width Modulation) Motor Controller will be both quieter and deliver more power than an SCR controller.



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T8200HRC folding treadmill

SAVE THE SPACE The folding design of the Vision Fitness T8200HRC gives you more options on where to place a treadmill in your house or apartment. When not in use, simply fold the treadmill up so you can use the space for other activities. But when in use, the open frame design and hoodless front end gives you 54" of unencumbered running.

NO-COMPROMISE CONSTRUCTION You don't have to compromise quality to get a folding treadmill. The Vision Fitness T8200HRC is simply the most solid, well-built folding treadmill on the market. Strength all starts with the frame, and we use a heavy gauge welded steel frame to give you the stability you need to run or walk with confidence.

CUSHION DECK Like our full platform treadmills, our folding treadmills also use our ECS Elastomeric Cushioning System™ below the deck to absorb the impact of each foot-strike.



FOLD IT UP Easily folds to a compact size of 22" x 32".

Upgrades from T7200 | Heart Rate Control • 2hp Leeson FHP Motor
No-Compromise Design • 300lb. User Weight

compact quality



T8200HRC PROGRAMMABLE

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